



# out & about

## Ipswich Branch



Travel



Games



Social



Meetings



Talks



Walks



Dining Out



Online



Quizzes



Theatre



Coffee Morning/Afternoon Tea

## Welcome to the autumn/winter edition of your 'Out and About' Events Diary for the Ipswich Branch of Oddfellows.

As a local branch of a national membership organisation called the Oddfellows, we offer you a great opportunity to make new friends and enjoy a variety of activities. We also supply our members with a range of advice and support services when you need them. We are basically a group of friends brought together through shared interests in socialising and making friends and helping people!

### Everybody welcome

Everybody is welcome at Oddfellows events. Even if you are not a member, we want to extend an invitation to you and your friends to attend any events that take your fancy - all are welcome and we like to think that we can guarantee you a good time. Let us know you're coming and we'll look out for you and welcome you at the door.

This issue features listings of our upcoming events from eating together to trips out. We hope there is something to interest you. We have also included a handy back page listing month by month for events at a glance. We hope you find it useful! Extra events are organised during the



*Oddfellows Hall, Ipswich*

span of this diary. Keep in touch with the Office for regular updates (have we got your email address? We send a regular What's On email, don't miss out). Looking forward to seeing you at an event very soon!

For more details about becoming a member and the wide range of benefits available, please call our membership team on 0800 028 1810 or visit our website at [www.oddfellows.co.uk](http://www.oddfellows.co.uk).

Our business meetings are open to all members unless indicated otherwise.

### A bit about us...

The Oddfellows is a friendly society with Branches across the UK. Through friendship and social events, we help our members get more enjoyment out of life, and offer care, advice and support in times of need. Find out more at [www.oddfellows.co.uk](http://www.oddfellows.co.uk) or call 0800 028 1810.

# Regular Events

Oddfellows Hall, 37 High Street,  
Ipswich IP1 3QH.

## Learn to Dance



Strictly Not Yet! Learn to Dance! Ever wished you'd learnt to dance? Lynne and Sherry can help. The emphasis is on fun! All welcome. Unsure? Then come along and have a look, there'll be a cuppa too! For more details contact [ipswich.branch@oddfellows.co.uk](mailto:ipswich.branch@oddfellows.co.uk) or call 01473 251867.

**24 October 2022**    **21 February 2023**  
**29 November 2022**    **20 March 2023**  
**30 January 2023**    **18 April 2023**

## Bingo



It's back by popular demand. It's Bingo! We may not be offering mega-prizes, but we do offer fun, chat and laughter! A winning formula! Entry free - books available on the day. All welcome. Refreshments too. **Contact** Lynne on 01473 251867.

**18 October 2022**    **23 January 2023**  
**21 November 2022**    **6 March 2023**  
**20 December 2022**    **11 April 2023**

# Contact Details

**Branch Secretary:** Lynne Wyatt  
**Email:**  
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**Social Secretary:** Wendy Atkins  
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**Address:**  
37 High Street,  
Ipswich IP1 3QH.

**Telephone:** 01473 251867

 **Oddfellowsipswich**

## Tuesday Together - Scrabble and Other Games!



Tuesday Together is a chance to get-together for Scrabble and other games available. Refreshments will be served. All welcome. Oddfellows Hall, 37 High Street, Ipswich IP1 3QH. **Contact** Lynne on 01473 251867.



**4 October 2022**    **1 November 2022**

# Regular Events

Oddfellows Hall, 37 High Street,  
Ipswich IP1 3QH.

## Zoom-In for Busy Fingers Crafts and Chat

Second  
Tuesday

🕒 10am

£ Free

🖥️ Online



What project will Teresa have for us this month? This is an online get-together making simple things to help our hand-eye coordination. We use materials which are easily available. Most importantly we have a laugh! Zoom Meeting ID: 542 724 7603. **Contact** Lynne on 01473 251867.



11 October 2022    14 February 2023  
8 November 2022    14 March 2023  
13 December 2022    11 April 2023  
10 January 2023

## Activity Morning Kurling and Boccia

Every  
Thursday

🕒 10am to  
11.30am

£ £2.50



Join us for some light exercise and plenty of laughs! Kurling is played with sticks and stone (no ice!). Boccia is a seated version of boules. Refreshments served. Hosted by Sherry. All welcome. **Contact** Lynne on 01473 251867.

## Coffee Morning (with a difference!)

Friday

🕒 10.30am

£ Members £1  
Guests £2



Come and join in for a cuppa and a chat. The perfect time to catch up with old friends and make new ones too. All welcome. **Contact** Lynne on 01473 251867.

28 October 2022    24 February 2023  
25 November 2022    31 March 2023  
27 January 2023    28 April 2023

## Zoom-In for Fun on Friday

Every  
Friday

🕒 7pm

£ Free

🖥️ Online

A great way to start the weekend. An hour amongst 'virtual' friends who will share a story, have a laugh and play a few games to keep the fun going! Volunteer hosts will keep you entertained. All welcome. Zoom Meeting ID: 542 724 7603. **Contact** Wendy or Lynne on 01473 251867.

## Zoom-In for Live@5 Weekly Quiz

Every  
Sunday

🕒 5pm

£ Free

🖥️ Online

Join us for our weekly quiz of 40 questions. It's just for fun and we won't ask for your score but you can tell us if you want! Zoom Meeting ID: 542 724 7603. **Contact** Wendy on 01473 251867.

# October 2022

# November

## SUN 09 Sunday Afternoon Tea



Members £5  
Guests £7



A members' favourite event. Enjoy a selection of savoury and sweet delights and gallons of tea! Booking essential. Followed by Live@5 Weekly Quiz. All welcome. Book by Thursday 6 October 2022. Oddfellows Hall, 37 High Street, Ipswich IP1 3QH. **Contact** Lynne on 01473 251867.

## WED 12 Ten Pin Bowling



£7.99



Join in the fun at Superbowl. Two games, shoe hire and snack with drink. 'Fierce' competition and plenty of fun and laughter! Further dates will be added. Keep in touch. Prices subject to change. Book by Thursday 6 October 2022. Superbowl, The Buttermarket Centre, St Stephens Lane, Ipswich IP1 1DT. **Contact** Lynne on 01473 251867.

## SUN 06 Festive Wine Tasting



£ See below



Join Kevin Marrable as he guides us through a choice of wines (to suit all tastes and budgets) for the festive season. It'll be an informative as well as fun afternoon. Hic! Cost will be confirmed nearer the day but approximately £7.50 per person (members), £10 for guests. Booking essential. All welcome. Book by Thursday 3 November 2022. Oddfellows Hall, 37 High Street, Ipswich IP1 3QH. **Contact** Lynne on 01473 251867.

## MON 31 Quiz 'n' Chips



Members £7  
Guests £10



It's been proved - we all love a quiz! Especially when it comes with chips! Fish and chips will be served from 7pm with the quiz starting about 7.45pm. Pit your wits with other members in teams of six maximum. Booking essential by Thursday 27 October 2022. Oddfellows Hall, 37 High Street, Ipswich IP1 3QH. **Contact** Lynne on 01473 251867.

# November

## MON 14 Monday Lunch



Our regular date for lunch. More details to follow. Booking essential. Book seven days before the event. For more details of venue and menu please contact Lynne on 01473 251867.

## TUES 15 Members' Meeting



All members welcome to attend to hear reports from the Committee and discuss issues which affect the Branch. Refreshments served. Oddfellows Hall, 37 High Street, Ipswich IP1 3QH. **Contact** Lynne on 01473 251867.

## WED 16 Ten Pin Bowling



Join in the fun at Superbowl. Two games, shoe hire and snack with drink. 'Fierce' competition and plenty of fun and laughter! Further dates will be added. Keep in touch. Prices subject to change. Book by Thursday 10 November 2022. Superbowl, The Buttermarket Centre, St Stephens Lane, Ipswich IP1 1DT. **Contact** Sherry or Lynne on 01473 251867.

## MON 28 Suffolk Prickles Hedgehog Rescue



Saving Hedgehogs, Paula Baker will be our guest speaker and will give a talk of about 40 minutes including: An introduction to the work of Suffolk Prickles. Some of the problems that hedgehogs are facing. How you can do small things to help. Refreshments will be served. All welcome. Book by Thursday 24 November 2022. Oddfellows Hall, 37 High Street, Ipswich IP1 3QH. **Contact** Lynne on 01473 251867.

# December

## FRI 02 Festive Sing Along



Christmas isn't Christmas without our friends from the Ipswich Singing Choir. Please come along and support the choir as they sign and we sing along to festive tunes and carols. Seasonal refreshments served. Collection towards the Choir's Funds. All welcome. Book by Wednesday 30 November 2022. Oddfellows Hall, 37 High Street, Ipswich IP1 3QH. **Contact** Lynne on 01473 251867.

# December

TUES  
06

## Christmas Lunch



12 noon



See below



You are invited to join members and friends for our Christmas lunch. We'll be treated to festive delights by the staff and students at New Suffolk College in the training restaurant 'Chef's Whites'. Booking early and advance payment is essential. Menu choices available from Thursday 1 September. **Cost:** Members: £18 for two courses and £21 for three courses. Guests: £20 for two courses and £23 for three courses. Licensed bar and raffle in aid of Chairman's charity - Suffolk Wildlife Trust. Book by Thursday 24 November 2022. Chef's White Restaurant, Suffolk New College, Rope Walk, Ipswich IP4 1LT. **Contact** Lynne on 01473 251867.

WED  
07

## Christmas Wreath Workshop



11am



See below



A workshop led by mother and daughter Carol and Ali Mayston. Make your own Christmas wreath. Materials provided, along with festive refreshments! Allow two hours but could be longer! Cost will be between £20-£30 for members and between £25-£35 for guests, depending on materials used. This will be a great occasion so get in the festive spirit and register early. Attendees limited to 10. Book by Wednesday 30 November 2022. Oddfellows Hall, 37 High Street, Ipswich IP1 3QH. **Contact** Lynne on 01473 251867.



# January 2023

MON  
09

## Monday Lunch



12.30pm



TBC



Our regular date for lunch. More details to follow. Booking essential. Book seven days before the event. For more details of venue and menu please contact Lynne on 01473 251867.

# January 2023

MON  
16

## The story of one of the most secret organisations of World War II

 1.30pm

 Members £2  
Guests £4



Did you know that the Auxiliary Units or GHQ Auxiliary Units were specially-trained, highly-secret



quasi military units created by the British government during the Second World War, with the aim of using irregular warfare in response to a possible invasion of the United Kingdom by Nazi Germany, 'Operation Sea Lion?' Did you know that one such unit was based in Suffolk? Do you know where? Come and find out more from our guest speaker, Chris Pratt. All welcome to uncover the secrets. Refreshments served. Book by Thursday 12 January 2023. Oddfellows Hall, 37 High Street, Ipswich IP1 3QH. **Contact** Lynne on 01473 251867.

TUES  
17

## Members' Meeting

 1.30pm

 Free



All members welcome to attend to hear reports from the Committee and discuss issues which affect the Branch. Refreshments served. Oddfellows Hall, 37 High Street, Ipswich IP1 3QH. **Contact** Lynne on 01473 251867.

# February

SUN  
05

## Sunday Afternoon Tea

 4pm

 Members £5  
Guests £7



A members' favourite event. Enjoy a selection of savoury and sweet delights, and gallons of tea! Booking essential. All welcome. Book by Thursday 2 February 2023. Oddfellows Hall, 37 High Street, Ipswich IP1 3QH. **Contact** Sherry or Wendy or Lynne on 01473 251867.

SAT  
25

## Annual General Meeting with Fish and Chips Lunch

 10.30am

 Free



The Annual General Meeting (AGM) is a chance for all members to be involved in the running of the Branch; to hear reports from the Committee and to vote on proposals. Members will also support the installation of the new Officers for the forthcoming year. Coffee served at 10.30am. Business starts promptly at 11am and lunch will be served at 12.30pm approximately. It is important that you register your attendance, so that you receive the relevant papers and fish and chips ordered! Book by Thursday 10 February 2023. Oddfellows Hall, 37 High Street, Ipswich IP1 3QH. **Contact** Lynne on 01473 251867.

# February

**TUES**  
**28** **The Green Issue - It's more than recycling**

 1.30pm

 Members £2  
Guests £4



Sarah Clarke from Ipswich Borough Council, Environmental Services will be our guest speaker this afternoon.



The Oddfellows as a Society have developed a Green Policy and today's talk will help us understand the issues and how individuals can play their part in making the policy work. Sarah's talk will be light-hearted and informative and there'll be a fun quiz with a prize! All welcome. Refreshments served. Book by Thursday 23 February 2023. Oddfellows Hall, 37 High Street, Ipswich IP1 3QH. **Contact** Sherry or Wendy or Lynne on 01473 251867.

# March

**MON**  
**13** **Monday Lunch**

 12.30pm

 TBC



Our regular date for lunch. More details to follow. Booking essential. Book seven days before the event. For more details of venue and menu please contact Lynne on 01473 251867.

# March

**TUES**  
**21** **Members' Meeting**

 1.30pm

 Free



All members welcome to attend to hear reports from the Committee and discuss issues which affect the Branch. Refreshments served. Oddfellows Hall, 37 High Street, Ipswich IP1 3QH. **Contact** Lynne on 01473 251867.

**MON**  
**27** **Who remembers Radio Caroline?**

 7.15pm

 Members £2  
Guests £4



An audio visual talk with Brian and Charles, this is an affectionate history of Pop Pirate stations drawing on an interesting and entertaining archive of films, photographs and audio recordings. In Easter, 1964 Radio Caroline first dropped anchor a few miles from Felixstowe, an event that heralded the start of a huge revolution in UK radio! All welcome to come along and relive memories of those years. Refreshments served. The speaker's fee will be divided between two charities - Cancer Research and the preservation MV Ross, the home of Radio Caroline. Booking preferred by Thursday 23 March 2023. Oddfellows Hall, 37 High Street, Ipswich IP1 3QH. **Contact** Wendy or Lynne on 01473 251867.



# March

WED  
29

## It's Rocket Science!



1.30pm



£15



Who remembers science in school? Or would you rather forget? Let's have some fun with science - an afternoon of interactive activities and experiments! It's Rocket Science is located in Claydon with easy public bus access (Service 88 leave Ipswich Cattle Market at 12.45pm). Parking available. Tea or coffee and biscuits are included in the afternoon session. All are welcome to join but booking is essential by Thursday 23 March 2023. Its Rocket Science, Unit 14 Hill View Business Park, Old Ipswich Road, Claydon IP6 0AJ. **Contact** Lynne on 01473 251867.

# April

SUN  
02

## Sunday Afternoon Tea



4pm



Members £5  
Guests £7



A members' favourite event. Enjoy a selection of savoury and sweet delights and gallons of tea! Booking essential. All welcome. Book by Thursday 30 March 2023. Oddfellows Hall, 37 High Street, Ipswich IP1 3QH. **Contact** Wendy or Lynne on 01473 251867.

FRI  
14

## Table Top Treasure Hunt



7pm



Members £3  
Guests £5



How well can you solve clues and find your way around a map? Join a team and work together to be the first to the winning post. It'll be fun! Prizes for the winners! All welcome Nibbles provided. Bring your own drink. Book by Thursday 6 April 2023. Oddfellows Hall, 37 High Street, Ipswich IP1 3QH. **Contact** Sherry or Wendy or Lynne on 01473 251867.

Other events will be added during the life of this programme. Please stay in touch for more details. Make sure we have your email address, or check out our Facebook page at [www.facebook.com/oddfellowsipswich](http://www.facebook.com/oddfellowsipswich) and the Oddfellows website [www.oddfellows.co.uk](http://www.oddfellows.co.uk)



# Online events you can enjoy from the comfort of your own home...

Talks, coffee mornings, exercise classes,  
quizzes, fun & games and much more

**Visit [oddfellows.co.uk/events](https://oddfellows.co.uk/events)  
and enter 'Kelso' in the place name box**

Need help to attend an online event? Just give your local Social Organiser  
or Branch Secretary a call or email [events@oddfellows.co.uk](mailto:events@oddfellows.co.uk)



## Christmas! It's Coming!

On Friday 2 December 2022 at 2pm, we kick off the festive season with the annual visit of the Ipswich Signing Choir. A chance to sing along with the choir as they sign familiar seasonal songs and carols.

On Tuesday 6 December Christmas lunch at Suffolk New College. Contact Lynne in the office (01473 251867) for a copy of the menu and to book.

On Wednesday 7 December from 11am. Make your own Christmas wreath. A workshop with materials provided, along with festive refreshments! Allow two hours but could be longer!

Cost will be between £20-£30.

This will be a great occasion to get in the festive spirit and register early. Attendees limited to 10.

## Introduce the Oddfellows to someone you know

### Refer a friend today

To refer someone you know and make their day, either call Membership on **0800 028 1810**, visit our Members' Area at [www.oddfellows.co.uk](http://www.oddfellows.co.uk) or fill in the **Refer a Friend form** available from your Branch Secretary.



\*Terms and conditions apply to the Refer a Friend offer. It cannot be used in conjunction with any other member offer. For full terms and conditions and for details of the rewards visit [www.oddfellows.co.uk/offers](http://www.oddfellows.co.uk/offers).

Ref 1644

# Annual General Meeting

The Branch's AGM will be held on Saturday 25 February 2023. Coffee served at 10.30am with business starting promptly at 11am. Following the close of business and installation of the news officers a fish and chips lunch will be served

at 12.30pm approximately. All members are welcome to attend. The agenda will include reports on accounts of the Branch, social events, welfare contacts, elections of officers and members to the Committee of Management.

# Coffee Mornings

Sherry is hosting monthly coffee mornings and they are going from strength to strength.

The drop-in event is the ideal opportunity to catch up with old friends and make new ones. For anyone interested in joining the Oddfellows, it's a good time to find out more over an informal chat.

It's probably the cheapest coffee stop in town! Please feel free to drop-in on Fridays 28 October, 25 November 2022.

2023: 27 January, 24 February, 31 March, 28 April, 26 May.

You'll be assured of a warm welcome.

# Foot Care Service

Toe-nail clipping and general foot care consultations. Marion Ward, a qualified Foot Health Practitioner is at your service\*.

To make an appointment in the Hall please contact Marion 07818 455903.

\*The foot care clinics advert does not constitute an endorsement by the Oddfellows and the use of the service is entirely at your own risk.

£15  
for  
45 minutes



# New to the Oddfellows?



Join us at one of our online new member welcome events

Tues 18 October, 7pm

Weds 19 October, 1.30pm

For further information visit: [www.oddfellows.co.uk/welcome](http://www.oddfellows.co.uk/welcome)

## Introduce the Oddfellows to someone you know

**Refer a friend today**



**Why not make someone's day by telling them about the Oddfellows?**

**You might be surprised who would appreciate getting involved – membership brings lots of benefits and so much more\*.**

To refer someone you know and make their day, either call Membership on **0800 028 1810**, visit our Members' Area at [www.oddfellows.co.uk](http://www.oddfellows.co.uk) or fill in the **Refer a Friend form** available from your Branch Secretary.

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# At a glance

## Regular Events

Every Thursday	Activity Morning - Kurling and Boccia	10am
Every Friday	Zoom-In for Fun on Friday	7pm
Every Sunday	Zoom-In for Live@5 Weekly Quiz	5pm

## October 2022

<b>Tues 4</b>	Tuesday Together - Scrabble and Other Games!	2pm
<b>Sun 9</b>	Sunday Afternoon Tea	4pm
<b>Tues 11</b>	Zoom-In for Busy Fingers Crafts and Chat	10am
<b>Wed 12</b>	Ten Pin Bowling	10am
<b>Tues 18</b>	Bingo!	10.30am
<b>Mon 24</b>	Learn to Dance	10.30am
<b>Fri 28</b>	Coffee Morning (with a difference!)	10.30am
<b>Mon 31</b>	Quiz 'n' Chips	7pm

## November

<b>Tues 1</b>	Tuesday Together - Scrabble and Other Games!	2pm
<b>Sun 6</b>	Festive Wine Tasting	2pm
<b>Tues 8</b>	Zoom-In for Busy Fingers Crafts and Chat	10am
<b>Mon 14</b>	Monday Lunch	12.30pm
<b>Tues 15</b>	Members' Meeting	1.30pm
<b>Wed 16</b>	Ten Pin Bowling	10am
<b>Mon 21</b>	Bingo!	10.30am
<b>Fri 25</b>	Coffee Morning (with a difference!)	10.30am
<b>Mon 28</b>	Suffolk Prickles Hedgehog Rescue	1.30pm
<b>Tues 29</b>	Learn to Dance	10.30am

## December

<b>Fri 2</b>	Festive Sing Along	2pm
<b>Tues 6</b>	Christmas Lunch	12 noon
<b>Wed 7</b>	Christmas Wreath Workshop	11am
<b>Tues 13</b>	Zoom-In for Busy Fingers Crafts and Chat	10am
<b>Tues 20</b>	Bingo!	2pm

## January 2023

<b>Mon 9</b>	Monday Lunch	12.30pm
<b>Tues 10</b>	Zoom-In for Busy Fingers Crafts and Chat	10am
<b>Mon 16</b>	The story of one of the most secret organisations of World War II	1.30pm

# At a glance

## Regular Events

Every Thursday	Activity Morning - Kurling and Boccia	10am
Every Friday	Zoom-In for Fun on Friday	7pm
Every Sunday	Zoom-In for Live@5 Weekly Quiz	5pm

## January 2023

<b>Tues 17</b>	Members' Meeting	1.30pm
<b>Mon 23</b>	Bingo!	10.30am
<b>Fri 27</b>	Coffee Morning (with a difference!)	10.30am
<b>Mon 30</b>	Learn to Dance	10.30am

## February

<b>Sun 5</b>	Sunday Afternoon Tea	4pm
<b>Tues 14</b>	Zoom-In for Busy Fingers Crafts and Chat	10am
<b>Tues 21</b>	Learn to Dance	10.30am
<b>Fri 24</b>	Coffee Morning (with a difference!)	10.30am
<b>Sat 25</b>	Annual General Meeting with Fish and Chips Lunch	10.30am
<b>Tues 28</b>	The Green Issue - It's more than recycling	1.30pm

## March

<b>Mon 6</b>	Bingo!	10.30am
<b>Mon 13</b>	Monday Lunch	12.30pm
<b>Tues 14</b>	Zoom-In for Busy Fingers Crafts and Chat	10am
<b>Mon 20</b>	Learn to Dance	10.30am
<b>Tues 21</b>	Members' Meeting	1.30pm
<b>Mon 27</b>	Who remembers Radio Caroline?	7.15pm
<b>Wed 29</b>	It's Rocket Science!	1.30pm
<b>Fri 31</b>	Coffee Morning (with a difference!)	10.30am

## April

<b>Sun 2</b>	Sunday Afternoon Tea	4pm
<b>Tues 11</b>	Zoom-In for Busy Fingers Crafts and Chat	10am
<b>Tues 11</b>	Bingo!	10.30am
<b>Fri 14</b>	Table Top Treasure Hunt	7pm
<b>Tues 18</b>	Learn to Dance	10.30am
<b>Fri 28</b>	Coffee Morning (with a difference!)	10.30am



# Ipswich News and Views

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our Kurling Group**

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**We went sailing...**

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**Evening Out to the Races**



**Celebrating the Jubilee**



**It's a HOOT!**



## Welcome to Ipswich News and Views Autumn 2022

Welcome to the latest edition of Ipswich News and Views, which we hope will be an interesting and informative read for members and friends. From details of events; messages from members and information about membership benefits.

At last we are able to reconnect with many of our members at face to face events and it's good to see everyone has kept well. We'd love to hear how you're doing, and to keep you updated with our news, so please contact us to make sure we have your current phone number. An email address makes it easier to keep in regular contact.

If you're unable to get to events in Ipswich then why don't join us online? Check out [www.oddfellows.co.uk/events](http://www.oddfellows.co.uk/events) or on Facebook at Oddfellowsipswich. Don't hesitate to contact us if there's any way we can help.

**Wendy Atkins, Editor**

## Contact Details

For more details about any of the events listed, membership and the wide range of benefits available, please call:

**Branch Secretary:** Lynne Wyatt

T: 01473 251867

E: [ipswich.branch@oddfellows.co.uk](mailto:ipswich.branch@oddfellows.co.uk)

**Social Secretary:** Wendy Atkins

T: 07722 191437

E: [ipswichevents@oddfellows.co.uk](mailto:ipswichevents@oddfellows.co.uk)

**Social Host:** Sherry Harrow

E: [sherry.harrow@oddfellows.co.uk](mailto:sherry.harrow@oddfellows.co.uk)

**Address:** 37 High Street,

Ipswich IP1 3QH

T: 01473 251867

**Welfare Visitors:**

Marion Ward

Teresa Marrable

T: 07818 455903

T: 01474 251867

Sherry Harrow

T: 01473 251867



## Surprise Visit to our Kurling Group

**Our local MP, Tom Hunt, came and joined us for a game of kurling and to find out more of what the Oddfellows is all about.**

Our Branch Chairman, Teresa and secretary, Lynne explained how the Ipswich Branch is part of one of the largest friendly societies in the UK, with over 450 members locally and that through friendship and social events, we help our members get more enjoyment out of life, and offer care, advice and support in times of need.

It was good to see Tom and have a chat but we think he will need to come again, to get a little more practice with the kurling, and next time he could also try his hand at Boccia.

Tom Hunt said, “Social organisations like the Oddfellows have a real sense of community. Throughout the pandemic, I have been amazed at how the Branch kept in touch and offered a huge amount of value to so many members. For me what is most striking about the Oddfellows is that it is a society which is very much about the people.

Visiting the Branch recently, I was struck by it’s ethos; to forge friendships and help each other in any times of need. Through your brilliant social events like kurling, quizzes and even cruises, the Oddfellows

continues to show the real value in company and getting to know new people. The connections created by your members offer someone to turn to through the ups and downs of life. The importance of organisation like the Oddfellows cannot be underestimated and it was a real delight to come and visit. I look forward to meeting many of your members again soon”.

Member Nadia Cenci (County Councillor for Chantry) accompanied Tom and she said; “Oddfellows has been a godsend to my stepdad after the death of my mum. I started taking him to the Thursday morning sessions to get him out of the house and meet people and ended up joining myself because I could see the benefits. There are so many fun things to do that there’s bound to be something enjoyable for all and we have such laughs together. I champion the organisation with anyone that I feel would benefit. Recently I have also received help and support because of my stepdad’s ill health through wider membership benefits. Priceless friendship and support all in a small yearly amount. I was pleased to be with Tom so that he could also see what I see for the people of Ipswich”.

Kurling and Boccia sessions are every Thursday at 10am hosted by Sherry.



## We went sailing...

The Oddfellows group cruise this year was to the Norwegian Fjords. 17 members experienced perfect weather, calm seas, spectacular scenery and of course fellowship. Old friends reunited and new

friends made. Christine from Leeds Branch said, "The cruise was just what I needed. Good company, lots of entertainment and the food was really lovely. Not going on the scales yet!"



Cristina from near Sheffield said, “I loved being on the dance floor and enjoyed it no end! I also enjoyed the talks which were very interesting and educational.”

Several of our group entered a photo competition. Ben Baskaran won with his crayfish (see left) and Wendy Atkins came third with a bee on clover. Congratulations to both. Ursula entered the ‘Name the owl’ competition and won! (See right).

We’ve started booking for next year. Norway for the Northern Lights in February, Scandinavia in July (from Newcastle) and Scotland in August.

If you’re interested in going with the group please get in touch with Wendy



wendy.atkins@oddfellows.co.uk or call the Ipswich Office and leave a message for her (01474 251867).



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## Join the conversation@OddfellowsUK

Share your news, start a conversation or simply stay up-to-date! If you're on Facebook or Twitter, make sure you've liked and followed our Oddfellows social media pages.

Find us at  [Oddfellowsipswich](#)



[OddfellowsUK](#)

# Chairman's Charity

**Teresa Marrable, Branch Chairman, has nominated the Suffolk Wildlife Trust as the charity to support during her year in office.**



**Suffolk  
Wildlife Trust**

We hosted a very successful 'Make your own bird box' session. We hope to arrange another date. Interested? Let us know.

At events we have raised money and to end of August the total is £184.60. There's six months to go so I'm sure that figure

will increase massively. If you would like to contribute to this worthwhile charity then please contact Lynne in the Office (cheques, bank transfers and cash accepted!). If you have anything suitable for raffle prizes, donations are always welcome! Thank you in advance.



*Members made bird boxes for their gardens guided by Lucy from the Suffolk Wildlife Trust. She supplied all the materials and equipment. It was an industrious afternoon.*

## Guest Speaker



**Our guest speaker programme has been on hold while we have been concentrating on reconnecting with our members. Therefore we were pleased to welcome Beth Wyatt a local history graduate in August. She gave an interesting insight into Suffolk women in history which featured Elizabeth Garrett Anderson, the first female doctor who lived much of her life in Aldeburgh and Edith Pretty, the amateur archaeologist who pioneered the excavation of Sutton Hoo, the Anglo-Saxon burial ground.**

We are looking forward to welcoming more guest speakers over the coming months including Prickles Hedgehog Rescue, Radio Caroline, Secret organisation of World War II and the Green Issue. If you have any suggestions for guest speakers please get in touch. We aim to have one on alternate months. It won't be long and we'll planning until the end of 2023!

## Tea and Tech



**Many members have been struggling to conquer the use of smartphones, tablets and laptops. During lockdown people came to realise that the digital way was the only way to make contact with others. Since then there has been a demand for help to learn more about navigating the internet, sending and receiving emails and learning about social media.**

There is a 'Tea and Tech' session setup at Unity Centre (the old Whitton Clinic) easily accessed by bus routes 9 or 10.

The event is held every first Tuesday of the month from 12.30pm to 3.30pm. This is a community event not specifically an Oddfellows event but all are welcome. Don't forget to take your device with you and let us know how you get on. It's a free event and cuppa and cake are available!



## Evening Out at the Races

The going was good-to-firm for our Ascot evening. Horses were lined up and jockeys were at the ready. There was great excitement in the stands and the punters were cheering on the winners! The ladies were very glamorous in their 'Ascot' outfits and the men, not to be outdone, were great as trainers and stable hands!





## Celebrating the Jubilee

Ipswich Oddfellows like the rest of the country celebrated the Queen's Platinum Jubilee in traditional fashion. In the hall, we tucked into a fantastic spread of afternoon goodies, prepared by Diane and Ann. Ann also made and decorated a wonderful celebration cake cut by our Chairman Teresa.



All our Junior Oddfellows were given a souvenir mug to mark the significant historical event.

Tea was followed by 'Jubilingo' - a game of bingo with a Jubilee theme, a quiz broadcast on Zoom to our friends across the country and a hearty sing-song.

Wendy was presented with her 'Make a Difference' award by Teresa who had received it on Wendy's behalf at the Annual Conference.

# The Green Oddfellows!

**We are in the middle of a climate crisis, as has been shown by the extremely high temperatures, wildfires and flash floods seen all over the world.**

In 2021, Oddfellows Head Office carried out an impact study and as a result, implemented a number of measures, recently announcing that they are carbon neutral and have the ambition to become Net Zero Carbon. Oddfellows House has been awarded the Building Research Establishment Environment Assessment Method Certificate (BREAM) which focuses on energy, waste, water, heating, insulation, pollution and recycling.

We want to discuss with members what measures we can put in place in our own hall to help mitigate the situation. If you would like to take part in this discussion, please let us know.

I have chosen Suffolk Wildlife Trust as my charity for the year. They manage and preserve several sites all over Suffolk for the benefit of nature and educate and enthuse young people who will be the custodians of the planet for the future.

**Teresa Marrable (Branch Chairman)**



***Thank you to all our volunteers***

*The Oddfellows is an organisation run by its members for its members. We are grateful to all those who volunteer. Whether it be in the kitchen, as a committee of management member or helping to keep the garden tidy.*

# It's a HOOT! Twit-who, Owlfellow has landed

**After months of fundraising, planning and decorating, we were proud to see that Owlfellow (a Little Hoot) was safely perched in the bay window of 37 High Street Ipswich, the home of the Oddfellows. The sculpture was part of the Big Hoot Trail in aid of St Elizabeth's Hospice and was on display from June to beginning of September**

The design represents all that Oddfellows is about. He sports an eye-catching waistcoat of Oddfellows' colours of blue and gold. His eyes are 'Jammie Dodgers', a favourite nibble of the members! His feathers are from members' hand prints,

decorated to look like feathers. Various motifs represent things associated with 'Making Friends, Helping People', such as cuppa, quizzes, food, chat, fun and charity fundraising.

Teresa Marrable the Branch Chairman was responsible for most of the design and decoration, based on ideas submitted by members. She said, "It was a Hoot to do! The challenge was to capture the essence of the Oddfellows".

We organised three strolls around the town to view the many owls and admire the creativity of the artists.





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## Zoom-In for...

Our online events have continued and go from strength to strength. Members are glad to join in the online community and catch up with news from across the country. There's the monthly Busy Fingers Crafts session, expertly led by Teresa

Marrable; and the weekly Fun on Fridays and Live@5 Sunday Quiz. All are welcome to join in. If you need help to access Zoom please ask. It's easy when you know how. With winter evenings approaching, you'll be glad of the friendship!



# Hello to Barrie



“ I saw an article about the Oddfellows in a local magazine at a time when all my family had grown up and moved on and I was short of people in my life. I have really enjoyed the company and friendliness I have experienced since I joined. It was all very interrupted during the pandemic so I am glad we are back to an active programme now. I have brought my Spanish guitar music to some of the meetings and indeed who can describe the giddy excitement of coming runner-up in the national talent contest? More recently, I joined the Committee of Management as one of the newest members and discovered how much there is to organise behind the scenes. I expect I shall be with you for the rest of my time on the planet...” ”

**In friendship**  
**Barrie O'Neill**

## Monday Lunches

Our lunches continue to be popular events in our calendar. Various local venues including The Plough, The Royal George and the Man in the Moon have hosted the events. Our thanks to the staff for accommodating us.



# Make the most of your membership



## Your membership provides you with a great range of benefits...

### Standard £25 a year membership\* gives you access to...

- Local social events
- Care & Welfare Helpline
- Oddfellows Travel
- Oddfellows news by email
- Branch Care & Welfare Support
- Oddfellows Citizens Advice Line
- Money saving partner offers
- Benevolence Grants
- Emergency Financial Aid (Household)
- Convalescence & Carer Support (after 2 years' membership)
- Accidental Death Benefit
- Legal Aid Scheme
- Educational & Apprenticeship Awards
- 24/7 access to our historical online archive

### £35 a year membership\* provides you with additional benefits of...

- Optical benefit of up to £30 every second year of membership (after 1 year's membership)
- Dental benefit of up to £30 every membership year (after 1 year's membership)

For more information visit: [www.oddfellows.co.uk/benefits](http://www.oddfellows.co.uk/benefits).

\*Terms and conditions apply to all member benefits and services.

For full details, visit [www.oddfellows.co.uk/terms-conditions](http://www.oddfellows.co.uk/terms-conditions), or call us on 0800 028 1810.

## The Oddfellows' Annual Movable Conference (AMC)

Members were delighted to finally get together at the first face-to-face AMC in three years in May this year. The three-day annual conference returned to Scarborough and kicked off with an 80s disco, a stunning firework display and a fantastically well-received concert from Oddfellows Brass.



*Grand Master David Ogden (right) with the Mayor of Scarborough*

At the conference, the Making a Difference Awards winners from 2020 to 2022 were presented with their trophies by Past Grand Master David Randall.

This year, the AMC saw the installation of three new Member Non-Executive Directors: Debbie Jex from Reading Branch, Karen Rose from Tunbridge Wells Branch and Alex Walker from North Gloucestershire Branch.

Thanks go to all who attended, debated and voted on the different clauses and to those working behind the scenes who made the conference such a success.



*A spectacular opening night firework display*



*Oddfellows Brass on fine form*

# Congratulations to our Making a Difference Award winners 2022

The Oddfellows is known for the kindness and generosity of its members and we take the opportunity every year to celebrate the efforts of members who've been nominated for going the extra mile in our Making a Difference Awards.

“Any member can nominate another member for national recognition”

This year, we introduced a new category, the 'Achieving Together' award. It was created to celebrate two people who have worked together to achieve more than they could alone, and whose partnership has significantly improved the lives of members, their Branch or the Society.

Our congratulations go to this year's Making a Difference Award winners...

## Julie Webster, from St Helens and Warrington Oddfellows, for Enriching Lives Socially

Julie said: "Being a Social Organiser is really hard work sometimes, but it's very rewarding. Seeing people, especially people on their own, some of whom don't have family or friends close by, really enjoying themselves and laughing so much they have tears rolling down their faces, makes it all worthwhile. We're there for each other, one big family. I think the pandemic highlighted this more than anything."



*Shirley Walton,  
South East Lancashire Branch*

## Shirley Walton, from South East Lancashire Oddfellows, for Giving Something Back

Shirley said: "We can all give something back, even if it's just a kind word or a smile. In the Oddfellows, we all give back, through care and welfare, running events and making sure people get together. But we receive so much just by being a member. We are what we say, a friendly society run by members for members."



*Julie Webster,  
St Helens & Warrington Branch*



*Sylvia Alcorn,  
Pride of Woolwich Branch*

### Sylvia Alcorn, from Pride of Woolwich Oddfellows, for Giving a Helping Hand

Sylvia said: “It’s just nice to be a friend to someone. Even if they have family, they can have a completely different conversation with me and I just love it. They’re so pleased to see you when you come through the door.”



*Pat Perkins and  
husband, Noel*

### Doug and Phyllis Austin, from Leeds Oddfellows, for Achieving Together

Husband and wife, Doug and Phyllis Austin, were awarded the Society’s inaugural Making a Difference Award for ‘Achieving Together’

in recognition of the kindness they have shown to fellow Leeds members over more than 30 years.

We are saddened to share that Doug died in March this year aged 93. Phyllis was also unable to attend the ceremony in Scarborough due to ill health. Their daughter, Pat Perkins, and her husband Noel, attended the awards ceremony at the Oddfellows’ annual conference to accept her parents’ awards on their behalf.



Jane Nelson, CEO of the Oddfellows, says: “Our Society is full of members like this who have a natural drive to do good and the Oddfellows simply wouldn’t be the same without them. Our winners fully deserve this recognition.”

Know a member who goes above and beyond at your local Branch? Nominate now for the 2023 awards.

Download a member nomination form from [oddfellows.co.uk/makingadifference](http://oddfellows.co.uk/makingadifference), or contact your local Branch Secretary to have a form sent to you.

# New recipient of HA Andrews Memorial Fund

The new recipient of our UK medical research fund, the HA Andrews Memorial Fund, was agreed at this year's annual conference.



From 2022 to 2024, we're supporting the Centre for Cancer Immunology based at the University of Southampton. £100,000 in funding has been granted to enable the Centre's study of a specific gene which it is believed can be manipulated to target cancer cells in a new vaccine.

The ultimate goal is to create a vaccine that could fundamentally change outcomes for patients with cancer, particularly lung, breast, head, neck oesophageal and bladder cancers. The research is led by Dr Tim Fenton and Professor Edd James who will also be supervising a full-time PHD student funded by the Oddfellows.



We look forward to hearing how the Centre's research is progressing and sharing some insights with you when the Board makes its first visit later in the year.

Find out more about how the Oddfellows gives back at  
[www.oddfellows.co.uk/about/giving-back/](http://www.oddfellows.co.uk/about/giving-back/)



# Oddfellows Members: Do you need help?

**None of us know what is around the corner...**

## **Local Care and Welfare Support**

To request contact from a Welfare Visitor and for local help and information about Branch benefits and benevolence contact Lynne Wyatt on **01473 251867** or email [ipswich.branch@oddfellows.co.uk](mailto:ipswich.branch@oddfellows.co.uk).

## **Oddfellows Citizens Advice Line**

**Call 0800 0149 821\***

(free to callers from any landline or mobile number)

Monday - Friday, 9.30am - 4.30pm

**Email:** [oddfellows@manchestercab.org](mailto:oddfellows@manchestercab.org)



Run by Citizens Advice for Oddfellows members, you can access free, confidential, independent advice on welfare benefits, money and debt issues, consumer problems, housing, fuel bills, employment issues and many other issues.

\*The Oddfellows cannot provide legal advice and accepts no liability whatsoever for advice provided by Citizens Advice, which is an independent advice agency. If you have any queries about the advice you have received or wish to make a complaint then you should contact Citizens Advice directly. Citizens Advice operate a formal complaints process.

## **Care and Welfare Helpline**

**Call 0800 0149 822**

(free to callers from any landline or mobile number)

Monday to Thursday, 9.30am - 4.30pm, Friday, 9.30am - 4pm

**Email:** [care@oddfellows.co.uk](mailto:care@oddfellows.co.uk)

Run by the Oddfellows Care and Welfare Department, you can access information and guidance on issues such as accessing health and care services, supported housing, support for carers, and planning for later life. The helpline will try and identify any Oddfellows benefits or services in the community which may be of help to you.

**Visit our website page at [www.oddfellows.co.uk/benefits/care](http://www.oddfellows.co.uk/benefits/care)  
for care and welfare information**



## Convalescence and Care Support

**When recovering from an illness, operation, accident, bereavement or traumatic experience, or if caring for someone who is, it can be tough – not just on you, but also those around you. We want to be there for our members at such times of vulnerability and offer a helping hand where we can.**

Just one of the ways in which we can offer practical help is through convalescence and carer support. Our approach is holistic, with the first step being to offer a kind, listening ear to better understand your situation.

The next step is to use our experience to pinpoint ways in which the Oddfellows can best offer help to you, your family and the main carer. This could be delivered through one, or a combination, of the Society's care and welfare benefits.

Our convalescence and carer support comprises 'three benefits in one' – Convalescence Home Benefit\*, Carer's

Respite Benefit\* and Convalescence Care Benefit\*.

Convalescence and carer support, and its three component benefits, is available to members from the start of their third year of membership and can be accessed every other year if qualifying medically. Unless you are applying as a carer, we would need your GP to complete a medical questionnaire confirming that you would benefit from convalescence support.

### **Applying for convalescence and carer support**

If you're a member and eligible, your first step is to contact your Branch or contact the Care and Welfare Helpline on 0800 0149 822.

\*Terms and conditions apply to all financial benefits. All Oddfellows benefits are non-contractual and may be withdrawn at any time without notice. Read the full list of member benefit terms and conditions.

# Ipswich Events Schedule

More events may be added to this programme and members will be notified.  
For the Zoom events the Meeting ID is 542 724 7603.

## Regular Events

Every Thursday	Activity Morning - Kurling and Boccia	10am
Every Friday	Zoom-In for Fun on Friday	7pm
Every Sunday	Zoom-In for Live@5 Weekly Quiz	5pm

## October 2022

<b>Tues 4</b>	Tuesday Together - Scrabble and Other Games!	2pm
<b>Sun 9</b>	Sunday Afternoon Tea	4pm
<b>Tues 11</b>	Zoom-In for Busy Fingers Crafts and Chat	10am
<b>Wed 12</b>	Ten Pin Bowling	10am
<b>Tues 18</b>	Bingo!	10.30am
<b>Mon 24</b>	Learn to Dance	10.30am
<b>Fri 28</b>	Coffee Morning (with a difference!)	10.30am
<b>Mon 31</b>	Quiz 'n' Chips	7pm

## November

<b>Tues 1</b>	Tuesday Together - Scrabble and Other Games!	2pm
<b>Sun 6</b>	Festive Wine Tasting	2pm
<b>Tues 8</b>	Zoom-In for Busy Fingers Crafts and Chat	10am
<b>Mon 14</b>	Monday Lunch	12.30pm
<b>Tues 15</b>	Members' Meeting	1.30pm
<b>Wed 16</b>	Ten Pin Bowling	10am
<b>Mon 21</b>	Bingo!	10.30am
<b>Fri 25</b>	Coffee Morning (with a difference!)	10.30am
<b>Mon 28</b>	Suffolk Prickles Hedgehog Rescue	1.30pm
<b>Tues 29</b>	Learn to Dance	10.30am

## December

<b>Fri 2</b>	Festive Sing Along	2pm
<b>Tues 6</b>	Christmas Lunch	12 noon
<b>Wed 7</b>	Christmas Wreath Workshop	11am
<b>Tues 13</b>	Zoom-In for Busy Fingers Crafts and Chat	10am
<b>Tues 20</b>	Bingo!	2pm

# Ipswich Events Schedule

## January 2023

<b>Mon 9</b>	Monday Lunch	12.30pm
<b>Tues 10</b>	Zoom-In for Busy Fingers Crafts and Chat	10am
<b>Mon 16</b>	The story of one of the most secret organisations of World War II	1.30pm
<b>Tues 17</b>	Members' Meeting	1.30pm
<b>Mon 23</b>	Bingo!	10.30am
<b>Fri 27</b>	Coffee Morning (with a difference!)	10.30am
<b>Mon 30</b>	Learn to Dance	10.30am

## February

<b>Sun 5</b>	Sunday Afternoon Tea	4pm
<b>Tues 14</b>	Zoom-In for Busy Fingers Crafts and Chat	10am
<b>Tues 21</b>	Learn to Dance	10.30am
<b>Fri 24</b>	Coffee Morning (with a difference!)	10.30am
<b>Sat 25</b>	Annual General Meeting with Fish and Chips Lunch	10.30am
<b>Tues 28</b>	The Green Issue - It's more than recycling	1.30pm

## March

<b>Mon 6</b>	Bingo!	10.30am
<b>Mon 13</b>	Monday Lunch	12.30pm
<b>Tues 14</b>	Zoom-In for Busy Fingers Crafts and Chat	10am
<b>Mon 20</b>	Learn to Dance	10.30am
<b>Tues 21</b>	Members' Meeting	1.30pm
<b>Mon 27</b>	Who remembers Radio Caroline?	7.15pm
<b>Wed 29</b>	It's Rocket Science!	1.30pm
<b>Fri 31</b>	Coffee Morning (with a difference!)	10.30am

## April

<b>Sun 2</b>	Sunday Afternoon Tea	4pm
<b>Tues 11</b>	Zoom-In for Busy Fingers Crafts and Chat	10am
<b>Tues 11</b>	Bingo!	10.30am
<b>Fri 14</b>	Table Top Treasure Hunt	7pm
<b>Tues 18</b>	Learn to Dance	10.30am
<b>Fri 28</b>	Coffee Morning (with a difference!)	10.30am