

July - December 2024



O<sup>the</sup>DDfellows SINCE 1810  
making friends, helping people

# out & about

## Handforth and Altrincham



*Trip to Tatton Park*



Day Trip



Art/Crafts



Theatre



Dining Out



Walks



Games



Friendship



Meetings



Social



Talks



Coffee Morning/  
Afternoon Tea



Online



*Altrincham in Bloom Walk – Monday 19 August, we hope you can join us!*

## Welcome to the new edition of your Out and About for the Handforth and Altrincham Branch of The Oddfellows.

As a local Branch of the national membership organisation the Oddfellows, we offer you a great opportunity to make new friends and enjoy a variety of activities. We also provide our members with a range of advice and support services when you need them.

We have arranged an exciting calendar of events for 2024 so you can meet up with friends and to make some new ones.

## Contact Details

**District Secretary:**  
Sharon Hulse Cottle

**Telephone:** 01925 758117

**Email:**  
[sharon.hulsecottle@oddfellows.co.uk](mailto:sharon.hulsecottle@oddfellows.co.uk)

**Address:**  
8 Venables Way,  
High Legh, Knutsford,  
Cheshire WA16 6LY

**Events are unfortunately sometimes subject to change, so it's really important to book in for events so Sharon can get in touch with you if there are any changes.**

## A bit about us...

The Oddfellows is a friendly society with Branches across the UK. Through friendship and social events, we help our members get more enjoyment out of life, and offer care, advice and support in times of need. We welcome everyone of all ages. Find out more at [www.oddfellows.co.uk](http://www.oddfellows.co.uk) or call **0800 028 1810**.

# July 2024

MON  
01

## Coffee Morning with Suzi Osborne, founder of Northwich Lit Fest



11.30am



Payable on  
the day



Joining our coffee morning today will be Northwich LitFest founder Suzi Osborne, who will chat to us over coffee about the annual fun and friendly festival across Northwich. This year's festival takes place from 15 June finishing on 5 July. The informal talk takes place in the Orangery in the Weaver's Whistle and we have booked a table for lunch afterwards if you would like to stay on for lunch. Or just come along, buy a coffee and enjoy a chat with Suzi and find out all about this amazing local annual literary festival. Book by Friday 28 June. Weavers Whistle, Wells Avenue, Lostock Gt, Northwich CW9 7XR. Contact Sharon on 01925 758117.

THURS  
04

## Monthly Online Coffee Morning



10.30am



Free



Catch up with your online friends from Oddfellow Branches all over the country for our monthly chinwag. Zoom Meeting ID: 735 8998 3105.

Passcode: 9EHF82.

Contact Sharon on 01925 758117.



MON  
08

## Monthly Coffee Morning in Macclesfield



11am



Payable on  
the day



Join our new monthly coffee morning and make some new friends in the Macclesfield area. Book by Friday Friday 5 July. Flora Tearooms, Chelford Road, Henbury, Macclesfield SK11 9PG. Contact Sharon on 01925 758117.

TUES  
16

## Monthly Coffee Morning in Altrincham at the Café in The Range



11am



Payable on  
the day



Join our new monthly coffee morning and make some new friends in the Altrincham area. Book by Monday 15 July. The Range, Unit 8, George Richards Way, Altrincham WA14 5GR. Contact Sharon on 01925 758117.

# July 2024

SUN  
21

## Sunday Lunch at The Greyhound in Ashley



1pm



Payable on the day



Back by popular demand, join us for a delicious home cooked Sunday lunch with 'bottomless gravy and unlimited Yorkshire puddings' and seasonal specials at this lovely country pub.

Book by Friday 19 July. The Greyhound, Cow Lane, Ashley, Altrincham WA15 0QR. Contact Sharon on 01925 758117.

TUES  
23

## Branch Meeting, followed by Ice-Cream at Bidlea Dairy in Goostrey



11am



Payable on the day



All Handforth and Altrincham members are invited to attend our Branch meetings.

Refreshments are provided, please let Sharon know if you are coming along or join us at approximately 12.30pm to try the

delicious seasonal ice-cream or sorbet at Bidlea Dairy in nearby Twemlow Green. All produced on-site using milk from their beloved 1,000 strong Holstein-Friesian cows. Book by Monday 22 July. Bidlea Dairy, Orchard Farm, Twemlow Lane, Holmes Chapel CW4 8DS. Contact Sharon on 01925 758117.



MON  
29

## Monthly Coffee Morning at Wilmslow Garden Centre



11am



Payable on the day



We are continuing our Wilmslow coffee morning events for the rest of the year, so please put the date in your diary and come along and bring along any friends with you. Book by Friday 26 July. Wilmslow Garden Centre, Manchester Road, Wilmslow SK9 2JN. Contact Sharon on 01925 758117.

WED  
31

## Lunch at The Meadows Coffee Shop in Parkers Garden Centre, Flixton



12 noon



Payable on the day



Join us for a delicious home-made lunch at this highly recommended venue and a browse around the lovely garden centre as well.



Parkers started as a mail order bulb company in 1933 in Manchester, the city still remains its head office and over 90 years later is a family business offering great gardening products to their local community. Book by Friday 26 July. Parkers Garden Centre Café, Carrington Road, Manchester M41 6HX. Contact Sharon on 01925 758117.

# August

## THURS 01 Monthly Online Coffee Morning



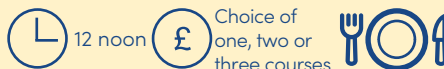
Catch up with your online friends from Oddfellow Branches all over the country for our monthly chinwag. Zoom Meeting ID: 779 5948 6095. Passcode: 1hBz7w. Contact Sharon on 01925 758117.

## MON 05 Monthly Coffee Morning in Macclesfield



Join your Macclesfield friends for a regular, monthly, fun and friendly coffee morning with a delicious menu to choose from and a chance to look around the garden and gift centre next door as well. Book by Friday 2 August. Flora Tearooms, Chelford Road, Henbury, Macclesfield SK11 9PG. Contact Sharon on 01925 758117.

## THURS 08 Lunch at Statham Lodge in Lymm



Join us for a 'Senior Citizens Lunch' at the fabulous price of £9 for one course, £13 for two courses or £17 for three courses. A new venue for us to try, a grade II listed Georgian Manor House, set in an 11 acre private estate with beautifully maintained gardens.

Statham Lodge was once the country residence of a Georgian squire and retains its elegance and charm to this day. Please book your place with Sharon as soon as possible as we will put in a pre order beforehand and collect £5 deposit per person. Book by Monday 5 August. Statham Lodge, Warrington Road, Lymm WA13 9BP. Contact Sharon on 01925 758117.



# August

TUES  
13

## Monthly Coffee Morning in Altrincham with optional Red Poppy Knitting



11am



Payable on the day



Altrincham friends – come along to your regular, monthly coffee morning, for fun, chatter and laughter with delicious drinks and seasonal special menus for us to try. This month we are having a bit of a ‘knit and knatter’ as we start to make poppies for the remembrance services in November. Thanks to Karen who is joining us to chat about Altrincham’s remembrance plans and she has lots of red wool, so just bring yourself and your knitting needles with you. Book by Monday 12 August. The Range, Unit 8, George Richards Way, Altrincham WA14 5GR. Contact Sharon on 01925 758117.

MON  
19

## Altrincham in Bloom Walk with Coffee and Cake afterwards



10.30am



Payable on the day



Thanks to our friend and Altrincham in Bloom Director, Val for offering to walk us around the stunning AIB displays in the town this year, telling us all about their planting schemes, maintenance and much more. As well as North West in Bloom this year, AIB are also in the RHS Britain in Bloom finals and we wish them the best of luck. They continue to improve the environment in Altrincham and inspire visitors with their beautiful 13 displays in the Town Centre.



Our walk will start from Goose Green at approximately 10.30am, leisurely taking about an hour and we’ll finish back at Goose Green for a welcome sit down with coffee and mini donughtnuts at Papa Dutch. Book by Friday 16 August. Papa Dutch, 3 Goose Green, Altrincham WA14 4DW. Contact Sharon on 01925 758117.

# August

**TUES 27** **Monthly Coffee Morning at Wilmslow Garden Centre**



£ Payable on the day



Join our monthly coffee morning and make some new friends in the Handforth and Wilmslow area. Come along, friendly chat is guaranteed! Book by Friday 23 August. Wilmslow Garden Centre, Manchester Road, Wilmslow SK9 2JN. Contact Sharon on 01925 758117.

**THURS 29** **Chinese Lunch at The Choy Hing Village in Grappenhall**



£ £14.50 for a three course



Join us for our favourite Chinese lunch at this friendly restaurant in Grappenhall, good food, great service and guaranteed good time with friends. £14.50 for a fabulous three course lunchtime meal. Book by Monday 26 August. Choy Hing Village, 97 Knutsford Road, Grappenhall, Warrington WA4 2NS. Contact Sharon on 01925 758117.



# September

- Friendship Month

**ODDFELLOWS**  
**FRIENDSHIP MONTH**  
**1 - 30 SEPTEMBER**



**MON 02** **Monthly Coffee Morning in Macclesfield**



£ Payable on the day



Join our monthly Macclesfield coffee morning and catch up with friends and make some new ones. A look around the gift shop or garden centre afterwards is an added extra. Book by Friday 30 August. Flora Tearooms, Chelford Road, Henbury, Macclesfield SK11 9PG. Contact Sharon on 01925 758117.

**THURS 05** **Monthly Online Coffee Morning**



£ Free



Catch up during Friendship Month with your online friends from Oddfellow Branches all over the country for our monthly chinwag. We'll have a fun Oddfellows quiz as well as how much do you know about us? Zoom Meeting ID: 768 8808 1438. Passcode: 6dpCRN. Contact Sharon on 01925 758117.

# September

ODDFELLOWS

FRIENDSHIP MONTH

1 - 30 SEPTEMBER



MON  
16

## Theatre Trip 'The History Boys' by Alan Bennett at the Altrincham Garrick



7.30pm



£12.50 per person



Celebrating its 20th Anniversary and hailed as one of the finest plays Alan Bennett has ever written 'The History Boys' opened at the National Theatre in 2004 to rave reviews and has gone on to become one of their biggest ever hits. In a recent national survey this comic masterpiece was voted the nation's favourite play. Book by Thursday 19 August. Garrick Theatre, Barrington Road, Altrincham WA14 1HZ. Contact Sharon on 01925 758117.



MON  
23

## Branch Meeting followed by Pig Racing



11am



£3 per person



You are invited to our September Branch meeting to find out about all the workings of our Branch.

Afterwards at 12 noon we can guarantee a laugh with a series of races with highly trained battery powered racing pigs, you can even bet on the pig you think will win. Prizes and piggy themed cupcakes and refreshments will be part of the afternoon too. Donations to Macmillan charity. Book by Friday 20 September. Lostock Grahame community centre, 14 Stubbs Lane, Lostock Grahame, Northwich CW9 7PU. Contact Sharon on 01925 758117.



FRIENDSHIP MONTH EVENT  
Invite a friend

THURS  
19

## Indoor Bowling, starting with lunch in Goostrey



12 noon



£5 per person



Join us for a fun afternoon of indoor bowling with guaranteed laughs, starting with a tasty lunch and cakes to celebrate this year's Friendship Month with friends. Cost: £5 per person for bowling and afternoon tea. Book by Monday 16 September. Goostrey Methodist Church Hall, Main Road, Goostrey, Crewe CW4 8PA. Contact Sharon on 01925 758117.

FRIENDSHIP MONTH EVENT  
Join the fun



# September

ODDFELLOWS  
FRIENDSHIP MONTH  
1 - 30 SEPTEMBER



THURS  
26

## Monthly Coffee Morning in Altrincham and find out more about Oddfellows Travel



11am



Payable on  
the day



Join our monthly Altrincham coffee morning and catch up with friends and make some new ones. We'll be chatting about Oddfellows Travel, another one of the benefits of your Oddfellows membership. Book by Monday 23 September. Dunelm Café, Bridgewater Retail Park, Manchester Road, Altrincham WA14 5PZ. Contact Sharon on 01925 758117.

MON  
30

## Monthly Coffee Morning at Wilmslow Garden Centre



11am



Payable on  
the day



Join our monthly Wilmslow and Handforth coffee morning and catch up with friends and make some new ones. Please bring along your friends to come and meet us this Friendship Month. Book by Friday 27 September. Wilmslow Garden Centre, Manchester Road, Wilmslow SK9 2JN. Contact Sharon on 01925 758117.

# October

SUN  
29

## Sunday Lunch at The Blacksmiths Arms in Henbury, Macclesfield



1pm



Payable on  
the day



Join us for a fabulous traditional Sunday lunch with huge Yorkshire puddings and unlimited gravy or try a pub classics or seasonal special. Book by Friday 27 September. The Blacksmiths Arms, Chelford Road, Henbury, Macclesfield SK11 9PG. Contact Sharon on 01925 758117.



FRIENDSHIP  
MONTH  
EVENT

Join the fun

THURS  
03

## Monthly Online Coffee Morning



10.30am



Free



Catch up with your online friends from Oddfellow Branches all over the country for our monthly chinwag. Zoom Meeting ID: 733 0897 9379. Passcode: 6DWLG0. Contact Sharon on 01925 758117.

MON  
07

## Monthly Coffee Morning in Macclesfield



11am



Payable on  
the day



Join our monthly Macclesfield coffee morning and catch up with friends and make some new ones. Book by Friday 4 October. Flora Tearooms, Chelford Road, Henbury, Macclesfield SK11 9PG. Contact Sharon on 01925 758117.

# October

MON  
07

## Theatre Trip 'Jane Eyre' by Charlotte Brontë at the Altrincham Garrick

7.30pm

£12.50 per person



A bold and theatrically inventive adaptation of the literary classic. You'll find Charlotte Brontë's story of the trailblazing



Jane Eyre is as inspiring as ever.

Book by Monday 19 August.

Garrick Theatre, Barrington Road, Altrincham WA14 1HZ. Contact Sharon on 01925 758117.

THURS  
10

## Monthly Coffee Morning in Altrincham at Dee Dee's Café in The Range

11am

£ Payable on the day



Join our monthly Altrincham coffee morning for some tasty seasonal coffee and cakes and enjoy a catch up with friends and make some new ones. Book by Wednesday 9 October. The Range, Unit 8, George Richards Way, Altrincham WA14 5GR. Contact Sharon on 01925 758117.

TUES  
15

## Talk by Barney Howard from The Knutsford Food Bank

11am

£ Free



Knutsford Food Bank provides about 50 hampers a week, without prejudice to families and individuals in crisis and who live in poverty in the North East Cheshire area (Knutsford, Wilmslow and Handforth). The isolation felt by people living in poverty is a priority and they aim to introduce them into a caring community that will continue to provide friendship and support. To fill the food hampers they rely on the generosity of the local community and they welcome any non-perishable food donations, personal hygiene items and cleaning products. We are joined today by Barney Howard, Director of Community Partnerships from Hope Central to chat to us over coffee about the amazing work they do and the help they need to continue. Everyone needs a helping hand at some point. Book by Friday 11 October. St Cross Church, Mobberley Road, Knutsford WA16 8EL. Contact Sharon on 01925 758117.



# October

## **MON 21** Monthly Coffee Morning at Wilmslow Garden Centre



Join our monthly Wilmslow and Handforth coffee morning to catch up with friends and make some new ones. Book by Friday 18 October. Wilmslow Garden Centre, Manchester Road, Wilmslow SK9 2JN. Contact Sharon on 01925 758117.

## **WED 30** Lunch at The Axe & Cleaver in Altrincham



Join us for lunch at this warm and friendly Victorian pub from 1880 with a delicious country style seasonal menu to choose from, for lunch in the company of good friends. Book by Monday 28 October. The Axe & Cleaver, School Lane, Dunham Massey, Altrincham WA14 4SE. Contact Sharon on 01925 758117.

# November

## **MON 04** Monthly Coffee Morning in Macclesfield



Join our monthly Macclesfield coffee morning and catch up with friends and make some new ones. Book by Friday 1 November. Flora Tearooms, Chelford Road, Henbury, Macclesfield SK11 9PG. Contact Sharon on 01925 758117.

## **THURS 07** Monthly Online Coffee Morning



Catch up with your online friends from Oddfellow Branches all over the country for our monthly chinwag. Zoom Meeting ID: 733 0897 9379. Passcode: 6DWLG0. Contact Sharon on 01925 758117.

# November

## **TUES** **12** **Monthly Coffee Morning in Altrincham at Dunelm's Café**



Join our monthly Altrincham coffee morning and catch up with friends and make some new ones. A chance to look around the Christmas decorations and gifts in Dunelm as well this month. Book by Monday 11 November. Dunelm Café, Bridgewater Retail Park, Manchester Road, Altrincham WA14 5PZ. Contact Sharon on 01925 758117.

## **SUN** **17** **Sunday Lunch at The Crown in Goostrey**

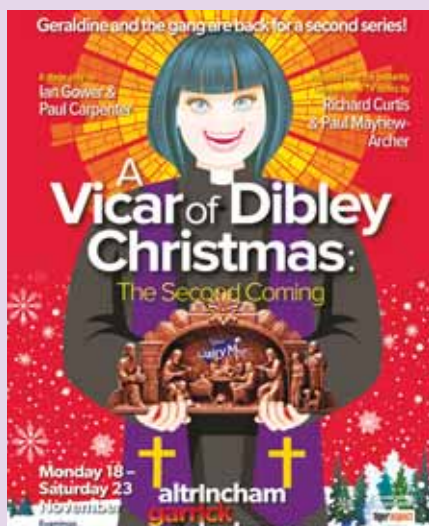


Join us for Sunday lunch - you can choose from a selection of Sunday roasts with home-made Yorkshire puddings, seasonal vegetables and red wine gravy, or choose from their legendary pub classic. Sounds like a perfect Sunday lunch with friends. Book by Friday 15 November. The Crown, 111 Main Road, Goostrey CW4 8PE. Contact Sharon on 01925 758117.

## **MON** **18** **Theatre Trip 'A Vicar of Dibley Christmas' at the Altrincham Garrick Playhouse**



Following on from the smash hit production of The Vicar of Dibley in February 2023, the nation's favourite chocolate loving Vicar and her beloved sidekicks are back. Come along for a 'fantastically festive and belly-laughing production' of 'A Vicar of Dibley Christmas: The Second Coming'. Hugo and Alice have returned from honeymoon, Geraldine is organising a week of Radio Dibley and all our favourite characters are back to put on a fabulous Nativity. Book by Monday 7 October. Garrick Theatre, Barrington Road, Altrincham WA14 1HZ. Contact Sharon on 01925 758117.



# November

WED  
20

## Coffee Morning at ABDA in Northwich



11am



Payable on  
the day



Join us at this speciality coffee shop for a real treat, with coffees sourced from all over the world and cakes lovingly baked from scratch by Abda herself and her bakers.

Looking forward to catching up with our Northwich friends here. Book by Monday 18 November. ABDA Café, 6 Crown Street, Northwich CW9 5AX. Contact Sharon on 01925 758117.



MON  
25

## Monthly Coffee Morning at Wilmslow Garden Centre



11am



Payable on  
the day



Join our monthly Wilmslow and Handforth coffee morning and catch up with friends and make some new ones. Book by Friday 22 November. Wilmslow Garden Centre, Manchester Road, Wilmslow SK9 2JN. Contact Sharon on 01925 758117.

TUES  
26

## Branch Meeting following by Mince Pie Tasting



11am



£3 per  
person



All Handforth and Altrincham members are invited to attend our Branch meetings. Refreshments are provided – please let Sharon know if you are coming along.

Afterwards at approximately 12 noon, we'll have a fun festive mince pie tasting. Do you like the traditional old classic or the new flavours? Come along and rate them, with this year's offerings and we'll see if you can judge overall yumminess and best value/cost. Come along for a fun afternoon with friends and find out which one will be the winner. Cost: £3 per person. Book by Friday 22 November. The Jubilee Centre, The Firs, Bowdon, Altrincham WA14 2TQ. Contact Sharon on 01925 758117.



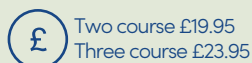
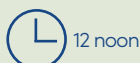
# December

## MON 02 Christmas Coffee Morning in Macclesfield



A chance to wish your Macclesfield friends a Happy Christmas over coffee and mince pies and come and have a look around the amazing gift shop decorated for Christmas with us next door. Book by Friday 29 November. Flora Tearooms, Chelford Road, Henbury, Macclesfield SK11 9PG. Contact Sharon on 01925 758117.

## WED 04 Chairman's Christmas Lunch at The Slow & Easy in Northwich



Our Chairman Chris Rawlinson, invites you to join him and the rest of our Management Committee for a fun and friendly festive Christmas lunch, being held at The Slow & Easy in Northwich. A traditional friendly venue has a well deserved reputation for home-made food, its easy to get to with lots of free car parking – all the things you tell us you look for a in great event.

A delicious two course Christmas meal is £19.95 and three course is £23.95, please let Sharon know if you are joining us as we will collect a pre-order and payment in full before the event. Hope to see you there – a chance to catch up with all your Oddfellow friends this December. Book by Friday 1 November. The Slow & Easy, Manchester Road, Northwich CW9 7PJ. Contact Sharon on 01925 758117.

## Learn, have fun, and stay in touch from home

We've online events for all to enjoy. Give one a try.



To see what's coming up visit [oddfellows.co.uk/events](https://oddfellows.co.uk/events) and enter 'Ayr' in the place name search box

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# December

FRI  
06

## Christmas Online Coffee Morning with Festive Quiz



A festive catch up and Christmas hello, with your online friends from Oddfellow Branches all over the country for our monthly chinwag. Zoom Meeting ID: 745 3195 8372. Passcode: 2L97yy. Contact Sharon on 01925 758117.



TUES  
10

## Christmas Coffee Morning in Altrincham



Join our festive Altrincham coffee morning and catch up with friends and make some new ones

– back at Dee Dee's Café in The Range and a chance to look around the stunning Christmas decorations. Book by Friday 6 December. The Range, Unit 8, George Richards Way, Altrincham WA14 5GR. Contact Sharon on 01925 758117.



MON  
16

## Christmas Coffee Morning in Wilmslow



Join our festive Wilmslow and Handforth coffee morning and catch up with friends before Christmas and have a look at the beautiful gifts and Christmas decorations. Book by Friday 13 December. Wilmslow Garden Centre, Manchester Road, Wilmslow SK9 2JN. Contact Sharon on 01925 758117.



## Booking and Cancellations:

Please remember the importance of early booking for all events to avoid disappointment or cancellation due to lack of support. Please note that a place is not guaranteed at any event until full payment has been received.

# A great start to 2024...









## Keeping in touch...

Communication is important to us, we would be grateful if you could get in touch with Sharon to ensure that we have all your up to date contact details so that we can keep in touch with you. Thank you.

Further events are being added, see: [www.oddfellows.co.uk/events](http://www.oddfellows.co.uk/events).

## REFER A FRIEND

# Share the love and make someone smile



To refer someone you know and make their day, either fill in the **Refer a Friend** form available from your Branch Secretary, or call Membership on **0800 028 1810**, or visit our Members' Area at [www.oddfellows.co.uk](http://www.oddfellows.co.uk)

\*Terms and conditions apply to the Refer a Friend offer. It cannot be used in conjunction with any other member offer. For full terms and conditions and for details of the rewards visit [www.oddfellows.co.uk/offers](http://www.oddfellows.co.uk/offers).

Ref 1644

## Join the conversation @OddfellowsUK

Share your news, start a conversation or simply stay up-to-date! If you're on Facebook or Twitter (X), make sure you've liked and followed our Oddfellows social media pages.

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# Make the most of your membership



## Your membership provides you with a great range of benefits...

**Standard £25 a year membership\* gives you access to...**

- Local social events
- Care & Welfare Helpline
- Oddfellows Travel
- Oddfellows news by email
- Branch Care & Welfare Support
- Oddfellows Citizens Advice Line
- Money saving partner offers
- Benevolence Grants
- Emergency Financial Aid (Household)
- Convalescence & Carer Support (after 2 years' membership)
- Accidental Death Benefit
- Legal Aid Scheme
- Educational & Apprenticeship Awards
- 24/7 access to our historical online archive

**£35 a year membership\* provides you with additional benefits of...**

- Optical benefit of up to £30 every second year of membership (after 1 year's membership)
- Dental benefit of up to £30 every membership year (after 1 year's membership)

For more information visit: [www.oddfellows.co.uk/benefits](http://www.oddfellows.co.uk/benefits).

\*Terms and conditions apply to all member benefits and services.

For full details, visit [www.oddfellows.co.uk/terms-conditions](http://www.oddfellows.co.uk/terms-conditions), or call us on 0800 028 1810.

# Oddfellows Members: Do you need help?



**None of us know what is around the corner...**

## Local Care and Welfare Support

To request contact from a Welfare Visitor and for local help and information about Branch benefits and benevolence contact **Sharon** on **01925 758117** or email **sharon.hulsecottle@oddfellows.co.uk**.

## Oddfellows Citizens Advice Line

**Call 0800 0149 821\***

(free to callers from any landline or mobile number)

Monday - Friday, 9.30am - 4.30pm

**Email:** [oddfellows@citizensadvicemanchester.org.uk](mailto:oddfellows@citizensadvicemanchester.org.uk)



Run by Citizens Advice for Oddfellows members, you can access free, confidential, independent advice on welfare benefits, money and debt issues, consumer problems, housing, fuel bills, employment issues and many other issues.

\*The Oddfellows cannot provide legal advice and accepts no liability whatsoever for advice provided by Citizens Advice, which is an independent advice agency. If you have any queries about the advice you have received or wish to make a complaint then you should contact Citizens Advice directly. Citizens Advice operate a formal complaints process.

## Care and Welfare Helpline

**Call 0800 0149 822**

(free to callers from any landline or mobile number)

Monday to Thursday, 9.30am - 4.30pm, Friday, 9.30am - 4pm

**Email:** [care@oddfellows.co.uk](mailto:care@oddfellows.co.uk)

Run by the Oddfellows Care and Welfare Department, you can access information and guidance on issues such as accessing health and care services, supported housing, support for carers, and planning for later life. The helpline will try and identify any Oddfellows benefits or services in the community which may be of help to you.

**Visit our website page at [www.oddfellows.co.uk/benefits/care](http://www.oddfellows.co.uk/benefits/care)  
for care and welfare information**

EDCWA50223

## Society-funded cancer research on track

**The Centre for Cancer Immunology, current beneficiaries of the Society's HA Andrews Memorial Fund, recently received its second donation instalment.**

The Centre, based at the University of Southampton, was chosen as the recipient of the £100,000 grant, split over three years, in 2022. The money is sponsoring the PhD studies of Nur Zainal, who is looking into a specific gene which it is believed can be manipulated to target cancer cells in a new vaccine.

### Nur's first year

The first year of Nur's studies has been spent preparing for the execution of her PhD project over the next three years. She has been learning appropriate techniques, skills and procedures, as well as being introduced to theories and connecting with relevant research groups.

Nur, who travelled to the UK from Malaysia with her family to undertake the PhD, said: "I believe the invaluable experiences and knowledge I have acquired over the past year have equipped me to be a more productive and capable student."



*Nur updating AMC last year*

"I would like to extend my heartfelt gratitude to the Oddfellows for their support in making my studies possible."

### On the right path

Some of Nur's work on 3D cell culture – growing cancer cells in a way that more closely resembles the environment they experience in our bodies than traditional 2D cell culture – is included in a manuscript which will be published in a major international journal, for which she will be listed as a co-author.

Dr Tim Fenton, Associate Professor in Cancer Biology, says Nur has "excelled during her first year", adding: "We hope that Nur's studies will lead to improvements in the design of cancer



*Dr Tim Fenton*

vaccines, which is a key theme in the work being undertaken at the Centre for Cancer Immunology here in Southampton."

### HA Andrews Memorial Fund

The Fund provides financial support to UK-based medical research projects or organisations. For more information about the Fund, and how you can donate, go to [www.oddfellows.co.uk/ha-andrews](http://www.oddfellows.co.uk/ha-andrews)

## Our fantastic four

**Congratulations to 2023's First Degree Course Educational Awards winners. George, Benedict, Jamie and Charlotte will each receive £3,600 over the next four years of their respective university courses to help ease the financial pressures of student life and create opportunities.**

### George LeBon

Heart of Norfolk  
Branch member

George began his studies at the University of Southampton in September 2023 – a four-year course in Computer Science with Cybersecurity.



His dream job is to become a “white hat hacker”, which he explained is someone who is “hired by companies to try and hack into their databases and report back the vulnerabilities”.

He says he and his family were overjoyed to discover he'd be receiving the funding and has thanked the Society, adding: “It will go towards buying textbooks so I can enhance my knowledge further and better understand the industry that I want to work in.”

### Benedict Weis

Leodis Branch member

Benedict hasn't yet decided what his ideal future job role might be. He is studying Aerospace Engineering at Queen's University Belfast and hopes a career path might become clearer over the next few years.

Since starting in September 2023, Benedict has joined the University's rowing club and the money will help him pay for training camps and trips, which he says will allow him to study more effectively without worrying as much about his finances.



“I would like to thank the Oddfellows for the award and just to say how grateful I am for it,” he said.

**Jamie Messett**

Loyal Lord Byron  
Branch member

Jamie started his first of four years of Chemistry at the University of Oxford's Balliol College in October 2023, and will put the money towards learning materials. He would like his future to be in the pharmaceutical industry, but a PhD and a career in research is also a potential avenue.

He said: "Nobody should underestimate how valuable funding can be towards determining how well a student performs.

"I would like to thank everyone involved in helping me with this award, and also everyone involved with providing the funding."

**Charlotte Stevenson,**

Pride of Woolwich  
Branch member

Charlotte started her four-year course in Physics and Philosophy at the University of Oxford's Brasenose College in October 2023.

She is hoping to do a PhD in astrophysics and then continue researching within the field beyond that.

The funding will allow her to take part in unpaid research programmes during university holidays, covering the cost of travel, accommodation and food, as well as contributing to the cost of textbooks and other resources. She said: "This award will be an immense help throughout my degree and I'm so, so grateful to have received it."



Grand Master (Chairman) of the Society, Barbara Needham, said: "Ordinarily, we hand out three First Degree Course Educational Awards each year, but such was the strength of the applications of this year's winners that we felt they all deserved the financial boost. "I'm delighted for all four of them, and I wish them every success over the next few years at university and beyond."

For more information and T&Cs, visit [www.oddfellows.co.uk/educational-awards](http://www.oddfellows.co.uk/educational-awards)

## Striving for a greener future

**The Oddfellows is committed to being as green as possible. That's why we've been calculating and offsetting our annual carbon footprint since 1 April 2020.**

Between 1 April 2022 and 31 March 2023, 106.38 tonnes of CO<sub>2</sub>e was recorded as being produced through the operations of our Liverpool and Manchester offices and associated transport activities, which includes our financial services brand, Unity Mutual.

Although this figure is up 5.4% on the previous year, benchmarked against employee numbers, carbon emissions have remained almost constant (up 0.2%).



The Oddfellows' CEO, Jane Nelson, said: "Our focus is to keep learning through our assessments and to make incremental changes to the way we operate so we can bring our greenhouse gas emissions down and play our part in tackling climate change."

The Society's aim is to be Net Zero, where our carbon emissions are as low as possible. As a last resort, we have offset our 2022-23 carbon footprint by funding carbon dioxide-saving initiatives, including in Eritrea, Cambodia, Brazil, Bulgaria and India.

Jane added: "Climate change is real. It's the greatest environmental challenge we've ever faced. But there is hope, because we can all do something about it."

## Investing in futures

**Unity Mutual discovered a genuine interest in its children's savings accounts – a topic many grandparents and parents hadn't considered before – while at the 2023 Baby and Toddler Show in Manchester.**

The Junior ISA (JISA), offered in partnership with Mini First Aid to include a free paediatric first aid course\*, turned heads, especially when parents realised once they'd set it up, anyone could contribute.



*Unity Mutual at the Baby and Toddler show*

Unity Mutual's Head of Sales and Marketing, Abi Jones, said: "No more brainstorming gift ideas for that first birthday or Christmas – a shared investment in a secure future sparked enthusiasm. Because, sometimes, the best gifts are the ones that grow over time."

\*T&Cs apply.

# At a glance

## July 2024

<b>Mon 1</b>	Coffee Morning with Suzi Osborne, founder of Northwich Lit Fest	11.30am
<b>Thurs 4</b>	Monthly Online Coffee Morning	10.30am
<b>Mon 8</b>	Monthly Coffee Morning in Macclesfield	11am
<b>Tues 16</b>	Monthly Coffee Morning in Altrincham at the Café in The Range	11am
<b>Sun 21</b>	Sunday Lunch at The Greyhound in Ashley	1pm
<b>Tues 23</b>	Branch Meeting, followed by Ice-Cream at Bidlea Dairy in Goostrey	11am
<b>Mon 29</b>	Monthly Coffee Morning at Wilmslow Garden Centre	11am
<b>Wed 31</b>	Lunch at The Meadows Coffee Shop in Parkers Garden Centre, Flixton	12 noon

## August

<b>Thurs 1</b>	Monthly Online Coffee Morning	10.30am
<b>Mon 5</b>	Monthly Coffee Morning in Macclesfield	11am
<b>Thurs 8</b>	Lunch at Statham Lodge in Lymm	12 noon
<b>Tues 13</b>	Monthly Coffee Morning in Altrincham with optional Red Poppy Knitting	11am
<b>Mon 19</b>	Altrincham in Bloom Walk with Coffee and Cake afterwards	10.30am
<b>Tues 27</b>	Monthly Coffee Morning at Wilmslow Garden Centre	11am
<b>Thurs 29</b>	Chinese Lunch at The Choy Hing Village in Grappenhall	1pm

## September - Friendship Month

<b>Mon 2</b>	Monthly Coffee Morning in Macclesfield	11am
<b>Thurs 5</b>	Monthly Online Coffee Morning	10.30am
<b>Mon 16</b>	Theatre Trip 'The History Boys' by Alan Bennett at the Altrincham Garrick	7.30pm
<b>Thurs 19</b>	Indoor Bowling, starting with lunch in Goostrey	12 noon
<b>Mon 23</b>	Branch Meeting followed by Pig Racing	11am
<b>Thurs 26</b>	Monthly Coffee Morning in Altrincham and find out more about Oddfellows Travel	11am
<b>Sun 29</b>	Sunday Lunch at The Blacksmiths Arms in Henbury, Macclesfield	1pm
<b>Mon 30</b>	Monthly Coffee Morning at Wilmslow Garden Centre	11am

# At a glance

## October

<b>Thurs 3</b>	Monthly Online Coffee Morning	10.30am
<b>Mon 7</b>	Monthly Coffee Morning in Macclesfield	11am
<b>Mon 7</b>	Theatre Trip 'Jane Eyre' by Charlotte Brontë at the Altrincham Garrick	7.30pm
<b>Thurs 10</b>	Monthly Coffee Morning in Altrincham at Dee Dee's Café in The Range	11am
<b>Tues 15</b>	Talk by Barney Howard from The Knutsford Food Bank	11am
<b>Mon 21</b>	Monthly Coffee Morning at Wilmslow Garden Centre	11am
<b>Wed 30</b>	Lunch at The Axe & Cleaver in Altrincham	1pm

## November

<b>Mon 4</b>	Monthly Coffee Morning in Macclesfield	11am
<b>Thurs 7</b>	Monthly Online Coffee Morning	10.30am
<b>Tues 12</b>	Monthly Coffee Morning in Altrincham at Dunelm's Café	11am
<b>Sun 17</b>	Sunday Lunch at The Crown in Goostrey	1pm
<b>Mon 18</b>	Theatre Trip 'A Vicar of Dibley Christmas' at the Altrincham Garrick Playhouse	7.30pm
<b>Wed 20</b>	Coffee Morning at ABDA in Northwich	11am
<b>Mon 25</b>	Monthly Coffee Morning at Wilmslow Garden Centre	11am
<b>Tues 26</b>	Branch Meeting following by Mince Pie Tasting	11am

## December

<b>Mon 2</b>	Christmas Coffee Morning in Macclesfield	11am
<b>Wed 4</b>	Chairman's Christmas Lunch at The Slow & Easy in Northwich	12 noon
<b>Fri 6</b>	Christmas Online Coffee Morning with Festive Quiz	10.30am
<b>Tues 10</b>	Christmas Coffee Morning in Altrincham	11am
<b>Mon 16</b>	Christmas Coffee Morning in Wilmslow	11am

The Oddfellows is the trading name of The Independent Order of Odd Fellows Manchester Unity Friendly Society Limited, incorporated and registered in England and Wales No. 223F.  
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