

April - September 2020



*O*<sup>the</sup> **DDfeLLows** SINCE 1810  
*making friends, helping people*

# *out & about*

**Making Friends in Preston, Fylde and Lancaster**



*Miller Arcade, Preston*



Theatre



Crafts



Travel



Dining Out



Quizzes



History



Social



Talks



Games



Coffee Morning/Afternoon Tea



*Come and join us for one of our regular coffee mornings.*

## Welcome to our Spring to Autumn newsletter with lots of exciting events for 2020

Our coffee mornings are getting more and more popular so make a point of coming along to see what we're about. Lunches are a great way to relax with some friendly chat and enjoy the variety of excellent local food venues available to us. We've also got speakers, quizzes and buffets lined up in Blackpool and Preston. Don't miss our trip to the National Arboretum in June and our ever popular Crown Green Bowling day in July. Watch out for our new Coffee Mornings in Lytham (see May, July and September).

Friendship Month in September is our traditional push to attract new members and encourage existing members to visit our events for the first time. Coffee mornings are the best environment for this so don't be shy, come along to see us and we'll make sure someone is there to welcome you and explain what we have to offer.

## Contact Details

For details about membership and the wide range of benefits available please contact:

### **Branch Secretary:**

Barbara Malloy

**Telephone:** 01772 614480

**Email:**

[barbara.malloy@oddfellows.co.uk](mailto:barbara.malloy@oddfellows.co.uk)

For more details about any of the events listed contact:

### **Social Organiser/Editor:**

Colin Burbidge

32 Heron Way, Blackpool FY3 8FB

**Telephone:** 07592 004080

**Email:**

[colin.burbidge@oddfellows.co.uk](mailto:colin.burbidge@oddfellows.co.uk)

**Please only call Monday to Friday during normal office hours**



**PrestonOddfellows**

# Regular Events

## Coffee Mornings

Our Coffee Mornings are a great way to meet us, get to know us and find out what else we have planned that might interest you. Our coffee morning groups are friendly and growing because once people come along they want to come again.

### Blackpool

🕒 10.30am    💷 As per menu    ☕

In Blackpool we meet **every second Thursday at 10.30am** at the Solaris Café on the prom, South Shore.

**All the dates are in the diary in this booklet. Come and meet us at either or both!**

### Red Rose

🕒 10am    💷 As per menu    ☕

There is also a weekly coffee morning at Red Rose Lodge, Newhouse Road, Marton Blackpool FY4 4LW. **Every Tuesday at 10am.** Coffee and toast at very reasonable price. I will be making every effort to be there on the **first Tuesday of each month at 10am**, so another great chance to say hello and find out what we're planning.



### Preston

🕒 10am    💷 £2.50    ☕

In Preston we meet on the **last Tuesday of every month at 10am**, our gathering has now outgrown our usual venue so we're meeting across the road at The Over 60's Club, Priory Lane Penwortham PR1 0AR. Parking available on the front and just £2.50 for all the coffee and tea you can drink!



### Coffee Morning - Lytham

🕒 10.30am    💷 As per menu    ☕

We're launching a new Coffee Morning at Whisper's in Lytham on Thursday 21 May at 10.30am. Initially these will run in May, July and September on the **third Thursday at 10.30am**. As they increase in popularity, we'll move to a monthly get together so if you're in the area come and join us!



# April 2020

## WED 01 Lunch at Bistrot Pierre Preston



12.30pm



As per menu



Join our monthly lunch club at the impressive converted church now restaurant Bistrot Pierre, right in the heart of Preston city centre. The Prix Fix lunch is £10.95 for one course, £12.95 for two and £14.95 for three. There's plenty to choose from. Book by Monday 30 March. Bistrot Pierre, The Church, 83B Fishergate, Preston PR1 2NJ. Contact Colin on 07592 004080.



## THURS 09 Blackpool Coffee Morning



10.30am



As per menu



Join our Blackpool Coffee Morning Club for a chat and to find out what other events we have planned. We always welcome new faces so you're sure to get a big welcome. We meet every second Thursday of the month. Solaris Centre Café, New South Promenade, Blackpool FY4 1RW. Contact Colin on 07592 004080.

## TUES 14 Lancaster Lunch Meet Up



12.30pm



As per menu



The monthly meet up in Lancaster is at The Boot and Shoe. The extensive menu means there's plenty to choose from and our small and friendly Lancaster group would love to meet you. The Boot and Shoe, 171 Scotforth Road, Lancaster LA1 4SG. Contact Colin on 07592 004080.

## TUES 28 Preston Coffee Morning



10am



£2.50



Join our regular coffee morning at The Over 60's Club. Just £2.50 for unlimited coffees or teas. We are very friendly and new faces are always welcome. The Over 60's Club, Priory Lane Penwortham PR1 0AR. Contact Colin on 07592 004080.



# May

WED  
06

## Lunch at The Maple Leaf Café

⌚ 12.30pm

£ As per menu



Join us at The Maple Leaf Café for an enjoyable lunch and friendly chat. The café is set in Duxbury's Garden Centre, so leave time for a wander round before or after! They offer a range of dishes so you can eat light or fill-up for the day! Book by Monday 4 May. 92 Chain House Lane, Whitestake, Preston PR4 4LB. Contact Colin on 07592 004080.



TUES  
12

## Lancaster Lunch Meet Up

⌚ 12.30pm

£ As per menu



The monthly meet up in Lancaster is at The Boot and Shoe. The extensive menu means there's plenty to choose from and our small and friendly Lancaster group would love to meet you. The Boot and Shoe, 171 Scotforth Road, Lancaster LA1 4SG. Contact Colin on 07592 004080.

THURS  
14

## Blackpool Coffee Morning

⌚ 10.30am

£ As per menu



Join our Blackpool Coffee Morning Club for a chat and to find out what other events we have planned. We always welcome new faces so you're sure to get a big welcome. We meet every second Thursday of the month. Solaris Centre Café, New South Promenade, Blackpool FY4 1RW. Contact Colin on 07592 004080.



TUES  
19

## Talk by Barry Shaw

⌚ 2.30pm

£ Free



Barry Shaw is a well-known local historian and has given us some fascinating historical insights into local Blackpool history previously. Barry will deliver his new presentation with accompanying slides. Red Rose Lodge, Newhouse Road, Marton, Blackpool FY4 4LW. Contact Colin on 07592 004080.



# May

THURS  
21

## Lytham Coffee Meet Up



10.30am



As per menu



Come and join us for a chat over a cup of coffee or tea at our first Lytham event. We're planning to make this a regular, so come along and take part, make new friends and just enjoy. You can even indulge in a slice of cake. Whispers Café, 81 Clifton Street, Lytham FY8 5ER. Contact Colin on 07592 004080.

TUES  
26

## Preston Coffee Morning



10am



£2.50



Join our regular coffee morning at The Over 60's Club. Just £2.50 for unlimited coffees or teas. We are very friendly and new faces are always welcome. The Over 60's Club, Priory Lane Penwortham PR1 0AR. Contact Colin on 07592 004080.

WED  
27

## Lunch at The River Wyre Poulton



12.30pm



As per menu



Join us for lunch at The River Wyre near Poulton. Easy to get to, plenty of parking spaces and an extensive menu. The River Wyre, Breck Road, Poulton-le-Fylde FY6 7JZ. Contact Colin on 07592 004080.

# June

FRI  
05

## Evening Meal at Café Bar Preston



7pm



As per menu



Join us for a delicious evening meal at The Café Bar, great evening in enjoyable company. The Café Bar offers tapas, salads, grills, pizza, pasta and paella, so something for everyone! As this is a Friday evening event, please book early so we can be sure of booking a table, so don't delay, contact Colin now! Café Bar, 11B Winckley Street, Preston PR1 2AA. Contact Colin on 07592 004080.

MON  
08

## Summer Quiz and Buffet



7.30pm



Members £3  
Guests £5



Join our ever popular quiz night with buffet. You don't have to come as a team, we'll match you up to some of our finest brains! Prizes for the winners and a buffet to feed your brain cells. There will be a fundraising raffle for Brian House Children's Hospice. Book by Thursday 4 June. Penwortham Over 60's Club, Priory Lane, Penwortham, Preston PR1 0AR. Contact Colin on 07592 004080.



# June

TUES  
**09**

## Lancaster Lunch Meet Up



12.30pm



As per menu



The monthly meet up in Lancaster is at The Boot and Shoe. The extensive menu means there's plenty to choose from and our small and friendly Lancaster group would love to meet you. The Boot and Shoe, 171 Scotforth Road, Lancaster LA1 4SG. Contact Colin on 07592 004080.

THURS  
**11**

## Blackpool Coffee Morning



10.30am



As per menu



Join our Blackpool Coffee Morning Club for a chat and to find out what other events we have planned. We always welcome new faces so you're sure to get a big welcome. We meet every second Thursday of the month. Solaris Centre Café, New South Promenade, Blackpool FY4 1RW. Contact Colin on 07592 004080.

TUES  
**16**

## Talk by North West Blood Bikes



2.30pm



Donation



North West Blood Bikes are a volunteer charity that give an out-of-hours urgent delivery service to NHS Hospitals. In doing so they save the NHS from using vital funds on hired taxis. Join us to hear how the volunteers provide this essential service. By supporting this event you will support a donation to the charity. Red Rose Lodge, Newhouse Road, Marton, Blackpool FY4 4LW. Contact Colin on 07592 004080.

WED  
**17**

## Visit to The National Memorial Arboretum



8.30am



Approximately £30



Join us on our visit to The National Memorial Arboretum in Staffordshire. We will be organising the transport according to numbers, so please book by Friday 3 April. Depending on numbers we will either car share or hire a mini-bus (self drive). The journey takes two hours 40 minutes, so we're allowing three hours with a short stop on the way. Costs will depend on the type of transport but you should allow for about £30 including your share of parking fees. Entrance to the Arboretum is free, though they do request you make a donation as it is run as a charity. There is catering on site or you can take your own food and drink to consume in the picnic areas (not in the restaurant or coffee bar). National Memorial Arboretum, Croxall Road, Burton-on-Trent DE13 7AR. Contact Colin on 07592 004080.

# June

## TUES 30 Preston Coffee Morning



Join our regular coffee morning at The Over 60's Club. Just £2.50 for unlimited coffees or teas. We are very friendly and new faces are always welcome. The Over 60's Club, Priory Lane Penwortham PR1 0AR. Contact Colin on 07592 004080.

# July

## WED 01 Lunch at Ashton & Lea Golf Club



Ashton & Lea Golf Club is a new venue for us. Please book by Wednesday 17 June. Ashton & Lea Golf Club, Tudor Avenue, Lea, Preston PR4 0XA. Contact Colin on 07592 004080.



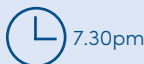
# July

## THURS 09 Blackpool Coffee Morning



Join our Blackpool Coffee Morning Club for a chat and to find out what other events we have planned. We always welcome new faces so you're sure to get a big welcome. We meet every second Thursday of the month. Solaris Centre Café, New South Promenade, Blackpool FY4 1RW. Contact Colin on 07592 004080.

## MON 13 Games Night



Come and join us for a fun games night! Dominoes, cards, scrabble, darts and more! A chance to have a go at more than one game and enjoy some lively fun company. Tea or coffee and biscuits provided. Penwortham Over 60's Club, Priory Lane, Penwortham, Preston PR1 0AR. Contact Colin on 07592 004080.



# July

TUES  
14

## Lancaster Lunch Meet Up



12.30pm



As per menu



The monthly meet up in Lancaster is at The Boot and Shoe. The extensive menu means there's plenty to choose from and our small and friendly Lancaster group would love to meet you. The Boot and Shoe, 171 Scotforth Road, Lancaster LA1 4SG. Contact Colin on 07592 004080.

TUES  
21

## Preston District Half-Yearly Meeting



2.30pm



Free



Preston District Half Yearly business meeting followed by refreshments. All members welcome. Red Rose Lodge, Newhouse Road, Marton, Blackpool FY4 4LW. Contact Colin on 07592 004080.

WED  
22

## Lunch at Marsh Mill Thornton



12.30pm



As per menu



Join us for lunch at Marsh Mill Village Thornton. The menu offers light-bites, pub favourites and a carvery so something for everyone. Marsh Mill Tavern, Marsh Mill Village, Fleetwood Road, Thornton-Cleveleys FY5 4JZ. Contact Colin on 07592 004080.

SAT  
25

## Summer Bowls Competition



10am



Bowling £3  
Buffet £7



We're repeating the successful format of the last two years of our annual bowling competition, pairing experts and novices into teams. Novices have been pleasantly surprised by the fun we have and everyone gets the bowling bug! Bowls can be borrowed if necessary and everyone is welcome, players and spectators.

The day includes a delicious and ample buffet lunch for £7 and £3 for entry into the competition. Refreshments will be available morning and mid-afternoon. There will be a raffle to raise funds for Brian House Children's Hospice. Note: The bowling competition is an all day event finishing around 5pm, so if you enter please make sure you are able to stay for the whole competition. Please book by Monday July 13 to give us time to arrange catering and bowls games.

47 Egerton Road, Preston PR2 1AL.  
Contact Colin on 07592 004080.

# July

TUES  
28

## Preston Coffee Morning



Join our regular coffee morning at The Over 60's Club. Just £2.50 for unlimited coffees or teas. We are very friendly and new faces are always welcome. The Over 60's Club, Priory Lane Penwortham PR1 0AR. Contact Colin on 07592 004080.

# August

THURS  
13

## Blackpool Coffee Morning



Join our Blackpool Coffee Morning Club for a chat and to find out what other events we have planned. We always welcome new faces so you're sure to get a big welcome. We meet every second Thursday of the month. Solaris Centre Café, New South Promenade, Blackpool FY4 1RW. Contact Colin on 07592 004080.

# August

TUES  
11

## Lancaster Lunch Meet Up



The monthly meet up in Lancaster is at The Boot and Shoe. The extensive menu means there's plenty to choose from and our small and friendly Lancaster group would love to meet you. The Boot and Shoe, 171 Scotforth Road, Lancaster LA1 4SG. Contact Colin on 07592 004080.



TUES  
25

## Preston Coffee Morning



Join our regular coffee morning at The Over 60's Club. Just £2.50 for unlimited coffees or teas. We are very friendly and new faces are always welcome. The Over 60's Club, Priory Lane Penwortham PR1 0AR. Contact Colin on 07592 004080.



# September

## ODDFELLOWS FRIENDSHIP MONTH

1 - 30 SEPTEMBER



### TUES 08 **Lancaster Lunch Meet Up**



The monthly meet up in Lancaster is at The Boot and Shoe. The extensive menu means there's plenty to choose from and our small and friendly Lancaster group would love to meet you. The Boot and Shoe, 171 Scotforth Road, Lancaster LA1 4SG. Contact Colin on 07592 004080.

### WED 09 **Lunch at Tino's Preston**



Join us for lunch at Tino's, we always have a pleasant chat over great food at one of our favourite venues. Remember to RSVP so we can reserve a big enough table. This is our Friendship Month, where we encourage new people to come see how friendly we are, so put this in your diary and invite a friend! Book by Friday 4 September. Tino's Restaurant, 21 Hill Street, Preston PR1 2BB. Contact Colin on 07592 004080.

### THURS 10 **Friendship Month Blackpool Coffee Morning**



Join our Blackpool Coffee Morning Club for a chat and to find out what other events we have planned. Find out just how friendly the Oddfellows are. We always welcome new faces so you're sure to get a big welcome. We meet at The Solaris every second Thursday of the month. Solaris Centre Café, New South Promenade, Blackpool FY4 1RW. Contact Colin on 07592 004080.

### TUES 15 **Musical Entertainment Afternoon**



We are planning musical entertainment for this meeting. Favourite on the list is a gospel choir. This emotionally uplifting music will set you up for the rest of the week. Red Rose Lodge, Newhouse Road, Marton, Blackpool FY4 4LW. Contact Colin on 07592 004080.



WED  
23

## Bispham Fish and Chips



12.30pm



As per menu



Join us for good old fish and chips in the coastal resort of Bispham (near Blackpool). The venue offers smaller portions if preferred and there are choices other than fish. What a great way to get together in Friendship Month. Book by Monday 21 September. Bispham Kitchen, 14-22 Red Bank Road, Bispham FY2 9HR. Contact Colin on 07592 004080.



TUES  
29

## Friendship Month Preston Coffee Morning



10am



£1 for tea or coffee



Join our regular coffee morning in Friendship Month to see what we're all about. You'll soon ease in and be chatting with our friendly members so come along and join us. Coffee, tea and cakes available. Penwortham Over 60's Club, Priory Lane, Penwortham, Preston PR1 0AR. Contact Colin on 07592 004080.



## Booking and cancellations

Please remember the importance of early booking for all events to avoid disappointment or cancellation due to lack of support. Please note that a place is not guaranteed at any event until full payment has been received.



# Travel places with Friendly Faces

With group holidays, short breaks, exclusive discounts, travel offers and the opportunity to get to know other Oddfellows travellers, the Active Travel Club has something for everyone to enjoy.



## **Fred. Olsen Cruise Lines**

5% off your  
first booking  
over and above  
offers currently  
in the market.



## **Haven Holidays**

Save up to 10%  
on top of Haven's  
best prices  
through exclusive  
member benefits.



## **Warner Leisure Holidays**

Receive up to £350  
off selected rooms  
and an extra £10  
off per person.



## **Travel Insurance\***

11% discount on  
[JustTravelcover.com](https://www.justtravelcover.com)  
insurance policies.

Check out the latest holidays at [www.oddfellows.co.uk/travel](https://www.oddfellows.co.uk/travel)  
Contact **0161 832 9361** or email [active@oddfellows.co.uk](mailto:active@oddfellows.co.uk)

**All holidays are booked through third party travel companies and terms and conditions apply.**

**Please ask for further details before booking.**

**Holidays are open to Oddfellows members and their guests.**

\*Oddfellows Support Services Limited will introduce members to the above organisation. Oddfellows Support Services Limited receives a commission payment for any introduction. Oddfellows Support Services Limited is registered in England and Wales, Company No. 8309175. Registered Office: Oddfellows House, 184-186 Deansgate, Manchester M3 3WB and is a non-regulated wholly owned subsidiary of The Independent Order of Oddfellows Manchester Unity Friendly Society Limited.

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# Preston News

## New District Chairman

**Nancy West is our District Chairman for 2019/2020 and it has been a busy and fruitful year, not least through our fundraising activities. Nancy's chosen charity is Brian House Children's Hospice. Charitable donations are essential for them to keep up the fantastic support they provide for families in the most difficult of situations.**

We'll be presenting a cheque to Brian House at our meeting on Tuesday 19 May. The

good news is that our new District Chairman Andy Anderson will be retaining Brian House as our nominated charity,

so keep up the good work volunteers! If you'd like to take part in a fundraising activity or maybe would like to help organizing one, just get in touch we're here to support you!



## Christmas Celebrations

At the risk of getting lots of messages of protest we're going to mention Christmas... yes this early! We had two very successful and enjoyable Christmas meals with healthy attendance at both. In Blackpool we tried the Newton Arms and for £10.99 enjoyed a three course

lunch and lots of chat. In Preston we enjoyed a delicious evening meal at Penwortham Golf Club. By popular demand we're returning to both venues so save these dates in your diary... Preston Evening Meal on Friday 4 December, Blackpool Lunch on Friday 11 December.

## National Memorial Arboretum

We're planning a trip to the Arboretum on Wednesday 17 June. You'll get half a day there. There are more than 300 memorials and other exhibitions, a land train for a quick tour, gift shop and café and restaurant when hunger and thirst

need to be satisfied. You will have time to visit the main exhibits before we return. Contact Colin on [colin.burbidge@oddfellows.co.uk](mailto:colin.burbidge@oddfellows.co.uk) to book your place. Please do so by Friday 3 April so we can arrange appropriate transport.

## Important Date For Your Diary!

This year the Committee of Management have decided to celebrate the District Chairman's year of office by holding a special Sunday Lunch on 11 October. Please keep this date free if possible and when we have full information we'll publish in the next Preston Out and About and the Oddfellows website.

# Convalescence and Carer Support

**When recovering after a hospital stay, an illness, operation, accident, bereavement or traumatic experience, or if caring for someone who is, it can be tough, and where we can, we want to be there for our members at such times of need.**

Our Convalescence and Carer benefits are available to members after two years of membership and can be accessed every other year if qualifying medically, or as a carer.

**Convalescence Home Benefit\*** offers a short break of up to two weeks (or two one-week breaks within 12-months of each other) to help you recover. Travel expenses at an agreed rate are also included, but we cannot pay travel expenses for the second week of the break if it is taken at a later date. Another Oddfellows member can also accompany you as a carer (using their own benefit entitlements) providing they too have been a member for a full two years or more.

The Society's four main partner facilities are Bridge House, Dawlish, Yorkshire Foresters Convalescent Home, Bridlington, Merton House Hotel, Ross-on-Wye and The Salfordian Hotel, Southport.

There may be a small excess for you to pay at some facilities and at certain times of year if our benefit allowance does not cover the full cost of the stay. Specialist facilities, offering personal or nursing care, are considerably more costly so a shorter stay may be appropriate. Any excesses will be highlighted to you prior to your stay and extra help may also be available towards this excess, such as from the Friendly Societies Convalescent Scheme.

**Convalescence Care Benefit\*** is for situations when a convalescence stay away from home is not suitable, for instance, if you are not well enough to travel or are undergoing treatment. Instead, we can help on a short-term basis with up to 30 hours care and support at home or in some circumstances, other services or equipment to support recovery.

Where possible, we use the services of our partner agency Home Instead Senior Care who provide a wide range of options such as personal care, companionship, home help or shopping. We normally need at least two weeks' notice to put these arrangements in place before a care service begins.

**Carer's Respite Benefit\*** is for the main carer of someone who is ill or disabled, and who needs a well-earned break. Your stay can be either in one of our partner convalescence facilities, a UK hotel or short UK package break of your choice, subject to our approval. Alternatively, we can pay for the person you care for to stay somewhere that provides the level of care they require, or arrange care for them at home.

Please contact your Branch Secretary for an application form. All bookings are made through the Oddfellows' Care and Welfare Department so you should not contact the facilities directly.

**\* Terms and conditions apply to all benefits. All Oddfellows benefits are non-contractual and may be withdrawn at any time without notice, call 0800 028 1810 for details or visit [www.oddfellows.co.uk/members-tcs](http://www.oddfellows.co.uk/members-tcs)**



# Oddfellows Members: Do you need help?

**None of us know what is around the corner...**

## Local Care and Welfare Support

To request contact from a Welfare Visitor and for local help and information about Branch benefits such as help with optical and dental costs and benevolence contact Barbara on **01772 614480** or email **barbara.malloy@oddfellows.co.uk**.

## Oddfellows Advice Line

**Call 0800 0149 821\***

(free to callers from any landline or mobile number)

Monday - Friday, 9.30am - 4.30pm

**Email:** [oddfellows@manchestercab.org](mailto:oddfellows@manchestercab.org)



Run by Citizens Advice for Oddfellows members, you can access free, confidential, independent advice on welfare benefits, money and debt issues, consumer problems, housing, fuel bills, employment issues and many other issues.

\*The Oddfellows cannot provide legal advice and accepts no liability whatsoever for advice provided by Citizens Advice, which is an independent advice agency. If you have any queries about the advice you have received or wish to make a complaint then you should contact Citizens Advice directly. Citizens Advice operate a formal complaints process.

## Care and Welfare Helpline

**Call 0800 0149 822**

(free to callers from any landline or mobile number)

Monday to Thursday, 9.30am - 4.30pm, Friday, 9.30am - 4pm

**Email:** [care@oddfellows.co.uk](mailto:care@oddfellows.co.uk)

Run by the Oddfellows Care and Welfare Department, you can access information and guidance on issues such as accessing health and care services, supported housing, support for carers, and planning for later life. The helpline will try and identify any Oddfellows benefits or services in the community which may be of help to you.

**Visit our website page at [www.oddfellows.co.uk/benefits/care](http://www.oddfellows.co.uk/benefits/care)  
for care and welfare information**

## Lifting neighbourly spirit

### How well do you know your neighbours?

**Many of us are guilty of being caught up in our busy lives, forgetting to stop and say hello. We share so much with the people who live on our street, but often we barely know their names.**

A strong community spirit is something we actively encourage. Our ethos of making friends and helping people means that our members enjoy a strong support network to get them through the good, and the bad.

So why not spread that net of kindness a little wider, by extending your hand of friendship to those who live around you? If you notice that your neighbour lives alone, has a lot on their plate, or doesn't often get many visitors, then why not stop by to see if you can help? Colder seasons provide a great opportunity to drop a card through their door with your contact details for them to give you a call if they're ever in need of



*A little neighbourly spirit goes a long way*



a helping hand. Or, better still, extend the gesture with a knock on their door and a friendly hello.

You don't have to become their best friend, but being a friendly face and an ambassador for community spirit could be the lift your neighbourhood needs. I'm of the firm belief that you can never have too many social plans. Sometimes people just need someone to talk to, or someone to suggest getting out, so why not let them know about your Branch's local coffee mornings, the trips out and the wonderful benefits of membership? You can be sure they'll receive a warm welcome whenever they choose to come to an event.

Wishing you, your families and your neighbours a very happy and healthy 2020.

**CEO, the Oddfellows**



## HA Andrews and the Lupus Trust

**For the next three years, the Oddfellows' HA Andrews Memorial Fund is supporting the Lupus Trust with its research into how Lupus develops, in order to find ways to prevent or cure this lifelong condition.**

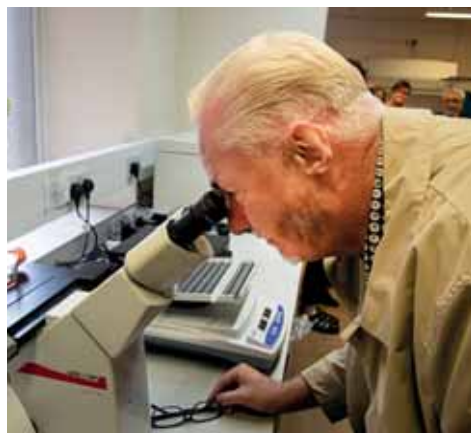
### So what is Lupus?

Lupus is an autoimmune disease in which antibodies, which usually work with the immune system to protect us from infection, instead attack the body and cause disease. It is not known why these antibodies are made in Lupus patients, or even how the system in healthy people stops this from happening.

The Lupus Research Team at Guy's Hospital recently identified an immune response pathway that is defective in patients with the most severe forms of Lupus. The HA Andrews Memorial Fund will support the team's research into understanding B-cell defects in Lupus patients, and what causes them.

### Why did we choose the Lupus Trust?

The Lupus Trust was suggested as a beneficiary of the HA Andrews Memorial Fund by members of Ware Lodge, Brian and Pamela Weavers. Their son, Paul, was diagnosed with the condition at just 17, and as there's no cure, he has lived with the effects ever since.



*Paul takes a closer look at the research*





*The Oddfellows' team is shown around the lab*

Paul now 53, says: "Lupus leaves me feeling constantly exhausted and the skin rashes which flare up occasionally have caused permanent scarring. Holidays are difficult, as I have to avoid the sunshine, and sand can irritate my skin. As a college lecturer, I try not to let it get in the way of anything I do. When I found out the Oddfellows was supporting the Lupus Trust, I was genuinely over the moon."



*The fund will support the addition of Bekki Velounias (pictured) to the research team*

When we visited the Lupus Trust, to present the first of three annual donations which will total £85,000, we spoke to Professor D'Cruz, Professor and Consultant Rheumatologist at Guy's Hospital, London. He's working closely with the research team and says: "This is a vital and very exciting piece of research into Lupus, so we are extremely grateful for the kind grant the Lupus Trust has received from the Oddfellows to fund the project for 3 years."



*CEO Jane Nelson and Grand Master David Randall at the lab*

Lupus is often called "the great mimic", as it can affect different parts of the body and is often misdiagnosed. It is currently unknown what causes Lupus, although studies have identified a definite genetic tendency, which may be triggered and become active. It isn't a contagious disease, but there isn't yet a cure, only treatments which help to control symptoms.

To learn more about Lupus, the Lupus Trust and the work they do, please visit [www.lupus.org.uk](http://www.lupus.org.uk)

# Sharing is caring – thank you Pat!

**We love to recognise those who go above and beyond when recommending the Society to their friends. So we're pleased to share that Patricia Sexton, member of the King's Lynn Oddfellows, has achieved the Gold Refer a Friend Award.**



## **Congratulations, Pat!**

Thank you. I'm very grateful and proud to have reached this level. I really enjoy being a member of the Oddfellows, and I often volunteer for a lot of the social activities, to help them run as smoothly as possible.

## **When did you join the Oddfellows, and why?**

It was a friend who referred me, actually! Back in late 2016, I attended a few events with my friend Violet, and I decided to join in January 2017. I love the Oddfellows ethos of 'making friends, helping people', as it truly sums up what we do.

## **How many members have you referred?**

I've referred 23 new members so far, and I'm very blessed to have a wonderful and rather large circle of friends who have seen how happy Oddfellows makes me, before joining on my recommendation.

## **What's your favourite thing about the Oddfellows?**

My favourite thing about being a member is having the opportunity to meet so many lovely people, and with new members joining all the time, it's a lovely way to make some new friends. My husband, Richard, is also a member, so it's lovely to go to events as a couple as well.

## **What's the general response when you first tell people about the Oddfellows?**

Lots of people have heard of us, but they don't know what we do. I'll often show them a copy of our events diary and invite them along to the next coffee morning or talk. Usually, at the end of the event, they're keen to come to the next one!

## **Did you know we have a monthly e-newsletter?**

Featuring exclusive member offers, real life stories, advice and news, it's delivered direct to your email inbox once a month. If you don't receive this already, speak to your Branch Secretary, or call Membership on 0800 028 1810, so we can get you added to the mailing list.

# Friendship and Social activities across the UK

At Preston Oddfellows we put on a range social activities each month for us to enjoy together in friendship. We always welcome new people to come along and give us a try...

No longer living in the Preston Area? Why not check out the social activities being put on by the Branch nearest to where you are living...

Visit the Oddfellows Website ([www.oddfellows.co.uk](http://www.oddfellows.co.uk)) and click on the events tab to search for local events. Alternatively, contact us, (details on page 2) and we can request that your local secretary gets in touch and sends you a copy of their Events Diary.

## Is there someone you know who'd enjoy what we do?

### Refer a friend today



To refer a friend, call Membership on **0800 028 1810**, or visit our Members' Area at **[www.oddfellows.co.uk](http://www.oddfellows.co.uk)** or fill in the **Refer a Friend form** available from your Branch Secretary

\*Terms and conditions apply to the Refer a Friend offer. It cannot be used in conjunction with any other member offer. For full terms and conditions and for details of the rewards visit [www.oddfellows.co.uk/offers](http://www.oddfellows.co.uk/offers).

Ref 1644

# We're on Facebook!



our Facebook page where we post latest news and hints and tips from Preston and from Oddfellows.

## How do you find it?

Login to your Facebook account and go to the search field, type in 'Preston Oddfellows' and you'll find us.

Not everything can make it into the newsletter, much changes in six months so keep up to date on

Any problems call Colin on 07592 004080 or email [colin.burbidge@oddfellows.co.uk](mailto:colin.burbidge@oddfellows.co.uk).

## Branch Meetings

We hold regular meetings for each of our Branches in Preston, Fylde and Lancaster. All members are welcome and meetings often include an interesting talk or activity. Just get in touch for more details or come along, we'll make you welcome! Any member is welcome to attend these meetings, if you'd like to know more or come along to one, please contact the Branch Secretary.

### **Blackpool (Duke of Wellington Branch)**

Red Rose Lodge, Newhouse Road, Marton, Blackpool FY4 4LW.  
Contact Andy Anderson on 01253 777666 or email [andy.anderson@oddfellows.co.uk](mailto:andy.anderson@oddfellows.co.uk)

Meetings are held on the third Tuesday of the month.

### **Preston (Prince of Peace Guild 2012 Branch)**

The Over 60's Club, Priory Lane, Penwortham, Preston PR1 0AR.  
Contact Barbara Malloy on 01772 614480 or email [barbara.malloy@oddfellows.co.uk](mailto:barbara.malloy@oddfellows.co.uk)

Meetings are held on the second Monday of the month.

### **Lancaster (King William IV Branch)**

The Boot and Shoe Pub, Scotforth Road, Lancaster LA1 4PU.  
Contact Barbara Malloy on 01772 614480 or email [barbara.malloy@oddfellows.co.uk](mailto:barbara.malloy@oddfellows.co.uk)

Meetings are held on the second Tuesday of the month.

# At a glance

## April 2020

<b>Wed 1</b>	Lunch at Bistrot Pierre Preston	12.30pm
<b>Thurs 9</b>	Blackpool Coffee Morning	10.30am
<b>Tues 14</b>	Lancaster Lunch Meet Up	12.30pm
<b>Tues 21</b>	Blackpool Branch Meeting	2pm
<b>Tues 28</b>	Preston Coffee Morning at Over 60's Club	10am

## May

<b>Wed 6</b>	Lunch at The Maple Leaf Café	12.30pm
<b>Mon 11</b>	Preston Branch Meeting	7pm
<b>Tues 12</b>	Lancaster Lunch Meet Up	12.30pm
<b>Thurs 14</b>	Blackpool Coffee Morning	10.30am
<b>Tues 19</b>	Talk by Barry Shaw	2.30pm
<b>Thurs 21</b>	Lytham Coffee Meet Up	10.30am
<b>Tues 26</b>	Preston Coffee Morning at Over 60's Club	10am
<b>Wed 27</b>	Lunch at The River Wyre Poulton	12.30pm

## June

<b>Fri 5</b>	Evening Meal at Café Bar Preston	7pm
<b>Mon 8</b>	Summer Quiz and Buffet	7.30pm
<b>Tues 9</b>	Lancaster Lunch Meet Up	12.30pm
<b>Thurs 11</b>	Blackpool Coffee Morning	10.30am
<b>Tues 16</b>	Talk by North West Blood Bikes	2.30pm
<b>Wed 17</b>	Visit to The National Memorial Arboretum	8.30am
<b>Tues 30</b>	Preston Coffee Morning at Over 60's Club	10am

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# At a glance

## July

<b>Wed 1</b>	Lunch at Ashton & Lea Golf Club	12.30pm
<b>Thurs 9</b>	Blackpool Coffee Morning	10.30am
<b>Mon 13</b>	Games Night	7.30pm
<b>Tues 14</b>	Lancaster Lunch Meet Up	12.30pm
<b>Tues 21</b>	Preston District Half-Yearly Meeting	2.30pm
<b>Wed 22</b>	Lunch at Marsh Mill Thornton	12.30pm
<b>Sat 25</b>	Summer Bowls Competition	10am
<b>Tues 28</b>	Preston Coffee Morning at Over 60's Club	10am

## August

<b>Mon 10</b>	Preston Branch Meeting	7pm
<b>Tues 11</b>	Lancaster Lunch Meet Up	12.30pm
<b>Thurs 13</b>	Blackpool Coffee Morning	10.30am
<b>Tues 18</b>	Blackpool Branch Meeting	2pm
<b>Tues 25</b>	Preston Coffee Morning at Over 60's Club	10am

## September - Friendship Month

<b>Tues 8</b>	Lancaster Lunch Meet Up	12.30pm
<b>Wed 9</b>	Lunch at Tino's Preston	12.30pm
<b>Thurs 10</b>	Friendship Month Blackpool Coffee Morning	10.30am
<b>Tues 15</b>	Musical Entertainment Afternoon	2.30pm
<b>Wed 23</b>	Bispham Fish and Chips	12.30pm
<b>Tues 29</b>	Friendship Month Preston Coffee Morning at Over 60's Club	10am