

September 2024 – February 2025
Issue 13



O^{the} **DD**fellows SINCE 1810
making friends, helping people

out & *about*

Brighton and Sussex



Games



Music



Day Trip/
Travel



Wellbeing



Friendship
Month



Quizzes



Talks



Coffee
Morning



Dining
Out



Meetings



We hope you can join us for our social events! see pages 5-16 for more info.

Welcome to the latest edition of your Out and About Magazine for Brighton & Sussex Branch

As a local Branch of a national membership organisation called the Oddfellows, we offer you a great opportunity to make new friends and enjoy a variety of activities.

We also provide our members with a range of advice and support services when you need them. We are basically a group of friends brought together through shared interest in socialising, making friends and helping people.

This issue features details of all our upcoming events from dining out to trips out plus lots of other activities.

Contact Details

Branch Secretary: Lynne Higson

Address:

7 Inglewood Drive, Aldwick,
Bognor Regis PO21 4JX

Telephone: 01243 265360

Email:

lynne.higson@oddfellows.co.uk

Everyone is welcome at Oddfellows events. Even if you are not a member, we want to extend an invitation to you and your friends to attend any of our events that take your fancy and we like to think that we can guarantee you a good time.

Join the conversation @OddfellowsUK

Share your news, start a conversation or simply stay up-to-date! If you're on Facebook or Twitter, make sure you've liked and followed our Oddfellows social media pages. Find us at

f OddfellowsBrightonSussex

Front cover: The Sea Vixen on display at the Tangmere Military Aviation Museum.

Message from our Secretary

Hello Members!

Today is a rare hot and sunny afternoon in mid-July and I've just been for a swim in the sea and am now relaxing on Aldwick Beach! We're often told by Oddfellows to make the most of our retirement and to spend time with friends, try new activities and get out and about when possible. It was a snap decision to come to the beach but I'm so glad I did! I will have been retired for four years from my previous life in September so intend to do what a good friend told me recently "to enjoy my retirement" and I hope you have the same attitude to life or if you're not yet retired, make the most of every single day. Obviously we all have days where life doesn't go to plan but remember you're an Oddfellow and have access to so much assistance when needed – just pick up the 'phone or go online www.oddfellows.co.uk or call 0800 028 1810 or call me on 01243 265360 to get pointed in the right direction.

We've planned some exceptional, varied events for you to join in with over the next six months so I hope you'll be positive and fill up your diaries as soon as you receive this magazine (and remember to book where necessary!) There are a few changes so please read the magazine carefully. The Worthing Social Group are moving to a new venue on a different day and the



regular Coffee Morning will move from Pagham to Bognor Regis where there is a station as well as bus connections.

Most of you know that I have a new name as I married Phil in April this year, hence the photo with something growing out of my head! As they say – it's never too late so enjoy this magazine, enjoy life, book up for as much as you can and as the title states get 'Out and About!'

Best wishes,

Lynne

Further events are being added, see: www.oddfellows.co.uk/events.

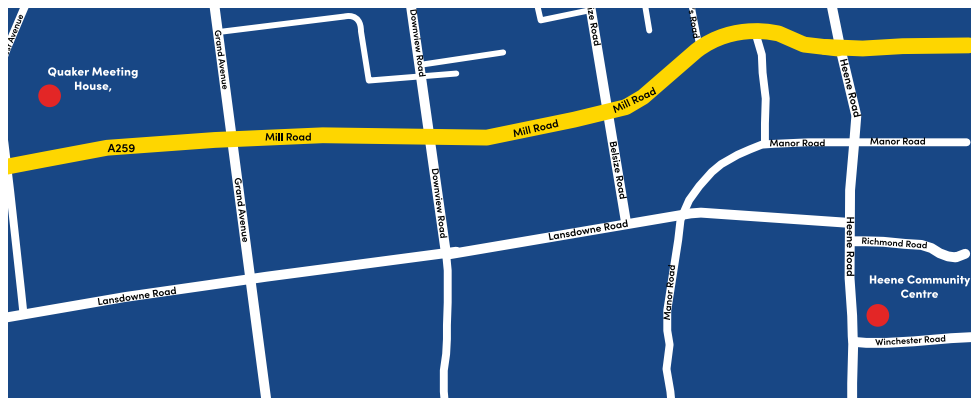
Worthing Social Branch Events

Our Worthing Branch meets from 7pm to 9pm every fourth Wednesday of the month at Heene Road Community Centre, 122 Heene Road, Worthing, West Sussex BN11 4PL in September to November. From December we will be at The Quaker Meeting House, Rear of 34 Mill Road, Worthing, West Sussex BN11 5DR.

Social Contact

Janet Porter

Telephone: 01903 504492



Eastbourne Social Branch Events

Our Eastbourne Branch social group usually meets from 7pm to 9pm every third Tuesday of the month at St Andrews Church Hall (next to Arlington Arms), 360 Seaside, Eastbourne, East Sussex BN22 7RY. Eastbourne events are shown in the orange box.

Social Contact

Stephen Mackenzie

Telephone: 07572 736817



September 2024

ODDFELLOWS

FRIENDSHIP MONTH

1 - 30 SEPTEMBER



SUN
01

Beach Hut Open Day



10am



Free



Come along to meet Steve in his beach hut and gather Oddfellows Information! He will be there from 10am until 2pm today. By Fort Fun, Sovereign Beach Huts, Hut S17 (Red door), Royal Parade, Eastbourne BN22 7LQ. Contact Steve on 07572 736817.



MON
09

Lunch at Hatters Inn, Bognor



12 noon



As per menu



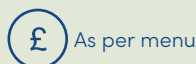
Come and join us and bring friends for this Friendship Month event! See what the Oddfellows can offer you! Choose from a great, reasonably priced menu. The Hatters Inn, 2-10 Queensway, Bognor Regis PO21 1QT. Contact Lynne on 01243 265360 for further details.

MON
02

Afternoon Tea in Arundel



2.30pm



As per menu



Friendship Month afternoon tea at Waterside Café from 2.30pm until 4.30pm. Come and join us for refreshments alongside the River Arun and please do bring a friend. Don't worry if the weather is bad as there is a covered area where we will be protected from the elements! Everyone is welcome. Waterside Café, Mill Road, Arundel, West Sussex BN18 9PA. Contact Janet or Michael on 01903 50442 if you would like to know more.



September 2024

ODDFELLOWS
FRIENDSHIP MONTH
1 - 30 SEPTEMBER



WED 11 Afternoon Tea - Littlehampton



We have a lovely new venue for our Littlehampton afternoon tea get-togethers - Mewsbrook Park Café. There is a car park adjacent to The Wave Swimming Pool and off-street parking nearby. The café was refurbished last year and is warm and comfortable. They have a large menu of snacks, cakes and drinks. Mewsbrook Park Café, Hendon Avenue, Rustington, Littlehampton, West Sussex BN16 2LX. Contact Janet on 01903 504492 if you have any questions.



THURS 12 Regular Monthly Lunch Brighton Marina



There is a lot going on in Friendship Month but we can't go without our regular monthly lunch at West Quay! The food is good and won't break the bank and there is always lively conversation with friends. We meet upstairs where it is quieter and there is a warm welcome for all. The West Quay, The Boardwalk, Brighton Marina, Brighton BN2 5WA. If this is your first visit and you would like us to look out for you, please call Janet or Michael on 01903 504492.



FRI 13 Visit to Tangmere Military Aviation Museum



Tangmere Military Aviation Museum is located in a corner of the former Tangmere airfield, famed as an RAF fighter station from 1918 until 1958. Several planes of various types on display. Cockpit Café and shop plus so much to see. Disabled friendly. Special price of £9 per adult (over 60's) other tickets available! Something for all ages. Meet in ticket office at 11am. Tangmere Military Aviation Museum, Gamecock Terrace, Tangmere, Chichester PO20 2ES. Contact Lynne for further details and to book by Thursday 5 September 2024.



FRIENDSHIP
MONTH
EVENT
Join the fun

September 2024

ODDFELLOWS
FRIENDSHIP MONTH
1 - 30 SEPTEMBER



TUES
17

Worthing Walkers



10.30am



Free



Our Worthing Walkers group led by Denise meets at 10.30am on the third Tuesday of each month for varied strolls in and around Worthing. We meet whatever the weather and always end with refreshments. Everyone is welcome including well-behaved dogs. Various locations to be confirmed. For more information please call Janet on 01903 504492.



WED
18

Friendship Month Crazy Golf



2pm



£4.70 plus
refreshments
from menu



Friendship Month Crazy Golf from 2pm until 4pm at Buccaneer Bay course. We will have refreshments afterwards at the adjacent Edge by the Sea Café. Please bring a friend along to show them how we have fun. Don't worry if the weather is bad, still come along as we will spend the afternoon enjoying hot drinks and delicious cakes at Edge by the Sea. Cost: £4.70 per round of golf plus refreshments as taken. Buccaneer Bay Golf Course, Norfolk Gardens, Sea Road, Littlehampton BN17 5JT. Contact Michael on 01903 504492 if you would like to know more.



TUES
17

Friendship Month Quiz



7pm



Free



September is Friendship Month for the Oddfellows so why not come along and join us. Tonight, Tony has offered to prepare and run a quiz night for us, so thank you Tony we await your questions. There will be prizes for the most correct answers. Time to swat up on anything and everything! Another fun evening, nothing too serious. Please bring a friend we would love to meet them. There will be a raffle so your donations would be appreciated. Refreshments will be available so do come along and support us. St Andrews Parish Hall (next to Arlington Arms Public House), 360 Seaside, Eastbourne BN22 7RY. Contact Steve on 07572 736817.

FRIENDSHIP
MONTH
EVENT
Invite a friend

September 2024

ODDFELLOWS
FRIENDSHIP MONTH
1 - 30 SEPTEMBER



THURS 19 **Friendship Coffee Morning at Teddy's Tea Rooms**

🕒 10.30am

£ As per menu



The staff at Teddy's made us so welcome last year that we have decided to visit again. With a lovely selection of drinks, cakes and snacks, it is an ideal place to have a chat and meet new people. Teddy's Tea Rooms, 12-14 East Street, Shoreham-by-Sea, West Sussex BN43 5ZE. If you have any questions, please call Janet on 01903 504492.



WED 25 **Alzheimer's Research**

🕒 7pm

£ Free



Our charity of the year is Alzheimer's Research. Tonight we welcome Shelle Luscombe to tell us what they are doing to help find a cure for this devastating disease. She is a radio presenter, professional vocalist, voiceover artist and an ambassador for Alzheimer's Research. We are promised an entertaining, lively and informative evening. We shall have our usual raffle and refreshments. There will also be CD's on sale, proceeds will go towards our donation to Alzheimer's Research. Heene Road Community Centre, 122 Heene Road, Worthing, West Sussex BN11 4PL. Contact Janet on 01903 504492 to find out more.

TUES 24 **Afternoon Tea and Mini Golf**

🕒 2pm

£ £7.80



We will meet at The Princes Park golf course café (opposite Fort Fun and car park) at 2pm. For those who wish to have a round of golf, just for fun, the cost would be £7.80 (over 60's concession). If you would just like to sit and watch/chat, the café is highly recommended for tea, coffee, cakes and snacks. There are indoor and outdoor seating areas with good views over the course. The bus stop is on Royal Parade very close to the golf coffee shop and opposite the car park. Just turn up, there is no need to book. We would love to see you all especially as it is Friendship Month for the Oddfellows. Please bring a friend. It would be great to meet them. Princes Park, Royal Parade, Eastbourne BN22 7LQ. Contact Steve on 07572 736817.



September 2024

ODDFELLOWS
FRIENDSHIP MONTH
1 - 30 SEPTEMBER



THURS
26

Fun Day on Brighton Palace Pier



12 noon



As per menu



Meet at 12 noon at Brighton Palace Pier by the middle advert boards for a leisurely walk on the pier. Fish and chips in restaurant on pier. Afterwards, if you like we can have a ride on the Volk's Electric Railway. Brighton Palace Pier, Madeira Drive, Brighton, East Sussex BN2 1TW. Contact Judith on 07840 287733 to book.

FRI
27

Bognor Promenade Walk with Drinks and Cakes



2pm



As per menu



Meet at Bognor Pier at 2pm for an easy stroll along the prom to The Beachcroft Hotel for hot drinks and cakes on The Terrace. Friends and dogs welcome. It is possible to catch the bus back to the pier! Come and see what Oddfellows can offer you! Bognor Pier, The Promenade, Bognor Regis PO21 1JN. Contact Lynne on 01243 265360 to book and to let her know to look out for you!

October

WED
09

Afternoon Tea - Littlehampton



2pm



As per menu



Come and join us at Mewsbrook Park Café for an afternoon tea. For more information see page 6.

THURS
10

Regular Monthly Lunch Brighton Marina



12 noon



As per menu



Come and join us at The West Quay for our usual lunch. For more information see page 6.

TUES
15

Worthing Walkers



10.30am



Free



Our Worthing Walkers group led by Denise for varied strolls in and around Worthing. For more information see page 7.

October

TUES
15

Lunch at The Rodmill



12 noon



As per
menu



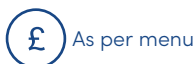
Today we invite you to join us at The Rodmill (opposite Eastbourne District General Hospital). The Rodmill is on a bus route and the stop is very close. The cost will be as per the menu which is extensive, so something to suit all tastes, pockets and dietary requirements if needed. As a table will have to be booked well in advance, we would appreciate a reply as soon as possible if you would like to join us. Thank you. The more the merrier, this is a popular venue. We look forward to seeing you all. Book by Friday 11 October 2024. The Rodmill, 1 Rangemore Drive, (opposite Eastbourne District General Hospital, Eastbourne BN21 2QP. Contact Steve on 07572 736817.

TUES
22

New Regular Afternoon - Coffee and Cakes Get- Together in Bognor Regis!



2pm



As per menu



Come and join us at our new regular afternoon Get-Together (with coffee or tea and cakes), or whatever you fancy from the menu in sunny Bognor Regis! (sunshine sadly not guaranteed!). The new venue is wheelchair accessible with plenty of seating all on the ground floor! The venue is Café Central which is on the corner of London Road near Morrisons Supermarket and opposite The Edinburgh Woollen Mill. Easy walking distance from the train station and bus stops. We plan this to be one of our regular events - fourth Tuesday of each month but not December as it's Christmas Eve! Café Central, 46A London Road, Bognor Regis, West Sussex PO21 1PY. Contact Lynne on 01243 265360.

WED
23

The Brighton Grand Hotel Bombing



7pm



Free



Retired fireman Ken Towner was on duty when the Grand Hotel in Brighton was bombed 40 years ago this month. Ken will give us an illustrated talk about the bombing from a rescuers point of view. Everyone is welcome and we shall have refreshments and a raffle. Heene Road Community Centre, 122 Heene Road, Worthing, West Sussex BN11 4PL. For more information please contact Janet on 01903 504492.

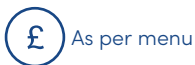


November

WED 13 Afternoon Tea - Littlehampton



2pm



As per menu



Come and join us at Mewsbrook Park Café for an afternoon tea. For more information see page 6.



THURS 14 Regular Monthly Lunch Brighton Marina



12 noon



As per menu



Come and join us at The West Quay for our usual lunch. For more information see page 6.



TUES 19 Worthing Walkers



10.30am



Free



Our Worthing Walkers group led by Denise for varied strolls in and around Worthing. For more information see page 7.

TUES 19 Allchorn Maritime Ltd 'Preservation Through Education Est 2016



7pm



£1 per person



Lloyd Stebbings,
Historian/
Technical and
GRP specialist
40+ years in
the marine



industry will be talking tonight on the restoration of the last two remaining pleasure boats, 'The Southern Queen' and 'William Allchorn' which were built between 1947 and 1950. These two remaining boats can be seen on the beach near Fishermans Green. Lloyd will be talking about the restoration and preservation through education. There will be a charge of £1 per person this evening. There will be our usual raffle and your donations will be appreciated. Refreshments will be available. St Andrews Parish Hall (next to Arlington Arms Public House), 360 Seaside, Eastbourne BN22 7RY. Contact Steve on 07572 736817.

TUES 26 New Regular Afternoon - Coffee and Cakes Get-Together in Bognor Regis!



2pm



As per menu



Come and join us at our regular afternoon Get-Together (with coffee or tea and cakes) at Café Central. For more information see page 10.

November

WED
27

An Exciting Life!



7pm



Free



One of our members, Gillian Angrave, has spent her career travelling the Seven Seas, first as an Assistant Purser with P&O and then as Ambassador's PA with the Foreign Office. She is also a published author and has written books about her itinerant life over many years. Upon retirement from the FCO Gillian became and still is, a Registrar of Marriages in West Sussex, a job she loves but which also brings its own 'challenges'. Gillian will tell us about her life and will also bring some of her books for you to purchase if you would like to. We shall have refreshments and our usual raffle, so if you have any unwanted items that you could donate we would be very grateful. Heene Road Community Centre, 122 Heene Road, Worthing, West Sussex BN11 4PL. Contact Janet on 01903 504492.

December

SUN
01

Christmas Meal at The Arundel Restaurant, Worthing



6.30pm



TBC



Arundel Restaurant at Northbrook College. We had a very happy pre-Christmas evening meal at Arundel Restaurant last year and members have asked if we could return this year. As soon as the college release their dates, we will contact members direct with all the details and we hope to see you there for a meal and chance to enjoy ourselves before Christmas. Arundel Restaurant, Northbrook College, Littlehampton Road, Goring by Sea, Worthing BN12 6NU. To be advised, please contact Janet on 01903 504492 to find out more.



December

TUES
10

Pre-Christmas Warm Drink and Mince Pie



2pm



Free



We can't have one of our usual social evenings in December because it would be on Christmas Day! We are changing to a new venue for our meetings from next month, so do come along and have a warm drink and a mince pie with us and have a look at our new home. It is on the north side of Mill Road (A259) between Grand Avenue and West Avenue, on the ground floor and it has everything we need. The 700 and 'The Pulse' bus stops in Mill Road (Grand Avenue stop). If you come by car please park in West Avenue, not at the Meeting House as the limited space is reserved for users with mobility difficulties. You can drive up to the door to drop off passengers though. Quaker Meeting House, Rear of 34 Mill Road, Worthing, West Sussex BN11 5DR. Contact Janet on 01903 504492.



TUES
10

Christmas Get Together and Buffet



7pm



Free



Merry Christmas to you all. Tonight, we invite you to celebrate Christmas with a buffet and a few surprises. We would like each of you to bring along something 'yummy' towards the buffet. Ideas and suggestions of what to bring will be discussed nearer the time. We don't want too many sausage rolls or mince pies! Everyone is welcome to our Christmas get together. There may also be a surprise or two! Please come along and join us for this special evening, bring a friend too, we'd love to meet them. By the way folks, the hall has not been double booked this year! St Andrews Parish Hall (next to Arlington Arms Public House), 360 Seaside, Eastbourne BN22 7RY. Contact Steve on 07572 736817.



WED
11

Afternoon Tea - Littlehampton



2pm



As per menu



Come and join us at Mewsbrook Park Café for an afternoon tea. For more information see page 6.

December

THURS 12 Regular Monthly Lunch Brighton Marina

12 noon

£ As per menu



Come and join us at The West Quay for our usual lunch. For more information see page 6.

TUES 17 Worthing Walkers

10.30am

£ Free



Our Worthing Walkers group led by Denise for varied strolls in and around Worthing. For more information see page 7.

January 2025

WED 08 Afternoon Tea - Littlehampton

2pm

£ As per menu



Come and join us at Mewsbrook Park Café for an afternoon tea. For more information see page 6.

THURS 09 Regular Monthly Lunch Brighton Marina

12 noon

£ As per menu



Come and join us at The West Quay for our usual lunch. For more information see page 6.

January 2025

TUES 21 Worthing Walkers

10.30am

£ Free



Our Worthing Walkers group led by Denise for varied strolls in and around Worthing. For more information see page 7.



TUES 21 New Year Fish 'n' Chips Supper with Fun Games to follow

7pm

£ £7



Happy New Year! Everyone's favourite evening - a fish and chips supper



followed by another favourite, our 20p game. Please bring three 20p pieces along this evening. Special over 60s price for the fish and chip. We will need your orders by Tuesday 14 January 2025 please. This is another popular evening so please come along and enjoy a hearty supper on hot plates! Bring your own tippie if you like. Bring a friend too, they may like to join us. St Andrews Parish Hall (next to Arlington Arms Public House), 360 Seaside, Eastbourne BN22 7RY. Contact Steve on 07572 736817.

January 2025

TUES 28 **New Regular Afternoon - Coffee and Cakes Get-Together in Bognor Regis!**



2pm



As per menu



Come and join us at our regular afternoon Get-Together (with coffee or tea and cakes) at Café Central. For more information see page 10.

TUES 28 **Worthing Monthly Meeting - Quiz**



7pm



Free



It was only a few weeks ago but what can you remember about 2024? We shall have a quiz to see! There will be fish and chips to start the evening and details including the price will follow nearer the time. Book by Tuesday 14 January 2025. Of course we shall have our usual raffle and if you have any unwanted or unsuitable Christmas gifts, we would be very grateful to receive them. If you come by car please park in West Avenue, not at the Meeting House as the limited space is reserved for users with mobility difficulties. You can drive up to the door to drop off passengers though. Our new 'home' has plenty of room, so please feel free to bring a friend along. Quaker Meeting House, Rear of 34 Mill Road, Worthing, West Sussex BN11 5DR. Contact Janet on 01903 504492 if you have any questions.



February

WED 12 **Afternoon Tea - Littlehampton**



2pm



As per menu



Come and join us at Mewsbrook Park Café for an afternoon tea. For more information see page 6.



THURS 13 **Regular Monthly Lunch Brighton Marina**



12 noon



As per menu



Come and join us at The West Quay for our usual lunch. For more information see page 6.

TUES 18 **Worthing Walkers**



10.30am



Free



Our Worthing Walkers group led by Denise for varied strolls in and around Worthing. For more information see page 7.

February

TUES
18

Ten Pin Bowling



2pm



£3.80 for three games



This afternoon we will meet at Tenpin for a game or two of ten pin bowling. This has proved to be a very popular event over many years. Most people come to play whilst others come to watch the fun. The cost will be approximately £3.80 for three games plus a free drink, sorry folks only tea or coffee! Really good value for the money. You can wear your own soft shoes but toes must be covered. The lanes have to be booked well in advance, so please let us have your names as soon as possible. Thank you. The venue is on a bus route, near Sainsburys Hampden Park and is near the David Lloyd Centre, Nr St Wilfreds Hospice, Tenpin Eastbourne Broadwater Way BN22 9PZ. Tenpin Eastbourne, Broadwater Way, Eastbourne, East Sussex BN22 9PZ. Contact Steve on 07572 736817.



TUES
25

New Regular Afternoon - Coffee and Cakes Get-Together in Bognor Regis!



2pm



As per menu



Come and join us at our regular afternoon Get-Together (with coffee or tea and cakes) at Café Central. For more information see page 10.

TUES
25

World War One - A Lighthearted Talk



7pm



Free



This evening we welcome Matt Hunt who has spent the last 40 years finding things on the World War One battlefields and



interviewing veterans. Matt Hunt will give us a light hearted talk about World War I and the local Pals battalions and the South Downers. He will also bring various artefacts and items which have an interesting story behind them. The large pieces of a WWI tank from Bullcourt will have to be viewed in his back garden though! Quaker Meeting House, Rear of 34 Mill Road, Worthing, West Sussex BN11 5DR. Contact Janet on 01903 504492.

Learn, have fun, and stay in touch from home

We've online events for all to enjoy. Give one a try.



To see what's coming up visit oddfellows.co.uk/events and enter 'Ayr' in the place name search box

OE/0122A6

Interested in volunteering?

Helping others is at the heart of being an Oddfellow and that's exactly what our wonderful volunteers do. There are lots of ways you can get involved as a volunteer, from one-off help to regular support.

You can help us by:

- Welcoming members, guests and speakers at events
- Helping prepare refreshments
- Being the volunteer host at external events
- Organising events as part of a social committee
- Joining the Committee of Management
- Becoming a Volunteer Welfare Visitor or befriender.



To find out more, contact Lynne on 01243 265360 or email lynne.higson@oddfellows.co.uk

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THE ODDFELLOWS
SINCE 1810
making friends, helping people

www.oddfellows.co.uk

Photos of Events



Eastbourne Pier 24.



The Pergola at West Dean Gardens.



Edge, May 2024.



Marina, July 2024.



Walkers, 1 July 2024.



Bowls.

Gordon Sinclair

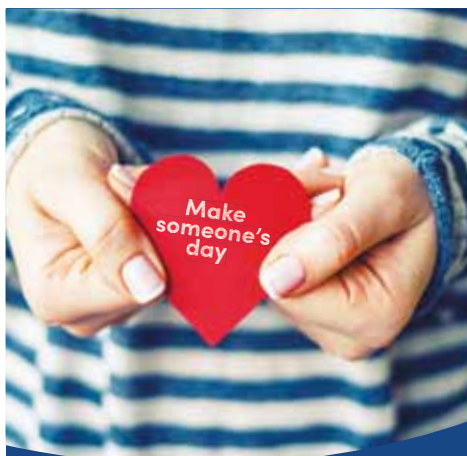
Gordon has been a member of Oddfellows for 66 years and was first initiated at a meeting in The Southwick Community Centre in 1958, where we have returned to hold our bi-monthly committee meetings and Annual General Meeting (AGM) as it is in the centre of our District.



Gordon decided to retire as a Trustee in April 2024 and was presented with a selection of gifts (including one for his beloved cat) and we all wish him the very best for his 'retirement'.

Gordon is still hands-on at his company in Lewes G.F. Sinclair Ltd., where they make soft furnishings.

What an Oddfellow!



REFER A FRIEND

Share the love and make someone smile

To refer someone you know and make their day, either fill in the **Refer a Friend form** available from your Branch Secretary, or call Membership on **0800 028 1810**, or visit our Members' Area at **www.oddfellows.co.uk**

*Terms and conditions apply to the Refer a Friend offer. It cannot be used in conjunction with any other member offer. For full terms and conditions and for details of the rewards visit www.oddfellows.co.uk/offers.

Ref 1644

Pen Pals

Did you have a Pen Pal when you were younger? Well how about having one now?! There are several Oddfellow Branches across the world – many in the USA or you could correspond with members in other Branches in the UK, or to keep it simple we could set up something just for this Branch.

We have several members who for one reason or another don't go out a lot but would like to keep in contact with others.

Hand-written letters are wonderful but corresponding could be e-mail exchanges, texting, WhatsApp or regular phone calls. Let me know what you think and if there's enough interest, I'll set something up.

Lynne

Booking and Cancellations

Please remember the importance of early booking for all events to avoid disappointment or cancellation due to lack of support. Please note that a place is not guaranteed at any event until full payment has been received.

Nominate a fellow member for the Society's Making a Difference Awards

Do you know a special member who has gone above and beyond to help others, raise money for good causes or run your Branch?

We're encouraging members to put these special people forward for national recognition!

Speak to your Branch Secretary about how to nominate or find out more at www.oddfellows.co.uk/makingadifference



Oddfellows Members: Do you need help?



None of us know what is around the corner...

Local Care and Welfare Support

To request contact from a Welfare Visitor and for local help and information about Branch benefits and benevolence contact Michael on **01903 504492** or email **michael.porter@oddfellows.co.uk**

Oddfellows Citizens Advice Line

Call 0800 0149 821*

(free to callers from any landline or mobile number)

Monday - Friday, 9.30am - 4.30pm

Email: oddfellows@citizensadvicemanchester.org.uk



Run by Citizens Advice for Oddfellows members, you can access free, confidential, independent advice on welfare benefits, money and debt issues, consumer problems, housing, fuel bills, employment issues and many other issues.

*The Oddfellows cannot provide legal advice and accepts no liability whatsoever for advice provided by Citizens Advice, which is an independent advice agency. If you have any queries about the advice you have received or wish to make a complaint then you should contact Citizens Advice directly. Citizens Advice operate a formal complaints process.

Care and Welfare Helpline

Call 0800 0149 822

(free to callers from any landline or mobile number)

Monday to Thursday, 9.30am - 4.30pm, Friday, 9.30am - 4pm

Email: care@oddfellows.co.uk

Run by the Oddfellows Care and Welfare Department, you can access information and guidance on issues such as accessing health and care services, supported housing, support for carers, and planning for later life. The helpline will try and identify any Oddfellows benefits or services in the community which may be of help to you.

**Visit our website page at www.oddfellows.co.uk/benefits/care
for care and welfare information**

EDCWA50223

Members meet in Llandudno for AMC

The late May Bank Holiday weekend in the beautiful North Wales coastal town of Llandudno was the setting for this year's Annual Movable Conference (AMC).

Hosted by Deeside Oddfellows, members from throughout the UK made the trip to reflect on the previous 12 months and discuss and vote on the course of the next, all presided over by the Grand Master (Chairman), Vale of York Oddfellows' Barbara Needham.



Business conducted, AMC Llandudno

As well as business, attendees enjoyed a range of social activities, with Oddfellows Brass putting on another wonderful performance.



Oddies on the coach to Portmeirion

Members also took part in a ceilidh at the welcome evening, graced the green at the annual Roy Harmer Memorial Bowls Tournament, took a day trip to Portmeirion and got all dressed up for the Farewell Dance.

Who should be our next major Fund recipient?

Our HA Andrews Memorial Fund provides major financial support over a two or three year period to a project or organisation involved in, or conducting, medical research in the UK.



The funding for Southampton University's Centre for Cancer Immunology, which was nominated by a member in Guernsey, is in its final year, so we're now open to suggestions on who to support from 2025.

If you've a suggestion of who we can support next, let us know. Go to www.oddfellows.co.uk/ha-andrews to find out more about the criteria, how to nominate and our deadlines.

Making a Difference Awards 2024

Five members have received national recognition for the brilliant and selfless work they put into making their Branch and the Society as wonderful as they can be.



Terry Rendle, Oswald Branch Enriching Lives Socially

This award celebrates Terry's contributions to the running of Oswald Branch's social events.

He regularly comes up with ideas for events, plans and advertises them, organises and purchases supplies, arranges



catering, sells tickets, physically arranges chairs and tables in the room, taxis people to and from, hosts and clears up after. All this at the age of 84.

"Socialising is so important as you get older," Terry said. "It keeps your brain busy and your body busy which means you might last a bit longer."

He added: "I was flabbergasted. I had to read the letter three times before I realised what I was reading."

Pat and David Lang, Three Counties Branch Achieving Together

The married couple from Didcot, Oxfordshire, joined the Oddfellows over half-a-century



ago, and in that time have taken on many voluntary roles, including serving as Branch Chairman five times between them.

They are Welfare Visitors, regularly checking in on around 50 fellow members, and are well known for providing food for events and meetings. They are also responsible for an annual Christmas lunch event which, since 2009, has raised over £2,100 for the HA Andrews Memorial Fund.

David said: "It has never been about being rewarded. We love what we do, it's as simple as that.

Pat added: "I'm honoured. We have much to thank the Oddfellows for and have met so many lovely people."

Peter Coe, City of Norwich Branch

Working in the Spirit of Mutuality

As a mutual society, the Oddfellows is run by and for our members and this award seeks to recognise those who have gone the extra mile to assist in the running of their Branch and the Society as a whole.

Peter has gone several extra miles, having held a number of voluntary roles, including Branch and



District Chairman, and is still a member of the social committee to this day, helping to organise many wonderful events.

Peter said: "The Oddfellows is full of very, very friendly people. We all get on. I've made some very good friends here over the years.

"It's my life. It's what I do. The best thing I did was join the Oddfellows."

Claire Needham, Vale of York District Giving Something Back

Lifelong member Claire has been recognised for the work she does to raise money and awareness for worthy causes.



She donated nearly £3,000 for Motor Neurone Disease Association and Martins House Children's Hospice having run the Rob Burrows Leeds Marathon last year, and has helped raise more than £30,000 through her role as Chairman of her workplace's Charity Committee.

Claire has also held positions on the Oddfellows' Benevolence Committee and Investigations Committee, making a positive difference to the lives of her fellow members.

"I was completely surprised and I feel really honoured," Claire said. "It's a really nice feeling. It's nice that other people think it's making a difference and it's having an impact."

The Oddfellows' CEO, Jane Nelson, said: "Each of the winners are fully deserving of this recognition and I'm very proud of all of them. They typify what it is to be an Oddfellow and the Society and their respective branches are lucky to have them."

Who is your local Branch star? Member nominations are now open for the 2025 awards. To find out more, visit www.oddfellows.co.uk/makingadifference.

Financial worries revealed



Unity Mutual, the Oddfellows' financial services brand, recently surveyed 2,000 people throughout the UK to uncover what's keeping them up at night when it comes to their finances. Here's what they discovered. Do any of these resonate with you?

Cost of living

The worry peaks for those aged 40-49, with 63% feeling the pinch, closely followed by those in their 50s and 60s (both at 62%).

Emergency planning

35% of those surveyed worry they don't have enough money set aside for emergencies like car repairs or medical treatments. Additionally, 28% fret about potential home repair costs.

Pension and retirement

Living on a tight pension is a reality for 22% of respondents, and 18% worry they aren't contributing enough to their pension pot. Many in their 60s regret not paying more into their pensions earlier.



Savings and financial planning

Only 39% of people have money in savings or investments, but this number jumps to 61% for those in their 70s. Yet, just a third have a financial life plan.

Stress and anxiety

Financial stress affects 58% of respondents. Those in their 60s and 70s are less worried compared to younger age groups, with only 35% and 27% respectively reporting anxiety.

Financial regrets

Over half (51%) have financial regrets, including not saving enough each month (46%) and spending on pointless things (43%). Interestingly, more than one in 10 (12%) wish they'd married someone with more money.

These findings show that, while financial worries are largely universal, planning and saving can make a significant difference, especially as we age. Whether you're setting up your first financial plan or adjusting your retirement strategy, it's never too late to take control of your financial future.

Go to www.unitymutual.co.uk to find out more.

Oddfellows members have access to a dedicated Citizens Advice Line. Its advisers can help you to find a way forward with any money or debt problems but are unable to give financial advice. Visit www.oddfellows.co.uk/citizens-advice to find out more.

At a glance

September 2024 - Friendship Month

Sun 1	Beach Hut Open Day	10am
Mon 2	Afternoon Tea in Arundel	2.30pm
Mon 9	Lunch at Hatters Inn, Bognor	12 noon
Wed 11	Afternoon Tea - Littlehampton	2pm
Thurs 12	Regular Monthly Lunch Brighton Marina	12 noon
Fri 13	Visit to Tangmere Military Aviation Museum	11am
Tues 17	Worthing Walkers	10.30am
Tues 17	Friendship Month Quiz	7pm
Wed 18	Friendship Month Crazy Golf	2pm
Thurs 19	Friendship Coffee Morning at Teddy's Tea Rooms	10.30am
Tues 24	Afternoon Tea and Mini Golf	2pm
Wed 25	Alzheimer's Research	7pm
Thurs 26	Fun Day on Brighton Palace Pier	12 noon
Fri 27	Bognor Promenade Walk with Drinks and Cakes	2pm

October

Wed 9	Afternoon Tea - Littlehampton	2pm
Thurs 10	Regular Monthly Lunch Brighton Marina	12 noon
Tues 15	Worthing Walkers	10.30am
Tues 15	Lunch at The Rodmill	12 noon
Tues 22	New Regular Afternoon - Coffee and Cakes Get-Together in Bognor Regis!	2pm
Wed 23	The Brighton Grand Hotel Bombing	7pm

November

Wed 13	Afternoon Tea - Littlehampton	2pm
Thurs 14	Regular Monthly Lunch Brighton Marina	12 noon
Tues 19	Worthing Walkers	10.30am
Tues 19	Allchorn Maritime Ltd 'Preservation Through Education Est 2016	7pm

At a glance

November

Tues 26	New Regular Afternoon - Coffee and Cakes Get-Together in Bognor Regis!	2pm
Wed 27	An Exciting Life!	7pm

December

Sun 1	Christmas Meal at The Arundel Restaurant, Worthing	6.30pm
Tues 10	Pre-Christmas Warm Drink and Mince Pie	2pm
Tues 10	Christmas Get Together and Buffet	7pm
Wed 11	Afternoon Tea - Littlehampton	2pm
Thurs 12	Regular Monthly Lunch Brighton Marina	12 noon
Tues 17	Worthing Walkers	10.30am

January 2025

Wed 8	Afternoon Tea - Littlehampton	2pm
Thurs 9	Regular Monthly Lunch Brighton Marina	12 noon
Tues 21	Worthing Walkers	10.30am
Tues 21	New Year Fish 'n' Chips Supper with Fun Games to follow	7pm
Tues 28	New Regular Afternoon - Coffee and Cakes Get-Together in Bognor Regis!	2pm
Tues 28	Worthing Monthly Meeting - Quiz	7pm

February

Wed 12	Afternoon Tea - Littlehampton	2pm
Thurs 13	Regular Monthly Lunch Brighton Marina	12 noon
Tues 18	Worthing Walkers	10.30am
Tues 18	Ten Pin Bowling	2pm
Tues 25	New Regular Afternoon - Coffee and Cakes Get-Together in Bognor Regis!	2pm
Tues 25	World War One - A Lighthearted Talk	7pm