

September 2026 – February 2027



O^{the} **Oddfellows** SINCE 1810
making friends, helping people

out & about

St Marnock District – Covering East and West of Scotland Branches



St Mungo's Well Mosaic -
Glasgow Cathedral
- Alasdair Smith



Japanese Gardens, Dollar
- Oksana Karuna



Quizzes



Sports



Travel



Dining Out



Talks



History



Social



Meetings



Games



Coffee Morning/Afternoon Tea



*Visit to Glasgow Cathedral -
Tuesday 16 February 2027*

Welcome to the latest 'Out and About' for St Marnock District, covering East and West of Scotland.

The newsletter lets you see the type of events we enjoyed over the last 6 months. Always aiming to get something for everyone, from distillery visits, trips to beautiful Pitlochry and a visit to the Museum of Rural Life. There's no stopping our intrepid members who were transported to the farm on a tractor trailer!

We have a very special story in this edition, featuring one of our members, Gladys Meek who has reached 100 years old – what an incredible lady!

Contact Details

Social Events Organiser:

Christine Cuthbertson

Telephone: 07389 826328

Email:

christine.cuthbertson@oddfellows.co.uk

If I am unavailable for any general enquiries about the St Marnock District of Oddfellows, please contact Yvonne Rice on 01563 572727 or email her at yvonne.rice@oddfellows.co.uk

Branch Address:

1 Howard Street
Kilmarnock
Ayrshire
KA1 2BW

It's great to see our members making friends at our coffee events and organising their own lunches and outings to the theatre, outwith the main events programme.

I hope you find something of interest in this diary and will be able to join us for some enjoyable days out and coffee events over the winter months.

Christine, Social Organiser

A bit about us...

The Oddfellows is a not-for-profit friendly society that's been around for over 200 years. Our aim is to bring people together through our social events, as well as support our members with a range of benefits and services. The Society is run by our members for the members. For more information visit www.oddfellows.co.uk or call **0800 028 1810** to speak to one of our team.

Books with Friends

If you would like to join our friendly book group, please let me know and I will supply the relevant details. We all love a book recommendation so come along and share your favourite books within a friendly group of like-minded reading enthusiasts.

Thank you to our Member Irene Lavery who organises this event.



Coffee with Friends

We have regular 'Coffee with Friends' events in the West and East.

All dates are incorporated in the 'Events at a Glance' section.

Coffee with Friends is an informal event where we meet for coffee, chat and an update on forthcoming outings. There is no need to book for these events. If you know someone who would benefit from membership of the Oddfellows, please feel free to bring them along for a coffee, all are welcome.

Christine
Social Organiser

Colour Key

● East of Scotland

● West of Scotland

Oddfellows Extra

– big brand offers and savings

From cinema tickets, holidays and new cars to grocery shopping, health spas and home insurance – Oddfellows Extra* can help you save on life's little extras or necessities.

Oddfellows Extra is an online collection of money-saving discounts and offers from many well-known brands and major retailers.

All Oddfellows Extra deals are open to Standard members and members with Extra Benefits from day one, for no extra charge.

Access Oddfellows Extra

If you're a member, sign in to the Member's Area and select 'Oddfellows Extra' from the member offers section. If you've not yet registered for the Member's Area, there are instructions on how to do so on our website: www.oddfellows.co.uk/login



***Terms and conditions apply to all benefits. Visit the Oddfellows Extra website for details.**

Oddfellows Extra is operated on behalf of Oddfellows by Parliament Hill Ltd who are authorised and regulated by the Financial Conduct Authority for under register number 308448.

OEAS0723

Regular Coffee Morning

East of Scotland



11.30am



Free



**Second Tuesday
of the month**

Come along and join our friendly group for our monthly 'Coffee with Friends' in Edinburgh. Enjoy a coffee and chat and make some new friends - everyone is welcome! You can also learn about our monthly events, such as meals, visits to museums, theatres and much more. We even have an annual holiday!



Why not bring a friend along too? The more, the merrier. Our 'Coffee with Friends' is held in Le Monde at 11.30am. We hope to meet you soon for a coffee and chat. Le Monde, 16 George Street, Edinburgh EH2 2PF. Contact Christine on 07389 826328.

8 September 2026 10 November 2026 9 February 2027
13 October 2026 12 January 2027

West of Scotland



10.30am



Free



**Last Monday
of the month**

Come along and join our friendly group for our monthly 'Coffee with Friends' in Glasgow. Enjoy a coffee and chat and make some new friends - everyone is welcome! You can also learn about our monthly events, such as meals, visits to museums, theatres and much more. We even have an annual holiday!



Why not bring a friend along too? The more, the merrier. Our 'Coffee with Friends' is held in the café/Bar in Glasgow Royal Concert Hall (opposite Buchanan Street Bus Station) at 10.30am on the last Monday of the month (please note the coffee event will be held on the Tuesday morning following Bank Holiday Mondays in May and September). We hope to meet you soon for a coffee and chat. Glasgow Royal Concert Hall, 2 Killermont Street, Glasgow G2 3NW. Contact Christine on 07389 826328.

29 September 2026 30 November 2026 22 February 2027
26 October 2026 25 January 2027

September - Friendship Month

ODDFELLOWS
FRIENDSHIP MONTH
1 - 30 SEPTEMBER



TUES 08 Friendship Coffee with Friends East

 11.30am  Free



We meet on the second Tuesday of every month and all are welcome. Come along and join our friendly group in Edinburgh. Enjoy a coffee and chat and make some new friends. You can also learn about our monthly events, such as meals, visits to museums, theatres and much more. Why not bring a friend along too? As September is 'Friendship Month', this is a great opportunity for you to bring along a friend, neighbour or family member who may need a friendly chat and coffee. The more, the merrier. Our 'Coffee with Friends' is held in Le Monde at 11.30am. We hope to see you soon for a coffee and chat. Le Monde, 16 George Street, Edinburgh EH2 2PF. Contact Christine on 07389 826328.

TUES 29 Friendship Coffee with Friends West

 10.30am  Free



Come along and join our friendly group in Glasgow. Enjoy a coffee and chat and make some new friends. You can also learn about our monthly events, such as meals, visits to museums, theatres and much more. Why not bring a friend along too? As September is 'Friendship Month', this is a great opportunity for you to bring along a friend, neighbour or family member who may need a friendly chat and coffee. The more, the merrier. Our 'Coffee with Friends' is held in Glasgow Royal Concert Hall café/bar at 10.30am. We hope to see you soon for a coffee and chat. Glasgow Royal Concert Hall, 2 Killermont Street, Glasgow G2 3NW. Contact Christine on 07389 826328.

WED 16 Japanese Gardens - Dollar

 12 noon  Entry £10.85,
Subsidised
minibus £10



As members from both Edinburgh and Glasgow have shown an interest in this event, we will travel to a central location (Stirling) by public transport. We will then travel to the Japanese Gardens in Dollar by private minibus to visit the spectacular gardens and enjoy a light lunch. There are regular buses from Edinburgh and Glasgow to Stirling. Edinburgh at 9.40am arriving 11.16am. Glasgow Buchanan Street at 10.25am, arriving Stirling 11.08am. Both services Citylink. The minibus will pick us up at 12 noon at Stirling Bus Station and take us to the Japanese Gardens. Entry £10.85, subsidised minibus £10, lunch payable on the day. Japanese Gardens, Upper Hillfoot Road, Dollar FK14 7PL. Contact Christine on 07389 826328.

October

FRI
16

The Great Tapestry of Scotland - Galashiels



12 noon



Admission £12.50,
Lunch as
per menu



Galashiels - Great Tapestry of Scotland. The Great Tapestry of Scotland tells the inspirational true story of the country's history, heritage and culture (from 8500 BC to present day). It was hand stitched by over



1,000 people in communities across Scotland and transported by land, sea and air to come together. It is made up of 160 panels and 300 miles of wool (enough to lay the entire length of Scotland from the Border with England to the tip of Shetland in the North Atlantic). It's a remarkable achievement in an age of speed and technology, it has been created with wool and linen, slowly, methodically and with people coming together to share stories and create a record of their history. Admission - £12.50, lunch payable on the day. The Great Tapestry of Scotland, 14-20 High Street, Galashiels TD1 1SD. Contact Christine on 07389 826328.

Image by Margaret Ferguson Burns - Own work, CC BY-SA 4.0, <https://commons.wikimedia.org/w/index.php?curid=44960899>

November

MON
09

Play, Pie and Pint - Oran Mor, Glasgow



12 noon



£17



Making Way - scientists have discovered the elixir of youth! But while the older generation revels in their rejuvenated bodies, the young are drained of their priceless blood and forced to fight for their future. When a weary widower is injected with this new lease of life, he quickly discovers that immortality isn't all it's cracked up to be and that refusing to 'make way' for the next generation comes at a terrifying cost. Making Way by John Maley is a comic and poignant tale of morality and misunderstanding offering up a fresh contemporary take on the vampire myth. Co-presented with Northern Stage and Assembly Theatre. Costs to include pie and pint. Oran Mor, Byres Road, Glasgow G12 8QX. Contact Christine on 07389 826328.

November

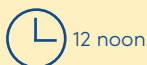
TUES **20** **Tour of University of Glasgow**



Image by Diliff - Own work, CC BY 3.0,
<https://commons.wikimedia.org/w/index.php?curid=3618981>

Founded in 1451 by Bishop Turnbull and King James II, the University of Glasgow is the fourth-oldest university in the English-speaking world and the second-oldest in Scotland. With its original location to the east of the city near Glasgow Cathedral, in 1870 the university was moved – in some cases, stone by stone – to what were once the green hills of Gilmorehill, but is now the sought-after cultural hub that is Glasgow's West End. In each century of its existence, the University of Glasgow has pushed the boundaries of imagination and ingenuity. On the tour, you will discover how the university has nurtured several Nobel Laureates, two British Prime Ministers, three First Ministers of Scotland as well as a host of scientists, engineers, philosophers, writers, lawyers and artisans who have had a profound impact on the world as we know it. From the realms of science and engineering, the arts, politics and the law, Glasgow's influence is felt across the globe. It's no mere boast that world changers have walked the halls of Glasgow. University of Glasgow, University Avenue, Glasgow G12 8QQ. Contact Christine on 07389 826328.

MON **16** **Museum of Childhood - Edinburgh**



Museum of Childhood, Edinburgh: Adults can indulge in a nostalgia-fest and children discover how their (not so) aged parents amused themselves as youngsters in a world before video games. There's a wholesomeness to the construction kits and embroidery sets that once kept little fingers busy in a world that embraced the notion of 'Improving Sunday Toys,' while train sets and dolls' houses have enduring appeal. If the implacable stare of the massed ranks of a compendious collection of dolls becomes a little unnerving, there are dressing-up boxes and regular organised activities to provide diversions. Museum of Childhood, 42 High Street, Edinburgh EH1 1TG. Contact Christine on 07389 826328.

Image by Kjetil Bjørnsrud - Own work, CC BY 2.5, <https://commons.wikimedia.org/w/index.php?curid=781687>

December

TUES
01

Christmas Lunch - Dine Edinburgh



12.30pm



Three
courses
£35.50



Members in the Edinburgh area suggested Dine Edinburgh on Cambridge Street for this year's Christmas lunch. Join us for a lovely three-course lunch to start off the festive season. Inventive and seasonal menus are conceived by Michelin-starred Chef Stuart Muir and his team of talented chefs, led by Martin Orr. Local provenance and seasonality are key, and they pride themselves on sourcing the very best of seasonal fare from nature's harvest. Serving the finest meats from the borders, venison from the highlands and the freshest fish from Scotland's shores. Every dish is freshly created to order with quality assured and sustainable local produce. Book by Thursday 1 October 2026. Dine Edinburgh, 10 Cambridge Street, Edinburgh EH1 2ED. Contact Christine on 07389 826328.

MON
07

Christmas Lunch - Amarone, Glasgow



12.30pm



Three
courses
£32.95



Members suggested Amarone in Glasgow for our Christmas lunch in the West of Scotland. We previously enjoyed a lovely festive lunch here, with lovely food and atmosphere. Located just off Buchanan Street, this is the perfect way to start your festive season. Enjoy lunch before Christmas shopping in Glasgow's main retail thoroughfare. Book by Thursday 1 October 2026. Amarone, Nelson Mandela Place, Glasgow G2 1BT. Contact Christine on 07389 826328.

January 2027

THURS
21

**Burns' Lunch at
Ardnamurchan**



12.30pm



£28.95



Members from Edinburgh and Glasgow can get together and enjoy a traditional Scottish lunch in Ardnamurchan, Glasgow, a few minutes' walk from Buchanan Street Bus Station. Members particularly enjoy this event as it's a great way to start off the new year in a dreary January. Come along and enjoy great food with friends and fellow members. We have enjoyed our Christmas lunch there for the past two years, so there is no doubt we will not be disappointed in the Burns-themed lunch. Book by Monday 2 November 2026. Ardnamurchan, 325 Hope Street, Glasgow G2 3PT. Contact Christine on 07389 826328.



February

WED
03

**Billy Elliot -
Edinburgh Playhouse**



2.30pm



£46.80



Set in a northern town during the miners' strike of 1984/5, the show follows Billy's journey from the boxing ring to the ballet class, where he discovers a passion for dance that will change his life forever. As Billy dares to dream, his courage unites his family, inspires his community and proves the transformative power of art. Brought to life by the award-winning creative team behind the film, with iconic music by Elton John, Billy Elliot is an extraordinary theatrical experience that has captivated audiences around the world. Cost: £46.80 - limited availability. Book by Wednesday 23 September 2026. Edinburgh Playhouse, 18-22 Greenside Place, Edinburgh EH1 3AA. Contact Christine on 07389 826328.



February

TUES
16

St Mungo's Well - Glasgow Cathedral



12 noon



Donations



An ancient well, located deep in the sacred crypt of a historic Glasgow church, has been excavated and transformed into a major art project, seen by the public for the first time. The well has been quietly sitting for centuries in the lower church of Glasgow Cathedral. In October 2025, it was revived under the lead of archaeologist Professor Stephen Driscoll from the University of Glasgow. It has now been enhanced by a stunning light mosaic and will be the focus of a series of concerts and events to celebrate 850 years of the city of Glasgow. Glasgow Cathedral, Castle Street, Glasgow G4 0QZ. Contact Christine on 07389 826328.



Credit Alasdair Smith

Gladys Meek reaches her 100th birthday!

What an achievement and doesn't Gladys look fabulous! Gladys and her siblings were enrolled into the Oddfellows at birth. She was born Gladys Ross in Bishopbriggs in 1926, prior to the family moving to Newlands, Glasgow in the 1930s.

Thereafter, she married Alan Meek in 1955, where they set up home in Glasgow and had two children, Eleanor in 1958 and Gordon in 1963. They then moved to Aberfeldy around 1968 where she still lives independently with care assistance.



What an incredible lady – we would all like to wish Gladys a wonderful 100th birthday from our members. Happy special birthday, Gladys.



What's been happening in the East and West of Scotland

Luss Distillery Tour

-Thursday 29 April

14 members travelled from Glasgow to Luss in a private minibus.

Again, we were blessed with fantastic weather. We enjoyed a gin tasting and learned about the new, state of the art distillery.

We then had lunch in the lovely café/restaurant before members had free time to enjoy the sunshine and wander round the beautiful village of Luss.



Edinburgh Gin Distillery

- Friday 1 May

Four members enjoyed a tour of the gin distillery in Edinburgh and were given the opportunity to sample the range of gins in the tasting room. This is a newly refurbished distillery located within The Arches. We then had refreshments in the lounge.



Vintage Bus Tour with Afternoon Tea – Glasgow - Tuesday 19 May

Members boarded the vintage bus where we were served a lovely afternoon tea.

The bus took us round the sights of Glasgow, from Merchant City to Clydeside then on to the West End, before returning to the City Centre. A very enjoyable way to see the City.



Dr. Neil's Garden and Coffee in Café - Friday 29 May

These beautiful gardens, created by two retired doctors, are situated in Duddingston, Edinburgh.

Not only are the gardens stunning, there is an air of tranquility, where many people go to enjoy quiet reflection and meditation.



The café within the gardens is run by volunteers from the local church and visitors had the opportunity to enjoy delicious home baking.

Join the conversation @OddfellowsUK

Share your news, start a conversation or simply stay up-to-date! If you're on Facebook, make sure you've liked and followed our Oddfellows social media pages.

Find us at  **OddfellowsUK**



Pitlochry, Perth & Loch Tummel (Caledonian Tours) - Saturday 13 June

Although the weather was a little overcast with rain at times, the scenery made up for it. Our first stop was Perth where we had free time to shop, visit the museum and have lunch.

We returned to Kisa's in Perth where we enjoyed a lovely lunch. It was then time to travel on to the gorgeous town of Pitlochry.

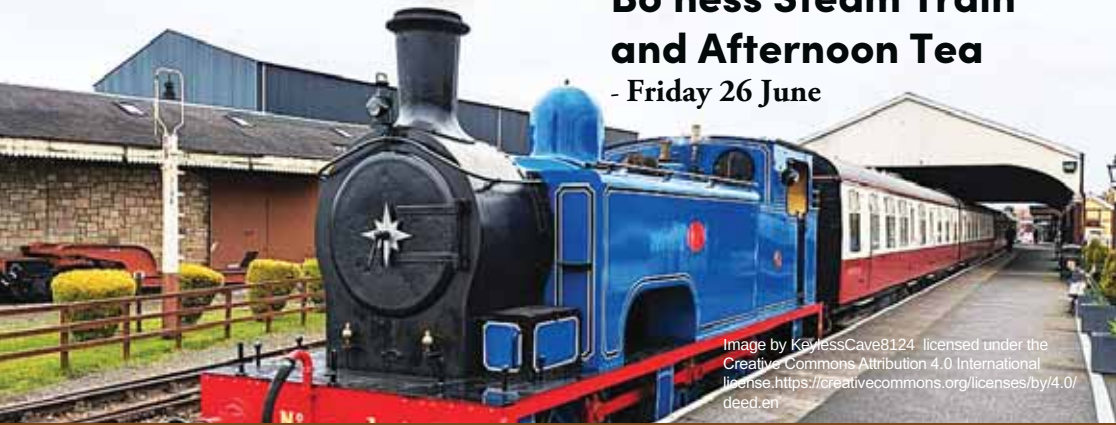
We found a lovely coffee shop where we enjoyed coffee and cake and watching the bustling activity in the town.

Due to roadworks, we were unable to travel on to Loch Tummel.



Bo'ness Steam Train and Afternoon Tea

- Friday 26 June



Back by popular demand, we returned to enjoy an afternoon tea on board the Bo'ness Steam Train. This did not disappoint, from watching the steam engine join the carriages before enjoying the lovely food.

Lord of the Dance 30th Anniversary Tour

- Edinburgh Playhouse, 18 July

In July, we booked a trip to see Michael Flatley's Lord of the Dance show.



The 30th Anniversary Tour features brand-new choreography, stunning costumes, state-of-the-art special effects, and cutting-edge lighting, ensuring that the production continues to push boundaries and deliver an unforgettable experience.

Some members enjoyed the performance in Edinburgh, with others going at the end of August to see it in The Glasgow Royal Concert Hall. (This is a group of members who were discussing it at a coffee event and organised it themselves which is great to see).

Museum of Rural Life – East Kilbride

- Wednesday 22 July



On a lovely, sunny day we arrived at the Museum of Rural Life.

Firstly, there is a lovely café where you can enjoy soup/sandwiches/cakes before members climbed aboard a tractor-trailer which took them to the farm, cows, pigs, sheep, and hens.

The museum teaches about the land, people and ways of working that shaped Scotland's rural history.



Members take centre stage

Look out for some familiar faces this autumn!

Throughout October and November, the Oddfellows is running an upbeat new advertising campaign across the UK aimed at reaching the nation's retirees.

Built around the theme of 'real people, real joy, real experiences', the campaign shines a spotlight on the authentic friendships and shared laughter found within our local groups.

Member models

Members from Leeds, Derbyshire Peak, Mersey, Handforth and Altrincham, Mid-Staffordshire, Nottingham Trent, and Ormskirk and Southport Oddfellows all stepped forward to help.

They spent an exciting day at a professional studio shoot in Manchester working alongside an experienced production crew.

"It was such a fun day," said Andrea Jenner from Derbyshire Peak Oddfellows. "There was lots of laughter and interaction with Oddfellows from other areas."

Carol Pitchford from Leeds Oddfellows agreed, adding: "It was lovely to meet up with a crowd of strangers who then became friends."



Spreading the word

The adverts will be appearing on Facebook and Instagram, online via Rest Less and in upcoming print editions of Saga Magazine, Yours, and Woman's Weekly.

Spokesperson for the Oddfellows, Pam Casey, said: "We wanted the campaign to reflect the real people at the heart of our Society. Our groups are places where people can simply be themselves, enjoy real companionship, and feel genuinely supported."

How you can help

While we hope this campaign inspires more retirees to give us a try, as members, you're our best ambassadors. If you know someone who would benefit from our social events, travel opportunities or welfare support, please encourage them to head to www.oddfellows.co.uk/retirement to find out more.

Celebrating our 2026 Making a Difference Award winners

We are thrilled to announce this year's incredible Making a Difference Awards winners: Richard West of the Royal Berkshire Branch in the Reading District, and husband-and-wife duo Roger and Susan Williamson of the King's Lynn and West Norfolk District.

The Awards highlight the wonderful ways our members go above and beyond to ensure their branches are the best they can be for their fellow members.

Richard West: Reading's 'guardian angel'



Debbie Jex and Richard West

Presented with the 'Enriching Lives Socially' Award by Deputy Grand Master (Deputy Chair) Debbie Jex, 88-year-old Richard West helps to bring joy and positivity to his fellow members in all he does in organising and hosting social events.



Since joining the Reading District in 1992, Richard has worked tirelessly to build a varied and exciting social programme for his fellow members.

Alongside his late friend Doug Walters, Richard helped establish popular singing and exercise groups, and even relaunched a folded group in the nearby village of Pangbourne, which is now in its tenth year.

From coordinating monthly quizzes to organising glamorous annual trips to the Ascot Races, Richard pours his heart into everything he does.

For many, his efforts have been transformative. "We have a number of ladies who say the choir has become a lifeline for them," Richard shared. "I like seeing them enjoy themselves. You can see how it benefits them individually."

Debbie Jex is also Reading Oddfellows' Branch Secretary. She added: "I don't know where we'd be without Richard. His energy is boundless and his enthusiasm even more so. One member has even described him as a 'guardian angel'."

Roger and Susan Williamson: A wonderful team



(L to R) Roger Williamson,
Susan Williamson, John Mann
and Alison Schultz

The Oddfellows' Grand Master (Chair), John Mann, presented the 'Achieving Together' Award to Roger and Susan Williamson. Both in their 80s and Oddfellows members since 2008, the couple's commitment and kindness are renowned at their Branch.

Both take a seat on the King's Lynn Oddfellows' Committee of Management, ensuring members' voices are always at the heart of decision-making.

Roger, a Trustee and three-time Past Provincial Grand Master, hosts walks,

bingo sessions for up to 40 members, and a popular monthly quiz.

Meanwhile, Susan coordinates the kitchen, manages supplies, and runs the raffles.

The couple were incredibly modest about their win. "Initially, I thought it was a joke because the letter turned up on the first of April," laughed Roger.

Susan added: "We're only doing what anybody else would do, but it's nice to know that people appreciate it. To win the award together is special."

Branch Secretary Alison Schultz praised their selflessness, saying: "They offer friendship to so many in the way Oddfellows should, and treat everyone with consideration, kindness and compassion."

Shining examples

Richard, Roger and Susan are proof that our Society thrives because of the generosity and warmth of our members.

Thank you to all who go above and beyond to help and support others within their Branch.

You can find out more about
our Making a Difference Awards,
including previous years'
winners, at [www.oddfellows.co.uk/
makingadifference](http://www.oddfellows.co.uk/makingadifference).

It's never too early to talk about money

At Unity Mutual, the Oddfellows' financial services brand, we believe it's never too early to talk to the young people in our lives about their finances.



Today's younger generations have a lot to consider, with rising costs, student debt and spending temptations online. Simple chats about saving, budgeting and planning ahead can help young people feel more confident about money as they grow and become more independent.

Passing on more than money

Helping younger family members financially is wonderful, but sharing knowledge can be even more valuable.

Explaining different saving tips, how debt works, or pensions and retirement, gives younger generations practical lessons they may not hear elsewhere. Even small conversations can leave a lasting impression.



Don't wait to save

One way to encourage good saving habits is through a Unity Mutual Junior ISA*, which allows children to start saving and is a great way to introduce them to finances and investment.

Opened by a parent or guardian, family and friends can contribute up to £9,000 per tax year, with any growth free from UK tax. All the money saved belongs to them and once they reach the age of 18 can be put towards things like university costs, driving lessons, or even a deposit on their first home.

Making money conversations normal

The best financial lessons are often the simplest ones. Talking openly about saving for goals, comparing prices, or handling debt helps children develop healthy habits. Younger family members are more likely to feel confident about money if the adults around them discuss it calmly and honestly.



To find out more about Unity Mutual and the products we offer, visit www.unitymutual.co.uk or call 0161 214 4650.

*Terms and conditions apply to all our products. Capital at risk with investment products.

Oddfellows Members: Do you need help?



None of us know what is around the corner...

Local Care and Welfare Support

To request contact from a Welfare Visitor and for local help and information about Branch benefits and benevolence contact Yvonne Rice on **01563 572727** or email yvonne.rice@oddfellows.co.uk.

Oddfellows Citizens Advice Line

Call 0800 0149 821*

(free to callers from any landline or mobile number)

Monday - Friday, 9.30am - 4.30pm

Email: oddfellows@citizensadvicemanchester.org.uk



Run by Citizens Advice for Oddfellows members, you can access free, confidential, independent advice on welfare benefits, money and debt issues, consumer problems, housing, fuel bills, employment issues and many other issues.

*The Oddfellows cannot provide legal advice and accepts no liability whatsoever for advice provided by Citizens Advice, which is an independent advice agency. If you have any queries about the advice you have received or wish to make a complaint then you should contact Citizens Advice directly. Citizens Advice operate a formal complaints process.

Care and Welfare Helpline

Call 0800 0149 822

(free to callers from any landline or mobile number)

Monday to Thursday, 9.30am - 4.30pm, Friday, 9.30am - 4pm

Email: care@oddfellows.co.uk

Run by the Oddfellows Care and Welfare Department, you can access information and guidance on issues such as accessing health and care services, supported housing, support for carers, and planning for later life. The helpline will try and identify any Oddfellows benefits or services in the community which may be of help to you.

**Visit our website page at www.oddfellows.co.uk/benefits/care
for care and welfare information**

EDCWA50223

At a glance

September 2026 – Friendship Month

Tues 8	Friendship Coffee with Friends East	11.30am
Wed 16	Japanese Gardens – Dollar	12 noon
Tues 29	Friendship Coffee with Friends West	10.30am

October

Tues 13	Coffee with Friends East	11.30am
Fri 16	The Great Tapestry of Scotland – Galashiels	12 noon
Tues 20	Tour of University of Glasgow	2pm
Mon 26	Coffee with Friends West	10.30am

November

Mon 9	Play, Pie and Pint – Oran Mor, Glasgow	12 noon
Tues 10	Coffee with Friends East	11.30am
Mon 16	Museum of Childhood – Edinburgh	12 noon
Mon 30	Coffee with Friends West	10.30am

December

Tues 1	Christmas Lunch – Dine Edinburgh	12.30pm
Mon 7	Christmas Lunch – Amarone, Glasgow	12.30pm

January 2027

Tues 12	Coffee with Friends East	11.30am
Thurs 21	Burns’ Lunch at Ardnamurchan	12.30pm
Mon 25	Coffee with Friends West	10.30am

February

Wed 3	Billy Elliot – Edinburgh Playhouse	2.30pm
Tues 9	Coffee with Friends East	11.30am
Tues 16	St Mungo’s Well – Glasgow Cathedral	12 noon
Mon 22	Coffee with Friends West	10.30am