

November 2025 - April 2026



*O*the  
ODDfeLLows SINCE 1810  
*making friends, helping people*

# *out & about*

**Making friends across King's Lynn and West Norfolk**



Music



Art/Crafts



Theatre



Dining Out



Walks



Games



Day Trip



Meetings



Social



Talks



Coffee Morning/  
Afternoon Tea



Quiz



### *Emma Hedgehog Hospital Talk - Tuesday 27 January 2026*

Welcome to our latest edition of the Out and About, the events programme for the King's Lynn and West Norfolk Branches of Oddfellows. We are a group of friends brought together through our shared interest in socialising, making friends and helping people.

As the local Branch of a national membership organisation called the Oddfellows, we offer you a great opportunity to make new friends and enjoy a variety of activities. We also provide members with a range of advice and support services when you need them, see inside for details. We hold a wide range of events from our regular quizzes, days out, talks, walks and much more.

The list is endless and the choice is yours! If Out and About seems like just the thing for you and you'd like to find out more, please contact Alison Schultz (contact details above) who will be happy to have a chat.

We hope to see you at an event very soon! For more details about

## Contact Details

**For more details on any of the events listed contact**

**District Secretary:** Alison Schultz

**Postal Address:** Oddfellows House  
7 Lynn Road, Gaywood,  
King's Lynn, Norfolk PE30 4PR

**Assistant Secretary:** Jonathan Schultz

**Telephone:** 07564 834292

**Email:** [alison.schultz@oddfellows.co.uk](mailto:alison.schultz@oddfellows.co.uk)

**Opening Hours:** Monday Tuesday and Thursday 9am-5pm. Tuesday and Thursday social events.

**f** Join our social network! You can find us on Facebook. You can now keep up-to-date with all the latest Oddfellows news for free through social media at Oddfellows King's Lynn

becoming a member and the wide range of benefits available, please call our membership team on **0800 028 1810** or visit our website at **[www.oddfellows.co.uk](http://www.oddfellows.co.uk)**.

# Regular Events - Dates can be found on the at a glance section

## Wellbeing Exercises

First  
Tuesday

🕒 2pm    💷 £3.50 per person

Wellbeing exercises with Kate Lewis, a qualified instructor. Have a bit of fun whilst helping with your overall fitness and may be burn a few of those calories off. A lovely cuppa afterwards with friends. Reffley Community Centre, Reffley Hall, Reffley Lane, King's Lynn PE30 3SF. Contact Alison on 07564 834292 or Susan on 07564 834292.

## Quiz with Roger Williamson

Second  
Tuesday

🕒 2pm    💷 £2 per person

Come join us at Reffley Community Hall, where we will be in groups of four answering the questions and having a giggle. We'll have a refreshing cuppa served afterwards. Reffley Community Centre, Reffley Hall, Reffley Lane, King's Lynn PE30 3SF. Contact Jonathan on 07802 483792 or Roger on 07835 985148.

## Bingo

Third  
Tuesday

🕒 2pm    💷 £2 per person

Bingo monthly with Jonathan Schultz as your caller. So its eyes down to get a look in for your chance to win. Good luck! Reffley Community Centre, Reffley Hall, Reffley Lane, King's Lynn PE30 3SF. Contact Jonathan on 07802 483792 or Alison on 07564 834292.

## Talks or Games

Fourth Tuesday

🕒 2pm    💷 Free

On the fourth Tuesday we meet at Reffley Community Centre, Reffley Hall, Reffley Lane, King's Lynn PE30 3SF. We have a talk or games starting at 2pm and its free to join us. Contact Alison on 07564 834292.

## Pétanque or French Boules

First  
Wednesday  
(Weather permitting)

🕒 11am    💷 Free

Jonathan Schultz has kindly said he's happy to run this event for our members. Come along to Knights Hill and play this game on the shingle area at Knights Hill. We have some boules, but if you have some please bring along. The game is adaptable for wheelchair users. If you so wish, you can stay for lunch with friends after the game, just book your own table. Please note that if it is raining this event will not take place. Knights Hill Hotel, South Wootton, King's Lynn, Norfolk PE30 3HQ. Contact Jonathan on 07802 483792.

## Walks Around King's Lynn

Third  
Wednesday

🕒 10.30am    💷 Free

Meet at venue in town. Information on a monthly sheet if not call Alison or Roger. Advertised in the windows of 7 Lynn Road, Gaywood, King's Lynn PE30 4PR. Contact Jonathan on 07802 483792 or Roger on 07835 985148.

# Thursday Events - Dates can be found on the at a glance section

## Coffee Morning and Lunch at Wildfowler

First  
Thursday



11am



As per menu

We have decided to go on the first Thursday of the month to the Wildfowler, Terrington St Clements where coffee or tea will be served. Why not stay for lunch with friends as there is an extensive menu at a reasonable prices. Wildfowler Public House, 28 Sutton Road, Terrington St Clements, King's Lynn PE34 4PQ. Bus stop directly outside venue. Contact Contact Jonathan on 07802 483792 or Alison on 07564 834292.



## Downham Coffee Morning and Lunch

Second  
Thursday



11am



As per menu

Downham coffee morning has two venues, we alternate between Downham Market Home and Garden Store as well as Baytree at Hilgay. Why not have a look around the shop afterwards and lunch with friends. Alison will be there for coffee and to answer any questions. Downham Market Garden Centre, Stonecross Lane, Bexwell, Downham Market PE38 0AD or Baytree of Hilgay, Steels Drove, Hilgay, Downham Market PE28 0QH. Contact Jonathan or Alison on 07564 834292.

## Thaxters Coffee Morning and Lunch

Third  
Thursday



11am



As per menu

Coffee morning at Thaxters, Dersingham. Come along and order what you wish, it may be breakfast or stay for lunch, whatever you want. Thaxters Garden Centre, 51 Hunstanton Road, Dersingham, King's Lynn PE31 6NA. Bus stop directly outside venue. Contact Jonathan on 07802 483792 or Alison on 07564 834292.



## Coffee Morning and Lunch at Globe Public House

Fourth  
Thursday



11am



As per menu

We have decided to go to The Globe, as it's in the centre of town. Easy access from bus and boat, have breakfast, lunch or just a coffee - the choice is yours. The Globe Hotel, Tuesday Market Place, Kings Street, King's Lynn PE30 1EZ. Contact Jonathan on 07802 483792 or Alison on 07564 834292.



# November

## TUES 25 Christmas Table Decoration with Helen Marshall



Helen Marshall has kindly agreed to come do a Christmas table decoration, this will be raffled off again for funds. Tea and coffee will be served after the demonstration. Reffley Community Centre, Reffley Hall, Reffley Lane, King's Lynn PE30 3SF. Contact Jonathan on 07802 483792 or Alison on 07564 834292.

## THURS 27 Star of the West Meeting



Star of the West meeting. These are held in a public house and is ran by David Thomas. If you wish to attend please let David know. The Green Man Public House, 1 Whiteplot Road, Methwold, Hythe, Thetford IP26 4QP. Contact Alison on 07564 834292.



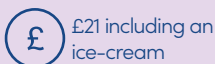
# December

## SUN 07 Oddfellows Christmas Lunch at Knights Hill Barn



Come join us for a festive get together and Christmas lunch at Knights Hill Barn. Tables will be decorated in a festive theme. A prize for the best 'Festive Jumper'. Book by Monday 24 November 2025. Knights Hill Hotel, South Wootton, King's Lynn, Norfolk PE30 3HQ. Contact Jonathan on 07802 483792 or Alison Schultz, 07564 834292.

## MON 22 Jack And The Bean Stalk Panto



Panto at King's Lynn Corn Exchange. We have disabled seats and some in Rows J and K. Looking forward to another



great show. Book by Tuesday 2 December 2025. King's Lynn Corn Exchange, Tuesday Market Place, King's Lynn PE30 1JW. Contact Jonathan on 07802 483792 or Alison on 07564 834292.

# January

TUES  
27

## Emma Hedgehog Hospital Talk



2pm



Free



Holly will be along to give us a talk on the wonderful job they do looking after hedgehogs and how we can help hoglets, juveniles or adult hedgehogs. Reffley Community Centre, Reffley Hall, Reffley Lane, King's Lynn PE30 3SF. Contact Jonathan on 07802 483792 or Alison on 07564 834292.



Image by Alexa from Pixabay

# February

TUES  
24

## Annual Summoned Meeting



2pm



Free



You will all received a letter with the accounts and agenda for this meeting. It's that time of year when we vote in our Chairperson and pass the accounts from the previous year. We will have coffee and cake afterwards. Book by Tuesday 17 February 2026. Reffley Community Centre, Reffley Hall, Reffley Lane, King's Lynn PE30 3SF. Contact Jonathan on 07802 483792 or Alison on 07564 834292.

## Booking and Cancellations

Please remember the importance of early booking for all events to avoid disappointment or cancellation due to lack of support. Please note that a place is not guaranteed at any event until full payment has been received.

## Join the conversation @ OddfellowsUK

Find us at

f OddfellowsKingsLynn

# March

## **TUES 24** Lynn Museum Visit



10.30am



Free



We are booked for a group visit to Lynn Museum in Market Street. There you can see the usual historical items from Lynn's past, as well as the timber circle of the Seahenge Gallery. Also, you can see a collection of Star Wars toys in a one-off exhibition called 'May the Toys Be With You'. We will then move on to a local café for lunch or snacks. Book by Tuesday 10 March 2026. Lynn Museum, Market Street, King's Lynn, Norfolk PE30 1NL. Contact Jonathan on 07802 483792 or Roger on 07835 985148.



## **TUES 31** Easter Crafts and Bonnet Making



2pm



Free



Come along to Reffley Community Hall and have a fun afternoon with Kathleen and her crafts. Alison has purchased lots of bonnets for us to decorate and then we have a prize for the best bonnet made that afternoon. Reffley Community Centre, Reffley Hall, Reffley Lane, King's Lynn PE30 3SF. Contact Jonathan on 07802 483792 or Alison on 07564 834292.



Image by Jan Vašek from Pixabay

# Learn, have fun, and stay in touch from home

## Our online events are here to stay



To see what's coming up visit [www.oddfellows.co.uk/events](http://www.oddfellows.co.uk/events)

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# April

## TUES 28 **Talk by Paul Richards**



2pm



Free



Paul will be giving a talk on WJ Raby of King's Lynn 1918-1938, who was an engine driver, town councillor and first Labour mayor. Tea or coffee will be served afterwards. Reffley Community Centre, Reffley Hall, Reffley Lane, King's Lynn PE30 3SF. Contact Jonathan on 07802 483792 or Alison on 07564 834292.



## THURS 30 **Petals Tea Room**



11am



As per menu



Come to Petals Tea Room for morning coffee and cake. This is set in the village of Dersingham and there are some lovely walks around the area. Book by Thursday 16 April 2026. Petals Tea Room, 61 Manor Road, Dersingham, King's Lynn PE31 6LH. Contact Jonathan on 07802 483792 or Alison on 07564 834292.



## WED 29 **Scotty's Little Soliders Cheque Presentation and Talk**



6.30pm



Free



This is our District meeting with cheque presentation of Susan's chosen charity. Coffee or tea and cake will be served afterwards. Gaywood Church Rooms, Gayton Road, Gaywood, King's Lynn PE30 4DZ. Contact Jonathan on 07802 483792 or Alison on 07564 834292.





# Some of our past events...



*Coffee morning at the Wildfowler  
Terrington St Clements.*



*Coffee morning with Louie having a  
story read by Susan our Chairman.*



*Talk on Charles Dickens.*



*Drink stop after Roger's walks.*

## Bingo with Jonathan



## Coffee Morning at Thaxters



## Roger's Quiz





## Pétanque



## Quiz Winner



## Alpacas day out when we joined Capital of the Fens



# Petals Tea Room



# Roger's walk with Paul Richards



## Scarborough hosts the nation's Oddies



**For the 20th time in more than 200 years the Society's Annual Movable Conference (AMC) was held in beautiful Scarborough, hosted by Vale of York Oddfellows.**

Members representing their Branches converged on the seaside town from

all corners of the country to assess the previous 12 months and to decide on the direction of the next.

There was change at the top, as South London Oddfellows' John Mann replaced Vale of York Oddfellows' Barbara Needham as Grand Master.

As well as business, attendees enjoyed a range of social activities, including indulging in the delights of an Oddfellows Brass performance, the annual Roy Harmer Memorial Bowls Tournament, and a day trip to Whitby and Scarborough Fair.

## Final update from HA Andrews Memorial Fund recipients

**Nur Zainal, whose PhD at the University of Southampton has been supported by the HA Andrews Memorial Fund, and Professor of Cancer Biology Tim Fenton (pictured), addressed the Society's annual conference as three years of funding comes to an end.**

"My PhD – made possible by the generous support of the Oddfellows – has made some significant contributions to cancer research," said Nur. "My ultimate goal is to find ways to prevent or overcome drug resistance, and my model will let us run

the pre-clinical studies needed to move promising strategies toward the clinic."

Tim added: "Until recently, we did not understand enough about how our immune system recognises and responds to tumours, or about how tumours learn to switch off our immune responses to deploy cancer vaccines effectively.

This is changing rapidly, and cancer vaccines hold great promise for kinder, more effective therapy, though significant challenges remain."





# Making a Difference Awards 2025

The Oddfellows is full of remarkable people, none more so than the six winners of this year's Making a Difference Awards. They have been nationally recognised for their selflessness and dedication to making their Branch and wider Society as good as they can be.

For more information about the Awards, including how to nominate someone for 2026, visit [www.oddfellows.co.uk/makingadifference](http://www.oddfellows.co.uk/makingadifference).

## Jean Logan, Nene and Welland Oddfellows

Enriching Lives Socially

This award celebrates Jean's contributions to the running of the Branch's social events. She's key to coming up with new ideas, organising and hosting events, and making sure everyone has a good time.

"Socialising keeps your brain busy and keeps you active and keeps you younger.

You can sit on the sofa and watch telly all day long but I'm a doer. I'm always up and about."



On winning the award, Jean, from Bourne, Lincolnshire, says she had to read the letter twice, adding: "You've got so many branches all over the country and I end up as the overall winner. It was a nice surprise."

## Gordon and Kath Hinett, North Wales and Chester Oddfellows

Achieving Together

The married couple from Conwy, North Wales, have been recognised for their

teamwork and commitment to improving the lives of members.



As a Welfare visitor, Gordon regularly assists members however they might need, be that giving lifts to appointments or events, or going to the shops for them. Kath takes the lead on organising social events such as trips to the cinema, the theatre or a day out somewhere.

Kath says they could've been knocked down with a feather when they learnt they'd won. Gordon added: "We don't do it to get rewarded. We do it because we love doing it."

## Chris Sargeant, Nene and Welland Oddfellows

*Working in the Spirit of Mutuality*

Chris, from Pinchbeck in Lincolnshire, has been highlighted for her passion and dedication for her Branch and the Society as a whole.



Having held almost every role possible locally and represented Nene and Welland Oddfellows on regional and national committees, Chris said: "Oddfellows gives to me as much as I give to it. You get to know people. I've friends all over the country through Oddfellowship. I love it, absolutely love it."

She added: "How proud was I that someone had thought I was worthy of this Award?"

## Ann Kight, Nottingham Trent Oddfellows

*Giving Something Back*

Nottingham-based Ann's selfless commitment to raising money for worthy causes, both in connection with her Branch and of her own accord, is why she has been singled out for praise.

"I've been doing it about 10 years, if not more," she said. "I reckon I've raised around £10,000."

"I've always had the motto of, 'if you go through life and behave and you help somebody on your way you've done your job'."



She added: "You do things because you do them, not for awards. To get an award is a bonus."

## Barry Bedford, Nene and Welland Oddfellows

*Giving a Helping Hand*

Barry, from Peterborough, has been recognised for his dedication to looking after his fellow members and being counted on when it matters, or in times of need. He's been known to give members lifts to and from events and the shops, and has assisted in all manner of DIY projects, including clearing driveways, repairing doors, decorating and gardening.



He said: "I am very proud of what they think I've achieved. It's the way I live my life and always have done and if that transforms into helping other people then I'm thankful."

# Incredible total raised for good causes



*Brownsea Oddfellows raised £1,608.50 for the Dorset and Somerset Air Ambulance.*

**Giving back to our communities has always mattered to us. Last year, our branches and members donated over £163,000 to good causes.**

Jane Nelson, CEO of the Oddfellows, said: “Every year, when we work out the collaborative total, I’m astounded by the generosity of our Branches and their

members. We know that money is tight for many people, but they still dig deep and have compassion for those in need.

“It’s what binds us as Oddfellows – caring for people’s welfare and looking out for the needs of others. This humanitarian spirit makes me feel incredibly proud to be part of the Society. Where we can help, we must.”

**Find out more about how the Society gives back to its communities, including information about our support for the RNLI, Oddfellows Brass, our Orphan Gift Fund and HA Andrews Memorial Fund, at [www.oddfellows.co.uk/about/giving-back](http://www.oddfellows.co.uk/about/giving-back)**

## Welcoming Tees Mutual to the Oddfellows



**In February, we announced the completion, by transfer of engagements, of Tees Mutual.**

The acquisition was approved and agreed on by Tees Mutual’s members and their Board. Both the Oddfellows and Tees Mutual share a similar ethos and complementary values. This is the Society’s sixth acquisition since

2007 and follows the last transfer of engagements in 2021.

Jane Nelson, CEO of the Oddfellows, said: “Tees Mutual has been providing life and savings products to the people of Teesside and South Durham for well over a century.

“We are both passionate about mutuality and are pleased to be able to provide Tees Mutual members with a secure future.”

# Oddfellows Members: Do you need help?



**None of us know what is around the corner...**

## Local Care and Welfare Support

To request contact from a Welfare Visitor and for local help and information about Branch benefits and benevolence contact your Branch Secretaries on page 2.

## Oddfellows Citizens Advice Line

**Call 0800 0149 821\***

(free to callers from any landline or mobile number)

Monday - Friday, 9.30am - 4.30pm

**Email:** [oddfellows@citizensadvicemanchester.org.uk](mailto:oddfellows@citizensadvicemanchester.org.uk)



Run by Citizens Advice for Oddfellows members, you can access free, confidential, independent advice on welfare benefits, money and debt issues, consumer problems, housing, fuel bills, employment issues and many other issues.

\*The Oddfellows cannot provide legal advice and accepts no liability whatsoever for advice provided by Citizens Advice, which is an independent advice agency. If you have any queries about the advice you have received or wish to make a complaint then you should contact Citizens Advice directly. Citizens Advice operate a formal complaints process.

## Care and Welfare Helpline

**Call 0800 0149 822**

(free to callers from any landline or mobile number)

Monday to Thursday, 9.30am - 4.30pm, Friday, 9.30am - 4pm

**Email:** [care@oddfellows.co.uk](mailto:care@oddfellows.co.uk)

Run by the Oddfellows Care and Welfare Department, you can access information and guidance on issues such as accessing health and care services, supported housing, support for carers, and planning for later life. The helpline will try and identify any Oddfellows benefits or services in the community which may be of help to you.

**Visit our website page at [www.oddfellows.co.uk/benefits/care](http://www.oddfellows.co.uk/benefits/care)  
for care and welfare information**

# At a glance - see pages 3 and 4 for regular events info

## November 2025

<b>Tues 4</b>	Wellbeing Exercises with Kate Lewis	2pm
<b>Wed 5</b>	Pentanque or French Boules	11am
<b>Thurs 6</b>	Coffee Morning and Lunch at Wildfowler	11am
<b>Tues 11</b>	Quiz with Roger Williamson	2pm
<b>Thurs 13</b>	Coffee Morning and Lunch at Downham Garden and Home Store	11am
<b>Tues 18</b>	Bingo with Jonathan Schultz	2pm
<b>Thurs 20</b>	Thaxters Coffee Morning and Lunch	11am
<b>Tues 25</b>	Christmas Table Decoration with Helen Marshall	2pm
<b>Wed 26</b>	District Meeting with Christmas Party afterwards	7pm
<b>Thurs 27</b>	Coffee Morning and Lunch at Globe Public House	11am
<b>Thurs 27</b>	Star of the West Meeting	7.30pm

## December

<b>Tues 2</b>	Wellbeing Exercises with Kate Lewis	2pm
<b>Thurs 4</b>	Coffee Morning and Lunch at Wildfowler	11am
<b>Sun 7</b>	Oddfellows Christmas Lunch at Knights Hill Barn	12.30pm
<b>Tues 9</b>	Quiz with Roger Williamson	2pm
<b>Thurs 11</b>	Coffee Morning and Lunch at Baytree Hilgay	11am
<b>Tues 16</b>	Bingo with Jonathan Schultz	2pm
<b>Thurs 18</b>	Thaxters Coffee Morning and Lunch	11am
<b>Mon 22</b>	Jack And The Bean Stalk Panto	1pm

## January 2026

<b>Tues 6</b>	Wellbeing Exercises with Kate Lewis	2pm
<b>Thurs 8</b>	Coffee Morning and Lunch at Wildfowler	11am
<b>Tues 13</b>	Quiz with Roger Williamson	2pm
<b>Thurs 15</b>	Coffee Morning and Lunch at Downham Garden and Home Store	11am
<b>Tues 20</b>	Bingo with Jonathan Schultz	2pm
<b>Thurs 22</b>	Thaxters Coffee Morning and Lunch	11am
<b>Tues 27</b>	Emma Hedgehog Hospital Talk	2pm
<b>Thurs 29</b>	Coffee Morning and Lunch at Globe Public House	11am



# At a glance - see pages 3 and 4 for regular events info

## February

<b>Tues 3</b>	Wellbeing Exercises with Kate Lewis	2pm
<b>Thurs 5</b>	Coffee Morning and Lunch at Wildfowler	11am
<b>Tues 10</b>	Quiz with Roger Williamson	2pm
<b>Thurs 12</b>	Coffee Morning and Lunch at Baytree Hilgay	11am
<b>Tues 17</b>	Bingo with Jonathan Schultz	2pm
<b>Thurs 19</b>	Thaxters Coffee Morning and Lunch	11am
<b>Tues 24</b>	Annual Summoned Meeting	2pm
<b>Thurs 26</b>	Coffee Morning and Lunch at Globe Public House	11am

## March

<b>Tues 3</b>	Wellbeing Exercises with Kate Lewis	2pm
<b>Wed 4</b>	Pentanque or French Boules	11am
<b>Thurs 5</b>	Coffee Morning and Lunch at Wildfowler	11am
<b>Tues 10</b>	Quiz with Roger Williamson	2pm
<b>Thurs 12</b>	Coffee Morning and Lunch at Downham Garden and Home Store	11am
<b>Tues 17</b>	Bingo with Jonathan Schultz	2pm
<b>Thurs 19</b>	Thaxters Coffee Morning and Lunch	11am
<b>Tues 24</b>	Lynn Museum Visit and Walk	10.30am
<b>Thurs 26</b>	Coffee Morning and Lunch at Globe Public House	11am
<b>Tues 31</b>	Easter Crafts and Bonnet Making	2pm

## April

<b>Wed 1</b>	Pentanque or French Boules	11am
<b>Thurs 2</b>	Coffee Morning and Lunch at Wildfowler	11am
<b>Tues 7</b>	Wellbeing Exercises with Kate Lewis	2pm
<b>Wed 8</b>	Walks Around King's Lynn Town	10.30am
<b>Thurs 9</b>	Coffee Morning and Lunch at Baytree Hilgay	11am
<b>Tues 14</b>	Quiz with Roger Williamson	2pm
<b>Thurs 16</b>	Thaxters Coffee Morning and Lunch	11am
<b>Tues 21</b>	Bingo with Jonathan Schultz	2pm
<b>Wed 22</b>	Walks Around King's Lynn Town	10.30am

# At a glance – see pages 3 and 4 for regular events info

## April

<b>Thurs 23</b>	Coffee Morning and Lunch at Globe Public House	11am
<b>Tues 28</b>	Talk by Paul Richards	2pm
<b>Wed 29</b>	Scotty's Little Soliders Cheque Presentation and Talk	6.30pm
<b>Thurs 30</b>	Petals Tea Room	11am

Monthly handout given for extra events

## Can you help by volunteering?

We couldn't run all our events without wonderful volunteers. We need help to make sure we can keep our events as fun as they can be for all our members. There's lots of ways you can pitch in to help us, from one-off help to regular support. You can commit an hour a month, or more if you've got the time!

Volunteering could include meeting and greeting newcomers to make sure they feel welcome, or arranging activities, like quizzes or presentations, which we can help you run and promote.



**If you can help by volunteering or want to find out more, contact Alison by phone on 07564 834292 or email [alison.schultz@oddfellows.co.uk](mailto:alison.schultz@oddfellows.co.uk)**

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 **The Oddfellows** SINCE 1810  
making friends, helping people  
[www.oddfellows.co.uk](http://www.oddfellows.co.uk)

## A bit about us...

The Oddfellows is a friendly society with Branches across the UK. Through friendship and social events, we help our members get more enjoyment out of life, and offer care, advice and support in times of need. We welcome everyone of all ages. Find out more at [www.oddfellows.co.uk](http://www.oddfellows.co.uk) or call **0800 028 1810**.

The Oddfellows is the trading name of The Independent Order of Odd Fellows Manchester Unity Friendly Society Limited, incorporated and registered in England and Wales No. 223F.  
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