

August 2024 - January 2025  
Issue 3



the **ODDfELLOWS** SINCE 1810  
*making friends, helping people*

# out & about

**Bury St Edmunds and Colchester District Lodge**  
Covering Babergh, Castle, Gipping and St Edmundsbury Social Lodges



Wellbeing



Quiz



Talks



Social



Film



Dinner



Walks



Crafts



Games



Trips



*A Day Out in Sheringham and Oddfellows Brass Band - Sunday 4 August*

## **Welcome to the Third edition of our District Social Lodges, Events Diary and news review**

You may be aware that this edition of the diary is one month earlier than it has been in the past. We have changed the issue dates of the events diary to August – January and February – July. This is so that you have more notification of events taking place in September, Friendship Month.

The DSEO's at the four Social Lodges, along with their Social Committees, have been very busy arranging events for the next six months. There is a varied selection to keep you entertained and to get involved in and remember, you can attend any event, although I would advise confirming this with the relevant DSEO, as for some events, booking is essential.

As mentioned earlier, September is Friendship Month and we encourage any prospective new members to come to events, so please, do bring your friends along. There is always a warm welcome for all and we are happy to see new faces – don't forget to tell them that there are many benefits Oddfellows membership can give you.

Just a reminder that we can now pay benefit claims etc. via bank transfer. This is a quicker and more convenient way to receive your payment. Please contact us, if you haven't already, and pass on your details if you would like to take advantage of this facility.

If you have any ideas or comments, would like to discuss the events offered, or your membership, then please contact us.

We look forward to welcoming you to our events.

**Tony**

# District and Social Lodge Contacts

For more information on our events, and for encouragement and support if attending an event for the first time, please contact your local Social Lodge contact:

## Bury St Edmunds and Colchester District Lodge

**District Secretary:** Tony Nunn

85 Whiting Street, Bury St Edmunds, Suffolk IP33 1NX

**Telephone:** 01284 754345 **Email:** tony.nunn@oddfellows.co.uk

**District Assistant Secretary:** Sue Whitehead

**Telephone:** 01284 754345 **Email:** sue.whitehead@oddfellows.co.uk

## Babergh Social Lodge (Events listing page 6)

**Social Events Organiser:** Helen Patel

**Telephone:** 07876 710053 **Email:** helen.patel@oddfellows.co.uk

**Care and Welfare Coordinators:**

Alan Brockbank **Email:** alan.brockbank@oddfellows.co.uk

Jane Brockbank **Email:** jane.brockbank@oddfellows.co.uk

**Telephone:** 01787 376050

 [OddfellowsBabergh](#)

## Castle Social Lodge (Events listing page 12)

**Social Events Organiser and Care and Welfare Coordinator:** Diana Randall

**Telephone:** 07986 355908 **Email:** diana.randall@oddfellows.co.uk

 [OddfellowsColchester](#)

## Gipping Social Lodge (Events listing page 16)

**Social Events Organiser and Care and Welfare Coordinator:** Laura Wright

**Telephone:** 07375 024115 **Email:** laura.wright@oddfellows.co.uk

 [OddfellowsStowmarket](#)

## St Edmundsbury Social Lodge (Events listing page 22)

**Social Events Organiser:** Jacky Nunn

**Telephone:** 01284 755068 or 07794 065194 **Email:** jacky.nunn@oddfellows.co.uk

**Care and Welfare Coordinator:** Chrystal Cooper

**Telephone:** 01284 754345 **Email:** chrystal.cooper@oddfellows.co.uk

 [Oddfellows St Edmundsbury](#)

# Planned District Events

## District Coffee Morning and Drop In



**Every Saturday  
Commencing 19 October**

If you are in Bury St Edmunds on a Saturday morning, then why not drop into our hall in Whiting Street. Where a warm welcome awaits you all, along with friends who join you. Free tea, coffee, hot chocolate, biscuits and company are on offer. A jigsaw swap/buy table will be in operation. We are open from 10.30am to 1pm. Oddfellows Hall, 85 Whiting Street, Bury St Edmunds, Suffolk IP33 1NX. Contact Jacky on 01284 755068.

## August 2024

SUN  
04

### A Day Out in Sheringham and Oddfellows Brass Band



As part of the celebrations of 200 years of the Royal National Lifeboat Institution (RNLI) we will be travelling to Sheringham for a day out at your leisure by the sea. A chance to walk, shop and sit on the beach, have lunch and visit the famous Mo Museum if you wish, this holds the first Oddfellows Lifeboat launched at Sheringham in 1962.



Included in the cost of the trip is the coach and access to see the Oddfellows Brass Band at 3pm in St Peters Church. Please arrange for your own food and drink. We are anticipating leaving at around 8.30am and will return around 9pm, final details dependent on pick-up points. Booking via your Social Secretary. Cost £15 each, a deposit of £10 will be required on booking which must be made by 30 April. Contact Diana on 07986 355908, Helen on 07876 710053, Jacky on 01284 755068 or Laura on 07375 024115.

# August 2024

SUN  
18

## Annual District Lunch



12 noon



Members £26.50  
Guests £30



Join Jill Brown our Provincial Grand Master (Chairperson) at the Masonic Hall, Newmarket as she celebrates her year in office with a three course meal, drink on arrival and entertainment afterwards. We will be sitting down to eat in the Peter Brown Room, a room named in honour of her late husband. Cost including coach travel is £26.50 per head. Book by Wednesday 31 July. Masonic Hall, 115 High Street, Newmarket, Suffolk CB8 9AE. Contact Diana on 07986 355908, Helen on 07876 710053, Laura on 07375 024115 or Tony on 01284 754345.

# November

SUN  
03

## District Church Service and Afternoon Tea



2.30pm



Free



Jill Brown our Provincial Grand Master (Chairperson) invites you all to join her for the Annual Church Service at All Saints Church. Afterwards, we come together to celebrate her year with afternoon tea. It's a lovely way to catch up with members from across the District and over the wider region. Booking is essential, so contact your Social Organiser by Friday 25 October. All Saints Church, Park Road, Bury St Edmunds IP33 3QW. Contact Diana on 07986 355908, Helen on 07876 710053, Jacky on 01284 755068 or Laura on 07375 024115.

## Learn, have fun, and stay in touch from home

We've online events for all to enjoy.  
Give one a try.



To see what's coming up visit [oddfellows.co.uk/events](https://oddfellows.co.uk/events) and enter 'Ayr' in the place name search box

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# Babergh Events

## August 2024

WED  
07

### A Trip to Woolpit Museum and Church



9am



Members £12, Guests £14



We are delighted to have been offered a visit to Woolpit Museum and Church. After a brief introduction we will split into two groups and will have a guided tour of the church and time to enjoy the museum. We are then off to Tea Cups Tea Rooms for tea and scones. Transport will be provided for this trip. Places



are limited, so please book early to guarantee a space. A deposit will be required at the time of booking. Please note that the museum is located on the upper floor of the building so you will need to be able to manage stairs. Book by Wednesday 24 July. Woolpit and District Museum, Woolpit IP30 9QH. Contact Helen on 07876 710053.

THURS  
08

### A Trip to the Recycling Centre with Sudbury



5pm



Free



Your recycling bin collection from your home is only the beginning of a long recycling journey. Find out how your recycling is sorted on our visit to the Materials Recycling Facility at Great Blakenham. This tour will include a presentation on how household waste is managed in Suffolk and how waste streams are sorted and separated before being sent to reprocessing companies. The tour will involve walking up and down stairs so is not suitable for anyone with a pacemaker or mobility issues. You would however be able to join us for the presentation part of the visit. We are not providing transport for this visit, so if you can offer a lift to another member please do let us know. We will meet at the site at 5pm. Numbers are restricted for this event so booking is essential by Wednesday 24 July. Masons Landfill and Materials Recycling Facility, Great Blakenham IP6 0NW. Contact Helen on 07876 710053.



# August 2024

## **WED** **14** Tom Bowdidge Foundation



Tom Bowdidge was just 19 when he passed away with Desmosplastic Small Round Cell Tumour with extensive peritoneal disease. Tom knew more help and support was needed for teenagers, young adults and their families while going through their cancer diagnosis. So in 2014, The Tom Bowdidge Youth Cancer Foundation was set up. Our speaker will tell us about the fantastic practical, emotional and physical support the charity now offers. The Masonic Hall, North Street, Sudbury, Suffolk CO10 1NA. Contact Helen on 07876 710053.

## **WED** **28** Discoveries in Suffolk Graveyards



Some of us choose to spend our spare time in churchyards and cemeteries. Why? You will be surprised what those who have departed life can tell you and it's often pretty interesting, even funny. Still think it sounds a bit miserable or morbid? Anne Grimshaw, our speaker this morning might just get you to change your mind. The Masonic Hall, North Street, Sudbury, Suffolk CO10 1NA. Contact Helen on 07876 710053.



# September

## **THURS** **05** A Trip to the Recycling Centre with Sudbury



This is our second visit to the recycling centre. Your recycling bin collection from your home is only the beginning of a long recycling journey. Find out how your recycling is sorted on our visit to the Materials Recycling Facility at Great Blakenham. This tour will include a presentation on how household waste is managed in Suffolk and how waste streams are accepted, sorted and separated before being sent to reprocessing companies. The tour will involve walking up and down stairs so is not suitable for anyone with a pacemaker or mobility issues. You will however be able to join us for the presentation part of the visit. We are not providing transport for this visit, so if you can offer a lift to another member please do let us know. We will meet at the site at 5pm. Numbers are restricted for this event so booking is essential by Tuesday 20 August. Masons Landfill and Materials Recycling Facility, Great Blakenham IP6 0NW. Contact Helen on 07876 710053.

## ODDFELLOWS FRIENDSHIP MONTH 1 - 30 SEPTEMBER



# September

ODDFELLOWS

FRIENDSHIP MONTH

1 - 30 SEPTEMBER



WED  
11

## Captain Mainwaring and the life and times of a Suffolk Sculptor



7.30pm



Free



Sean Hedges-Quinn is our speaker this evening and will talk about his life as a sculptor, including many funny antidotes and stories about his experiences. Sean will explain how he went about making the bronze statue of Captain Mainwaring that proudly stands in Thetford. We will be providing a buffet after the speaker, so booking for this event is essential. Please provide any dietary requirements at the time of booking. It is Friendship Month so please bring along a friend to enjoy what will be a fantastic evening. Book by Wednesday 28 August. The Masonic Hall, North Street, Sudbury, Suffolk CO10 1NA. Contact Helen on 07876 710053.

WED  
25

## Home Fire Safety Advice



10.30am



Free



Mica Wesley from Suffolk Fire and Rescue joins us this morning to give current fire safety advice. The talk/advice is tailored to the current fire causes that are being seen, many being kitchen/cooking accidents caused by forgetfulness or negligence or other household things such as candles and smoking. Mica will also talk about the free service which provides over 60s 'A Home Fire Safety Visit' where advice is given and a free 10 year battery smoke alarm will be fitted if needed. If you have a friend that might benefit from hearing this talk, why not bring them along too. The Masonic Hall, North Street, Sudbury, Suffolk CO10 1NA. Contact Helen on 07876 710053.

WED  
18

## A Day Trip to Norwich with Sudbury - Friendship Month Day Out



9am



£12.50



Why not join us for a day trip to Norwich. We provide the transport and you can then decide how to spend your day. A wander round the shops or market, a visit to the Cathedral or maybe take a walking tour of the city and visit the underground 12th century alley way. There is so much to see and do in this beautiful, vibrant city. Bring a friend to enjoy the day with you. Everyone will get a very warm welcome at Sudbury Oddfellows. Book by Wednesday 28 August. Castle Meadow, Norwich NR1 3DH. Contact Helen on 07876 710053.



FRIENDSHIP  
MONTH  
EVENT  
Invite a friend



# October

## WED 09 The Eyes of the Few

⌚ 2.30pm

£ Free



We are delighted to welcome Graham Murchie from Bawdsey Radar as our speaker this afternoon. Graham's talk will cover a brief history of early radar, the events leading up to the development of a viable system and the establishment of the world's first operational radar station at Bawdsey. It focuses on the people involved with a brief mention of technology. The talk will conclude with a short summary of how Bawdsey was used during and post WWII. The Masonic Hall, North Street, Sudbury, Suffolk CO10 1NA. Contact Helen on 07876 710053.

## WED 30 The HMS Ganges Museum

⌚ 10.30am

£ Free



Please join us for what will be a fascinating talk from John Arbon, a trustee of The HMS Ganges Museum. John will give us the history of the ship HMS Ganges and then the training establishment for the Royal Navy, designed to transform 'Boys into Men' fit to serve in His/Her Majesty's fleet. The Masonic Hall, North Street, Sudbury, Suffolk CO10 1NA. Contact Helen on 07876 710053.



# November

## TUES 05 Romford Greyhound Racing with Sudbury

⌚ 11.30am

£ Members £30, Guests £32



It's our annual trip to the greyhound racing in Romford. We will enjoy a three course meal in the Paddock Restaurant overlooking the winning line, which has fantastic views of the racing action. A perfect spot to study the form. The price includes return coach travel, entrance and the three course meal. Drinks including coffee and tea will be available at an extra charge. Who will come home with a profit? Book by Tuesday 15 October. Romford Greyhound Stadium, London Road, Romford RM7 9DU. Contact Helen on 07876 710053.



# November

WED  
13

## ShantyFolk



2.30pm



Free



Please join us for an afternoon of music and friendship when we welcome ShantyFolk, South Suffolk's very own shanty crew. Five friends who met in

2014 when singing with a community choir based in Lavenham. ShantyFolk have developed a distinctive sound using close harmony in many shanties, songs of the sea and folk songs. You will enjoy hearing the fascinating and engaging stories behind the songs that they sing. ShantyFolk have performed at a number of shanty festivals in East Anglia and The Netherlands, and have been invited to sing at the Bures Music Festival. ShantyFolk have raised thousands of pounds for good causes at a wide variety of public and private engagements. The Masonic Hall, North Street, Sudbury, Suffolk CO10 1NA. Contact Helen on 07876 710053.



WED  
27

## Lighting The Fuse



10.30am



Free



Lucy Lewis, our speaker this morning joined the army on the spur of the moment and after training at the Royal Military Academy, Sandhurst was chosen in 1989 to become the first woman to operate as a Bomb Disposal Officer with the Royal Engineers. Lucy's first book, *Lighting The Fuse*, reveals the triumphs and challenges of being a woman in a man's world and she will tell us all in her fascinating talk. The Masonic Hall, North Street, Sudbury, Suffolk CO10 1NA. Contact Helen on 07876 710053.

# December

WED  
04

## Christmas Lunch at The Brewer Arms



12 noon



TBC



Our venue this year is the Brewers Arms at Polstead. The menu and price were not available at the time of going to print so more details will

follow. Please advise of any dietary requirements at the time of booking. Book by Friday 15 November. Brewers Arms, Bower House Tye CO6 5BZ. Contact Helen on 07876 710053.



# December

WED  
11

## Father Christmas Myths and Mistletoe



2.30pm



Free



Discover why we celebrate Christmas when we do, as well as be surprised and perhaps even amazed, at when and how the traditions we currently associate with Christmas – cards, holly, mistletoe, crackers and turkeys to name but a few – came about. Learn why the 'Jolly Old Elf' feels this way about mistletoe – he's not impressed, I warn you and find out too, why he is known by different names around the world. Mike Wabe will tell us this and more when he joins us for our Christmas get together. We will be serving mince pies so booking is essential by Wednesday 4 December. The Masonic Hall, North Street, Sudbury, Suffolk CO10 1NA. Contact Helen on 07876 710053.



# January 2025

WED  
08

## A Mystery Tour around Suffolk with Sudbury



2.30pm



Free



Join us as we travel around Suffolk on a mystery tour from the comfort of The Masonic Hall. Work together to solve the clues and work out where we will end up. Who knows where we will visit on the way! Prizes will go to the winning team. The Masonic Hall, North Street, Sudbury, Suffolk CO10 1NA. Contact Helen on 07876 710053.

WED  
29

## My RAF Armourer Experiences over 24 years



10.30am



Free



Andy White, served with the RAF for 24 years as an Armourer, mostly on front line squadrons/stations and we are delighted to welcome him as our speaker this morning. Andy will talk about the highs and lows of his career including three years in Germany, four months in the Falklands and his involvement in the First Gulf War in Saudi Arabia. The Masonic Hall, North Street, Sudbury, Suffolk CO10 1NA. Contact Helen on 07876 710053.

# Castle Events

The Coffee Mornings and afternoon Social Meeting both take place at the Castle Methodist Church, Maidenburgh Street, Colchester CO1 1TT.

## Wednesday Walkers

First and third Wednesday

🕒 10am

£ Free



Everyone is welcome and it's a fun way to keep fit!



## Coffee Morning

Second Thursday

🕒 10.30am

£ Free



Great fun. Guests are always welcome! Tea or coffee and biscuits included.

## Afternoon Social

Fourth Tuesday

🕒 2pm

£ Free



Talks, demonstrations, games, quizzes. Refreshments provided, donations welcome.

# August 2024

WED  
07

## Colchester Wednesday Walkers - Wrabness

🕒 10am

£ Free



Meet at 10am at the village hall Wrabness (we have permission). £1 donation suggested. CO11 2TJ. Circular



walk taking in estuary and countryside views, the church and Grayson Perry's wacky house. Also a visit to Diana's beach hut for refreshments. Village Hall Car Park, Wrabness CO11 2TJ. Contact Diana on 07986 355908.

THURS  
08

## Colchester Coffee Morning - Women's Land Army Talk

🕒 10.30am

£ Free



Speaker Wendy Shepherd will be taking us back to a typical small village and creating a timeline of WWII and the women's land army. The story of a remarkable organisation and the role of women in the war effort. Castle Methodist Church, Maidenburgh Street, Colchester CO1 1TT. Contact Diana on 07986 355908.



# August 2024

TUES  
27

## Colchester - Tuesday Out and About



Another chance to gain some local knowledge on a walking tour with Sir Bob Russell. This time we will be taking in the garrison part of the town including the Roman chariot circus. Car park, Butt Road, Colchester CO1 2WE. Contact Diana on 07986 355908.



# September

## ODDFELLOWS FRIENDSHIP MONTH

1 - 30 SEPTEMBER



WED  
04

## Colchester Wednesday Walkers - Boxted



Meet at the village hall car park, Cage Lane. Walking to Boxted vineyard with some walking on country lanes. There is a lovely café near the car park for lunch when we finish. Village Hall Car Park, Cage Lane, Boxted Cross, Colchester CO4 5RE. Contact Diana on 07986 355908.

# September

TUES  
10

## Friendship Thames River Cruise



To celebrate Friendship Month we are once again going on a cruise on the river Thames from Westminster pier to Greenwich. There will be free time here to have a wander and lunch before returning to Colchester by coach. Come along and enjoy a lovely day out with friends. Marks Tey Hotel, London Road, Copford CO6 1DU. Contact Diana on 07986 355908.



TUES  
24

## Colchester Afternoon Social - Cockney Rhyming Slang Talk



Roy Treloar will be speaking to us about cockney rhyming slang. How it came about and many examples and identifying some of the famous cockney's. Castle Methodist Church, Maidenburgh Street, Colchester CO1 1TT. Contact Diana on 07986 355908.



# September

## WED 25 Colchester Wednesday Walkers - West Bergholt



Meet at Queens Head pub at West Bergholt, walking towards Cooks Mill with some walking on country lanes. Limited parking at the pub but parking available in Chapel Road. Queen's Head Pub, Queen's Road, West Bergholt CO6 3HE. Contact Diana on 07986 355908.

**ODDFELLOWS**  
**FRIENDSHIP MONTH**  
1 - 30 SEPTEMBER



# October

## THURS 10 Colchester Coffee Morning - Tales from Thailand



Cherry Mullins returns for a second visit to entertain us again with her travel experiences. This time about her travels in Thailand. Castle Methodist Church, Maidenburgh Street, Colchester CO1 1TT. Contact Diana on 07986 355908.

## TUES 22 Colchester Oddies Film Afternoon



Another film experience for you to enjoy. This time we will be watching Fishermans Friend 2. Come along relax and enjoy the popcorn, ice-cream, tea and coffee. Castle Methodist Church, Maidenburgh Street, Colchester CO1 1TT. Contact Diana on 07986 355908.

# November

## WED 06 Colchester Wednesday Walkers - Nayland



Meet at Harpers Hill Lay-By for a circular walk towards Wiston Mill with countryside and riverside paths to enjoy. Various options for lunch. Harpers Hill Lay-By, Harpers Hill, Nayland CO6 4NT. Contact Diana on 07986 355908.

## THURS 14 Colchester Coffee Morning - Wildlife Talk



Lix Huxley a new speaker to Colchester Branch is coming to give one of her many interesting

talks and slide show on wildlife. Castle Methodist Church, Maidenburgh Street, Colchester CO1 1TT. Contact Diana on 07986 355908.



# November

## **TUES 26** Colchester Afternoon Social - Kurling



An afternoon of chaotic fun and laughs playing kurling. Come along and give it a try if you haven't had a go before. We are all very good at getting zero points! Castle Methodist Church, Maidenburgh Street, Colchester CO1 1TT. Contact Diana on 07986 355908.

# December

## **TUES 17** Colchester Christmas Party



Come along to our annual Christmas party at the church for an afternoon of fun and entertainment. Fish and chips will be served. Christmas music, a table quiz and raffle to get you all into the Christmas spirit. Castle Methodist Church, Maidenburgh Street, Colchester CO1 1TT. Contact Diana on 07986 355908.

# December

## **WED 04** Colchester Wednesday Walkers - Wormingford



Park at the Crown Inn car park. This is a circular walk through beautiful undulating countryside passing by Wormingford Hall. Crown Inn, Main Road, Wormingford CO6 3AY. Contact Diana on 07986 355908.

# January 2025

## **THURS 09** Colchester Coffee Morning - Exercise Class



A first for Colchester Branch. This is an easy exercise class whilst sitting in your chair. Let's give it a go and see how we all get on. Castle Methodist Church, Maidenburgh Street, Colchester CO1 1TT. Contact Diana on 07986 355908.

## **THURS 12** Colchester Christmas Coffee Morning



Come along to our Christmas coffee morning with tea or coffee and mince pies and a talk by Eve Regelous entitled 'It's beginning to look a bit like Christmas!' Castle Methodist Church, Maidenburgh Street, Colchester CO1 1TT. Contact Diana on 07986 355908.

## **TUES 28** Colchester Afternoon Social - Quiz



Our member Ann and partner Nigel are presenting a second power point quiz for us to enjoy after the success of last time. Come along and join the team fun. Prize for the winning team. Castle Methodist Church, Maidenburgh Street, Colchester CO1 1TT. Contact Diana on 07986 355908.

# Gipping Events

## Lunch Club in Stowmarket



11.30am



£6.50



Every Monday

Our Lunch Club is run in Association with Red Gables, the door opens at 11.30am when members will be served tea or coffee or squash on arriving. There will generally be bingo, a short talk or a quiz before lunch which is cooked on the premises. There are two groups attending on alternative weeks. When you register to attend you will be allocated either group A or B. Cost is being held at £6.50 each per meal. The Redwood Community Centre, Ipswich Road, Stowmarket, Suffolk IP14 1BE. To make a booking please call Red Gables on 01449 673947 or speak to the Social Organiser, Laura on 07375 024115. Bookings will need to be made seven days in advance of when you first wish to attend.

## Better Balance Classes in Stowmarket



Monday at 2.30pm to 4.30pm  
Thursday at 2pm to 4pm



£3.50



Every Monday  
and Thursday

In association with Red Gables. Wellbeing for all at the Redwood Centre. Come along to this fun twice a week exercise class and help to improve your general fitness, balance and flexibility. All classes are led by a qualified instructor. Exercises can be done seated or standing. Cost: £3.50. The Redwood Community Centre, Ipswich Road, Stowmarket, Suffolk IP14 1BE. To book please contact Becky on 07734 414151.

# August 2024

MON

19

## Quiz Night in Stowmarket



7pm



Free



Come one, come all. A quiz night based on music, tv shows, films, sports and food. Refreshments and a cake will be provided. Redwood Community Centre, Ipswich Road, Stowmarket, Suffolk IP14 1BE. Contact Laura on 07375 024115.



# August 2024

**FRI**  
**23** **Clacton Air Show**  
**with the Stowmarket**  
**Oddfellows**

 9am

 £17



An Oddfellows trip to the world famous 'Clacton Air show'. We will be picked up by coach and taken to Clacton, where Oddies will have the opportunity to set up a place on the sea front, explore the pier, get an ice-cream and dip those toes in the refreshing sea. Before settling in to watch the air display. Price includes return trip back to Stowmarket. Food and drink paid for at your own cost. Book by Wednesday 31 July. Clacton Sea Front, Clacton CO15 1FS. Contact Laura on 07375 024115.

# September

**MON**  
**02** **Walk and Talk at**  
**Needham Lake**

 10am

 Free



**ODDFELLOWS**  
**FRIENDSHIP MONTH**  
**1 - 30 SEPTEMBER**



A lovely walk around Needham lake, followed by refreshments from the 'Duck and Tea Pot'. A great way to connect with each other, the fresh air and some light exercise. We will meet for 10am outside the café, to begin walking. For those just hoping to come for the refreshments, join us from 10.30am onwards at the café. We will be walking the easy access trail of 1km. Refreshments are at your own cost. Parking available, toilets available. Needham Lake, Coddham Road, Needham Market, Suffolk IP6 8NU. Contact Laura on 07375 024115.

**MON**  
**09** **Tea Dance with Singer Tabitha**  
**Debenham in Stowmarket**

 7pm

 Free



**FRIENDSHIP**  
**MONTH**  
**EVENT**  
*Join the fun*

To celebrate Friendship Month this September, we are hosting a tea dance for everyone to join in. We have the fabulous Tabitha Debenham to sing some great classics and modern standards. Bring your dancing shoes, your partner, yourself or if you wish to sit back and appreciate the sounds you are very welcome here. A light buffet will be provided and refreshments served throughout. Redwood Community Centre, Ipswich Road, Stowmarket, Suffolk IP14 1BE. Contact Laura on 07375 024115.

# September

ODDFELLOWS  
FRIENDSHIP MONTH  
1 - 30 SEPTEMBER



WED  
18

## Seated Yoga and Mindfulness in Stowmarket



1pm



Free



A welcoming space for all abilities to take part in some gentle seated yoga and an introduction to mindfulness. Yoga is a fantastic way to keep your body supple, engaging muscles, improving flexibility, stability and overall well being. The session will end with a guided mindful meditation. Refreshments will be served at the end of the session. Redwood Community Centre, Ipswich Road, Stowmarket, Suffolk IP14 1BE. Contact Laura on 07375 024115.



FRIENDSHIP  
MONTH  
EVENT  
*Invite a friend*

THURS  
26

## Coffee Catch Up at Cabbages and Kings in Stowmarket



1pm



Free



A coffee meet up at 'Cabbages and Kings' which is part of the youth work charity 'The Mix' based in Stowmarket. You can park at the Red Gables and walk across to the mix - two minutes walk. We are practically neighbours! No need to book, just turn up and enjoy a warm drink with friends. Refreshments are at your own cost. Cabbages and Kings, The Mix, 127 Ipswich Street, Stowmarket IP14 1BB. Contact Laura on 07375 024115.



FRIENDSHIP  
MONTH  
EVENT  
*Join the fun*

# October

MON  
07

## Walk and Talk at Needham Lake with Stowmarket Oddfellows



10am



Free



A lovely walk around Needham Lake, followed by refreshments from the 'Duck and Tea Pot'. A great way to connect with each other, the fresh air and some light exercise. We will meet for 10am outside the café, to begin walking. For those just hoping to come for the refreshments, join us from 10.30am onwards at the café. We will be walking the easy access trail of 1km. Refreshments are at your own cost. Parking available, toilets available. Needham Lake, Coddendam Road, Needham Market, Suffolk IP6 8NU. Contact Laura on 07375 024115.



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# October

MON  
07

## Winter Wellness Talk with Community Nurse Sophie Jean in Stowmarket

7pm

£ Members Free, Guests £4



NHS Community Nurse Sophie will be providing some much needed guidance to look after our bodies during the winter months, how to keep dressings clean and safe, the effects of moving bodies during the winter months, when to contact your doctor, what can be asked and dealt with by pharmacist. What supplements are great for this time of year and signs to look out for if you are feeling ill. A light buffet will be provided. Refreshments included. Redwood Community Centre, Ipswich Road, Stowmarket, Suffolk IP14 1BE. Contact Laura on 07375 024115.

THURS  
24

## Coffee Catch Up at Cabbages and Kings in Stowmarket

1pm

£ Free



A coffee meet up at 'Cabbages and Kings' which is part of the youth work charity 'The Mix' based in Stowmarket. You can park at the Red Gables and walk across to the mix - two minutes walk. We are practically neighbours! No need to book, just turn up and enjoy a warm drink with friends. Refreshments are at your own cost. Cabbages and Kings, The Mix, 127 Ipswich Street, Stowmarket IP14 1BB. Contact Laura on 07375 024115.

WED  
30

## Family Half Term Halloween Craft Drop-In in Stowmarket

1.30pm

£ Free



A drop in session for everyone in our community, Oddfellows in Stowmarket shall be opening it's doors for everyone to come and try some Halloween craft. This is a drop in session running from 1.30pm to 3.30pm. It's also a great way to find out more information about what the Oddfellows do. Hot drinks, juice and biscuits will be provided. Redwood Community Centre, Ipswich Road, Stowmarket, Suffolk IP14 1BE. Contact Laura on 07375 024115.



# November

## THURS 07 Coffee Catch Up at Cabbages and Kings in Stowmarket



A coffee meet up at 'Cabbages and Kings' which is part of the youth work charity 'The Mix' based in Stowmarket. You can park at the Red Gables and walk across to the mix - two minutes walk. We are practically neighbours! No need to book, just turn up and enjoy a warm drink with friends. Refreshments are at your own cost. Cabbages and Kings, The Mix, 127 Ipswich Street, Stowmarket IP14 1BB. Contact Laura on 07375 024115.

## MON 11 My time in the war - A Military Talk in Stowmarket



A poignant talk from a former military soldier about his time during the Afghanistan and Iraq war. As this talk lands on 'Remembrance Day' we will be having a one minute silence at the start of the talk. We will be taking donations on the evening for the 'Army Benevolent Fund'. Refreshments and cake will be provided. Redwood Community Centre, Ipswich Road, Stowmarket, Suffolk IP14 1BE. Contact Laura on 07375 024115.



## WED 20 Film Club in Stowmarket 'One Life'



One Life tells the true story of Sir Nicholas 'Nicky' Winton, a young London broker who, in the months leading up to World War II, rescued 669 predominantly Jewish children from the Nazis. Nicky visited Prague in December 1938 and found families who had fled the rise of the Nazis in Germany and Austria, living in desperate conditions with little or no shelter and food and under threat of Nazi invasion. He immediately realised it was a race against time. How many children could he and the team rescue before the borders closed? Doors open 1pm, film starts at 1.15pm. Refreshments provided, tea, coffee and biscuits. Redwood Community Centre, Ipswich Road, Stowmarket, Suffolk IP14 1BE. Contact Laura on 07375 024115.

# December

## THURS 05 Oddfellows Christmas Lunch Out in Stowmarket



Oddfellows in Stowmarket are heading out for a Christmas lunch. Speak with your Social Organiser for more information. Order from the menu - payment at your cost. Redwood Community Centre, Ipswich Road, Stowmarket, Suffolk IP14 1BE. Contact Laura on 07375 024115.

# December

FRI  
06

## Sleeping Beauty 'Rock n Roll' Panto



12 noon



Members £30  
Guests £35



The New Wolsey Theatre, Ipswich is the venue for our trip to watch 'Sleeping Beauty - Rock n Roll Panto'. The coach will be picking-up in Bury St Edmunds and Stowmarket for the 5pm performance. Booking is essential as places are limited. A £10 deposit will be needed to secure your place. Book by Friday 4 October. The New Wolsey Theatre, Civic Drive, Ipswich, Suffolk IP1 2AS. Contact Jacky on 01284 755068 or Laura on 07375 024115.



# January 2025

WED  
15

## New Years Lunch in Stowmarket



12 noon



Free



A new years lunch to celebrate the start of the year, catch up with friends over a hot meal, followed by tea, coffee and biscuits. You will need to book onto this event by Monday 6 January 2025. Redwood Community Centre, Ipswich Road, Stowmarket, Suffolk IP14 1BE. Contact Laura on 07375 024115.

MON  
27

## Celebrate Chinese New Year, Year of the Snake in Stowmarket



7pm



Free



We shall have a 30 minute presentation on the year of the snake 2025 followed by a Chinese meal, from a local takeaway. Pre-booking is essential by Friday 10 January 2025. Food will be pre-ordered. Redwood Community Centre, Ipswich Road, Stowmarket, Suffolk IP14 1BE. Contact Laura on 07375 024115.

# January 2025

THURS  
09

## Coffee Catch Up at Cabbages and Kings in Stowmarket



1pm



Free



A chance to meet up in the new year over a coffee and bit of cake if you wish. You can park at the Red Gables and walk over to the café at the mix. Pay what you order from the menu. Cabbages and Kings, The Mix, 127 Ipswich Street, Stowmarket IP14 1BB. Contact Laura on 07375 024115.

# St Edmundsbury Events

## August 2024

### THURS 01 **Newmarket Coffee Morning**



All members and friends are welcome to join us at The Day Centre. We meet the first Thursday of the month for a chance to catch up over a cuppa. Some of our members stay for a home cooked lunch. We meet at 11am. The Day Centre, Fred Archer Way, Newmarket, Suffolk CB8 8NT. Contact Jacky on 01284 755068.

### TUES 06 **Wimbledon - An Umpires thoughts on 'Behind the Scenes'**



Tennis is considered a 'Gentleman's' sport due to the traditionally polite, well-mannered men and women, who play this wonderful game. Wendy Smith has been an umpire for many years both on a local level and on the professional circuit. Join her as she takes us on a journey behind the scenes at Wimbledon, the home of Lawn Tennis. Refreshment will be served at the start of the meeting. Oddfellows Hall, 85 Whiting Street, Bury St Edmunds, Suffolk IP33 1NX. Contact Jacky on 01284 755068.



### WED 07 **Summer Time Afternoon Tea**



It's Summertime and fingers crossed the sun is shining and we don't need an excuse to get together but sunshine is as



good as anything. Afternoon tea at the Priory Hotel with friends is on offer. Booking is essential as places are limited. Cost: £10 for members and £15 for guests. Book by Friday 2 August. Priory Hotel, Mildenhall Road, Bury St Edmunds, Suffolk IP32 6EH. Contact Jacky on 01284 755068.

### FRI 09 **Coffee Morning Brandon**



Join us at Tilly's Tearoom for our monthly catch up. Old friends and new come together to enjoy a cuppa perhaps a scone or stay and have lunch afterwards. Tilly's Tearoom, Old Five Bells, Market Hill, Brandon IP27 0AA. Contact Jacky on 01284 755068 or 07794 065194.

# August 2024

## WED 14 Drop In Afternoon



1.30pm



Donations for refreshments



Join us for our monthly drop in afternoon at the Oddfellows Hall, Whiting Street. There is always a friend on hand to play a game of Scrabble or Crib with. Others bring their latest craft project to work on and share their expertise while in the company of friends. Refreshments will be served during the session. Oddfellows Hall, 85 Whiting Street, Bury St Edmunds, Suffolk IP33 1NX. Contact Jacky on 01284 755068.

## THURS 15 Film Club Afternoon



1pm



Members Free  
Guests £5



On the third Thursday of the month we hold our Film Club Afternoon. Doors open 1pm for at cuppa and



collection of popcorn or ice-cream (weather dependent). Film starts at 1.30pm. This months film is The Butler starring Forest Whitaker, John Cusack and Oprah Winfrey. Oddfellows Hall, 85 Whiting Street, Bury St Edmunds, Suffolk IP33 1NX. Contact Jacky on 01284 755068.

## WED 21 Bingo Lingo Afternoon



1.30pm



Members £3  
Guests £5



Bingo, Irish Bingo and Hoi Hoi is on offer this afternoon. Come along and try your luck while catching up with friends. Refreshments will be available. Oddfellows Hall, 85 Whiting Street, Bury St Edmunds, Suffolk IP33 1NX. Contact Jacky on 01284 755068.

## WED 28 New Age Kurling Fun Afternoon



1.30pm



Donations for refreshments



Competitive, Us, Never! It's fun and laughter all the way as we split into two teams (Reds and Blues) and test our skills at this enjoyable game. Refreshments will be served at half time. Oddfellows Hall, 85 Whiting Street, Bury St Edmunds, Suffolk IP33 1NX. Contact Jacky on 01284 755068.



# September

ODDFELLOWS

FRIENDSHIP MONTH

1 - 30 SEPTEMBER



## TUES 03 My Tutu went AWOL Friendship Month Talk



Lestyn Edwards is an Olivier Award winning performer and was voted the Millenium 'Busker of the Year'. As well as being heard on BBC's Radio 4's Saturday Live, Loose Ends and Woman's Hour. Join him for an entertaining morning as he displays a mix of his talents with an incredible and surprising voice along with the story of entertaining troops in Iraq and Afghanistan. Oddfellows Hall, 85 Whiting Street, Bury St Edmunds, Suffolk IP33 1NX. Contact Jacky on 01284 755068.



## THURS 05 Friendship Coffee Morning Newmarket



It's Friendship Month all members and friends are welcome to join us at The Day Centre. We meet the first Thursday of the month for a chance to catch up over a cuppa. Some of our members stay for a home cooked lunch. We meet at 11am. The Day Centre, Fred Archer Way, Newmarket, Suffolk CB8 8NT. Contact Jacky on 01284 755068.



## FRI 06 Fairhaven Woodland and Water Garden, Friendship Day Out



A wild garden for all seasons is how Fairhaven Woodland and Water Garden is described by many. With 130 acres of cultivated, wild and natural planting, a haven for wildlife and nearly four miles of woodland pathways to explore, it promises to be a great day out. You can take a relaxing stroll around the gardens stopping to have your picnic or perhaps a short boat ride before meeting up at the tearoom for refreshments. The choice is yours. Pick-up times to be announced. Book by Wednesday 28 August. Fairhaven Woodland and Water Gardens, School Lane, South Walsham, Norwich NR13 6DZ. Contact Jacky on 01284 755068.



# September

ODDFELLOWS

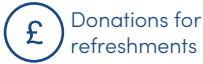
FRIENDSHIP MONTH

1 - 30 SEPTEMBER



FRIENDSHIP  
MONTH  
EVENT  
Join the fun

## WED 11 Drop In Afternoon



Join us for our monthly drop in afternoon at the Oddfellows Hall, Whiting Street. There is always a friend on hand to play a game of Scrabble or Crib with. Others bring their latest craft project to work on and share their expertise while in the company of friends. Refreshments will be served during the session. Oddfellows Hall, 85 Whiting Street, Bury St Edmunds, Suffolk IP33 1NX. Contact Jacky on 01284 755068.

## FRI 13 Coffee Morning Brandon



Tilly's Tea Room is the place to be if you would like to meet up with friends over a cuppa and cake. This is a monthly event and it's a chance to get to know other members in a relaxed environment. Tilly's Tearoom, Old Five Bells, Market Hill, Brandon IP27 0AA. Contact Jacky on 01284 755068 or 07794 065194.



## MON 16 Get To Know Us Afternoon



Friendship Month is with us and this is our chance to showcase what we are all about. We can show prospective members the fun that we have and events that we do, so invite your friends, neighbours and that person you talk to at the bus stop and hopefully when they come along and experience the Oddfellows, they will become members of our fantastic Society. Refreshments will be available. Oddfellows Hall, 85 Whiting Street, Bury St Edmunds, Suffolk IP33 1NX. Contact Jacky on 01284 755068.

## THURS 19 Film Club Afternoon



On the third Thursday of the month we hold our Film Club Afternoon. Doors open 1pm for a cuppa and collection of popcorn or ice-cream (weather dependent). Film starts at 1.30pm. This month's film is Calendar Girls starring Helen Mirren, Julie Walters, Celia Imrie and John Alderton to name but a few. Oddfellows Hall, 85 Whiting Street, Bury St Edmunds, Suffolk IP33 1NX. Contact Jacky on 01284 755068.

# September

**ODDFELLOWS  
FRIENDSHIP MONTH**  
1 - 30 SEPTEMBER



WED  
**25**

## New Age Kurling Fun Afternoon



1.30pm



Donations for refreshments



Competitive, Us, Never! It's fun and laughter all the way as we split into two teams (Reds and Blues) and test our skills at this enjoyable game. Refreshments will be served at half time. Oddfellows Hall, 85 Whiting Street, Bury St Edmunds, Suffolk IP33 1NX. Contact Jacky on 01284 755068.

# October

TUES  
**01**

## Life on board a Submarine



10am



Members Free  
Guests £5



Our talk this month is given by David Mallion about his time on a Submarine during the Cold War and afterwards. Being deep under the sea in such tight quarters is not for everyone but luckily for us it is for some. It takes a special kind of person to be able to survive in such extreme conditions Join us from 10am for refreshments and then 10.30am our speaker takes the floor. Oddfellows Hall, 85 Whiting Street, Bury St Edmunds, Suffolk IP33 1NX. Contact Jacky on 01284 755068.

# October

THURS  
**03**

## Newmarket Coffee Morning



11am



Cost of the refreshments



All members and friends are welcome to join us at The Day Centre. We meet the first Thursday of the month for a chance to catch up over a cuppa. Some of our members stay for a home cooked lunch. We meet at 11am. The Day Centre, Fred Archer Way, Newmarket, Suffolk CB8 8NT. Contact Jacky on 01284 755068.

SAT  
**05**

## Paint and Cuppa



10am



Members £10  
Guests £15



Join Sarah from Sunflower Artistry for a morning of 'Me Time'. She will take you through step by



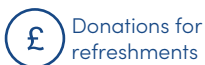
step on how to create a lovely painting using acrylics. So if this is your first time or you are a keen artist, then join us and watch the magic appear before your eyes. All materials are included in the price. Only 20 spaces available, so a £5 deposit is needed to book your place by Wednesday 25 September. Oddfellows Hall, 85 Whiting Street, Bury St Edmunds, Suffolk IP33 1NX. Contact Jacky on 01284 755068 or 07794065194.

# October

## WED 09 Drop In Afternoon



1.30pm



Donations for refreshments



Join us for our monthly drop in afternoon at the Oddfellows Hall, Whiting Street. There is always a friend on hand to play a game of Scrabble or Crib with. Others bring their latest craft project to work on and share their expertise while in the company of friends. Refreshments will be served during the session. Oddfellows Hall, 85 Whiting Street, Bury St Edmunds, Suffolk IP33 1NX. Contact Jacky on 01284 755068.

## FRI 11 Coffee Morning Brandon



11am



Cost of the refreshments



Tilly's Tea Room is the place to be if you would like to meet up with friends over a cuppa and cake. This is a monthly event and it's a chance to get to know other members in a relaxed environment. Tilly's Tearoom, Old Five Bells, Market Hill, Brandon IP27 0AA. Contact Jacky on 01284 755068 or 07794 065194.



## THURS 17 Film Club Afternoon



1pm



Members Free  
Guests £5



On the third Thursday of the month we hold our Film Club Afternoon. Doors open 1pm for at cuppa and collection of popcorn or ice-cream (weather dependent). Film starts at 1.30pm. This months film is The War Bride starring Anna Friel and Molly Parks. Oddfellows Hall, 85 Whiting Street, Bury St Edmunds, Suffolk IP33 1NX. Contact Jacky on 01284 755068.

## TUES 22 An Afternoon at the Races



1.30pm



Members £3  
Guests £5



Honest Tone, the bookie invites you to an afternoon of fun at the races.

With both wooden horses and battery operated pigs, lets see who can win the most. 20 tokens will be given to each participant and the one with the most at the end is the 'Winner'. Refreshments will be provided. Oddfellows Hall, 85 Whiting Street, Bury St Edmunds, Suffolk IP33 1NX. Contact Jacky on 01284 755068.



# October

## WED 30 New Age Kurling Fun Afternoon



Competitive, Us, Never! It's fun and laughter all the way as we split into two teams (Reds and Blues) and test our skills at this enjoyable game. Refreshments will be served at half time. Oddfellows Hall, 85 Whiting Street, Bury St Edmunds, Suffolk IP33 1NX. Contact Jacky on 01284 755068.

# November

## FRI 01 Wine Tasting with Kevin and Teresa



We are very lucky to be joined again by Kevin and Teresa, Sommeliers from Ipswich. Join us as they take us



on a journey around the wine vineyards of the world. We have the chance to sample each wine and give our opinion before they let us know the price. This will be followed by cheese and biscuits etc. Booking essential as places limited by Wednesday 23 October. Oddfellows Hall, 85 Whiting Street, Bury St Edmunds, Suffolk IP33 1NX. Contact Jacky on 01284 755068.

# November

## TUES 05 Oh Yes It Is - The history of the English Pantomime by Jim Stebbings



The pantomime is a staple part of most families Christmas celebrations. Jim will explore the history and surprising background to this typical English form of entertainment, whose beginnings can be traced back many centuries to other parts of Europe. Join us from 10am for a cuppa and 10.30am for our speaker. Oddfellows Hall, 85 Whiting Street, Bury St Edmunds, Suffolk IP33 1NX. Contact Jacky on 01284 755068.



## THURS 07 Newmarket Coffee Morning



All members and friends are welcome to join us at The Day Centre. We meet the first Thursday of the month for a chance to catch up over a cuppa. Some of our members stay for a home cooked lunch. We meet at 11am. The Day Centre, Fred Archer Way, Newmarket, Suffolk CB8 8NT. Contact Jacky on 01284 755068.



# November

THURS  
07

## The Big Annual Quiz



1.30pm



Members Free  
Guests £5



We welcome back Barrie and Averil for the Big Annual Quiz, where teams of up to four people join together to see who is the smartest. This is a fun afternoon, refreshments and nibbles will be provided. After the quiz a raffle will take place, donations of prizes are welcome. Oddfellows Hall, 85 Whiting Street, Bury St Edmunds, Suffolk IP33 1NX. Contact Jacky on 01284 755068.

FRI  
08

## Coffee Morning Brandon



11am



Cost of the  
refreshments



Tilly's Tea Room is the place to be if you would like to meet up with friends over a cuppa and cake. This is a monthly event and it's a chance to get to know other members in a relaxed environment. Tilly's Tearoom, Old Five Bells, Market Hill, Brandon IP27 0AA. Contact Jacky on 01284 755068 or 07794 065194.

WED  
13

## Drop In Afternoon



1.30pm



Members Donations  
for refreshments  
Guests £5



Join us for our monthly drop in afternoon at the Oddfellows Hall, Whiting Street. There is always a friend on hand to play a game of Scrabble or Crib with. Others bring their latest craft project to work on and share their expertise while in the company of friends. Refreshments will be served during the session. Christmas crafts will be available to make. Oddfellows Hall, 85 Whiting Street, Bury St Edmunds, Suffolk IP33 1NX. Contact Jacky on 01284 755068.

WED  
20

## St Edmunds Day Lunch



12 noon



Members £8, Guests £12

Join us for a fish and chips lunch followed by St Edmunds scones or biscuits and other delicious desserts. St Edmund was the first patron Saint of England and we will be celebrating his legacy on this special day. The hall will be decorated, so come join in the fun. Book by Thursday 7 November. Oddfellows Hall, 85 Whiting Street, Bury St Edmunds, Suffolk IP33 1NX. Contact Jacky on 01284 755068.

# November

THURS  
21

## Film Club Afternoon



1pm



Members Free  
Guests £5



On the third Thursday of the month we hold our Film Club Afternoon. Doors open 1pm for a cuppa and collection of popcorn or ice-cream (weather dependent). Film starts at 1.30pm. This month's film is Ladies in Lavender starring Judi Dench, Maggie Smith and Tom Hardy. Oddfellows Hall, 85 Whiting Street, Bury St Edmunds, Suffolk IP33 1NX. Contact Jacky on 01284 755068.

WED  
27

## New Age Kurling Fun Afternoon



1.30pm



Donations for  
refreshments



Competitive, Us, Never! It's fun and laughter all the way as we split into two teams (Reds and Blues) and test our skills at this enjoyable game. Refreshments will be served at half time. Oddfellows Hall, 85 Whiting Street, Bury St Edmunds, Suffolk IP33 1NX. Contact Jacky on 01284 755068.



# December

TUES  
03

## Father Christmas - Myths and Mistletoe



10am



Members Free  
Guests £5



Mike Wabe from Medieval World will bring the history of how we celebrate Christmas today alive. From the cards we send, the natural foliage we gather to decorate our homes and the crackers we have on our table. All will be explained. What a great way to start the festive season. Join us from 10am for a cuppa and 10.30am for the talk. Oddfellows Hall, 85 Whiting Street, Bury St Edmunds, Suffolk IP33 1NX. Contact Jacky on 01284 755068.

FRI  
06

## Sleeping Beauty 'Rock n Roll' Panto



12 noon



Members £30  
Guests £35



The New Wolsey Theatre, Ipswich is the venue for our trip to watch 'Sleeping Beauty - Rock n Roll Panto'. The coach will be picking-up in Bury St Edmunds and Stowmarket for the 5pm performance. Booking is essential as places are limited. A £10 deposit will be needed to secure your place. Book by Friday 4 October. The New Wolsey Theatre, Civic Drive, Ipswich, Suffolk IP1 2AS. Contact Jacky on 01284 755068 or Laura on 07375 024115.



# December

TUES  
10

## Christmas Lunch at Edmunds



12 noon



TBC



We have the whole room to ourselves at Edmunds Restaurant, West Suffolk College for our Christmas lunch and raffle. A £10 deposit will be needed to secure your place and menus should be available in September onwards. Come join in the fun at this local venue. The Big Christmas Draw will take place on the day. Book by Thursday 28 November. Edmunds Restaurant, West Suffolk College, Out Risbygate, Bury St Edmunds IP33 3RL. Contact Jacky on 01284 755068.

FRI  
13

## Christmas Tunes For All



2pm



Free



With carols, readings, poetry by our members and festive songs by Tyler-Kemp, this afternoons entertainment



is sure to get you into the Christmas spirit. We will start with a glass of mulled wine and finish with Christmas refreshments. We look forward to welcoming you all to this event. Book by 3 December. Oddfellows Hall, 85 Whiting Street, Bury St Edmunds, Suffolk IP33 1NX. Contact Jacky on 01284 755068.

TUES  
17

## Christmas Flowers and Wreath Demonstration



2pm



Members £2  
Guests £5



Helen Hillier will bring along flowers and foliage that we can all put our hands on and show us how to make that special Christmas table decoration and wreath for our front door. She will allow us to raffle off the wreath at the end of the afternoon while we enjoy seasonal refreshments. Oddfellows Hall, 85 Whiting Street, Bury St Edmunds, Suffolk IP33 1NX. Contact Jacky on 01284 755068.



THURS  
19

## Christmas Film Club Afternoon



1pm



Members Free  
Guests £5



On the third Thursday of the month we hold our Film Club Afternoon. Doors open 1pm for at cuppa and collection of popcorn or ice-cream (weather dependent). Film starts at 1.30pm. A Christmas themed film. Oddfellows Hall, 85 Whiting Street, Bury St Edmunds, Suffolk IP33 1NX. Contact Jacky on 01284 755068.

# December

MON  
23

## Eyes Down, Look In! Christmas Bingo Afternoon



1.30pm



Members £3  
Guests £5



Join us for an afternoon of fun playing bingo. With both 'Irish' and traditional games being played. The bingo lingo will flow so have your dobber ready and those lucky charms. Refreshments will be served afterwards. Oddfellows Hall, 85 Whiting Street, Bury St Edmunds, Suffolk IP33 1NX. Contact Jacky on 01284 755068.

MON  
30

## The End of the Year Quiz



1.30pm



Members Free  
Guests £5



Like the 'End of the pier show' this quiz will have many different acts, so there's bound to be something for everyone. Come along and play your part with team of up to four people. A small prize will be given to the winning team. Oddfellows Hall, 85 Whiting Street, Bury St Edmunds, Suffolk IP33 1NX. Contact Jacky on 01284 755068.

# January 2025

THURS  
02

## Newmarket Coffee Morning



11am



Cost of the refreshments



All members and friends are welcome to join us at The Day Centre. We meet the first Thursday of the month for a chance to catch up over a cuppa. Some of our members stay for a home cooked lunch. We meet at 11am. The Day Centre, Fred Archer Way, Newmarket, Suffolk CB8 8NT. Contact Jacky on 01284 755068.

FRI  
03

## New Years Lunch



12 noon



Members £2, Guests £5

Home-made soup and a roll and the last of the festive fare will be on offer today as we come



together for our first event of the new year. We will play the 'Steal Me Raffle' it should be fun. Please bring a prize if you can. Book by Monday 30 December. Oddfellows Hall, 85 Whiting Street, Bury St Edmunds, Suffolk IP33 1NX. Contact Jacky on 01284 755068.

# January 2025

TUES  
07

## Lighting The Fuse by Lucy Lewis

L 10am

£ Members Free  
Guests £5



Our first speaker of the year will be Lucy Lewis the UK's first ever female bomb disposal expert. She will take us on a journey from her training at Sandhurst



to her first call-out as a trained soldier dealing with the unknown, standing over a bomb - making a choice because yours and others lives depend on it. Join us for refreshments from 10am and the talk starts at 10.30am. Oddfellows Hall, 85 Whiting Street, Bury St Edmunds, Suffolk IP33 1NX. Contact Jacky on 01284 755068.

WED  
08

## Drop In Afternoon

L 1.30pm

£ Donations for refreshments



Join us for our monthly drop in afternoon at the Oddfellows Hall, Whiting Street. There is always a friend on hand to play a game of Scrabble or Crib with. Others bring their latest craft project to work on and share their expertise while in the company of friends. Refreshments will be served during the session. Oddfellows Hall, 85 Whiting Street, Bury St Edmunds, Suffolk IP33 1NX. Contact Jacky on 01284 755068.

FRI  
10

## Coffee Morning Brandon

L 11am

£ Cost of the refreshments



Tilly's Tea Room is the place to be if you would like to meet up with friends over a cuppa and cake. This is a monthly event and it's a chance to get to know other members in a relaxed environment. Tilly's Tearoom, Old Five Bells, Market Hill, Brandon IP27 0AA. Contact Jacky on 01284 755068 or 07794 065194.

THURS  
16

## Film Club Afternoon

L 1pm

£ Members Free  
Guests £5



On the third Thursday of the month we hold our Film Club Afternoon. Doors open 1pm for at cuppa and collection of popcorn or ice-cream (weather dependent). Film starts at 1.30pm. This months film is The Railway Man starring Colin Firth and Nicole Kidman. Oddfellows Hall, 85 Whiting Street, Bury St Edmunds, Suffolk IP33 1NX. Contact Jacky on 01284 755068.



# January 2025

MON  
20

## Eyes Down, Look In! Bingo Afternoon



1.30pm



Members £3  
Guests £5



Join us for an afternoon of fun playing bingo. With both 'Irish' and traditional games being played. The bingo lingo will flow so have your dobber ready and those lucky charms. Refreshment will be served afterwards. Oddfellows Hall, 85 Whiting Street, Bury St Edmunds, Suffolk IP33 1NX. Contact Jacky on 01284 755068.

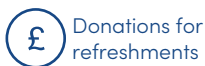


WED  
29

## New Age Kurling Fun Afternoon



1.30pm



Donations for  
refreshments



Competitive, Us, Never! It's fun and laughter all the way as we split into two teams (Reds and Blues) and test our skills at this enjoyable game. Refreshments will be served at half time. Oddfellows Hall, 85 Whiting Street, Bury St Edmunds, Suffolk IP33 1NX. Contact Jacky on 01284 755068.



WED  
22

## Ten Pin Bowling and Cuppa



10.30am



TBC



Join us at Bury Bowl for a morning of fun and laughter. Don't worry if you have never played before we all have to start somewhere. Wednesday's session see two games and refreshment included in the price. Bury Bowl, Eastgate Street, Bury St Edmunds, Suffolk IP33 1YQ. Please book with Jacky on 01284 755068 and we will meet you inside the Bowling Alley.





# District News

**The District Lodge held its first Annual Summoned Meeting (ASM) on Saturday 27 April 2024 at the Masonic Hall in Sudbury with Provincial Grand Master, David Randall, in the chair. The meeting was attended by 29 members from across the four Social Lodges and business was dealt with effectively and efficiently.**

It was agreed unanimously to seek approval from The Fraternal Board at Unity to change the names of three of the Social Lodges as follows: - Babergh to Sudbury, Castle to Colchester and Gipping to Stowmarket, hopefully by the time you are reading this, permission will have been granted.

Jill Brown was installed as the new Provincial Grand Master with Louise Smith as her deputy – I am sure you will all join me in wishing them a good year in office.

Dates have been set for the Annual Lunch and Church Service, details are contained within this edition. The Church Service will once again be held in partnership with the East Anglian Group Conference. Please contact your DSEO for further information.



*Tony Nunn - the District Secretary.*

Also, on 4th August, the Oddfellows Brass Band will be giving a concert at Sheringham Church in honour of the Sheringham Lifeboat and the 200 years anniversary of the RNLI. Coaches have been laid on so, if you haven't already booked, be quick as I am sure these will fill quickly, it should be a great day at the seaside.

September is friendship month, all of the Social Lodges have many events lined up. Please do your best to support these and don't forget to bring a friend.

## A bit about us...

The Oddfellows is a friendly society with Branches across the UK. Through friendship and social events, we help our members get more enjoyment out of life, and offer care, advice and support in times of need. Find out more at [www.oddfellows.co.uk](http://www.oddfellows.co.uk) or call 0800 028 1810.

## Looking for events and activities in your local area?

Call the office on 01284 754345 to find out more and get involved.

# Babergh Social Lodge

**It does not seem five minutes since I wrote my last review. What a busy 6 months we have had. I am always delighted to see so many of you at our events. As a social lodge, we are welcoming many new members who you have invited or have seen us on social media or in the press. It is fantastic that we can offer friendship to so many.**

We have welcomed some very interesting speakers and have learnt about the Roman Races, Pub crawls through time and getting about our beautiful county by bus. A special thank you goes to Marie our member who gave such an interesting talk on Exploring Dermatology.

We have visited the Great War Huts which was a fascinating day and have enjoyed afternoon tea at The Angel. My highlight was seeing 27 members learn how to give CPR and use a defibrillator when we had our training from East Anglian Air



*Great War Huts.*

Ambulance. A vital skill that we hope we will never have to use.

Thank you to the social committee and the volunteers who help each week. We really could not be the successful lodge we are without you all.

And finally, I look forward to seeing you at one of the events planned in the next few months. We have lots organised and I hope that you will find something that will take your fancy!

**Helen Patel**



*CPR and Defibrillator training.*

# Castle Social Lodge

## Ukraine Support



*Harwich Ukraine Support Project.*

Tony Elliston from the Harwich Ukraine support project came to present a power point talk to Colchester members. Tony had recently returned from Ukraine having once again with his team delivered several tonnes of Humanitarian aid to the Chernihiv district of Ukraine. This included the 45 carrycots that members filled with mother and baby products at the end of last year. Colchester branch continue to raise money for the cost of fuel to take aid which is between 8k and 10k per trip. A big thank you to all members for their continued support.



*New mum in Ukraine receiving on of the carry cots.*

## Colchester Wednesday Walkers

The walking group continue to enjoy the walks that leader Paul Sharp plans for Colchester members. Once a month members travel by car to the starting point and for those who do not drive there is a walk each month that is accessible via a bus route. A pub or tea room lunch at the end of the walk is always enjoyed by the walkers. Monthly walks are in the events diary and updated information is sent to the group via email. To join the walking group please contact Diana.



*Colchester walking group.*

# Gipping Social Lodge

**“A big warm welcome from the Stowmarket oddfellows.**

**Wow wee what a 6 months we’ve had of 2024. Firstly we must**

**acknowledge David Randall**

**who stepped down officially as the development and social events organiser for the Stowmarket Oddfellows as he welcomed his retirement from the position. David has been an integral part of supporting and running the Stowmarket Oddfellows and he will be sorely missed from the group. David is still a big part of the Oddfellows society and will still be an active member of the community. We wish him all the best.**



Looking ahead for Stowmarket as we embark on a time of change, renewal and growth for our beloved branch. We welcome new ideas, exciting events and opportunities to extend our friendships into the wider community.

Our first order of business was to establish a viable social committee, to help support and engage with events. We had a generous offering of volunteers and we look forward to implanting new strategies and procedures within the group. Next we introduced paying via our fantastic card machine, which has gone down a treat with the members, as booking your

deposits for events has never been easier. We have lots of new and exciting events and trips planned in the up and coming months. Over the summer we will be visiting the Clacton air show, dancing to salsa, trying out some walks, coffee mornings and even a tea dance to welcome in friendship month. As we move to the second half the year it's time to look ahead to the festivities of the winter season which will shortly be upon us. We will be opening our doors during October half term to welcome families and small children into our space, for activities, hot drinks and friendship. We are planning a meal out at Christmas, carols and mince pies and a wonderful trip to the rock n roll pantomime with our fellow Bury St Edmunds Branch to the “New Wolsey” theatre in Ipswich.

We are super excited to be at this stage in Stowmarket and we hope you will join us along for the ride. We continue to support the “better balance classes” and “lunch club” within the red gables, for our members to attend at a small cost, along with raffles at our events and charity collections. So from everyone at Stowmarket oddfellows, we wish you all health and happiness for the months ahead.

**Laura**





# St Edmundsbury Social Lodge

**We hope you find this new events diary packed full of lovely activities just waiting for you to join in. We have all the favourites – first Tuesday of the month we welcome a speaker, second Wednesday of the month our drop in afternoon with craft and games, third Thursday the new monthly film afternoon and on the fourth/last Wednesday of the month a fun afternoon of Kurling.**

Along with all this we have a great many new and exciting trips and adventures just waiting for you to join in. So, make a cuppa and sit back with this new issue and underline or mark all the things that

take your fancy. Then either pop into the office to put your name down or if you are not in town for a while then give me a call on 01284 755068 or 07794 065194. Likewise, you could email me on jacky.nunn@oddfellows.co.uk

Please note that sometimes places are limited so booking/deposit is essential.

Heads up check out September Friendship Months events and December Christmas activities. So much to choose from.

Yours in Friendship,

**Jacky**



*Photo from our Saturday morning paint and cuppa session.*

# Oddfellows Members: Do you need help?



**None of us know what is around the corner...**

## **Bury St Edmunds and Colchester District Lodge Local Care and Welfare Support**

To request contact from a Welfare Visitor and local help and information about lodge benefits and benevolence contact your Social Lodge Welfare Coordinator.

## **Oddfellows Citizens Advice Line**

**Call 0800 0149 821\***

(free to callers from any landline or mobile number)

Monday - Friday, 9.30am - 4.30pm

**Email:** [oddfellows@citizensadvicemanchester.org.uk](mailto:oddfellows@citizensadvicemanchester.org.uk)



Run by Citizens Advice for Oddfellows members, you can access free, confidential, independent advice on welfare benefits, money and debt issues, consumer problems, housing, fuel bills, employment issues and many other issues.

\*The Oddfellows cannot provide legal advice and accepts no liability whatsoever for advice provided by Citizens Advice, which is an independent advice agency. If you have any queries about the advice you have received or wish to make a complaint then you should contact Citizens Advice directly. Citizens Advice operate a formal complaints process.

## **Care and Welfare Helpline**

**Call 0800 0149 822**

(free to callers from any landline or mobile number)

Monday to Thursday, 9.30am - 4.30pm, Friday, 9.30am - 4pm

**Email:** [care@oddfellows.co.uk](mailto:care@oddfellows.co.uk)

Run by the Oddfellows Care and Welfare Department, you can access information and guidance on issues such as accessing health and care services, supported housing, support for carers, and planning for later life. The helpline will try and identify any Oddfellows benefits or services in the community which may be of help to you.

**Visit our website page at [www.oddfellows.co.uk/benefits/care](http://www.oddfellows.co.uk/benefits/care)  
for care and welfare information**

**EDCWA50223**



## Members meet in Llandudno for AMC

**The late May Bank Holiday weekend in the beautiful North Wales coastal town of Llandudno was the setting for this year's Annual Movable Conference (AMC).**

Hosted by Deeside Oddfellows, members from throughout the UK made the trip to reflect on the previous 12 months and discuss and vote on the course of the next, all presided over by the Grand Master (Chairman), Vale of York Oddfellows' Barbara Needham.



*Business conducted, AMC Llandudno*

As well as business, attendees enjoyed a range of social activities, with Oddfellows Brass putting on another wonderful performance.



*Oddies on the coach to Portmeirion*

Members also took part in a ceilidh at the welcome evening, graced the green at the annual Roy Harmer Memorial Bowls Tournament, took a day trip to Portmeirion and got all dressed up for the Farewell Dance.

## Who should be our next major Fund recipient?

**Our HA Andrews Memorial Fund provides major financial support over a two or three year period to a project or organisation involved in, or conducting, medical research in the UK.**



The funding for Southampton University's Centre for Cancer Immunology, which was nominated by a member in Guernsey, is in its final year, so we're now open to suggestions on who to support from 2025.

If you've a suggestion of who we can support next, let us know. Go to [www.oddfellows.co.uk/ha-andrews](http://www.oddfellows.co.uk/ha-andrews) to find out more about the criteria, how to nominate and our deadlines.

# Making a Difference Awards 2024

Five members have received national recognition for the brilliant and selfless work they put into making their Branch and the Society as wonderful as they can be.



## Terry Rendle, Oswald Branch Enriching Lives Socially

This award celebrates Terry's contributions to the running of Oswald Branch's social events.

He regularly comes up with ideas for events, plans and advertises them, organises and purchases supplies, arranges



catering, sells tickets, physically arranges chairs and tables in the room, taxis people to and from, hosts and clears up after. All this at the age of 84.

"Socialising is so important as you get older," Terry said. "It keeps your brain busy and your body busy which means you might last a bit longer."

He added: "I was flabbergasted. I had to read the letter three times before I realised what I was reading."

## Pat and David Lang, Three Counties Branch Achieving Together

The married couple from Didcot, Oxfordshire, joined the Oddfellows over half-



century ago, and in that time have taken on many voluntary roles, including serving as Branch Chairman five times between them.

They are Welfare Visitors, regularly checking in on around 50 fellow members, and are well known for providing food for events and meetings. They are also responsible for an annual Christmas lunch event which, since 2009, has raised over £2,100 for the HA Andrews Memorial Fund.

David said: "It has never been about being rewarded. We love what we do, it's as simple as that.

Pat added: "I'm honoured. We have much to thank the Oddfellows for and have met so many lovely people."

## Peter Coe, City of Norwich Branch

*Working in the Spirit of Mutuality*

As a mutual society, the Oddfellows is run by and for our members and this award seeks to recognise those who have gone the extra mile to assist in the running of their Branch and the Society as a whole.

Peter has gone several extra miles, having held a number of voluntary roles, including Branch and District Chairman,



and is still a member of the social committee to this day, helping to organise many wonderful events.

Peter said: "The Oddfellows is full of very, very friendly people. We all get on. I've made some very good friends here over the years.

"It's my life. It's what I do. The best thing I did was join the Oddfellows."

## Claire Needham, Vale of York District

*Giving Something Back*

Lifelong member Claire has been recognised for the work she does to raise money and awareness for worthy causes.



She donated nearly £3,000 for Motor Neurone Disease Association and Martins House Children's Hospice having run the Rob Burrows Leeds Marathon last year, and has helped raise more than £30,000 through her role as Chairman of her workplace's Charity Committee.

Claire has also held positions on the Oddfellows' Benevolence Committee and Investigations Committee, making a positive difference to the lives of her fellow members.

"I was completely surprised and I feel really honoured," Claire said. "It's a really nice feeling. It's nice that other people think it's making a difference and it's having an impact."

**The Oddfellows' CEO, Jane Nelson, said: "Each of the winners are fully deserving of this recognition and I'm very proud of all of them. They typify what it is to be an Oddfellow and the Society and their respective branches are lucky to have them."**

**Who is your local Branch star? Member nominations are now open for the 2025 awards. To find out more, visit [www.oddfellows.co.uk/makingadifference](http://www.oddfellows.co.uk/makingadifference).**

# Financial worries revealed



**Unity Mutual, the Oddfellows' financial services brand, recently surveyed 2,000 people throughout the UK to uncover what's keeping them up at night when it comes to their finances. Here's what they discovered. Do any of these resonate with you?**

## Cost of living

The worry peaks for those aged 40-49, with 63% feeling the pinch, closely followed by those in their 50s and 60s (both at 62%).

## Emergency planning

35% of those surveyed worry they don't have enough money set aside for emergencies like car repairs or medical treatments. Additionally, 28% fret about potential home repair costs.

## Pension and retirement

Living on a tight pension is a reality for 22% of respondents, and 18% worry they aren't contributing enough to their pension pot. Many in their 60s regret not paying more into their pensions earlier.



## Savings and financial planning

Only 39% of people have money in savings or investments, but this number jumps to 61% for those in their 70s. Yet, just a third have a financial life plan.

## Stress and anxiety

Financial stress affects 58% of respondents. Those in their 60s and 70s are less worried compared to younger age groups, with only 35% and 27% respectively reporting anxiety.

## Financial regrets

Over half (51%) have financial regrets, including not saving enough each month (46%) and spending on pointless things (43%). Interestingly, more than one in 10 (12%) wish they'd married someone with more money.

These findings show that, while financial worries are largely universal, planning and saving can make a significant difference, especially as we age. Whether you're setting up your first financial plan or adjusting your retirement strategy, it's never too late to take control of your financial future.

Go to [www.unitymutual.co.uk](http://www.unitymutual.co.uk) to find out more.

**Oddfellows members have access to a dedicated Citizens Advice Line. Its advisers can help you to find a way forward with any money or debt problems but are unable to give financial advice. Visit [www.oddfellows.co.uk/citizens-advice](http://www.oddfellows.co.uk/citizens-advice) to find out more.**



# Babergh At a glance

## August 2024

<b>Sun 4</b>	A Day Out in Sheringham and Oddfellows Brass Band	9am
<b>Wed 7</b>	A Trip to Woolpit Museum and Church	9am
<b>Thurs 8</b>	A Trip to the Recycling Centre with Sudbury	5pm
<b>Wed 14</b>	Tom Bowdidge Foundation	7.30pm
<b>Sun 18</b>	Annual District Lunch	12 noon
<b>Wed 28</b>	Discoveries in Suffolk Graveyards	10.30am

## September - Friendship Month

<b>Thurs 5</b>	A Trip to the Recycling Centre with Sudbury	5pm
<b>Wed 11</b>	Captain Mainwaring and the life and times of a Suffolk Sculptor	7.30pm
<b>Wed 18</b>	A Day Trip to Norwich with Sudbury	9am
<b>Wed 25</b>	Home Fire Safety Advice	10.30am

## October

<b>Wed 9</b>	The Eyes of the Few	2.30pm
<b>Wed 30</b>	The HMS Ganges Museum	10.30am

## November

<b>Sun 3</b>	District Church Service and Afternoon Tea	2.30pm
<b>Tues 5</b>	Romford Greyhound Racing with Sudbury	11.30am
<b>Wed 13</b>	ShantyFolk	2.30pm
<b>Wed 27</b>	Lighting The Fuse	10.30am

## December

<b>Wed 4</b>	Christmas Lunch at The Brewer Arms	12 noon
<b>Wed 11</b>	Father Christmas Myths and Mistletoe	2.30pm

## January 2025

<b>Wed 8</b>	A Mystery Tour around Suffolk with Sudbury	2.30pm
<b>Wed 29</b>	My RAF Armourer Experiences over 24 years	10.30am



# Castle At a glance

## August 2024

<b>Sun 4</b>	A Day Out in Sheringham and Oddfellows Brass Band	9am
<b>Wed 7</b>	Colchester Wednesday Walkers - Wrabness	10am
<b>Thurs 8</b>	Colchester Coffee Morning - Women's Land Army Talk	10.30am
<b>Sun 18</b>	Annual District Lunch	12 noon
<b>Tues 27</b>	Colchester - Tuesday Out and About	2.30pm

## September - Friendship Month

<b>Wed 4</b>	Colchester Wednesday Walkers - Boxted	11am
<b>Tues 10</b>	Friendship Thames River Cruise	9am
<b>Tues 24</b>	Colchester Afternoon Social - Cockney Rhyming Slang Talk	1.30pm
<b>Wed 25</b>	Colchester Wednesday Walkers - West Bergholt	11am

## October

<b>Thurs 10</b>	Colchester Coffee Morning - Tales from Thailand	10.30am
<b>Tues 22</b>	Colchester Oddies Film Afternoon	1.30pm

## November

<b>Sun 3</b>	District Church Service and Afternoon Tea	2.30pm
<b>Wed 6</b>	Colchester Wednesday Walkers - Nayland	11am
<b>Thurs 14</b>	Colchester Coffee Morning - Wildlife Talk	10.30am
<b>Tues 26</b>	Colchester Afternoon Social - Kurling	1.30pm

## December

<b>Wed 4</b>	Colchester Wednesday Walkers - Wormingford	11am
<b>Thurs 12</b>	Colchester Christmas Coffee Morning	10.30am
<b>Tues 17</b>	Colchester Christmas Party	1.30pm

## January 2025

<b>Thurs 9</b>	Colchester Coffee Morning - Exercise Class	10.30am
<b>Tues 28</b>	Colchester Afternoon Social - Quiz	1.30pm



# Gipping At a glance

Every Monday	Lunch Club in Stowmarket	11.30am
Every Monday	Better Balance Classes in Stowmarket	2.30pm
Every Thursday	Better Balance Classes in Stowmarket	2pm

## August 2024

<b>Sun 4</b>	A Day Out in Sheringham and Oddfellows Brass Band	9am
<b>Sun 18</b>	Annual District Lunch	12 noon
<b>Mon 19</b>	Quiz Night in Stowmarket	7pm
<b>Fri 23</b>	Clacton Air Show with the Stowmarket	9am

## September – Friendship Month

<b>Mon 2</b>	Walk and Talk at Needham Lake	10am
<b>Mon 9</b>	Tea Dance with Singer Tabitha Debenham in Stowmarket	7pm
<b>Wed 18</b>	Seated Yoga and Mindfulness in Stowmarket	1pm
<b>Thurs 26</b>	Coffee Catch Up at Cabbages and Kings in Stowmarket	1pm

## October

<b>Mon 7</b>	Walk and Talk at Needham Lake with Stowmarket	10am
<b>Mon 7</b>	Winter Wellness Talk with Community Nurse Sophie Jean in Stowmarket	7pm
<b>Thurs 24</b>	Coffee Catch Up at Cabbages and Kings in Stowmarket	1pm

## October

<b>Wed 30</b>	Family Half Term Halloween Craft Drop-In in Stowmarket	1.30pm
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## November

<b>Sun 3</b>	District Church Service and Afternoon Tea	2.30pm
<b>Thurs 7</b>	Coffee Catch Up at Cabbages and Kings in Stowmarket	1pm
<b>Mon 11</b>	My time in the war A Military Talk in Stowmarket	7pm
<b>Wed 20</b>	Film Club in Stowmarket 'One Life'	1pm

## December

<b>Thurs 5</b>	Oddfellows Christmas Lunch Out in Stowmarket	12.30pm
<b>Fri 6</b>	Sleeping Beauty 'Rock n Roll' Panto	12 noon

## January 2025

<b>Thurs 9</b>	Coffee Catch Up at Cabbages and Kings in Stowmarket	1pm
<b>Wed 15</b>	New Years Lunch in Stowmarket	12 noon
<b>Mon 27</b>	Celebrate Chinese New Year – Year of the Snake in Stowmarket	7pm

# St Edmundsbury At a glance

Every Saturday  
Commencing 19 October

District Coffee Morning and Drop In 10.30am

## August 2024

<b>Thurs 1</b>	Newmarket Coffee Morning	11am
<b>Sun 4</b>	A Day Out in Sheringham and Oddfellows Brass Band	9am
<b>Tues 6</b>	Wimbledon - An Umpires thoughts on 'Behind the Scenes'	10am
<b>Wed 7</b>	Summer Time Afternoon Tea	2.30pm
<b>Fri 9</b>	Coffee Morning Brandon	11am
<b>Wed 14</b>	Drop In Afternoon	1.30pm
<b>Thurs 15</b>	Film Club Afternoon	1pm
<b>Sun 18</b>	Annual District Lunch	12 noon
<b>Wed 21</b>	Bingo Lingo Afternoon	1.30pm
<b>Wed 28</b>	New Age Kurling	1.30pm

## September - Friendship Month

<b>Tues 3</b>	My Tutu went AWOL Talk	10am
<b>Thurs 5</b>	Friendship Coffee Morning Newmarket	11am
<b>Fri 6</b>	Fairhaven Woodland and Water Garden	TBC
<b>Wed 11</b>	Drop In Afternoon	1.30pm
<b>Fri 13</b>	Coffee Morning Brandon	11am
<b>Mon 16</b>	Get To Know Us Afternoon	2pm
<b>Thurs 19</b>	Film Club Afternoon	1pm
<b>Wed 25</b>	New Age Kurling	1.30pm

## October

<b>Tues 1</b>	Life on board a Submarine	10am
<b>Thurs 3</b>	Newmarket Coffee Morning	11am
<b>Sat 5</b>	Paint and Cuppa	10am
<b>Wed 9</b>	Drop In Afternoon	1.30pm
<b>Fri 11</b>	Coffee Morning Brandon	11am
<b>Thurs 17</b>	Film Club Afternoon	1pm
<b>Tues 22</b>	An Afternoon at the Races	1.30pm
<b>Wed 30</b>	New Age Kurling	1.30pm

## November

<b>Fri 1</b>	Wine Tasting with Kevin and Teresa	2pm
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## November

<b>Sun 3</b>	District Church Service and Afternoon Tea	2.30pm
<b>Tues 5</b>	Oh Yes It Is - The history of the English Pantomime by Jim Stebbings	10am
<b>Thurs 7</b>	Newmarket Coffee Morning	11am
<b>Thurs 7</b>	The Big Annual Quiz	1.30pm
<b>Fri 8</b>	Coffee Morning Brandon	11am
<b>Wed 13</b>	Drop In Afternoon	1.30pm
<b>Wed 20</b>	St Edmunds Day Lunch	12 noon
<b>Thurs 21</b>	Film Club Afternoon	1pm
<b>Wed 27</b>	New Age Kurling	1.30pm

## December

<b>Tues 3</b>	Father Christmas - Myths and Mistletoe	10am
<b>Fri 6</b>	Sleeping Beauty 'Rock n Roll' Panto	12 noon
<b>Tues 10</b>	Christmas Lunch at Edmunds	12 noon
<b>Fri 13</b>	Christmas Tunes For All	2pm
<b>Tues 17</b>	Christmas Flowers and Wreath Demonstration	2pm
<b>Thurs 19</b>	Christmas Film Club Afternoon	1pm
<b>Mon 23</b>	Eyes Down, Look In! Christmas Bingo Afternoon	1.30pm
<b>Mon 30</b>	The End of the Year Quiz	1.30pm

## January 2025

<b>Thurs 2</b>	Newmarket Coffee Morning	11am
<b>Fri 3</b>	New Years Lunch	12 noon
<b>Tues 7</b>	Lighting The Fuse by Lucy Lewis	10am
<b>Wed 8</b>	Drop In Afternoon	1.30pm
<b>Fri 10</b>	Coffee Morning Brandon	11am
<b>Thurs 16</b>	Film Club Afternoon	1pm
<b>Mon 20</b>	Eyes Down, Look In! Bingo Afternoon	1.30pm
<b>Wed 22</b>	Ten Pin Bowling and Cuppa	10.30am
<b>Wed 29</b>	New Age Kurling	1.30pm