

March - August 2024
Issue 12



O^{the}DDfellows SINCE 1810
making friends, helping people

out & about

Brighton and Sussex



Games



Music



Day Trip/
Travel



Wellbeing



Friendship
Month



Quizzes



Talks



Coffee
Morning



Dining
Out



Meetings



Trip to West Dean Gardens – Friday 2 August

Welcome to the latest edition of your Out and About Magazine for Brighton & Sussex Branch

As a local Branch of a national membership organisation called the Oddfellows, we offer you a great opportunity to make new friends and enjoy a variety of activities.

We also provide our members with a range of advice and support services when you need them. We are basically a group of friends brought together through shared interest in socialising, making friends and helping people.

This issue features details of all our upcoming events from dining out to trips out plus lots of other activities.

Contact Details

Branch Secretary: Lynne Allard

Address:

7 Inglewood Drive, Aldwick,
Bognor Regis PO21 4JX

Telephone: 01243 265360

Email:

lynne.allard@oddfellows.co.uk

Everyone is welcome at Oddfellows events. Even if you are not a member, we want to extend an invitation to you and your friends to attend any of our events that take your fancy and we like to think that we can guarantee you a good time.

Join the conversation @OddfellowsUK

Share your news, start a conversation or simply stay up-to-date! If you're on Facebook or Twitter, make sure you've liked and followed our Oddfellows social media pages. Find us at

f OddfellowsBrightonSussex

Message from our Secretary

As I'm writing this today I can see from my home office that the camellia has started to flower along with one snowdrop and a few hyacinths, so spring must be finally on it's way and we can now look forward to better weather. We have so many Branch events to also look forward to and I hope that you'll agree that we've done a cracking job this time!

The afternoon tea in Littlehampton that we arranged during Friendship Month in September has now become a regular monthly event as has the coffee morning in Pagham. The walking group is steadily growing in size each month with four footed friends coming along as well as the two footed ones! Why not bring a friend and get out in the fresh air? We have a coffee morning in April at the RNLI in Southwick, afternoon tea in The Victoria Tea Rooms on Eastbourne Pier in June, a day at West Dean Gardens booked for August and of course the regular monthly meetings in Worthing and Eastbourne plus many more.

Details of our Annual General Meeting (AGM) are included in this edition so please come along on Saturday 6 April to see what we've all been up to and please let us know that you'll be coming for this one, so we can cater accordingly for refreshments. Our charity of the year will be Alzheimer's Research so there will be plenty of opportunities to join in our fund raising events.

As I've mentioned before, sometimes I need to let you know about a short notice



event that we've planned etc and the quickest way to contact you is by email, so make sure I have a note of yours. I send out a list of all the Online Events usually every Friday so if you don't receive this, it's probably because I don't have your email address!!

Finally, we're still operating the Refer a Friend Scheme where you can earn yourself a £10 shopping voucher by recommending someone that become an Oddfellows member.

I look forward to seeing you all during 2024.

Best wishes,

Lynne

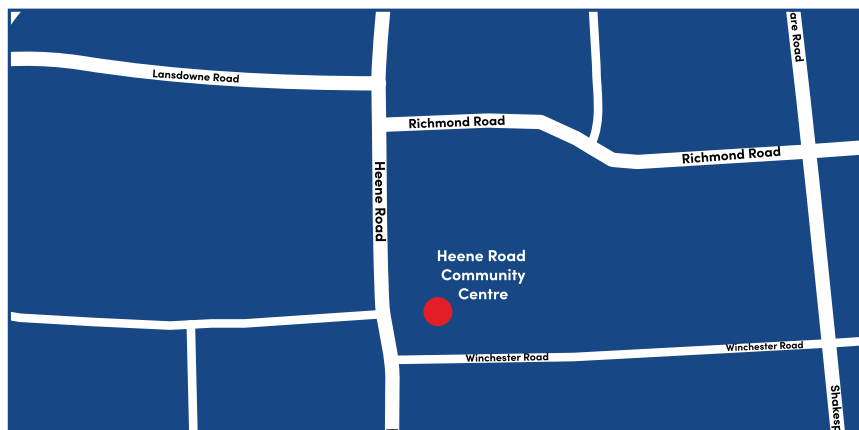
Worthing Social Branch Events

Our Worthing Branch meets from 7pm to 9pm every fourth Wednesday of the month at Heene Road Community Centre, 122 Heene Road, Worthing, West Sussex BN11 4PL, meeting on the fourth Wednesday of each month 7pm.

Social Contact

Janet Porter

Telephone: 01903 504492



Eastbourne Social Branch Events

Our Eastbourne Branch social group usually meets from 7pm to 9pm every third Tuesday of the month at St Andrews Church Hall (next to Arlington Arms), 360 Seaside, Eastbourne, East Sussex BN22 7RY. Eastbourne events are shown in the orange box.

Social Contact

Stephen Mackenzie

Telephone: 07572 736817



March 2024

WED
13

Fellows at the Edge



Held on the second Wednesday of the month, our afternoon get-together from 2pm to 4pm at Edge by the Sea. Good company, good conversation, warm drinks and cakes. Do come along and join us! Edge by the Sea, Norfolk Gardens, Sea Road, Littlehampton BN17 5TJ. Contact Janet on 01903 504492 or 07753 677274.

THURS
14

Marina Monthly Lunch Club



Monthly lunch on the second Thursday at Brighton Marina. Oddfellows members and friends are all welcome. The food is good and won't break the bank and there is always lively conversation. The West Quay, The Boardwalk, Brighton Marina, Brighton BN2 5WA. If you are coming for the first time and would like us to look out for you, just let us know by contacting Michael or Janet on 07753677274. We would be very pleased to meet you.



TUES
19

Worthing Walkers



Our regular walking group on the third Tuesday of the month is going from strength to strength so why not join us? We always end up at a café for refreshments. Dogs and friends are most welcome to join us. Various venue, to be confirmed. The walk changes every month so look out for an email in your inbox regarding the route and meeting place or telephone 07753 677274 for details.



Booking and Cancellations

Please remember the importance of early booking for all events to avoid disappointment or cancellation due to lack of support. Please note that a place is not guaranteed at any event until full payment has been received.

March 2024

TUES
19

Tongue in Cheek Talk by Matt Hunt



7pm



£1 per
person



Tonight, Matt would like to give an informal slightly tongue in cheek chat about



photography and his time at boarding school. Matt said if anyone would like to bring their cameras along, he is more than happy to help you with any issues. In October 2023, Matt gave a talk on WWI and brought along many boxes of artefacts. The talk was so interesting and a great success.

Please come along and support our guest speaker once again. Such fun and plenty of laughter. Refreshments will be available so please come and bring a friend with you, we'd love to meet them. There will be our usual raffle so your donations would be appreciated. This promises to be an evening full of fun and laughter.

Come and enjoy what should be a great evening. £1 per person. St Andrews Parish Hall (next to Arlington Arms), 360 Seaside, Eastbourne BN22 7RY. Contact Steve on 07572 736817.

TUES
26

Pagham Coffee Morning



10.30am



As per menu



Join us for our new regular coffee morning at Little London Tea Shop. 10.30am to 12.30pm. Fresh coffee and home-made cakes, lunches, snacks. Come and see what Oddfellows can offer you - bring a friend! Fourth Tuesday of each month. Little London Tea Shop, 188 Pagham Road, Pagham, Bognor Regis PO21 3QB. Contact Lynne on 01243 265360.

WED
27

Worthing Astronomers



7pm



Free



We were asked to arrange a talk on astronomy and are grateful to Worthing Astronomers for enabling us to fulfil that request. Worthing Astronomers are a friendly, community minded group of enthusiastic astronomers who enjoy both observing and photographing the night sky. They like to encourage new people into the hobby and support them in getting to grips with the basics. Any questions you have will be happily answered. We shall have refreshments as well as our usual raffle and 'give and take' library. Heene Road Community Centre, 122 Heene Road, Worthing, West Sussex BN11 4PL. Contact Janet on 01903 504492.



April

SAT
06

Annual Summoned Meeting



2pm



Free



All members are invited to join us for our Annual General Meeting.



This is a chance to hear how the District is fairing financially, decisions the District Committee have made on your behalf and to ask any questions you may have. A cream tea will be provided after the meeting with a suggested donation of £5 per person which will be donated to our Charity of the Year Alzheimer's Research **so please let the District Secretary know if you will be attending. Book by Monday 1 April.** The Globe Room, Southwick Community Centre, 24 Southwick Street, Southwick, West Sussex BN42 4TE. Contact Lynne on 01243 265360 or Steve on 07932 308815 or Janet on 01903 504492.

WED
10

Fellows at the Edge



2pm



As per menu



Our Wednesday monthly afternoon get-together, see page 5 for more details.

THURS
11

Marina Monthly Lunch Club



12 noon



As per menu



Monthly lunch on Thursday at Brighton Marina. See page 5 for more details.

SAT
13

Coffee Morning at the RNLI, Shoreham Harbour Lifeboat Station



10.30am



Cost of drinks and biscuits



Our Chairman from last year, Michael Porter, chose the RNLI (Royal National Lifeboat



Institution) as his charity for the year and we are having a coffee morning in their crew room so that he can present them with a cheque for the funds we have raised. The cost of a drink and biscuit is £2 and there will be a raffle, all of which will add to the amount we have raised. Afterwards, we shall make our way to the Swiss Cottage pub in Shoreham to celebrate Michael's successful year in post. All members and friends are welcome to join us. RNLI Shoreham Harbour Lifeboat Station, Brighton Road, Shoreham BN43 6RN. Contact Janet on 01903 504492 or 07753 677274.

April

TUES
16

Worthing Walkers



10.30am



Free



Our Tuesday monthly walking group, see page 5 for more details.

TUES
16

Lunch at Wetherspoons 'Cornfield Garage' in Cornfield Road, Eastbourne



12 noon



As per
menu



Today we will meet at Wetherspoons, Cornfield Road at 12 noon. It has always been a popular choice to 'Wine and Dine' together. We look forward to seeing as many of you as possible. The menu is varied with plenty of choice. Cost is as per the menu. Please let us know if you will be joining us by Friday 12 April. Thank you. Please bring a friend, we would love to meet them. Wetherspoons Cornfield Garage, 21-23 Cornfield Road, Eastbourne BN21 4QD. Contact Steve on 07572 736817.

TUES
23

Pagham Coffee Morning



10.30am



As per menu



Join us for our regular coffee morning at Little London Tea Shop. See page 6 for more details.

WED
24

Turning Tides Talk



7pm



Free



Turning Tides provides a range of homeless support services in West Sussex covering Adur, Worthing, Littlehampton, Horsham and Mid Sussex. They have over 20 properties and every year they accommodate over 200 people. This evening we welcome Sue Harris who will tell us about their work, how they aim to empower clients to achieve sustainable fulfilling lives and strive to help them achieve complete pathways out of homelessness. We shall have our usual refreshments and a raffle. Heene Road Community Centre, 122 Heene Road, Worthing, West Sussex BN11 4PL. Contact Janet on 01903 504492 or 07753 677274.



April

MON
29

Ovingdean Walk



11am



Free



We'll walk along the boardwalk and across the locks to the Undercliff Pass. We shall take the pleasant walk along



to Ovingdean where there is a little kiosk where we can have a break with a drink or snack. There is also a toilet there. After a break we shall walk back to the marina and perhaps take lunch in one of the many cafés or restaurants there. We did start this walk in 2023, but stormy weather forced us to cut the walk short and have an early lunch. Nothing stops us having refreshments! We shall meet at the benches outside Asda at Brighton Marina BN2 5UT. For more information or if you would like us to look out for you, please telephone Michael or Janet on 07753 677274.

May

WED
08

Fellows at the Edge



2pm



As per menu



Our Wednesday monthly afternoon get-together, see page 5 for more details.

May

THURS
09

Marina Monthly Lunch Club



12 noon



As per menu



Monthly lunch on Thursday at Brighton Marina. See page 5 for more details.

TUES
21

Worthing Walkers



10.30am



Free



Our Tuesday monthly walking group, see page 5 for more details.

TUES
21

Quiz and Games Evening



7pm



Free



Tonight we will have a fun quiz and games evening. These evenings are always great fun and always enjoyable. There will be prizes! Please come along and bring a friend, we would love to meet them. St Andrews Parish Hall (next to Arlington Arms Public House), 360 Seaside, Eastbourne BN22 7RY. Contact Steve on 07572 736817.



May

TUES
28

Pagham Coffee Morning



10.30am



As per menu



Join us for our regular coffee morning at Little London Tea Shop. See page 6 for more details.

WED
29

Seated Exercises



7pm



Free



This evening we are pleased to welcome Naomi Long who will give a talk and demonstration of seated exercises. Just the thing to help us keep fit and be ready for summer activities. There will be refreshments and our usual raffle. We are always grateful for any donations you may bring along. Heene Road Community Centre, 122 Heene Road, Worthing, West Sussex BN11 4PL. Contact Janet on 01903 504492 or 07753 677274.

June

WED
12

Fellows at the Edge



2pm



As per menu



Our Wednesday monthly afternoon get-together, see page 5 for more details.

THURS
13

Marina Monthly Lunch Club



12 noon



As per menu



Monthly lunch on Thursday at Brighton Marina. See page 5 for more details.



TUES
18

Worthing Walkers



10.30am



Free



Our Tuesday monthly walking group, see page 5 for more details.

June

TUES
18

Afternoon Tea at Victoria Tea Rooms, Eastbourne Pier

🕒 2pm

£ As per menu



This event was so popular in 2023 that we have been requested to book it again. Afternoon tea at Eastbourne Pier Tea Rooms! If you prefer, just come along for a 'cuppa' and a cake or scone with clotted cream and jam. The choice is yours. Cost will be as per the menu. Do come along and join us. Bring a friend, we would love to meet them. We will meet at 2pm. Early booking is essential, please let us know well in advance if you will be joining us. Eastbourne Pier Tea Rooms, Grand Parade, Eastbourne BN21 3EL. Contact Steve on 07572 736817.



TUES
25

Pagham Coffee Morning

🕒 10.30am

£ As per menu



Join us for our regular coffee morning at Little London Tea Shop. See page 6 for more details.

WED
26

Dementia Talk

🕒 7pm

£ Free



Our District Chairman's charity for this year is Alzheimer's Research and this evening we are pleased to welcome Lesley-Anne Lloyd from Amber Support. They are a local company dedicated to supporting people with dementia and giving them and their families 'a voice' in an uncertain world. Lesley-Anne is an ambassador for The Alzheimer's Society and has been trained by them. She knows that carers need as much support and understanding as possible and can provide many services to help. Her talk will cover all aspects of their work and she will be pleased to answer any questions you may have. Heene Road Community Centre, 122 Heene Road, Worthing, West Sussex BN11 4PL. Contact Janet on 01903 504492 or 07753 677274.

July

WED
10

Fellows at the Edge



2pm



As per menu



Our Wednesday monthly afternoon get-together, see page 5 for more details.



THURS
11

Marina Monthly Lunch Club



12 noon



As per menu



Monthly lunch on Thursday at Brighton Marina. See page 5 for more details.

TUES
16

Worthing Walkers



10.30am



Free



Our Tuesday monthly walking group, see page 5 for more details.



TUES
16

Fish and Chips Night



7pm



TBC



It has been suggested that we have a fish 'n' chips supper in the summer months and not just in January! This is a very popular choice so we hope that you will all turn up and join us for this evening's meal. The cost will be known nearer the time. It is usually very reasonable and most enjoyable.



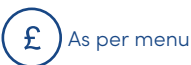
Please let us know by Friday 12 July if you will be joining us. Thank you. Please bring a friend, we would love to meet them. Tea or coffee will be provided, but you can of course bring your own tippie along if you wish. Donations for the raffle would be greatly received. St Andrews Parish Hall (next to Arlington Arms), 360 Seaside, Eastbourne BN22 7RY. Contact Steve on 07572 736817.

TUES
23

Pagham Coffee Morning



10.30am



As per menu



Join us for our regular coffee morning at Little London Tea Shop. See page 6 for more details.

July

WED
24

The National Trust Talk



7pm



Free



This evening we welcome Jean Knight, a long-time member of the National Trust and member of the Worthing National Trust Association. She will talk to us about the history of the National Trust and properties accessible from our area. Heene Road Community Centre, 122 Heene Road, Worthing, West Sussex BN11 4PL. Contact Janet on 01903 504492 or 07753 677274.

August

THURS
08

Marina Monthly Lunch Club



12 noon



As per menu



Monthly lunch on Thursday at Brighton Marina. See page 5 for more details.

WED
14

Fellows at the Edge



2pm



As per menu



Our Wednesday monthly afternoon get-together, see page 5 for more details.

August

FRI
02

Trip to West Dean Gardens



11am



See below



We will be spending a day at the fabulous gardens near Chichester. There is ample free parking and the venue is on a bus route. Something for everyone including The Woodland Walk, The Walled Fruit Garden, The Sunken Garden, Victorian Greenhouses, a Cutting Garden, excellent Garden Shop and Restaurant serving teas, coffee and so much more. We have a special price of just £11 per person with children aged 0 – 15 free. Book early as this will be a popular day! The entire site is disabled friendly apart from the greenhouses which have a few steps. We will be meeting at the Ticket Desk at 11am at West Dean Gardens, West Dean, near Chichester, West Sussex PO18 0QZ. Contact Lynne on 01243 265360.



Image by Ian Copper and licensed for reuse under the Creative Commons Licence.

August

TUES 20 **Worthing Walkers**



10.30am



Free



Our Tuesday monthly walking group, see page 5 for more details.

TUES 27 **Pagham Coffee Morning**



10.30am



As per menu



Join us for our regular coffee morning at Little London Tea Shop. See page 6 for more details.

TUES 20 **Buffet Time, Terminus Road**



12 noon



As per
menu



We've had requests for a visit to Buffet Time in Terminus Road. Buffet Time is a Chinese buffet restaurant located in central Eastbourne. Indulge yourself in a wide selection of starters, main courses and deserts from sushi, pizza, salad, seafood and many more. Please come along and join us for this popular event. We would love you to join us. Please let us know by Friday 16 August if you would like to join us. The table has to be booked well in advance. Thank you. Buffet Time, 60-62 Terminus Road, Eastbourne BN21 3LX. Contact Steve on 07572 736817.

WED 28 **A Summer Quiz**



7pm



Free



This evening we shall have a quiz about summer. The questions and topics will be varied, but will all have some connection to this lovely time of year. There will be a prize for the winner. We shall of course have refreshments and our usual raffle. Heene Road Community Centre, 122 Heene Road, Worthing, West Sussex BN11 4PL. Contact Janet on 01903 504492 or 07753 677274.

Chairman's Message

Hello All

My name is Penny Maisey and I would like to introduce myself as your new Chairman for the year (assuming I'm voted in at the upcoming Annual General Meeting (AGM)). I joined Oddfellows in 2017 and have served on the committee since November 2020. I have chosen Alzheimer's Research UK as our charity for the year; someone I worked with was diagnosed with Alzheimer's in her 50s and died aged 63, that and an incredibly moving advert for the charity that I saw at the cinema helped me to make my choice from so many deserving causes. I very much hope that you will support this charity.

On a lighter note I hope to see you at one of our many social events involving



interesting talks, walks, tea, coffee, chat and a lot of cake!

Best wishes

Penny

New Regular Coffee Morning in Pagham

Following the success of our coffee morning in Pagham during Friendship Month last September, starting on Tuesday 27 February we will be holding a monthly coffee morning at The Little London Tea Shop in Pagham, 188 Pagham Road, Pagham, West Sussex PO21 3QB from 10.30am. This will be held on the fourth Tuesday of each month. Friends welcome. Contact Lynne on 01243 265360.



Little London Tea Shop in Pagham.

Photos of Events

One of the photos below is of Tom Brown who is the Head Gardener at West Dean, where we're visiting in August. He is being filmed for a slot that was on Gardener's World and he also used to write for the Saturday Telegraph.



Victorian Tea Room at Eastbourne Pier.



Head Gardener at West Dean Tom Brown.



West Dean Gardens.



Little hut in West Dean.

Learn, have fun, and stay in touch from home

We've online events for all to enjoy. Give one a try.



To see what's coming up visit oddfellows.co.uk/events and enter 'Ayr' in the place name search box

OE/0122A6

Interested in volunteering?

Helping others is at the heart of being an Oddfellow and that's exactly what our wonderful volunteers do. There are lots of ways you can get involved as a volunteer, from one-off help to regular support.

You can help us by:

- Welcoming members, guests and speakers at events
- Helping prepare refreshments
- Being the volunteer host at external events
- Organising events as part of a social committee
- Joining the Committee of Management
- Becoming a Volunteer Welfare Visitor or befriender.



To find out more, contact Lynne on 01243 265360 or email lynne.allard@oddfellows.co.uk

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www.oddfellows.co.uk

Oddfellows Members: Do you need help?



None of us know what is around the corner...

Local Care and Welfare Support

To request contact from a Welfare Visitor and for local help and information about Branch benefits and benevolence contact Michael on **01903 504492** or email **michael.porter@oddfellows.co.uk**

Oddfellows Citizens Advice Line

Call 0800 0149 821*

(free to callers from any landline or mobile number)

Monday - Friday, 9.30am - 4.30pm

Email: oddfellows@citizensadvicemanchester.org.uk



Run by Citizens Advice for Oddfellows members, you can access free, confidential, independent advice on welfare benefits, money and debt issues, consumer problems, housing, fuel bills, employment issues and many other issues.

*The Oddfellows cannot provide legal advice and accepts no liability whatsoever for advice provided by Citizens Advice, which is an independent advice agency. If you have any queries about the advice you have received or wish to make a complaint then you should contact Citizens Advice directly. Citizens Advice operate a formal complaints process.

Care and Welfare Helpline

Call 0800 0149 822

(free to callers from any landline or mobile number)

Monday to Thursday, 9.30am - 4.30pm, Friday, 9.30am - 4pm

Email: care@oddfellows.co.uk

Run by the Oddfellows Care and Welfare Department, you can access information and guidance on issues such as accessing health and care services, supported housing, support for carers, and planning for later life. The helpline will try and identify any Oddfellows benefits or services in the community which may be of help to you.

**Visit our website page at www.oddfellows.co.uk/benefits/care
for care and welfare information**

EDCWA50223

Society-funded cancer research on track

The Centre for Cancer Immunology, current beneficiaries of the Society's HA Andrews Memorial Fund, recently received its second donation instalment.



Nur updating AMC last year

The Centre, based at the University of Southampton, was chosen as the recipient of the £100,000 grant, split over three years, in 2022. The money is sponsoring the PhD studies of Nur Zainal, who is looking into a specific gene which it is believed can be manipulated to target cancer cells in a new vaccine.

Nur's first year

The first year of Nur's studies has been spent preparing for the execution of her PhD project over the next three years. She has been learning appropriate techniques, skills and procedures, as well as being introduced to theories and connecting with relevant research groups.

Nur, who travelled to the UK from Malaysia with her family to undertake the PhD, said: "I believe the invaluable experiences and knowledge I have acquired over the past year have equipped me to be a more productive and capable student."

"I would like to extend my heartfelt gratitude to the Oddfellows for their support in making my studies possible."

On the right path

Some of Nur's work on 3D cell culture – growing cancer cells in a way that more closely resembles the environment they experience in our bodies than traditional 2D cell culture – is included in a manuscript which will be published in a major international journal, for which she will be listed as a co-author.

Dr Tim Fenton, Associate Professor in Cancer Biology, says Nur has "excelled during her first year", adding: "We hope that Nur's studies will lead to improvements in the design of cancer



Dr Tim Fenton

vaccines, which is a key theme in the work being undertaken at the Centre for Cancer Immunology here in Southampton."

HA Andrews Memorial Fund

The Fund provides financial support to UK-based medical research projects or organisations. For more information about the Fund, and how you can donate, go to www.oddfellows.co.uk/ha-andrews

Our fantastic four

Congratulations to 2023's First Degree Course Educational Awards winners. George, Benedict, Jamie and Charlotte will each receive £3,600 over the next four years of their respective university courses to help ease the financial pressures of student life and create opportunities.

George LeBon

Heart of Norfolk
Branch member

George began his studies at the University of Southampton in September 2023 – a four-year course in Computer Science with Cybersecurity.



His dream job is to become a “white hat hacker”, which he explained is someone who is “hired by companies to try and hack into their databases and report back the vulnerabilities”.

He says he and his family were overjoyed to discover he'd be receiving the funding and has thanked the Society, adding: “It will go towards buying textbooks so I can enhance my knowledge further and better understand the industry that I want to work in.”

Benedict Weis

Leodis Branch member

Benedict hasn't yet decided what his ideal future job role might be. He is studying Aerospace Engineering at Queen's University Belfast and hopes a career path might become clearer over the next few years.

Since starting in September 2023, Benedict has joined the University's rowing club and the money will help him pay for training camps and trips, which he says will allow him to study more effectively without worrying as much about his finances.



“I would like to thank the Oddfellows for the award and just to say how grateful I am for it,” he said.

Jamie Messett

Loyal Lord Byron
Branch member

Jamie started his first of four years of Chemistry at the University of Oxford's Balliol College in October 2023, and will put the money towards



learning materials. He would like his future to be in the pharmaceutical industry, but a PhD and a career in research is also a potential avenue.

He said: "Nobody should underestimate how valuable funding can be towards determining how well a student performs.

"I would like to thank everyone involved in helping me with this award, and also everyone involved with providing the funding."

Charlotte Stevenson,

Pride of Woolwich
Branch member

Charlotte started her four-year course in Physics and Philosophy at the University of Oxford's Brasenose College in October 2023.

She is hoping to do a PhD in astrophysics and then continue researching within the field beyond that.



The funding will allow her to take part in unpaid research programmes during university holidays, covering the cost of travel, accommodation and food, as well as contributing to the cost of textbooks and other resources. She said: "This award will be an immense help throughout my degree and I'm so, so grateful to have received it."

Grand Master (Chairman) of the Society, Barbara Needham, said: "Ordinarily, we hand out three First Degree Course Educational Awards each year, but such was the strength of the applications of this year's winners that we felt they all deserved the financial boost. "I'm delighted for all four of them, and I wish them every success over the next few years at university and beyond."

For more information and T&Cs, visit www.oddfellows.co.uk/educational-awards

Striving for a greener future

The Oddfellows is committed to being as green as possible. That's why we've been calculating and offsetting our annual carbon footprint since 1 April 2020.

Between 1 April 2022 and 31 March 2023, 106.38 tonnes of CO₂e was recorded as being produced through the operations of our Liverpool and Manchester offices and associated transport activities, which includes our financial services brand, Unity Mutual.

Although this figure is up 5.4% on the previous year, benchmarked against employee numbers, carbon emissions have remained almost constant (up 0.2%).



The Oddfellows' CEO, Jane Nelson, said: "Our focus is to keep learning through our assessments and to make incremental changes to the way we operate so we can bring our greenhouse gas emissions down and play our part in tackling climate change."

The Society's aim is to be Net Zero, where our carbon emissions are as low as possible. As a last resort, we have offset our 2022-23 carbon footprint by funding carbon dioxide-saving initiatives, including in Eritrea, Cambodia, Brazil, Bulgaria and India.

Jane added: "Climate change is real. It's the greatest environmental challenge we've ever faced. But there is hope, because we can all do something about it."

Investing in futures

Unity Mutual discovered a genuine interest in its children's savings accounts – a topic many grandparents and parents hadn't considered before – while at the 2023 Baby and Toddler Show in Manchester.

The Junior ISA (JISA), offered in partnership with Mini First Aid to include a free paediatric first aid course*, turned heads, especially when parents realised once they'd set it up, anyone could contribute.



Unity Mutual at the Baby and Toddler show

Unity Mutual's Head of Sales and Marketing, Abi Jones, said: "No more brainstorming gift ideas for that first birthday or Christmas – a shared investment in a secure future sparked enthusiasm. Because, sometimes, the best gifts are the ones that grow over time."

*T&Cs apply.

At a glance

March 2024

Wed 13	Fellows at the Edge	2pm
Thurs 14	Marina Monthly Lunch Club	12 noon
Tues 19	Worthing Walkers	10.30am
Tues 19	Tongue in Cheek Talk by Matt Hunt	7pm
Tues 26	Pagham Coffee Morning	10.30am
Wed 27	Worthing Astronomers	7pm

April

Sat 6	Annual Summoned Meeting	2pm
Wed 10	Fellows at the Edge	2pm
Thurs 11	Marina Monthly Lunch Club	12 noon
Sat 13	Coffee Morning at the RNLI, Shoreham Harbour Lifeboat Station	10.30am
Tues 16	Worthing Walkers	10.30am
Tues 16	Lunch at Wetherspoons 'Cornfield Garage' in Cornfield Road, Eastbourne	12 noon
Tues 23	Pagham Coffee Morning	10.30am
Wed 24	Turning Tides Talk	7pm
Mon 29	Ovingdean Walk	11am

May

Wed 8	Fellows at the Edge	2pm
Thurs 9	Marina Monthly Lunch Club	12 noon
Tues 21	Worthing Walkers	10.30am
Tues 21	Quiz and Games Evening	7pm
Tues 28	Pagham Coffee Morning	10.30am
Wed 29	Seated Exercises	7pm

The Oddfellows is the trading name of The Independent Order of Odd Fellows Manchester Unity Friendly Society Limited, incorporated and registered in England and Wales No. 223F.
Registered Office: Oddfellows House, 184-186 Deansgate, Manchester M3 3WB

At a glance

June

Wed 12	Fellows at the Edge	2pm
Thurs 13	Marina Monthly Lunch Club	12 noon
Tues 18	Worthing Walkers	10.30am
Tues 18	Afternoon Tea at Victoria Tea Rooms, Eastbourne Pier	2pm
Tues 25	Pagham Coffee Morning	10.30am
Wed 26	Dementia Talk	7pm

July

Wed 10	Fellows at the Edge	2pm
Thurs 11	Marina Monthly Lunch Club	12 noon
Tues 16	Worthing Walkers	10.30am
Tues 16	Fish and Chips Night	7pm
Tues 23	Pagham Coffee Morning	10.30am
Wed 24	The National Trust Talk	7pm

August

Fri 2	Trip to West Dean Gardens	11am
Thurs 8	Marina Monthly Lunch Club	12 noon
Wed 14	Fellows at the Edge	2pm
Tues 20	Worthing Walkers	10.30am
Tues 20	Buffet Time, Terminus Road	12 noon
Tues 27	Pagham Coffee Morning	10.30am
Wed 28	A Summer Quiz	7pm

A bit about us...

The Oddfellows is one of the largest and oldest friendly societies in the UK. Through friendship and social events, we help our members get more enjoyment out of life, and offer care, advice and support in times of need. As a mutual and non-profit, our Society is run by our members for our members and raises thousands of pounds each year for good causes. We welcome everyone of all ages. For more information visit www.oddfellows.co.uk or call **0800 028 1810**.