

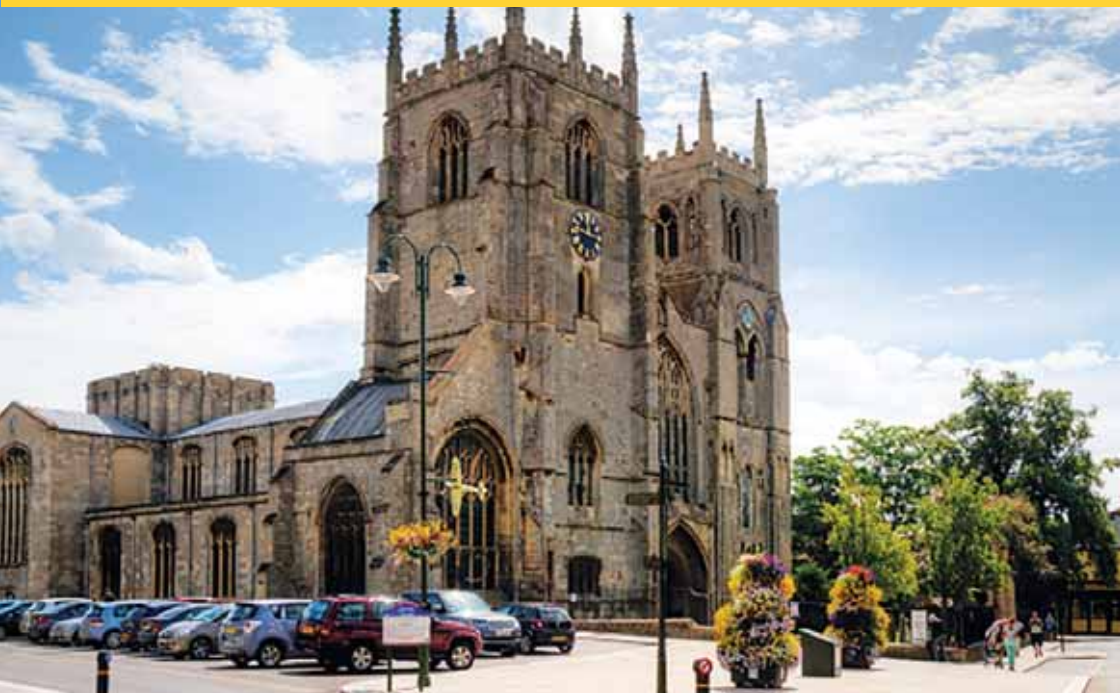
January - June 2017
Issue 1



O the
ODDfelloWS SINCE 1810
making friends, helping people

out & about

Making friends across King's Lynn and West Norfolk



Games



Day Trip



Theatre/Concerts



Walks



Dining Out



Social



Talks



Coffee Morning



Sunday 2 April - Country Walk with the Committee, we hope you can join us!

Welcome to the next edition of Out & About, the events programme for the King's Lynn and West Norfolk Branches of Oddfellows. We are a group of friends brought together through our shared interest in socialising, making friends and helping people.

As the local Branch of a national membership organisation called the Oddfellows, we offer you a great opportunity to make new friends and enjoy a variety of activities. We also provide members with a range of advice and support services when you need them, see inside for details.

We hold a wide range of events from our regular quizzes, days out, bingo, walks and much more. The list is endless and the choice is yours! If Out & About seems like just the thing for you and you'd like to find out more, please contact Alison Schultz (contact details are on the next page) who will be happy to have a chat.

We hope to see you at an event very soon! For more details about becoming a member and the wide range of benefits available, please call our membership team on 0800 028 1810 or visit our website at www.oddfellows.co.uk.

A bit about us...

The Oddfellows is a not-for-profit Friendly Society that's been around for over 200 years. Our aim is to bring people together through our social events, as well as support our members with a range of benefits and services. The Society is run by our members for the members with over 320,000 members nationwide.

Regular Events

Open Coffee Morning



10.30am



Free

Every first
Thursday of
the month

No need to book, just pop in everyone welcome. Held at Oddfellows House, 7 Lynn Road, Gaywood, King's Lynn, Norfolk PE30 4PR.



Contact Details

For more details on any of the events listed contact

District Secretary: Alison Schultz

Address:

Oddfellows House
7 Lynn Road, Gaywood,
King's Lynn, Norfolk
PE30 4PR

Telephone: 01553 776030

Email:

alison.schultz@oddfellows.co.uk



Join our social network!

You can find us on Facebook. You can now keep up-to-date with all

the latest Oddfellows news for free through social media at facebook.com/Oddfellows-Kings-Lynn

Social Afternoon



2pm to 4pm



Free

Every third
Tuesday of
the month

Come along and learn new crafts or enjoy old ones. Everyone welcome. We are always open to new ideas. Held at Reffley Community Hall, Reffley Lane, Kings Lynn, Norfolk PE30 3EQ.



Monthly Luncheon



12.30pm



Free

Every fourth
Tuesday of
the month

Come and join us for our monthly luncheon. Venue to be advised closer to the date. Everyone welcome. Venue will change monthly and will be published on coffee mornings. Another way to meet friends. Contact Alison on 01553 776030.



January 2017

THURS
05

Coffee Morning in Office



10.30am



Free



Come enjoy a natter and coffee with Alison and her welfare team in the office. Oddfellows House, 7 Lynn Road, Gaywood, King's Lynn PE30 4PR. Contact Alison on 01553 776030.



TUES
24

New Luncheon Club with Friends



12.30pm



As per menu



Violet Kendal and Pat Sexton have agreed to start a Friendship Luncheon Club on the fourth Tuesday of each month. Venue to be advised closer to the date. Venue will change monthly and will be published on coffee mornings, in office window and at our monthly meetings the week before. Another way to meet friends. Order and pay what you want. Contact Alison on 01553 776030.

February

TUES
17

Friendship Talk



2pm



Free



A friendly talk from a local centre called Ezone, that works with adults with learning disabilities. John Denny will come along and tell us all about this charity.

Reffley Community Hall,
Reffley Lane, Kings Lynn,
Norfolk PE30 3EQ.

Contact Alison on 01553 776030.

THURS
02

Coffee Morning in Office



10.30am



Free



Come enjoy a natter and coffee with Alison and her welfare team in the office. Oddfellows House, 7 Lynn Road, Gaywood, King's Lynn PE30 4PR. Contact Alison on 01553 776030.



WED
15**Methwold Friendship Evening**

8pm



Free



Join friends old and new at The Green Man Public House for our regular meeting. Tea and coffee served. There is a licensed bar available. The Green Man Public House, 1 Whiteplot Road, Methwold, Hythe, Thetford IP26 4QP. Contact Alison on 01553 776030.

TUES
21**Bingo**

2pm



Free



Its our Friendship Club bingo afternoon. Come enjoy laughter and a good natter after the bingo with top prizes.

Reffley Community Hall,
Reffley Lane, Kings Lynn,
Norfolk PE30 3EQ.

Contact Alison on 01553 776030.

TUES
28**New Luncheon Club with Friends**

12.30pm



As per menu



Violet Kendal and Pat Sexton have agreed to start a Friendship Luncheon Club on the fourth Tuesday of each month. Venue to be advised closer to the date. Venue will change monthly and will be published on coffee mornings, in office window and at our monthly meetings the week before. Another way to meet friends. Order and pay what you want. Contact Alison on 01553 776030.

March

THURS
02**Coffee Morning in Office**

10.30am



Free



Come enjoy a natter and coffee with Alison and her welfare team in the office. Oddfellows House, 7 Lynn Road, Gaywood, King's Lynn PE30 4PR. Contact Alison on 01553 776030.

SAT
04**Annual Summond Meeting**

10.30am



Free



Our Annual Summond Meeting will be held, so members can vote the committee on and approve the accounts for the previous year. Light refreshments will be served. Gaywood Church Rooms, Gayton Road, Gaywood, King's Lynn PE30 4DZ. Contact Alison on 01553 776030.

March

TUES 07 Watlington Sports and Social Club



7.30pm



Free



Join friends old and new at Watlington Sports and Social Club for our regular meeting. Tea and coffee will be served. There is a licensed bar available. Watlington Sports and Social Club, Watlington PE33 0HE. Contact Alison on 01553 776030.

TUES 28 New Luncheon Club with Friends



12.30pm



As per menu



Violet Kendal and Pat Sexton have agreed to start a Friendship Luncheon Club on the fourth Tuesday of each month. Venue to be advised closer to the date. Venue will change monthly and will be published on coffee mornings, in office window and at our monthly meetings the week before. Another way to meet friends. Order and pay what you want. Contact Alison on 01553 776030.

TUES 21 Pie and Mash Lunch

12.30pm
for 1pm£8.50 per
person

Steak pie with mash, vegetables and gravy and for dessert - chocolate fudge cake and cream. Tea and coffee will be served. All served by the charming Kings Butchers staff.

Reffley Community Hall,
Reffley Lane, Kings Lynn,
Norfolk PE30 3EQ.

Pre booking needed.

Contact Alison on 01553 776030.

April

SUN 02 Country Walk



10.30am



Free



Come and meet new friends with a country walk area as yet to be decided but we update as soon as. The Black Horse, Castle Rising PE31 6AG. Contact Alison on 01553 776030.



April

THURS
06

Coffee Morning in Office



10.30am



Free



Come enjoy a natter and coffee with Alison and her welfare team in the office. Oddfellows House, 7 Lynn Road, Gaywood, King's Lynn PE30 4PR. Contact Alison on 01553 776030.

TUES
18

Easter Quiz and Bonnet Competition



2pm



Free



Come along do a Easter quiz not too hard, all about Easter, so get them thinking hats on or should we say bonnets as the best bonnet and most questions answered win the prizes.

Reffley Community Hall,
Reffley Lane, Kings Lynn,
Norfolk PE30 3EQ.

Contact Alison on 01553 776030.

TUES
25

New Luncheon Club with Friends



12.30pm



As per menu



Violet Kendal and Pat Sexton have agreed to start a Friendship Luncheon Club on the fourth Tuesday of each month. Venue to be advised closer to the date. Venue will change monthly and will be published on coffee mornings, in office window and at our monthly meetings the week before. Another way to meet friends. Order and pay what you want. Contact Alison on 01553 776030.

WED
26

District Meeting with talk on Famous Crimes in Kings Lynn



7.30pm



Free



Tricia McCarron from Trues Yard has kindly agreed to come and do a talk on 'Famous Crimes in Kings Lynn'. Tea and coffee will be served with light refreshments. Gaywood Church Rooms, Gayton Road, Gaywood, King's Lynn PE30 4DZ. Contact Alison on 01553 776030.



May

THURS

04

Coffee Morning in Office



10.30am



Free



Come enjoy a natter and coffee with Alison and her welfare team in the office. Oddfellows House, 7 Lynn Road, Gaywood, King's Lynn PE30 4PR. Contact Alison on 01553 776030.

TUES

16

Knitting with Wire



2pm



Free



Beryl Brooks has very kindly said she would come along and help us make wire bracelets. This will be a fun hands on event and there be plenty of people that can help if them fingers aren't nimble.

Reffley Community Hall,
Reffley Lane, Kings Lynn,
Norfolk PE30 3EQ.

Contact Alison on 01553 776030.

WEDS

17

Methwold Meeting and Social Evening

8pm and
then 9pm

Free



Join friends old and new at The Green Man Public House for our regular meeting a social evening follows this meeting. Tea and coffee served. There is a licensed bar available. The Green Man Public House, 1 Whiteplot Road, Methwold, Hythe, Thetford IP26 4QP. Contact Alison on 01553 776030.

TUES

23

New Luncheon Club with Friends



12.30pm



As per menu



Violet Kendal and Pat Sexton have agreed to start a Friendship Luncheon Club on the fourth Tuesday of each month. Venue to be advised closer to the date. Venue will change monthly and will be published on coffee mornings, in office window and at our monthly meetings the week before. Another way to meet friends. Order and pay what you want. Contact Alison on 01553 776030.



June

THURS
01

Coffee Morning in Office



10.30am



Free



Come enjoy a natter and coffee with Alison and her welfare team in the office. Oddfellows House, 7 Lynn Road, Gaywood, King's Lynn PE30 4PR. Contact Alison on 01553 776030.

TUES
06

Watlington Sports and Social Club



7.30pm



Free



Join friends old and new at Watlington Sports and Social Club for our regular meeting. Tea and coffee will be served. There is a licensed bar available. Watlington Sports and Social Club, Watlington PE33 0HE. Contact Alison on 01553 776030.



TUES
20

Norfolks Emergency Response Volunteers



2pm



Free



Colin McCarthy will come and present a talk on SERV Norfolk. Come see what this group do for the community. Reffley Community Hall, Reffley Lane, Kings Lynn, Norfolk PE30 3EQ. Contact Alison on 01553 776030.

TUES
27

New Luncheon Club with Friends



12.30pm



As per menu



Violet Kendal and Pat Sexton have agreed to start a Friendship Luncheon Club on the fourth Tuesday of each month. Venue to be advised closer to the date. Venue will change monthly and will be published on coffee mornings, in office window and at our monthly meetings the week before. Another way to meet friends. Order and pay what you want. Contact Alison on 01553 776030.



Booking and cancellations

Please remember the importance of early booking for all events to avoid disappointment or cancellation due to lack of support. Please note that a place is not guaranteed at any event until full payment has been received.

A helping hand from the Oddfellows

If you go into hospital you may worry about how you'll cope when you leave. Andrea Libman from the Oddfellows Care and Welfare Department reviews the care options available for members.

Oddfellows who are entering their third year of membership are eligible to apply for a range of specialised care and welfare benefits to help make life that little bit easier after a hospital stay, bereavement or illness.

Convalescence Home Benefit*

Providing you meet the medical criteria, this benefit provides a two week stay for a member and carer (if they are also a member) in one of the Society's convalescence facilities all over the country – travel expenses included.

Oddfellows Care Benefit*

If a stay away after an illness or accident is not suitable, you can apply for care services at home for a short period. In partnership with Home Instead Senior Care, one of the UK's leading care in the home providers, a wide range of day-to-day help such as personal care, accompaniment to appointments, home help and shopping are available.

Carer's Respite Benefit*

This benefit allows members who are the main carer for someone who requires on-going support as a result of a disability, illness or old age to take a short break and recharge their batteries.



Visit us at www.oddfellows.co.uk/CareAndAdvice or call 0800 028 1810 to find out more about the benefits of Oddfellows membership. Members wanting to make a benefit application should contact their Branch Secretary or call the Oddfellows Care and Welfare Helpline.

*Terms and conditions apply to all member benefits. All Oddfellows benefits are non-contractual and may be withdrawn at any time without notice. Call 0800 028 1810 for details or visit www.oddfellows.co.uk.

Care and Welfare Helpline

Call 0800 0149 822*

**Monday to Thursday, 9am - 5pm,
Friday, 9am - 4pm**

Oddfellows Advice Line

Call 0800 0149 821*

Monday to Friday, 9.30am - 4.30pm

***All 0800 numbers are free to callers from any landline or mobile number**

Sunday Lunch

This year was at a different venue from previous years, Knights Hill in the large barn. This was held in the luxury ground floor with access to plenty of car parking for everyone.

We had a theme this year of autumn with our thanks going to Matthew Thomas and Gemma Schultz for hand carving our pumpkins.

Our guest of honour was the Mayor and Mayoress of Kings Lynn. David Nobbs is our Provincial Grand Master

(District Chairman) of 2016. A short speech was given by both.

I would like to thank Knights Hill for the wonderful food and service, nothing was too much trouble.

We hope that you agree what a delightful lunch and afternoon it was with the weather being good for us on that day too.

We were 70 in total and hope to see even more next year.



Craft Afternoon

Melanie Mission our arts and craft teacher came to Gaywood Church Room to give us a talk on patchwork and cross stitch on Tuesday 16 August. Pictured below are some of her work.



Margo Hobbs and Violet Kendell



Barbara Watson, Elaine Clark and Margaret Dennis



Jacqueline McClean enjoying a day at the National Trust. Did you realise they hire these wonderful motorised scooters for two at affordable prices?

Do you have a story, poem or memory to share? We'd love to hear from you.

Email the editor via
alison.schultz@oddfellows.co.uk
for your chance to be featured in our next edition!



The Lady Driver

A lady down our road has learned
To drive a little Rover
And thought that with her chauffeuring
Her friends would be in clover.
She said she'd drive me into town
For coffee and biscuit
But having seen her driving style
I'm not sure I should risk it!

As we approached the traffic lights
She signalled turning right
But then swerved left to miss a bike
And gave me such a fright!
We drove along a country road -
(She likes to go quite fast) -
But I find I'm losing all my nerve
As cars go flashing past.

She showed no fear at roundabouts
But made me hold my breath -
She ploughed across the middle!
And scared me half to death.
We almost had an accident -
Her foot Slipped off the pedal
But if she always drives like that
The passenger needs a medal!

When next her invitation comes
I will not make a fuss
But most politely I'll decline -
It's safer on the bus!

Joy Rutland



Booking Form

Pie and Mash Lunch

Tuesday 21 March 12.30pm for 1pm
Reffley Community Hall, Reffley Lane, Kings Lynn, Norfolk PE30 3EQ

Cost: £8.50 per person

Steak Pie with Mash, Vegetables and Gravy
For dessert - Chocolate Fudge Cake and Cream
Tea and coffee will be served

Please contact Alison on 01553 776030 for more details.

Please detach and send with a cheque payable to the Oddfellows to
Alison Schultz, 7 Lynn Road, Gaywood, Kings Lynn, Norfolk PE30 4PR.
All bookings to be completed by Friday 10 March please.

Name	Telephone Number	Address	£8.50pp
Payment Total:			

Oddfellows Summer Holiday

Monday 10 - Friday 14 July 2017
Alvaston Hall, Nantwich, Cheshire

From £290 per person
(no single supplement for the first six bookings)

Get away from it all and escape with Warner Leisure Hotels to a beautiful Georgian Manor for a relaxing and stylish break. Enjoy daytime activities and night time entertainment or simply relax in the glorious gardens.



WARNERLEISUREHOTELS

We're all grown up



Everyone welcome!

To book call 0330 100 9772
and quote ODDFELLOWS

www.oddfellows.co.uk/ActiveTravelClub

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The Oddfellows is the trading name of The Independent Order of Odd Fellows Manchester Unity Friendly Society Limited, incorporated and registered in England and Wales No. 223F. Registered Office: Oddfellows House, 184-186 Deansgate, Manchester M3 3WB

Scottish Highlands Steam & Malt Trail

12 – 16 October 2017

The Crianlarich Hotel, near Loch Lomond

From £525 - £900 per person (dependent on departure station)

With amazing views of the Highlands, this tour promises to be an action packed few days. Explore the West Highland Line, visit the Isle of Mull and ride the Jacobite Steam Train to Mallaig. Plus call in on two distilleries for a tour and a wee dram!

To book call Railtrail Tours
on 01538 382 323

First five bookings charged
no single supplement!

www.oddfellows.co.uk/ActiveTravelClub

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 **Active**
Travel Club

Everyone welcome!



Member benefits

helping your money go further

Whatever your circumstances, a little financial help is always welcome. In addition to information and support from your local Branch, the Oddfellows offers members a wide range of exclusive benefits and services designed to help you get more for your money.



Legal Aid Scheme*

for personal injury and employment disputes.

(The incident must have taken place after the date of joining)



£25 Dental Benefit*

towards checkups and treatment.

(Every year from your second year of membership)



£25 Optical Benefit*

towards sight tests, glasses or contact lenses.

(Every other membership year)



Active Travel Club

Discounts on a range of holidays and short breaks including Warner's

Privilege Holiday Club.



Emergency Financial Aid* up to £750

A cash grant in the event of a serious household emergency such as fire and flood.



Care Service

Advice and support on health, care and welfare issues.



Free Advice Service

Telephone advice on issues including welfare benefits, housing matters and consumer information.



Oddfellows Extra

A portfolio of money-saving discounts and other offers, including discounted cinema admissions and holidays.

KEY FACTS *Terms and conditions apply. Please call 0800 028 1810 for further information or visit www.oddfellows.co.uk.

All Oddfellows benefits and services are not regulated however Oddfellows Extra offers access to car and home insurance through Oddfellows Support Services Ltd as introducer which are regulated products.

At a glance

January 2017

Thurs 5	Coffee Morning at the Office	10.30am
Tues 17	Social Afternoon with Talk	2pm
Tues 24	New Luncheon Club with Friends	12.30pm

February

Thurs 2	Coffee Morning at the Office	10.30am
Weds 15	Methwold Branch Meeting and Social Evening	8pm
Tues 21	Bingo	2pm
Tues 28	New Luncheon Club with Friends	12.30pm

March

Thurs 2	Coffee Morning at the Office	10.30am
Sat 4	Annual Summond Meeting	10.30am
Tues 7	Watlington Social Meeting and Social Evening	7.30pm
Tues 21	Pie and Mash Lunch	1pm
Tues 28	New Luncheon Club with Friends	12.30pm

April

Sun 2	Country Walk with the Committee	10.30am
Thurs 6	Coffee Morning at the Office	10.30am
Tues 18	Easter Quiz and Bonnet Competition	2pm
Tues 25	New Luncheon Club with Friends	12.30pm
Wed 26	District Meeting with Talk on Famous Crimes in Kings Lynn	7.30pm

May

Thurs 4	Coffee Morning at the Office	10.30am
Tues 16	Knitting with Wire	2pm
Weds 17	Methwold Branch Meeting and Social Evening	8pm
Tues 23	New Luncheon Club with Friends	12.30pm

June

Thurs 1	Coffee Morning at the Office	10.30am
Tues 6	Watlington Branch Meeting and Social Evening	7.30pm
Tues 20	Norfolks Emergency Response Volunteers	2pm
Tues 27	New Luncheon Club with Friends	12.30pm

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