

September 2019– February 2020



the **ODDfELLOWS** SINCE 1810
making friends, helping people

out & about

Heart of Norfolk



Norfolk Broads



Music



Art/Crafts



Theatre



Dining Out



Health and
Wellbeing



Games



Day Trip



Meetings



Social



Talks



Coffee Morning/
Afternoon Tea



Cinema



We hope you can join us for our District Chairman's Annual Lunch

Welcome to the latest edition of your events diary and newsletter for Heart of Norfolk District of Oddfellows.

As a local Branch of a national membership organisation called the Oddfellows, we offer you a great opportunity to make new friends and enjoy a variety of activities. We also provide our members with a range of advice and support services when you need them. We are basically a group of friends brought together through shared interest in socialising, making friends and helping people.

This issue features details of all our upcoming events.

Contact Details

Branch Secretary:

Paula Grigglesstone

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paula.grigglesstone@oddfellows.co.uk

Office Open: Monday,
Wednesday and Thursday

Address: Sirius, 63 Kings Road,
Dereham, Norfolk NR19 2AG

Everyone is welcome at Oddfellows events. Even if you are not a member, we want to extend an invitation to you and your friends to attend any of our events that take your fancy - we like to think that we can guarantee you a good time.

A bit about us.....

The Oddfellows is a friendly society with Branches across the UK. Through friendship and social events, we help our members get more enjoyment out of life, and offer care, advice and support in times of need. We welcome everyone of all ages. Find out more at www.oddfellows.co.uk or call 0800 028 1810.

Front cover: Tom Wheatley, Norfolk Broads.

September 2019 – Friendship Month

SUN
08

District Chairman Annual Lunch



12.30pm



£17 Two Courses,
£20 Three Courses



Join us for our annual celebratory lunch, a chance to catch up with friends old and new. This year we are attending South Green Park on the outskirts of Mattishall. Please contact Paula for a menu, there is a choice of two or three courses. We will hold a raffle for our charity of the year (donations of prizes gratefully received). Book by Thursday 15 August. South Green Park, 18 South Green, Mattishall NR20 3JY. Contact Paula on 01362 696536.



THURS
19

Friendship Coffee Morning



11.15am



First hot drink is free



ODDFELLOWS
FRIENDSHIP MONTH
1 - 30 SEPTEMBER



Celebrating 10 years



THURS
12

Half Year Summoned Meeting



7.30pm



Free



All members are welcome to join us for our half year meeting. This is your opportunity to find out more about the running of the Branch including social events and care. Light refreshments will be provided after the meeting. Dereham Meeting Point, St Withburga Lane, Dereham NR19 1ED. Contact Paula on 01362 696536.

Do you want to make new friends? Then this is your opportunity to meet our group for a chat over a cuppa. Its open house at The George, Dereham and your first hot drink is provided free of charge. Some of us may stay on for lunch. We will hold a raffle for our charity of the year. The George Hotel, Swaffham Road, Dereham NR19 2AZ. Contact Paula on 01362 696536.

October

THURS
10

Musical Evening with Paul on guitar and Diana on vocals



7.30pm



Members Free
Guests £2



Tonight we have musicians Paul and Diana and a chance to listen or join in with the songs you know. Bring a small plate of nibbles to share, anything savoury or sweet will go down a treat with a hot drink, which will be supplied. Non-members are more than welcome to join us. We will hold a raffle for our charity of the year. Dereham Meeting Point, St Withburga Lane, Dereham NR19 1ED. Contact Paula on 01362 696536.



THURS
17

Coffee Out and About at The Priory Maze



11am



First hot drink
is free



Everyone is welcome to come to our monthly coffee morning. This month it's held in the beautiful surroundings of Priory Gardens Cafe. You can pay extra to walk around the gardens and even stay for a bite to eat. Don't get lost in the maze or you may miss out on your free hot drink! We will hold a raffle in aid of our charity of the year. Priory Maze Cafe, Cromer Road, Beeston Regis NR26 8SF. Contact Paula on 01362 696536.

November

THURS
14

Mike Weatherstone Talk on Norfolk Village Signs



7.30pm



£2



Tonight we will have an interesting talk on the history of village signs from around the region. We will also hold a raffle for our charity of the year. Light refreshments will be provided. Dereham Meeting Point, St Withburga Lane, Dereham NR19 1ED. Contact Paula on 01362 696536.

TALK



THURS
21

Coffee Out and About at the Willow House



11.15am



First hot drink
is free



Our coffee morning this month is at the Willow House Watton. Non-members will be made very welcome. We will hold a raffle for our charity of the year. Some of us may stay on for lunch so do join us. The Willow House, 2 High Street, Watton IP25 6AE. Contact Paula on 01362 696536.



December

THURS
12

It's Christmas Party Night with The Swingtones



7.30pm



Members
Free, Guests
£3 includes
refreshments



Join our friendly group for a pre-Christmas celebration. Richard and Linda - The Swingtones will entertain



us with songs from the 1940-50s. We will have some festive nibbles half way through and hold a raffle for our charity of the year. Non-members are more than welcome to come along. Dereham Meeting Point, St Withburga Lane, Dereham NR19 1ED. Contact Paula on 01362 696536.

THURS
19

Christmas Coffee Morning and Lunch at the White Hart



11am



See below



Join our friendly group for a pre-Christmas coffee morning. We are visiting the pretty village of Hingham. If you are staying on for lunch - this will need to be pre-booked in advance. Cost: Your first hot drink is free of charge - lunch as per menu. The White Hart, 3 Market Place, Hingham NR9 4AF. Contact Paula on 01362 696536.



SUN
15

Annual Carol Service at Trinity Methodist Church



10.30am



Free



We are joining the congregation at Trinity Methodist Church for our annual carol service. We will host refreshments in the church hall after the service. Open to all members and non-members who will be made welcome. Trinity Methodist church, Theatre Street, Dereham NR19 2EP. Contact Paula on 01362 696536.

Join the conversation @ OddfellowsUK

Share your news, start a conversation or simply stay up-to-date! If you're on Facebook or Twitter, make sure you've liked and followed our Oddfellows social media pages.

January 2020

February

THURS
16

Members from the Tittleshall Choir will Entertain Us



7.30pm



Members Free
Guests £2



They say singing is good for your soul and wellbeing. Some of the members of the Tittleshall Choir, who sing for fun will be



at our January social. If you have any nibbles savoury or sweet left over from the Christmas festivities, do bring them along to share. Everyone is welcome to join us, you do not need to be a member. We will hold a raffle for the charity of the year. Dereham Meeting Point, St Withburga Lane, Dereham NR19 1ED. Contact Paula on 01362 696536.

THURS
23

Coffee with Friends



11.15am



First hot drink
is free



Do come and join our friendly group for a chat over coffee or even stay for lunch. The George Hotel is conveniently situated close to Dereham Market place. Non-members are very welcome. The George Hotel, Swaffham Road, Dereham NR19 2AZ. Contact Paula on 01362 696536.

THURS
13

Talk on St John Ambulance by Sally Harper



7.30pm



£2 Donations



Sally is a volunteer for the local St John Ambulance and as a fully trained first aider, will impart some helpful advice to people. She will tell us all about the work they do, from the support they give to emergency services and offering medical assistance at large events. You do not need to be a member to come along. Dereham Meeting Point, St Withburga Lane, Dereham NR19 1ED. Contact Paula on 01362 696536.



THURS
20

Coffee with Friends



11.15am



First hot drink
is free



Do come and join our friendly group for a chat over coffee or even stay for lunch. The George Hotel is conveniently situated close to Dereham Market place. Non-members are very welcome. The George Hotel, Swaffham Road, Dereham NR19 2AZ. Contact Paula on 01362 696536.

Travel places with Friendly Faces

With group holidays, short breaks, exclusive discounts, travel offers and the opportunity to get to know other Oddfellows travellers, the Active Travel Club has something for everyone to enjoy.



**Fred. Olsen
Cruise Lines**



**Haven
Holidays**



**Warner Leisure
Holidays**



**Travel
Insurance***

Check out the latest holidays at www.oddfellows.co.uk/travel
Contact **0161 832 9361** or email active@oddfellows.co.uk

All holidays are booked through third party travel companies and terms and conditions apply.

Please ask for further details before booking.

Holidays are open to Oddfellows members and their guests.

*Oddfellows Support Services Limited will introduce members to the above organisation. Oddfellows Support Services Limited receives a commission payment for any introduction. Oddfellows Support Services Limited is registered in England and Wales, Company No. 8309175. Registered Office: Oddfellows House, 184-186 Deansgate, Manchester M3 3WB and is a non-regulated wholly owned subsidiary of The Independent Order of Oddfellows Manchester Unity Friendly Society Limited.

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Is there someone you know who'd enjoy what we do?

Refer a friend today



To refer a friend, call Membership on **0800 028 1810**,
or visit our Members' Area at www.oddfellows.co.uk
or fill in the **Refer Friend form** available from your
Branch Secretary

*Terms and conditions apply to the Refer a Friend offer. It cannot be used in conjunction with any other member offer. For full terms and conditions and for details of the rewards visit www.oddfellows.co.uk/offers.

Ref 1644

Heart of Norfolk Charity of the year

Branch members raised a super amount of money for the Nook appeal, which was our charity of the year for 2018-2019. The East Anglia's Children's Hospices have nearly reached their goal and the new Nook hospice is opening in September 2019.

Pictured is Elizabeth Smith our District Chairman (left) handing over the cheque for £1,275 to Judy Sykes from the friends of the Nook. We also purchased a brick which will be inscribed and laid in the garden path within in the hospice grounds.

For the forthcoming year our new District Chairman Rosemary Fraser, has chosen

Dereham Meeting Point as her charity. Meeting Point is raising money for a Tovertafel 'a magic table' designed to stimulate people with dementia enabling them to keep mobile and interact with others socially. Dereham meeting point was established in 1986 and is open to people with a disability and the over 55's, they provide a very reasonably priced two course lunch Monday to Friday. As at the end of July we have already surpassed our expectations and raised over £1000, many thanks go to all the members who have helped raise money for our chosen charities over the years.





Oddly Enough Campaign

We've seen some fantastic coverage on BBC Look East, That's Norfolk, BBC Radio Norfolk and also a feature published in Yours Magazine. All of which featured interviews with members from our Branch, Jenny, Rosemary, Jackie and Glenda. All four ladies very kindly

shared their story about finding friendship in the Oddfellows after losing their husbands. They formed an unexpected sisterhood which has helped them all in their own personal battles against 'empty chair syndrome'.

Coffee Mornings Out and About

As well as our evening socials we also meet up for a chat over a cuppa once a month. These have become very popular with many of us staying on for a bite to eat. During the winter months we stay local to Dereham but the rest of the year we are out

and about around our region. In the last six months we have visited Holt, Bawdeswell, Reepham, Elsing and Brisley. Guests are always welcome to join us and don't forget your first hot drink is provided free of charge.





Social Gatherings and Talks

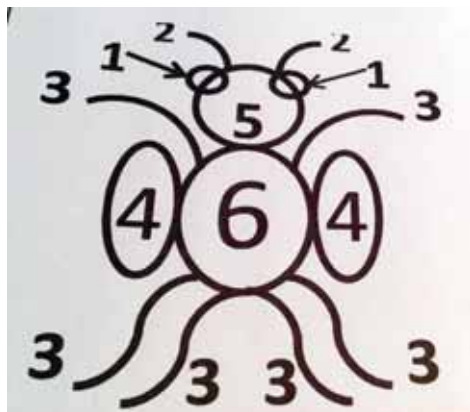
In June members of the social committee with guest appearances from friends, put on their annual performance. This year it was an evening of mystery and intrigue 'A Slice of Murder'. Set in a country hotel the guests had arrived for a baking weekend, but little did they know one of the hosts had been poisoned in the Folly. The audience then had to decipher the clues to find out who dun it!

Our family fun evenings are always a laugh. This year we have held a beetle

drive - roll a dice and build your beetle but you need a six to start and that's not always easy. This type of event gets everyone involved as you move around the room when you win and have a chance to sit with new faces.

We also held a word quiz and a head body and legs drawing game where the caricatures of members turned out to be hilarious.

You do not need to be a member to attend any of our social events, we will make you all very welcome.



Our Making a Difference 2019 Award winners!

To celebrate our wonderful members and their contributions to the Society as a whole, we launched the first official Making a Difference Awards late last year, and after careful consideration from the judges, we're ready to reveal the winners!

The judges had a hard time selecting this year's winners, with many worthy nominations received across the awards' categories. But after much deliberation, four fabulous members were announced at this year's annual conference.

Jane Nelson, CEO said: "So many of our members make the Society a wonderful place to form friendships, access advice and get support. It's important that we reward those who go above and beyond for their Branch when we can and the Making a Difference Awards is the perfect way to do this.

"Huge congratulations to this year's winners, and thank you to everybody else who was nominated! Your hard work and dedication is much appreciated, and doesn't go unnoticed."

Member nominations for 2020 are now open. Do you know someone who always goes the extra mile when volunteering, fundraising, caring for other members, or doing their very best for the Branch? Download a member nomination form from www.oddfellows.co.uk/makingadifference or contact your Branch Secretary.



Bill, Vivienne, David and Faye with Grand Master Bill Henchcliff after being presented with their awards.

2019 Making a Difference Award Winners

FOR GIVING A HELPING HAND

Vivienne Simpson

Burton-on-Trent District

FOR WORKING IN THE SPIRIT OF MUTUALITY

Bill Rainsbury

North West Kent District

FOR GIVING SOMETHING BACK

David Smith

Cleveland and Durham District

FOR ENRICHING LIVES SOCIALLY

Faye Chadwick

Huddersfield District

Oddfellows Annual Movable Conference takes place in Sunny Southport

For 2019, our Annual Movable Conference (AMC) returned to Southport and we really did have the weather on our side! Each year our members get together to catch up, celebrate the past 12 months, vote on important Society matters, and of course, welcome the new Grand Master (Society Chairman).

With a jam-packed schedule mixing business with pleasure, AMC is a great opportunity for members to learn about the business side of the Society and our traditions, as well as meet and mingle with other Branches.



Oddfellows members enjoyed the annual bowls competition



Business began by paying tribute to some of our late Past Grand Masters: Sydney Bolton, Andrew Porter, and Keith Adamson



Oddfellows Brass gave a rousing public performance on Sunday



A 60s themed dance kicked off the celebrations at the Grand Master's Welcome Party

At our conference, Deputies vote on decisions that will impact the Society's business focus moving forward. For example, this year it was decided that our H A Andrews Memorial Fund would support Lupus Trust with a donation of £85,000 over three years. Plus, to celebrate our growing membership, we presented a number of Branches with our annual recruitment awards.

These include the Ken Hughes Silver Salver Award, won this year by Pride of Woolwich Branch, and the Lillian Ogden Recruitment trophy, awarded to Ormskirk and Southport Branch. Members can help their Branches to win awards too, as we also present the Refer a Friend Awards, to recognise Branches which have a great network of strong member advocates.



An array of Oddfellows merchandise was available for members to purchase



The "Refer a Friend" Award for the highest number of member advocates was awarded to Ormskirk and Southport Branch, with 31 members recruiting a new member in 2018

Thank you Bill Henchliff

A huge thank you as always to our now Immediate Past Grand Master Bill Henchliff, who says:

"It has been a great honour to be Grand Master of the Order. I couldn't possibly choose a favourite moment from the past year, but meeting all the members across the country, especially the two Centenarians from Hartlepool and Derby, has been quite special. The support and advice I have received from my colleagues on the Board, from the CEO and Insurance Director, and the External Non-Executive Directors has been invaluable."

Bill has some sound words of advice to welcome the new Grand Master, David Randall: "Be yourself and enjoy the year, it goes very quickly!"



If you have a business head, or a passion for organisation, why not get involved with your Branch's Committee of Management? And if you'd be interested in becoming a Deputy at a future AMC, you can find out how by visiting our website, or speaking to your Branch Secretary.

Meet our new Grand Master:

David Randall, Gipping Branch Secretary

How did it feel being installed in front of such a large crowd at the AMC?

It was such a proud moment and one I will cherish forever. My involvement in the Oddfellows is something I take very seriously, and I'm pleased to be able to use my time as Grand Master to raise awareness of the Oddfellows and the benefits of becoming a member with the general public, as well as doing my best to meet as many members as possible around the country.



So what's your Oddfellows background?

I became a member in 1992. However, I had been attending the local Branch's social events for about 20 years prior. So recruiters... never give up on a possible new member! My father-in-law was a long-serving Castle Branch (Colchester) officer and trustee, so he encouraged me to finally sign up. I guess I was always going to join once I married his daughter! For those of you who don't know, my wife of 47 years is Diana Randall, Secretary of Castle Branch, so there's always a little healthy Branch competition.

Do you have a standout memory from your 47 years of being involved with the Society?

Yes – the pride I felt when attending my District's Provincial Grand Master Dinner in 2010. We were celebrating 200 years of Oddfellowship, my wife was the Provincial Grand Master and the then Grand Master, Alan Cole, was our guest of honour. I was Deputy Provincial Grand Master and I couldn't have felt happier to be part of such a meaningful Society.

How would you sum up the Oddfellows in just six words?

Friendship that just keeps giving more.

And now for some less serious questions...

Where's your favourite place in the world?

That would have to be the Amalfi Coast in Italy.

Who is your favourite author?

John Grisham, I have read every one of his fiction books and his one non-fiction book.

You're stranded on a desert island.... What three items would you take with you?

Matches, a sharp knife and the woman I love, if she'd come with me! If she wouldn't, then I'd probably take a fishing line.

Who would play you in the movie of your life?

Matt Damon.



Oddfellows Members: Do you need help?

None of us know what is around the corner...

Local Care and Welfare Support

To request contact from a Welfare Visitor and for local help and information about Branch benefits and benevolence contact Paula on **01362 696536** or email **paula.grigglesstone@oddfellows.co.uk**.

Oddfellows Advice Line

Call 0800 0149 821*

(free to callers from any landline or mobile number)

Monday - Friday, 9.30am - 4.30pm

Email: oddfellows@manchestercab.org



**citizens
advice**

Run by Citizens Advice for Oddfellows members, you can access free, confidential, independent advice on welfare benefits, money and debt issues, consumer problems, housing, fuel bills, employment issues and many other issues.

*The Oddfellows cannot provide legal advice and accepts no liability whatsoever for advice provided by Citizens Advice, which is an independent advice agency. If you have any queries about the advice you have received or wish to make a complaint then you should contact Citizens Advice directly. Citizens Advice operate a formal complaints process.

Care and Welfare Helpline

Call 0800 0149 822

(free to callers from any landline or mobile number)

Monday to Thursday, 9.30am - 4.30pm, Friday, 9.30am - 4pm

Email: care@oddfellows.co.uk

Run by the Oddfellows Care and Welfare Department, you can access information and guidance on issues such as accessing health and care services, supported housing, support for carers, and planning for later life. The helpline will try and identify any Oddfellows benefits or services in the community which may be of help to you.

**Visit our website page at www.oddfellows.co.uk/benefits/care
for care and welfare information**

At a glance

September 2019 - Friendship Month

Sun 8	District Chairman Annual Lunch at South Green Park, Mattishall	12.30pm
Thurs 12	Half Year Summoned Meeting	7.30pm
Thurs 19	Friendship Coffee Morning	11.15am

October

Thurs 10	Musical Evening with Paul on guitar and Diana on vocals	7.30pm
Thurs 17	Coffee Out and About at The Priory Maze, Beeston Regis	11am

November

Thurs 14	Mike Weatherstone Talk on Norfolk Village Signs	7.30pm
Thurs 21	Coffee Out and About at the Willow House, Watton	11.15am

December

Thurs 12	It's Christmas Party Night with The Swingtones	7.30pm
Sun 15	Annual Carol Service at Trinity Methodist Church	10.30am
Thurs 19	Christmas Coffee Morning and Lunch at the White Hart, Hingham	11am

January 2020

Thurs 16	Members from the Tittleshall Choir will Entertain Us	7.30pm
Thurs 23	Coffee with Friends	11.15am

February

Thurs 13	Talk on St John Ambulance by Sally Harper	7.30pm
Thurs 20	Coffee with Friends	11.15am

Forthcoming Events

March

Thurs 12	Favourite possessions interactive social	7.30pm
Thurs 19	Coffee out and about at Yaxham Waters	11am