

February - July 2026

Issue 6



# out & about

**Bury St Edmunds and Colchester District Lodge**

Covering Colchester, St Edmundsbury, Stowmarket and Sudbury Social Lodges



 Wellbeing

 Quiz

 Talks

 Social  Film

 Dinner

 Walks

 Crafts

 Games  Trips

 Tennis

 Golf

 Sports

 Friendship



*Walk Along the Water Meadows - Monday 15 June*

## **Welcome to the latest edition of our District Social Lodges' Events Diary and news review'**

### **Message from the Secretary**

Hi, I hope you have all had a great festive season and I would like to wish everyone, although a little on the late side, a very Happy and Healthy New Year.

The DSEO's (District Social Events Organisers) at the four Social Lodges, along with their Social Committees, have been very busy arranging events for the next six months. There is a varied selection to keep you entertained and to get involved in. Remember you can attend an event

at any Social Lodge, although I would advise confirming this with the relevant DSEO, as for some events, booking is essential, and a deposit at time of booking will secure your place. At the time of writing, 2025 has been a good year, with an increase in membership, and many events taking place. I would like to thank the DSEO's for the work that they carry out, in continually trying to improve our events and offering something new and varied along with regular favourites. Also, a big thank you to the volunteers at each Social Lodge for their willingness to help.

I hope to see you at some of the events and if you are visiting Bury, please pop in and have a cuppa and chat.

**Tony Nunn  
District Secretary**

### **A bit about us...**

The Oddfellows is a friendly society with Branches across the UK. Through friendship and social events, we help our members get more enjoyment out of life, and offer care, advice and support in times of need. Find out more at [www.oddfellows.co.uk](http://www.oddfellows.co.uk) or call 0800 028 1810.

# District and Social Lodge Contacts

For more information on our events, and for encouragement and support if attending an event for the first time, please contact your local Social Lodge contact:

## Bury St Edmunds and Colchester District Lodge

**District Secretary:** Tony Nunn

85 Whiting Street, Bury St Edmunds, Suffolk IP33 1NX

**Telephone:** 01284 754345 **Email:** tony.nunn@oddfellows.co.uk

**District Assistant Secretary:** Sue Whitehead

**Telephone:** 01284 754345 **Email:** sue.whitehead@oddfellows.co.uk

**Care, Welfare and Benevolence Administrator:** Alice Crane

**Telephone:** 01284 755068 **Mobile Telephone:** 07761 201966

**Email:** alice.crane@oddfellows.co.uk

## Colchester Social Lodge (Events listing page 5)

**Social Events Organiser and Care and Welfare Coordinator:** Diana Randall

**Telephone:** 07761 202016 **Email:** diana.randall@oddfellows.co.uk

**f** [OddfellowsColchester](#)

## St Edmundsbury Social Lodge (Events listing page 10)

**Social Events Organiser and Care and Welfare Coordinator:** Jacky Nunn

**Telephone:** 01284 755068 or **07761 202062** **Email:** jacky.nunn@oddfellows.co.uk

**f** [Oddfellows St Edmundsbury](#)

## Stowmarket Social Lodge (Events listing page 22)

**Social Events Organiser and Care and Welfare Coordinator:** Alice Crane

**Telephone:** 01284 755068 **Mobile Telephone:** 07761 201966

**Email:** alice.crane@oddfellows.co.uk

**f** [OddfellowsStowmarket](#)

## Sudbury Social Lodge (Events listing page 29)

**Social Events Organiser and Care and Welfare Coordinator:** Helen Patel

**Telephone:** 07761 202092 **Email:** helen.patel@oddfellows.co.uk

**f** [OddfellowsSudbury](#)

# Planned District Events

## District Coffee Morning



10.30am



Donation if able



Saturday

Join us for a warm welcome and a friendly chat over a cuppa and toast and biscuits, plus great company is always on offer. Everyone welcome, along with a friendly smile and good conversation. You can pop in for a few minutes or stay the whole morning. This is a free event from 10.30am to 1.30pm. Oddfellows Hall, 85 Whiting Street, Bury St Edmunds, Suffolk IP33 1NX. Contact Jacky on 01284 755068 or 07761 202062

## June 2026

SUN  
14

### Annual District Lunch in Bury St Edmunds



TBC



TBC



We are over to Ashlar House in Bury St Edmunds this year for our Annual District Lunch. Come and join Jacky Nunn, our Chairperson (Provincial Grand Master), as we celebrate her year in office and what better way to do this than a meal with friends and family?

At the time of going to print, the arrival time and menu were not available. Your DSEO will provide information as soon as they can. We will be holding a raffle and all donations for prizes, both big and small, will be greatly appreciated. Book by Friday 29 May. Ashlar House, 23 Eastern Way, Bury St Edmunds IP32 7AB. Contact Tony on 01284 754345.

## July

SUN  
26

### East Anglian Group Conference BBQ



1pm



£9



From May 2026  
to April 2027  
Jacky Nunn,  
Development  
and Social Events  
Organiser at



Bury St Edmunds Branch, will be President of the East Anglian Group Conference. To celebrate her year in office, we will be holding a BBQ in Stowmarket to raise money for her chosen charity - 'Deaf and Hard of Hearing Association'. Members and guests will join us from across the group. Book by Friday 10 July. Red Gables, Redwood Community Centre, Ipswich Road, Stowmarket, Suffolk IP14 1BE. Contact your Social Events Organiser for more details.

# Colchester Events

## February 2026 March

<b>WED 04</b>	<b>Colchester - Wednesday Walkers</b>	<b>WED 04</b>	<b>Colchester - Wednesday Walkers</b>
 11am	 Free		 Free
<p>Meet at 11am in Church Road, Fingringhoe for a circular walk to the south east of Fingringhoe. Some walking on country lanes. Lunch afterwards at the Whalebone pub. Church Road, Fingringhoe CO5 7BN. Contact Diana on 07761 202016.</p>	<p>Meet at 11am by Dovercourt Marine parade. We will walk along the promenade to Harwich and then to Halfpenny Pier. Lunch at Wetherspoons. Queen Victoria Statue, Seafront, Dovercourt CO12 3JX. Contact Diana on 07761 202016.</p>		
<b>MON 09</b>	<b>Colchester Coffee Morning - Canine Partners</b>	<b>MON 09</b>	<b>Colchester Coffee Morning - Singo Bingo</b>
 10.30am	 Donation		
<p>Vanessa Bobby-Rose will be joining us with her assistance dog to talk about her daily life with her wonderful assistance dog. Lion Walk Church, Lion Walk Precinct, Colchester CO1 1LX. Contact Diana on 07761 202016.</p>			
<b>TUES 24</b>	<b>Colchester Oddies Cinema Afternoon</b>		
 1.30pm	 Donation		
<p>Come along to the hall's cinema room and relax for the afternoon and watch 'A United Kingdom'. Cinema refreshments will be served with tea or coffee. Lion Walk Church, Lion Walk Precinct, Colchester CO1 1LX. Contact Diana on 07761 202016.</p>	<p>A new game for Colchester members to play. 'Singo Bingo,' despite the name has no singing required. Phew! Listen to the song and name the song and the artist. Mark it off your bingo card. Join in as a whole table. Prizes to be won. Lion Walk Church, Lion Walk Precinct, Colchester CO1 1LX. Contact Diana on 07761 202016.</p>		

# March

TUES  
24

## Colchester Afternoon - Craft Session



1.30pm



Donation



Come along for an easy afternoon of crafting. Make an Easter item, lots of help available and nothing too challenging. Refreshments will be served. Lion Walk Church, Lion Walk Precinct, Colchester CO1 1LX. Contact Diana on 07761 202016.



# April

WED  
01

## Colchester - Wednesday Walkers



11am



Free



Not an April Fool, we really are going for a walk, so come along and join us. Meet in the car park, off Queens Road. A circular walk to Colne Engaine. Earls Colne, Queens Road, Earls Colne CO6 2RB. Contact Diana on 07761 202016.

# April

MON  
13

## Colchester Coffee Morning - My Tutu went AWOL Talk



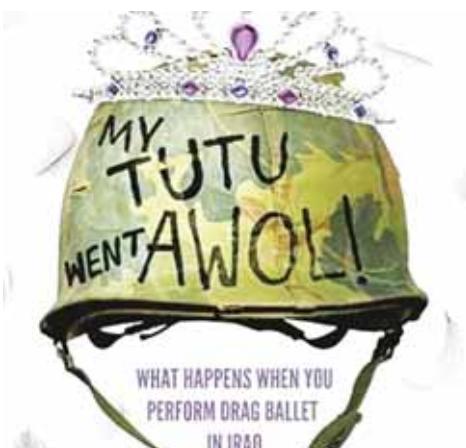
10.30am



Donation



Using material from his best selling memoir, Iestyn Edwards will speak to us about the combined services entertainment experiment sent out to entertain troops in Afghanistan, wearing what was nicknamed his frock of many doilies. Make sure you do not miss this hilarious and tear-jerking talk. Lion Walk Church, Lion Walk Precinct, Colchester CO1 1LX. Contact Diana on 07761 202016.



WED  
15

## Colchester - Catch a Bus for a Walk



11am



Free



Details to follow by email in the preceding week. Location to be arranged. Contact Diana on 07761 202016.

# April

TUES  
28

## Colchester - Day Trip to Woodbridge



10am



Members £12.50  
Guests £15



A day trip to Woodbridge in Suffolk. Have a coffee, do some browsing in the independent shops and take time to see the famous Tide Mill and the long shed to see the construction of the long boat. Maybe take time here for lunch beside the beautiful river Deben. Depart at 4pm. Marks Tey Hotel, London Road, Copford CO6 1DU. Contact Diana on 07761 202016.

WED  
29

## Colchester - Wednesday Walkers



11am



Free



A week early to catch the bluebells. Meet at 11am at the Queens Head Pub. The walk takes us through Countryside and Hill House Woods. There is limited parking at the pub, but plenty of parking in Chapel Road. Lunch at the Queens Head Pub. Queens Head Pub, Queens Head, West Bergholt CO6 3HE. Contact Diana on 07761 202016.

# May

MON  
11

## Colchester Coffee Morning - Gardens and Photography



10.30am



Donation



David Baker, one of our members with a passion for gardens and photography, is coming along to give us a Powerpoint presentation and talk, which will include many of his wonderful photographs. Lion Walk Church, Lion Walk Precinct, Colchester CO1 1LX. Contact Diana on 07761 202016.



WED  
20

## Colchester - Catch a Bus for a Walk



11am



Free



Details to follow by email during the preceding week. Location to be arranged. Contact Diana on 07761 202016.

# May

TUES  
26

## Colchester Afternoon Social - We Drum



1.30pm



Donation



An exciting new experience for Colchester Branch. The very enthusiastic Joe will be coming along with his mass of different drums. Sitting in a circle, we can all follow his lead and join in to hopefully create a wonderful noise. Lion Walk Church, Lion Walk Precinct, Colchester CO1 1LX. Contact Diana on 07761 202016.

# June

WED  
03

## Colchester - Wednesday Walkers



11am



Free



Meet in the lay-by just past the Strood on Mersea Island. Circular walk to West Mersea, along the sea wall with lovely sea views. Coast Road and return through countryside. Lunch at the Coast Inn. Lay-by, The Strood, West Mersea CO5 8RU. Contact Diana on 07761 202016.

# June

MON  
08

## Colchester Coffee Morning - History of the Oddfellows



10.30am



Donation



Past Grand Master (Past Chairman) John Mann will be with us to give us an informal history of the Oddfellows. As



we have many new members, it will be interesting to hear about our 200 year past. Lion Walk Church, Lion Walk Precinct, Colchester CO1 1LX. Contact Diana on 07761 202016.

WED  
17

## Colchester - Catch a Bus for a Walk



11am



Free



Details to follow by email the preceding week. Location to be arranged. Contact Diana on 07761 202016.

TUES  
23

## Colchester Social Afternoon



1.30pm



Donation



Gather together for a beetle drive. A fun afternoon with prizes to be won. Tea or coffee served with time for a chat. Lion Walk Church, Lion Walk Precinct, Colchester CO1 1LX. Contact Diana on 07761 202016.

# July

WED  
01

## Colchester - Wednesday Walkers



10am



Free



Meet at 10am at the RSPB nature reserve Car Park, Wrabness. A circular walk taking in countryside, estuary and woodland views. A refreshment stop at Diana's beach hut during the walk. RSPB Nature Reserve Car Park, Wrabness CO12 5ND. Contact Diana on 07761 202016.



MON  
13

## Colchester Coffee Morning - SAS in Colchester Talk



10.30am



Donation



A talk by Gordon Brown, the chairman of the Earls Colne Heritage Museum about the SAS (Special Air Services) in Colchester. Lion Walk Church, Lion Walk Precinct, Colchester CO1 1LX. Contact Diana on 07761 202016.



WED  
15

## Colchester - Catch a Bus for a Walk



11am



Free



Details to follow by email in the preceding week. Location to be arranged. Contact Diana on 07761 202016.

SAT  
10

## Colchester - Annual Summer BBQ



12.30pm



£10



This very popular annual event will once again take place in Alan and Gill's beautiful garden in Lawford. Come along, relax or play some garden games. Please bring your own chair if you can, alcoholic drinks and a raffle prize. Conway, Garden City, Lawford CO11 2JS. Contact Diana on 07761 202016.

# St Edmundsbury Events

## February 2026

TUES  
03

### Suffolk Sight Talk



Members Free  
Guests £5



Suffolk Sight (VIP-Bury) was our chosen charity for last year. Meghan Staff will be joining us to explain their work and tell us as to how our donations have helped their group provide the essential service they offer their members. Doors open 10am for a cuppa and refreshments, talk starts at 10.30am. Oddfellows Hall, 85 Whiting Street, Bury St Edmunds IP33 1NX. Contact Jacky on 07761 202062.



**Suffolk Sight**

THURS  
05

### Newmarket Coffee Morning



Cost of  
refreshments



All members and friends are welcome to join us at The Day Centre. We meet the first Thursday of the month at 11am for a chance to catch up over a cuppa and cake. Some of our members also stay for a home-cooked lunch. The Day Centre, Fred Archer Way, Newmarket, Suffolk CB8 8NT. Contact Jacky on 07761 202062.

WED  
11

### Craft and Games Afternoon



Members Free  
Guests £5



Pop into the hall for a warm welcome, a friendly atmosphere and a nice cuppa. Join in with the latest craft project or bring your own along with you. If craft is not for you, then enjoy a game of Crib, Chess or Scrabble, or just sit and have a chat. Everyone welcome. Oddfellows Hall, 85 Whiting Street, Bury St Edmunds IP33 1NX. Contact Jacky on 07761 202062.



FRI  
13

### Brandon Coffee Morning



Cost of  
refreshments



On the second Friday of the month, we meet at Tilly's Tearoom for a cuppa and catch-up with friends. A few of us arrive early for a breakfast and some of us stay for lunch, but everyone is always welcome to join us. Tilly's Tearoom, Old Five Bells, Market Hill, Brandon IP27 0AA. Contact Jacky on 07761 202062.

# February 2026

THURS  
19

## Film Club Afternoon



1.30pm



Members Free  
Guests £5



On the third Thursday of every month, we hold our film club at the Oddfellows Hall. Doors open at 1pm for a chat, cuppa and collection of popcorn. The film will start at 1.30pm. This month's film is *Finding Your Feet*, starring Imelda Staunton, Timothy Spall, Celia Imrie, David Hayman, John Sessions and Joanna Lumley. Oddfellows Hall, 85 Whiting Street, Bury St Edmunds IP33 1NX. Contact Jacky on 07761 202062.



WED  
25

## New Age Kurling Afternoon



1.30pm



Members Free  
Guests £5



Reds versus Blues. Both teams take it in turns to score as many points as possible, whilst the opposition tries to knock them off the scoring mat. Competitive? No, never! Jill and Gail are your hosts for this event and refreshments will be served during the game. Oddfellows Hall, 85 Whiting Street, Bury St Edmunds IP33 1NX. Contact Jacky on 07761 202062.

FRI  
27

## Chinese New Year Afternoon



2pm



Members £3  
Guests £5



Come and celebrate the Chinese New Year with us. The afternoon will be filled with games,



trivia relating to the year of the horse, Chinese nibbles and flavours. Booking essential as places limited. Book by Friday 13 February. Oddfellows Hall, 85 Whiting Street, Bury St Edmunds IP33 1NX. Contact Jacky on 07761 202062.

# March

TUES  
03

## The Borley Rectory with Bryan Thurlow



10am



Members Free  
Guests £5



The Borley Rectory made the national newspaper headlines back in 1929 as the most haunted house in England. Harry Price was sent to the rectory to find answers, but was this so-called expert all he professed to be? Doors open at 10am for refreshments and the talk starts at 10.30am. Oddfellows Hall, 85 Whiting Street, Bury St Edmunds IP33 1NX. Contact Jacky on 07761 202062.

# March

THURS  
05

## Newmarket Coffee Morning



11am



Cost of refreshments



All members and friends are welcome to join us at The Day Centre. We meet the first Thursday of the month at 11am for a chance to catch up over a cuppa and cake. Some of our members also stay for a home-cooked lunch. The Day Centre, Fred Archer Way, Newmarket, Suffolk CB8 8NT. Contact Jacky on 07761 202062.

FRI  
13

## Brandon Coffee Morning



11am



Cost of refreshments



On the second Friday of the month, we meet at Tilly's Tearoom for a cuppa and catch-up with friends. A few of us arrive early for a breakfast and some of us stay for lunch, but everyone is always welcome to join us. Tilly's Tearoom, Old Five Bells, Market Hill, Brandon IP27 0AA. Contact Jacky on 07761 202062.

WED  
11

## Craft and Games Afternoon



1.30pm



Members Free  
Guests £5



Pop into the hall for a warm welcome, a friendly atmosphere and a nice cuppa. Join in with the latest craft project or bring your own along with you. If craft is not for you, then enjoy a game of Crib, Chess or Scrabble, or just sit and have a chat. Everyone welcome. Oddfellows Hall, 85 Whiting Street, Bury St Edmunds IP33 1NX. Contact Jacky on 07761 202062.

MON  
16

## Singo Bingo Afternoon



1.30pm



Members £3  
Guests £5



Do you like music, a game of bingo, or both? Then join us for an afternoon of fun as we play 'Singo Bingo'. No singing required. Your



card will have the titles of the songs and the tunes will be played to you all. Once you recognise the song, you mark it off on your card until you have a line or full house. Doors open from 1.30pm, the game starts at 2pm. Oddfellows Hall, 85 Whiting Street, Bury St Edmunds IP33 1NX. Contact Jacky on 07761 202062.



# March

THURS  
19

## Film Club Afternoon



1.30pm



Members Free  
Guests £5



On the third Thursday of every month, we hold our film club at the Oddfellows Hall. Doors open at 1pm for a chat, cuppa and collection of popcorn. The film will start at 1.30pm. This month's film is The Bucket List, starring Jack Nicholson and Morgan Freeman. Oddfellows Hall, 85 Whiting Street, Bury St Edmunds IP33 1NX. Contact Jacky on 07761 202062.

WED  
25

## New Age Kurling Afternoon



1.30pm



Members Free  
Guests £5



Reds versus Blues. Both teams take it in turns to score as many points as possible, whilst the opposition tries to knock them off the scoring mat. Competitive? No, never! Jill and Gail are your hosts for this event and refreshments will be served during the game. Oddfellows Hall, 85 Whiting Street, Bury St Edmunds IP33 1NX. Contact Jacky on 07761 202062.



# April

WED  
01

## Easter Cuppa and Cake Afternoon



2pm



Members £4  
Guests £8



With Easter this weekend, what better way to start the celebrations than with friends? Join us for an afternoon of everything that is Easter. Hot cross buns, chocolate eggs, Easter bonnets and a 'Steal Me Raffle'. Booking essential as places limited. Book by Friday 20 March. Oddfellows Hall, 85 Whiting Street, Bury St Edmunds IP33 1NX. Contact Jacky on 07761 202062.

THURS  
02

## Newmarket Coffee Morning



11am



Cost of  
refreshments



All members and friends are welcome to join us at The Day Centre. We meet the first Thursday of the month at 11am for a chance to catch up over a cuppa and cake. Some of our members also stay for a home-cooked lunch. The Day Centre, Fred Archer Way, Newmarket, Suffolk CB8 8NT. Contact Jacky on 07761 202062.

# April

TUES  
07

## Bees and Nature

 10am

 Members Free  
Guests £5



Mariks and Graham have been keeping bees for over 14 years. Join them as they share their experiences, giving us an insight into the world of bees and how important they are to our environment. We all play a part in providing them with a source of nourishment in our own gardens. Doors open 10am for refreshments, talk starts 10.30am. Oddfellows Hall, 85 Whiting Street, Bury St Edmunds IP33 1NX. Contact Jacky on 07761 202062.



WED  
08

## Craft and Games Afternoon

 1.30pm

 Members Free  
Guests £5



Pop into the hall for a warm welcome, a friendly atmosphere and a nice cuppa. Join in with the latest craft project or bring your own along with you. If craft is not for you, then enjoy a game of Crib, Chess or Scrabble, or just sit and have a chat. Everyone welcome. Oddfellows Hall, 85 Whiting Street, Bury St Edmunds IP33 1NX. Contact Jacky on 07761 202062.

FRI  
10

## Brandon Coffee Morning

 11am

 Cost of  
refreshments



On the second Friday of the month we meet at Tilly's Tearoom for a cuppa and catch-up with friends. A few of us arrive early for a breakfast and some of us stay for lunch, but everyone is always welcome to join us. Tilly's Tearoom, Old Five Bells, Market Hill, Brandon IP27 0AA. Contact Jacky on 07761 202062.

THURS  
16

## Film Club Afternoon

 1.30pm

 Members Free  
Guests £5



On the third Thursday of every month, we hold our film club at the Oddfellows Hall. Doors open at 1pm for a chat, cuppa and collection of popcorn. The film will start at 1.30pm. This month's film is Disney's 'Beauty and the Beast'. Oddfellows Hall, 85 Whiting Street, Bury St Edmunds IP33 1NX. Contact Jacky on 07761 202062.



# April

TUES  
21

## Sightseeing in Cambridge

 9am

 Members £20  
Guests £25



A chance to spend the day in Cambridge, coach travel will be from 4 points in Bury St Edmunds. On arrival we will be met by Murray a qualified tour guide, for a sixty-minute adventure around the city. Afterwards, the time is our own. Perhaps a museum, shopping or just something to eat? The choices are endless. A £10 deposit is needed at the time of booking. Book by Wednesday 1 April. Cambridge City Centre, Trinity Street, Cambridge CB2 1TA. Contact Jacky on 07761 202062.



WED  
29

## New Age Kurling Afternoon

 1.30pm

 Members Free  
Guests £5



Reds versus Blues. Both teams take it in turns to score as many points as possible, whilst the opposition tries to knock them off the scoring mat. Competitive? No, never! Jill and Gail are your hosts for this event and refreshments will be served during the game. Oddfellows Hall, 85 Whiting Street, Bury St Edmunds IP33 1NX. Contact Jacky on 07761 202062.



THURS  
23

## St George's Day Lunch with Oddfellows Bingo

 12 noon

 Members £8, Guests £12



Today is St George's Day and what better way to celebrate than having lunch with friends? Sausages, mash, beans and mushy peas are on offer, along with a good old fashioned pudding with custard. Gluten free and vegetarian options will be available at time of booking. This will be followed by a game or two of Oddfellows bingo. Booking is essential as places are limited. Book by Tuesday 7 April. Oddfellows Hall, 85 Whiting Street, Bury St Edmunds IP33 1NX. Contact Jacky on 07761 202062.



# May

TUES  
05

## A Town within a Town with Stephen Moody

 10am

 Members Free  
Guests £5



The mighty Abbey of St Edmund controlled West Suffolk for over 500 years and became one of the largest and wealthiest Benedictine monasteries in Europe. We will look at the story of the abbey, the building, the people and the influence over daily life in the town. Through to the abbey's destruction in 1539, we look at how the abbey formed the Bury St Edmunds we know and love today. Refreshments from 10am and the talk will start at 10.30am. Oddfellows Hall, 85 Whiting Street, Bury St Edmunds IP33 1NX. Contact Jacky on 07761 202062.



FRI  
08

## Brandon Coffee Morning

 11am

 Cost of refreshments



On the second Friday of the month, we meet at Tilly's Tearoom for a cuppa and catch-up with friends. A few of us arrive early for a breakfast and some of us stay for lunch, but everyone is always welcome to join us. Tilly's Tearoom, Old Five Bells, Market Hill, Brandon IP27 0AA. Contact Jacky on 07761 202062.

MON  
11

## Spring Photo Shoot

 2pm

 Free



Join Alison and Julian as they take us on another photo session around the Abbey Gardens, this time in



spring. The trees should be full of blossom and the flower beds very colourful. The fact sheet this time will be on taking photos using your mobile phone. Afterwards, we will adjourn to the cathedral café for refreshments. We will meet in the Rose Garden. Abbey Gardens, 22 Mustow Street, Bury St Edmunds, Suffolk IP33 1XL. Contact Jacky on 07761 202062.

THURS  
07

## Newmarket Coffee Morning

 11am

 Cost of refreshments



All members and friends are welcome to join us at The Day Centre. We meet the first Thursday of the month at 11am for a chance to catch up over a cuppa and cake. Some of our members also stay for a home cooked lunch. The Day Centre, Fred Archer Way, Newmarket, Suffolk CB8 8NT. Contact Jacky on 07761 202062.

# May

WED  
13

## Craft and Games Afternoon



1.30pm



Members Free  
Guests £5



Pop into the hall for a warm welcome, a friendly atmosphere and a nice cuppa. Join in with the latest craft project or bring your own along with you. If craft is not for you, then enjoy a game of Crib, Chess or Scrabble, or just sit and have a chat. Everyone welcome. Oddfellows Hall, 85 Whiting Street, Bury St Edmunds IP33 1NX. Contact Jacky on 07761 202062.

WED  
27

## New Age Kurling Afternoon



1.30pm



Members Free  
Guests £5



Reds versus Blues. Both teams take it in turns to score as many points as possible, whilst the opposition tries to knock them off the scoring mat. Competitive? No, never! Jill and Gail are your hosts for this event and refreshments will be served during the game. Oddfellows Hall, 85 Whiting Street, Bury St Edmunds IP33 1NX. Contact Jacky on 07761 202062.

THURS  
21

## Film Club Afternoon



1.30pm



Members Free  
Guests £5



On the third Thursday of every month, we hold our film club at the Oddfellows Hall. Doors open at 1pm for a chat, cuppa and collection of popcorn. The film will start at 1.30pm. This month's film is My House In Umbria, starring Maggie Smith, Chris Cooper and Timothy Spall. Oddfellows Hall, 85 Whiting Street, Bury St Edmunds IP33 1NX. Contact Jacky on 07761 202062.



FRI  
29

## '60s Music Afternoon with Barrie and Pete



1.30pm



Members £3  
Guests £5



Back by popular demand, join Barrie and Pete as they take us down memory lane with music from the '60s. Whether you tap your feet, sing along or get up and dance, hopefully you will enjoy the tunes. Doors open at 1.30pm and the music will start at 2pm. Oddfellows Hall, 85 Whiting Street, Bury St Edmunds IP33 1NX. Contact Jacky on 07761 202062.

# June

TUES  
02

## Bury Water Meadows - Julian Case



10am



Members Free  
Guests £5



Julian talks to us about The Bury Water Meadows Group, whose main aims are to conserve and improve the rivers Lark and Linnet for the benefit of the public and to improve their biodiversity. All work is carried out by volunteers with Julian being one of them. Doors open 10am for refreshments, talk starts 10.30am. Oddfellows Hall, 85 Whiting Street, Bury St Edmunds IP33 1NX. Contact Jacky on 07761 202062.



THURS  
04

## Newmarket Coffee Morning



11am



Cost of  
refreshments



All members and friends are welcome to join us at The Day Centre. We meet the first Thursday of the month at 11am for a chance to catch up over a cuppa and cake. Some of our members also stay for a home-cooked lunch. The Day Centre, Fred Archer Way, Newmarket, Suffolk CB8 8NT. Contact Jacky on 07761 202062.

WED  
10

## Craft and Games Afternoon



1.30pm



Members Free  
Guests £5



Pop into the hall for a warm welcome, a friendly atmosphere and a nice cuppa. Join in with the latest craft project or bring your own along with you. If craft is not for you, then enjoy a game of Crib, Chess or Scrabble, or just sit and have a chat. Everyone welcome. Oddfellows Hall, 85 Whiting Street, Bury St Edmunds IP33 1NX. Contact Jacky on 07761 202062.

FRI  
12

## Brandon Coffee Morning



11am



Cost of  
refreshments



On the second Friday of the month, we meet at Tilly's Tearoom for a cuppa and catch-up with friends. A few of us arrive early for a breakfast and some of us stay for lunch, but everyone is always welcome to join us. Tilly's Tearoom, Old Five Bells, Market Hill, Brandon IP27 0AA. Contact Jacky on 07761 202062.



# June

MON  
15

## Walk Along the Water Meadows

 2pm

 Free



Following our talk from Julian earlier this month, we will take a stroll along the water meadows to see the results of the hard work of the Bury Water Meadows Group and enjoy the fresh air with friends. Afterwards, we could stop and have a cuppa in the park. The Rugby Club, Haberden, Southgate Green, Bury St Edmunds IP33 2BL. Contact Jacky on 07761 202062.



THURS  
18

## Film Club Afternoon

 1.30pm

 Members Free  
Guests £5



On the third Thursday of every month, we hold our film club at the Oddfellows Hall. Doors open at 1pm for a chat, cuppa and collection of popcorn. The film will start at 1.30pm. This month's film is The Importance of Being Earnest, starring Rupert Everett, Colin Firth, Frances O'Connor, Rees Witherspoon and Judi Dench. Oddfellows Hall, 85 Whiting Street, Bury St Edmunds IP33 1NX. Contact Jacky on 07761 202062.

WED  
24

## New Age Kurling Afternoon

 1.30pm

 Members Free  
Guests £5



Reds versus Blues. Both teams take it in turns to score as many points as possible, whilst the opposition tries to knock them off the scoring mat. Competitive? No, never! Jill and Gail are your hosts for this event and refreshments will be served during the game. Oddfellows Hall, 85 Whiting Street, Bury St Edmunds IP33 1NX. Contact Jacky on 07761 202062.

FRI  
26

## Summer Time Wine Tasting

 2pm

 Members £12, Guests £17



Kevin and Teresa will be joining us again, but this time we will be tasting fresh summer time wines. They will have three whites, three reds and perhaps one dessert wine for us to try. This will be followed by cheese and biscuits. We are limited to 20 places, so booking early is essential. A £5 deposit is needed to secure your place. Oddfellows Hall, 85 Whiting Street, Bury St Edmunds IP33 1NX. Contact Jacky on 07761 202062.



# July

THURS  
02

## Newmarket Coffee Morning



11am



Cost of  
refreshments



All members and friends are welcome to join us at The Day Centre. We meet the first Thursday of the month at 11am for a chance to catch up over a cuppa and cake. Some of our members also stay for a home-cooked lunch. The Day Centre, Fred Archer Way, Newmarket, Suffolk CB8 8NT. Contact Jacky on 07761 202062.

WED  
08

## Craft and Games Afternoon



1.30pm



Members Free  
Guests £5



Pop into the hall for a warm welcome, a friendly atmosphere and a nice cuppa. Join in with the latest craft project or bring your own along with you. If craft is not for you, then enjoy a game of Crib, Chess or Scrabble or just sit and have a chat. Everyone welcome. Oddfellows Hall, 85 Whiting Street, Bury St Edmunds IP33 1NX. Contact Jacky on 07761 202062.

TUES  
07

## In Search of Lost Glitter with Sarah



10am



Members Free  
Guests £5



Sarah's ordinary and unremarkable life was turned upside down in 2010 when her husband died. This talk is about how she held it together and is not a guide on surviving grief. She talks about how the seemingly insignificant details can stir up the brightest memories. She hopes some of her stories will help people to find their own 'Lost Glitter'. Doors open 10am for refreshments and the talk starts 10.30am. Oddfellows Hall, 85 Whiting Street, Bury St Edmunds IP33 1NX. Contact Jacky on 07761 202062.



FRI  
10

## Brandon Coffee Morning



11am



Cost of  
refreshments



On the second Friday of the month, we meet at Tilly's Tearoom for a cuppa and catch-up with friends. A few of us arrive early for a breakfast and some of us stay for lunch, but everyone is always welcome to join us. Tilly's Tearoom, Old Five Bells, Market Hill, Brandon IP27 0AA. Contact Jacky on 07761 202062.

# July

MON  
13

## Play Your Cards Right



1.30pm



Members Free  
Guests £5



Whether you call it 'Play Your Cards Right', or 'Higher or Lower', we think we can all agree that the game is a classic! Join us for an afternoon of fun, laughter and competitive competition. Doors open at 1pm and the game started at 1.30pm. Refreshments will be served during the afternoon. Oddfellows Hall, 85 Whiting Street, Bury St Edmunds IP33 1NX. Contact Jacky on 07761 202062.



THURS  
16

## Film Club Afternoon



1.30pm



Members Free  
Guests £5



On the third Thursday of every month, we hold our film club at the Oddfellows Hall. Doors open at 1pm for a chat, cuppa and collection of popcorn. The film will start at 1.30pm. This month's film is Quartet, starring Maggie Smith, Tom Courtenay, Billy Connolly, Pauline Collins and Michael Gambon. Oddfellows Hall, 85 Whiting Street, Bury St Edmunds IP33 1NX. Contact Jacky on 07761 202062.

WED  
22

## An Afternoon of Fun with 'Stuff and Folly'



2pm



Members £3  
Guests £5



Stuff and Folly are a group of writers/performers with over 25 years experience. They mostly deliver comedy sketches and short plays, interspersed with anecdotes. Join Phil and team for what should be a 'laugh a minute' afternoon. Refreshments will be available. Oddfellows Hall, 85 Whiting Street, Bury St Edmunds IP33 1NX. Contact Jacky on 07761 202062.



WED  
29

## New Age Kurling Afternoon



1.30pm



Members Free  
Guests £5



1.30pm



Members Free  
Guests £5

Reds versus Blues. Both teams take it in turns to score as many points as possible, whilst the opposition tries to knock them off the scoring mat. Competitive? No, never! Jill and Gail are your hosts for this event and refreshments will be served during the game. Oddfellows Hall, 85 Whiting Street, Bury St Edmunds IP33 1NX. Contact Jacky on 07761 202062.

# Stowmarket Events

## Lunch Club in Stowmarket



11am



£6.50



The lunch club is run by Red Gables every Monday. The door opens at 11am, where members are welcome to attend. You will be served tea or coffee or squash on arriving. There will generally be bingo, a short talk or a quiz before lunch, which is cooked on the premises. There are two groups attending on alternative weeks. When you register to attend, you will be allocated either group A or B. Cost is being held at £6.50 each per meal. Redwood Community Centre, Ipswich Road, Stowmarket, Suffolk IP14 1BE. To make a booking, please call Red Gables on 01449 673947 or speak to the Social Organiser, Alice on 07761 201966. Bookings will need made seven days in advance of when you wish to attend.

Every Monday

## Stowmarket Coffee and Catch Up



10.30am



Cost as per refreshments



First Wednesday



All members and friends are welcome to join us on the first Wednesday of the month for our monthly cuppa and catch up. Have a chat, a hot drink, a snack or stay for lunch. Items are purchased at your own cost, but members will receive a discount. Cabbages & Kings, The Mix, 127 Ipswich Street, Stowmarket IP14 1BB. Contact Alice on 07761 201966.

4 February

4 March

1 April

6 May

3 June

1 July

# February 2026

MON  
09

## An Evening of Music with Nik Lowe in Stowmarket



7.30pm

Members £3  
Guests £5

Join us for an evening of music with the talented Nik Lowe. Nik is an experienced singer-songwriter and will join us, guitar in hand to perform a night of music, including classics from The Beatles, Simon and Garfunkel, Don McLean, Elvis, Oasis and more. Refreshments will be served. Red Gables, Redwood Community Centre, Ipswich Road, Stowmarket, Suffolk IP14 1BE. Contact Alice on 07761 201966.

TUES  
17

## The Siege of Haughley Castle with Dr Mike in Stowmarket



2pm

Members Free  
Guests £5

A Hard and Grievous Battle: The Siege of Haughley Castle and The Battle of Fornham in 1173. Dr Mike will join us to talk about this fascinating part of our local history and explain how these events helped shape the fate of Henry II's reign. Refreshments will be available on arrival. Red Gables, Redwood Community Centre, Ipswich Road, Stowmarket, Suffolk IP14 1BE. Contact Alice on 07761 201966.



# February 2026

# March

**WED  
25**

## Craft and Games Afternoon in Stowmarket



Members Free  
Guests £3



Join us at Red Gables for a relaxed, friendly afternoon and a nice cuppa. Join in with our craft project or bring your own along with you. If craft isn't for you, then there will be plenty of games you can choose from: Crib, Chess or Scrabble to name a few. Or perhaps you would just like to join us for a cuppa and a chat. Everyone is welcome. Red Gables, Redwood Community Centre, Ipswich Road, Stowmarket, Suffolk IP14 1BE. Contact Alice on 07761 201966.



**MON  
09**

## Brian Heard on Forensic Science in Stowmarket



Members Free  
Guests £5



Brian will be joining us to talk about his fascinating time working in forensics at New Scotland Yard. Expect to be amazed, shocked and amused in equal measure as we learn about the realities of the case work he undertook. Refreshments will be available on arrival. Red Gables, Redwood Community Centre, Ipswich Road, Stowmarket, Suffolk IP14 1BE. Contact Alice on 07761 201966.

**TUES  
17**

## Artistic Afternoon Workshop in Stowmarket



Members £3  
Guests £5



Join us for an afternoon of fun and creativity as our very own talented artist, Jacqui, guides us through the basics of drawing. Refreshments will be available on arrival. Book by Monday 2 March. Red Gables, Redwood Community Centre, Ipswich Road, Stowmarket, Suffolk IP14 1BE. Contact Alice on 07761 201966.

**THURS  
19**

## Piano Legends: Forever Elton and Joel in Stowmarket



Members £18  
Guests £22



Forever Elton and Joel, a spectacular theatre show celebrating the timeless hits of Billy Joel and Elton John. Led by the multi award-winning composer and musical director Phil Mountford, this tribute band brings the magic of two of the greatest piano men to life with electrifying performances. The show starts at 7.30pm and we will meet beforehand in the 1936 café bar in the Regal. Book by Monday 19 January. The Regal, Ipswich Road, Stowmarket, Suffolk IP14 1AY. Contact Alice on 07761 201966.



# March

**WED  
25**

## Cupcake Decorating Masterclass in Stowmarket



2pm



Members £5, Guests £8



Culinary experts Bob and Donna join us for this interactive cupcake decorating masterclass. Bob and Donna will provide freshly baked cupcakes and will guide us through each stage of decoration. We will, of course, get to take home the finished masterpieces to enjoy.

Refreshments will be available on arrival. Book by Monday 9 February. Red Gables, Redwood Community Centre, Ipswich Road, Stowmarket, Suffolk IP14 1BE. Contact Alice on 07761 201966.



# April

**WED  
08**

## Ten Pin Bowling at Bury Bowl with Stowmarket



10.30am



Members £8  
Guests £10



Join us for a morning of good fun and friendly competition. We will meet at Bury Bowl in Bury St Edmunds at 10.30am. The cost includes two games of bowling and refreshments. A £5 deposit will be needed at the time of booking. Please meet inside the bowling alley. Book by Wednesday 25 March. Bury Bowl, Eastgate Street, Bury St Edmunds, Suffolk IP33 1YQ. Contact Alice on 07761 201966.



**MON  
13**

## Sea Shanty Songs with Stuart Green in Stowmarket



7.30pm



Members £3  
Guests £5



Join us for a musical workshop, designed for having fun and singing along, as well as teaching us a little about the history of shanties. It includes a variety of activities and group singing. This is a sing-along workshop, with everyone welcome to join, from novices to experienced singers! Refreshments will be available on arrival. Book by Monday 30 March. Red Gables, Redwood Community Centre, Ipswich Road, Stowmarket, Suffolk IP14 1BE. Contact Alice on 07761 201966.

# April

TUES  
21

## Play Your Cards Right with Stowmarket



2pm



Members Free  
Guests £3



Whether you call it 'Higher or Lower', or 'Play Your Cards Right', we can all agree that the game is a classic! This promises to be an afternoon filled with laughter and good-natured competition. Join us for refreshments on arrival. Book by Tuesday 14 April. Red Gables, Redwood Community Centre, Ipswich Road, Stowmarket, Suffolk IP14 1BE. Contact Alice on 07761 201966.

WED  
29

## Stuff and Folly in Stowmarket



2pm



Members £3  
Guests £5



Stuff and Folly are a group of writers/performers with over 25 years experience. They have had their works performed internationally and on BBC radio. They deliver comedy sketches and short plays, interspersed with anecdotes. Join Phil and team for what should be a 'laugh a minute'. Refreshments will be available on arrival. Book by Wednesday 15 April. Red Gables, Redwood Community Centre, Ipswich Road, Stowmarket, Suffolk IP14 1BE. Contact Alice on 07761 201966.



# May

MON  
11

## We Drum in Stowmarket



7.30pm



Members Free  
Guests £3



Join Joe as he takes us on a musical journey with the help of drums. Everyone will have the chance to join in the group session, and no experience is necessary. Joe is back by popular demand, following the success of his last Stowmarket event! Refreshments will be available. Red Gables, Redwood Community Centre, Ipswich Road, Stowmarket, Suffolk IP14 1BE. Contact Alice on 07761 201966.

TUES  
19

## Beetle Drive in Stowmarket



2pm



Members Free  
Guests £3



Join us for a good old fashioned beetle drive. Often competitive, always fun. Come alone or with friends. Everyone is welcome! There will be refreshments available on arrival. Red Gables, Redwood Community Centre, Ipswich Road, Stowmarket, Suffolk IP14 1BE. Contact Alice on 07761 201966.

# May

**WED  
27**

## Wine Tasting Afternoon in Stowmarket



2pm



Members £10  
Guests £12



Come and join in the fun for this wine tasting experience. We will learn from our very own Stowmarket sommeliers and have some fun in the process. We will follow the wine with cheese and biscuits. We have limited spaces for this event, so a £5 deposit will be needed at the time of booking. Book by Friday 1 May. Red Gables, Redwood Community Centre, Ipswich Road, Stowmarket, Suffolk IP14 1BE. Contact Alice on 07761 201966.



**MON  
08**

## Suffolk RSPCA Talk in Stowmarket



7.30pm



Members Free  
Guests £3



Gill Hendry joins us to talk about the RSPCA (Royal Society for the Prevention of Cruelty to Animals). She has volunteered for the RSPCA since 2018 as an Educational Speaker, helping people to learn about the welfare of animals locally and the day-to-day work that the RSPCA does. Refreshments will be available on arrival. Red Gables, Redwood Community Centre, Ipswich Road, Stowmarket, Suffolk IP14 1BE. Contact Alice on 07761 201966.



# June

**FRI  
05**

## Walking Tennis in Stowmarket



1pm



Members £2, Guests £5



Coach Debs will lead this gentle session, designed for all levels of ability. The rules disallow running, but permit the ball to bounce twice if need be. No previous tennis experience is required and equipment can be supplied. You only need trainers, a water bottle and willingness to have a go. The tennis will be followed by tea and cake. Book by Friday 22 May. Stowmarket Lawn Tennis Club, Iliffe Way, Stowmarket IP14 1SL. Contact Alice on 07761 201966.



# June

TUES  
16

## The Big Quiz in Stowmarket



2pm



Members Free  
Guests £3



Experienced quiz master, Fred Chenery, will be leading us through this afternoon of quizzing, covering a broad mix of subjects. Let's get our brain cogs turning for an afternoon of fun and thinking. Come in teams, or join a team on arrival. Refreshments will be available on arrival. Red Gables, Redwood Community Centre, Ipswich Road, Stowmarket, Suffolk IP14 1BE. Contact Alice on 07761 201966.

WED  
24

## The War Years in Stowmarket



2pm



Members Free  
Guests £5



We will be joined by Darren Dordoy for this interesting talk. Darren is Chairman of Stowmarket Local History Group, a Local Councillor on Stowmarket Town Council and Deputy Town Mayor from May 2025-2026. Darren will take us back in time to learn about Stowmarket through the war. Refreshments will be served. Red Gables, Redwood Community Centre, Ipswich Road, Stowmarket, Suffolk IP14 1BE. Contact Alice on 07761 201966.

# July

FRI  
10

## Stowmarket Coach Trip to Holt, Steam Train to Sheringham and Return



9.30am



Members £32, Guests £36



The coach will take us to Holt in Norfolk, where we will catch the steam train into Sheringham. We will have time to visit the beach, have something to eat or just sit and relax. We will then take the steam train back to Holt, where our coach will be waiting to bring us back to Stowmarket.

A £10 deposit is needed at the time of booking. Book by Wednesday 10 June. North Norfolk Railway, Sheringham Station, Station Approach, Sheringham, Norfolk NR26 8RA. Contact Alice on 07761 201966.



# July

MON  
13

## Singo Bingo in Stowmarket



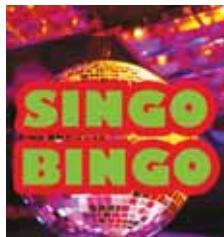
7.30pm



Members Free  
Guests £5



Join us for 'Singo Bingo', a fun and exciting spin on the traditional game of bingo. Players mark off song titles on their bingo



cards instead of numbers as short music clips are played. Come along for an evening of fun and great music. Refreshments will be available on arrival. Red Gables, Redwood Community Centre, Ipswich Road, Stowmarket, Suffolk IP14 1BE. Contact Alice on 07761 201966.

TUES  
21

## New Age Kurling in Stowmarket



2pm



Members Free  
Guests £3



Join us for some friendly competition as 'Reds versus Blues' in this afternoon of 'New Age Kurling'. Both teams will take turns to score as many points as possible, whilst the opposition tries to knock them off the scoring mat. This is a game that can be played by all - beginners are welcome! We will take a pause in play for refreshments. Red Gables, Redwood Community Centre, Ipswich Road, Stowmarket, Suffolk IP14 1BE. Contact Alice on 07761 201966.



WED  
29

## An Afternoon of Racing with Honest Tone in Stowmarket



2pm



Members Free, Guests £3



The one and only Honest Tone joins us as our bookie for this afternoon of racing with a difference. Our battery operated pigs will hit the track for this high-octane event! Everyone taking part will be given tokens and whoever holds the most at the end will be our winner. Red Gables, Redwood Community Centre, Ipswich Road, Stowmarket, Suffolk IP14 1BE. Contact Alice on 07761 201966.



# Sudbury Events

## February 2026

WED  
04

### Ten Pin Bowling with Sudbury



10.30am



Members £8  
Guests £10



Join us at NAMCO Funscape Ten Pin Bowling for a morning of fun and laughter. The cost includes up to three hours of bowling and a Costa Coffee. Don't worry if you have not played before, we can all learn together. Please meet inside the bowling alley. Book by Wednesday 14 January. NAMCO Funscape Braintree, Braintree Leisure Park, Charter Way, Braintree CM77 8YH. Contact Helen on 07761 202092.



WED  
11

### A French Love Affair of over 40 Years



2.30pm



Free



We are delighted to welcome back Cherry Mullins to share the tale of how one woman's love affair developed and grew, living and working in France. An afternoon not to be missed. The Masonic Hall, North Street, Sudbury, Suffolk CO10 1NA. Contact Helen on 07761 202092.

THURS  
19

### Coffee Morning at Acton Village Hall



10am



Members Donations  
for refreshments if  
able, Guests £3



Why not join us for coffee and a chat at Acton Village Hall? A change of venue for this months meet up. We will be there from 10am until 11.45am, so please do come along. You could always bring along your latest craft project or a game to play with friends. A great way to get to know other members. Acton Village Hall, The Green, Acton, Sudbury CO10 0AL. Contact Helen on 07761 202092.

WED  
25

### Bingo with Fish and Chips



10.30am



Members £7  
Guests £10



It's that time again! Bingo with fish and chips is back. Come along for a morning of fun with friends. Bingo will start at 10.30am followed by the fish and chips at 12 noon. Will you be a winner? Book by Wednesday 11 February. The Masonic Hall, North Street, Sudbury, Suffolk CO10 1NA. Contact Helen on 07761 202092.



# March

THURS  
05

## Accessible Fitness with Amanda



10.30am



Members Free, Guests £3



This session with Amanda Anderson will cover both seated and standing exercises at the same time, so is ideal whatever your mobility. It will include gentle, low-impact movement, designed to boost mood and improve circulation. Resistance bands will be used for simple strengthening exercises (if you have your own please feel free to bring them along). Amanda will guide us through some easy Qi Gong-inspired stretches and mindful movements to help mobilise the joints and release tension. The session will finish with a short relaxation and an opportunity to ask any questions. Refreshments will be served after the session. Book by Wednesday 25 February. Acton Village Hall, The Green, Acton, Sudbury CO10 0AL. Contact Helen on 07761 202092.

WED  
11

## Borley Rectory – The Most Haunted House in England



2.30pm



Free



In 1929, a national newspaper headline declared that the rectory at Borley, near Sudbury, was the most haunted house in England. This account of the ghostly goings on at the Essex rectory is brought to life, covering the period from the 1840s to the 1940s. It features the Reverend Smith, his wife, Mabel and professional ghost investigator, Harry Price who is called in to investigate the paranormal problems they have been experiencing at the rectory. But is this so-called expert all he professes to be? The Masonic Hall, North Street, Sudbury, Suffolk CO10 1NA. Contact Helen on 07761 202092.

WED  
18

## Coffee Morning



10am



Members Donations  
for refreshments if  
able, Guests £3



Why not join us for coffee and a chat at the Masonic Hall? We will be there from 10am until 11.45am, so please do come along. You could always bring along your latest craft project or a game to play with friends. A great way to get to know other members. The Masonic Hall, North Street, Sudbury, Suffolk CO10 1NA. Contact Helen on 07761 202092.



# March

WED  
25

## Game, Set and Match



10.30am



Free

Wendy Smith will be our speaker this morning and will give us an insight into life as a tennis official,



progressing to Wimbledon. Wendy will tell us what was involved, how it works now with the introduction of 'off court match assistants' and what the future holds. A fascinating insight into working at the greatest tennis tournament - The Wimbledon Tennis Championships. The Masonic Hall, North Street, Sudbury, Suffolk CO10 1NA. Contact Helen on 07761 202092.

# April

THURS  
02

## New Age Kurling



10.30am



Members Free  
Guests £3



This popular event is back in the diary. Lots of fun and laughter when we meet for a morning with friends. Have you been practising? Refreshments will be served during the event. Book by Wednesday 25 March. Acton Village Hall, The Green, Acton, Sudbury CO10 0AL. Contact Helen on 07761 202092.

# April

WED  
08

## My Journey with Stained Glass



2.30pm



Free



2.30pm



Free



We are delighted to be joined this afternoon by Michele Russell for her talk, which will include her history with the hobby, a short history of the subject and descriptions of the three variants, being leaded, foiled and fused glass. The Masonic Hall, North Street, Sudbury, Suffolk CO10 1NA. Contact Helen on 07761 202092.



WED  
15

## Coffee and a Chat



2pm



Members Donations  
for refreshments if  
able, Guests £3



All members and guests are welcome to come along for a chance to catch up over a coffee. Why not bring along your latest craft project or game to play? We will be at the Masonic Hall from 2pm until 3.45pm and look forward to seeing you all. The Masonic Hall, North Street, Sudbury, Suffolk CO10 1NA. Contact Helen on 07761 202092.

# April

TUES  
21

## Croquet



10am



Members £7  
Guests £10



Let's have a go at croquet! Come along and try this new event for Sudbury. We are visiting Unity Croquet Club, where they play golf croquet, a very sociable event as all players are on the lawn at the same time. Golf croquet does not require much strength or agility. Men and women can play each other equally, as can all age groups. Why not join us for this fun morning? Refreshments will be available for a donation. Booking is essential as places are limited. Book by Wednesday 1 April. Unity Croquet Club, Quay Lane, Sudbury CO10 2GA. Contact Helen on 07761 202092.

WED  
29

## Secrets and Spies



10.30am



Free



This talk is a fascinating insight into spies and spying and how much effort was directed at the radar stations, which played such a vital role in the Battle of Britain. Graham Murcie is our speaker and will tell many intriguing stories about Nazi Germany's spies from World War II. The Masonic Hall, North Street, Sudbury, Suffolk CO10 1NA. Contact Helen on 07761 202092.

# May

THURS  
07

## Coffee Morning at Acton Village Hall



10am



Members Donations  
for refreshments if  
able, Guests £3



Why not join us for coffee and a chat at Acton Village Hall? A change of venue for this months meet up. We will be there from 10am until 11.45am, so please do come along. You could always bring along your latest craft project or a game to play with friends. A great way to get to know other members. Acton Village Hall, The Green, Acton, Sudbury CO10 0AL. Contact Helen on 07761 202092.

WED  
13

## The Tommy on the hill: two brothers in the Suffolk Regiment during World War One



2.30pm



Free



Dr David J Appleby is an award-winning historian of the Civil Wars and Restoration (as well as being an Oddfellow), but this talk is more personal: using personal family documents and artefacts, this is the story of how his maternal grandfather, Reginald Fookes, ended up in the Suffolk Regiment in time for the battle of Cambrai in November 1917 and what happened to him after that. We'll also hear about Reg's brother, Harold, who was a Regimental Sergeant Major in the Suffolks during the First World War. The Masonic Hall, North Street, Sudbury, Suffolk CO10 1NA. Contact Helen on 07761 202092.

# May

WED  
20

## Suffolk Adventure Golf with Sudbury



10.30am



Members £9  
Guests £10



After such a enjoyable visit last year, we are going back to Suffolk Adventure Golf for more fun and laughter. We will split into teams of four and make our way around the 18-hole course, all unique in design and theme. After the golf, we can meet in the café for refreshments, which will be at your own cost.

Book by Wednesday 6 May.

Suffolk Adventure Golf, Joes Road, Cornard Tye CO10 0QB. Contact Helen on 07761 202092.

WED  
27

## The World of VIP Protection: Bodyguard



10.30am



Free



Alex Muir, our speaker this morning, will talk about his time as a protection officer, from Jury Protection to joining the Royalty and Diplomatic Protection Department. He went to SO16, the Diplomatic side, uniformed static protection and plain close protection, a strange and very demanding line of work, when the lights and cameras are off and the VIP's become ordinary people. We will hear all about what has always been one of the most misunderstood occupations in the world. The Masonic Hall, North Street, Sudbury, Suffolk CO10 1NA. Contact Helen on 07761 202092.

# June

WED  
03

## Coffee and a Chat



2pm



Members Donations  
for refreshments if  
able, Guests £3



All members and guests are welcome to come along for a chance to catch up over a coffee. Why not bring along your latest craft project or game to play? We will be at the Masonic Hall from 2pm until 3.45pm and look forward to seeing you all. The Masonic Hall, North Street, Sudbury, Suffolk CO10 1NA. Contact Helen on 07761 202092.

WED  
10

## A Suffolk Market Town



2.30pm



Free



Stephen Moody, West Suffolk Tour Guide, is back for an illustrated talk on the story of the Suffolk market town of Sudbury. Delve into the



history of the town famous as a centre of silk production, it's role as a fortified border town, a centre for the Georgian gentry and it's evolving role as a market town. Meet characters such as Lady Elizabeth, Dodie Smith, Thomas Gainsborough and its notoriously corrupt local politicians (not today... of course!). The Masonic Hall, North Street, Sudbury, Suffolk CO10 1NA. Contact Helen on 07761 202092.

# June

TUES  
16

## Boules at Acton



10am



Members Free  
Guests £3



A fun morning with friends is guaranteed when we meet for our annual game of boules.



Have you been practising? The cup is polished and ready to be presented to our champions. Prizes for the winners. Book by Tuesday 9 June. Acton Village Hall, The Green, Acton, Sudbury CO10 0AL. Contact Helen on 07761 202092.

WED  
24

## Anne Boleyn - Queen of a Thousand Days



10.30am



Free



Dave Steward, our speaker this morning, wrote this talk in 2012. It has raised over £2,000 for different charities.



Dave has researched his own family tree since 1997 and has over 70,000 relatives. Dave is blood related to Anne Boleyn, who is his fourth cousin 15 times removed. Come and hear the life story of this iconic woman, who changed the course of history. The Masonic Hall, North Street, Sudbury, Suffolk CO10 1NA. Contact Helen on 07761 202092.

# July

WED  
01

## A Walk Around Gestingthorpe with Mark



10.30am



Free



A circular route, offering a pleasant walk around the Essex countryside. The walk covers field paths and woodland, with a stop at St Mary's Church. In the 1800s, the Oates family lived in Gestingthorpe, at a place known as the Manor of Over Hall. Their most well-known family member was Captain Lawrence Oates, who was part of Scott's expedition to the Antarctic in 1912. We will pass the hall on this 3.5 mile stroll. After the walk, we will visit The Pheasant Public House for a drink or bite to eat at your own expense. If you do not want to walk, please do still join us for refreshments. We should be there by 12 noon. Please wear appropriate footwear. Parking can be found at the side and behind the pub and also in a meadow across the road. Book by Wednesday 17 June. The Pheasant Public House & Hotel, Audley End, Gestingthorpe CO9 3AU. Contact Helen on 07761 202092.

# July

THURS  
02

## Coffee Morning at Acton Village Hall



10am



Members Donations  
for refreshments if  
able, Guests £3



Why not join us for coffee and a chat at Acton Village Hall. A change of venue for this month's meet up. We will be there from 10am until 11.45am, so please do come along. You could always bring along your latest craft project or a game to play with friends. A great way to get to know other members. Acton Village Hall, The Green, Acton, Sudbury CO10 0AL. Contact Helen on 07761 202092.

WED  
15

## Walking Tour of Sudbury



10am



Members £6.50  
Guests £9.50



Join Stephen Moody, West Suffolk Tour Guide, on a gentle stroll around the heart of Sudbury... learn the stories of the places and people who made the town which we know today. From Boudicca to Gainsborough and Dickens to Dalmatians, this walk starts and ends at the town hall and tells the story of the town. Book by Wednesday 1 July. Sudbury Town Hall, Old Market Place, Sudbury CO10 1TL. Contact Helen on 07761 202092.



WED  
08

## A Few More Suffolk Villages



2.30pm



Free



Following the good responses of his first talk on Suffolk Villages, Peter Tatum returns to explore a number of different sites, looking at their background and any unusual tales associated with them. As an example, are you aware of the miser who died in 1798, leaving over two million pounds? Or, the village that lies in two counties, or the church used as a stable by Oliver Cromwell's men? Whether you are a native of Suffolk or not, we are sure you will learn many things that you were not aware of previously. All illustrated with many photographs, where possible taken by Peter himself. The Masonic Hall, North Street, Sudbury, Suffolk CO10 1NA. Contact Helen on 07761 202092.

WED  
29

## Voices from the Workhouse



10.30am



Free



This talk by Janette Robinson, is based on the memoirs of a lady who wrote the story of her early life when she was 95 years old. She mostly grew up in Wickham Market Workhouse. We will hear about the background of workhouses and then at how they operated through the eyes of a young girl. The story continues until her marriage. The Masonic Hall, North Street, Sudbury, Suffolk CO10 1NA. Contact Helen on 07761 202092.

# Meet your Bury St Edmunds and Colchester District Lodge Care and Welfare Team

## The Oddfellows looking after you

### Care, Advice and Support

We would like to introduce you to our friendly Care and Welfare team who are here to help you.

Alice Crane is the Bury St Edmunds and Colchester District Lodge Care, Welfare and Benevolence Administrator. She can help arrange for a Welfare Visitor to contact you, or for local help and information about Branch benefits or benevolence support. You can call Alice Crane on 07761 201966 or email [alice.crane@oddfellows.co.uk](mailto:alice.crane@oddfellows.co.uk).

### Our Welfare Visitors and Telephone Befrienders are:

#### Bury St Edmunds

Jill Brown  
07718 140180 or 01787 376050

Jacky Nunn  
07761 202062

#### Colchester DSEO

Diana Randall  
07761202016  
Diana will help to connect you with one of the Colchester Care & Welfare team

**Stowmarket**  
Mick Abbott  
07873216966

Alice Crane  
07761 201966

#### Sudbury

Alan and Jane Brockbank  
01787 376050

Have you been unwell or in hospital, or find it difficult to get out to Oddfellows meetings?

Are you living on your own and would like someone to keep in touch through a chat on the phone? Or do you just need a friendly listening ear to offer a bit of support in a difficult situation?

You may just want to ask a simple question about any help available to you through the Oddfellows. Whatever your situation, our Care and Welfare team are here to do what they can to help - or to point you in the right direction - so do get in touch!

Our Welfare team receive induction training and ongoing support, as well as regular care and welfare information updates. They undergo screening appropriate to their role and carry a photo ID badge, so you can be reassured about who they are.

# Colchester Social Lodge

## Colchester Annual BBQ

Colchester Branch once again met in Alan and Gill's beautiful garden for the Annual BBQ. This was also the District Officer's visit to Colchester Branch. Tony Nunn came along and kindly set up the racing pigs game. A contribution to charity was made from placing bets. Other fun games were enjoyed on a lovely summer's day along with good food and good company.



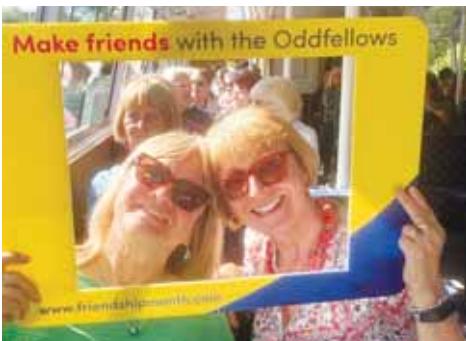
## Day Trip to Southwold

53 members from Colchester Branch enjoyed a lovely day out at Southwold. Members enjoyed browsing the shops, ice cream by the pier, a stroll along the promenade and fish and chip lunch. A good day out enjoyed by all.



## Friendship Month Norfolk Broads Trip

In September, members travelled to Wroxham on the Norfolk Broads. There was free time in the morning to shop at the famous department store, Roy's of Wroxham, before an afternoon cruise along the Broads network. A record seven kingfishers were spotted, as well as herons, gannets and great crested Grebes. There was also the beautiful riverside properties to admire.



## Wednesday Walkers

Always a popular event when the walking group meet at Wrabness for a walk along the Stour estuary past Grayson Perry's wacky house. A pit stop at Diana's beach hut for coffee and doughnuts before walking back along the beautiful Estuary.



# St Edmundsbury Social Lodge

**Dear friends,**

As we grow older, we may become more isolated and find it difficult to make new friends, but here at the Oddfellows, we pride ourselves on making everyone welcome and part of the family.

Our summer outing this year was to Sheringham in Norfolk. We travelled by coach to Holt and caught the Poppy Line steam train into town. The sun shone and somehow chips always taste better by the sea.

This was just one of the many events on offer to you all, from a photo shoot in the Abbey Gardens, painting, walks, talks, and wine tasting, as well as monthly coffee



*Painting with friends.*

mornings in Brandon and Newmarket, and a weekly Saturday coffee morning in Bury St Edmunds.

Without members volunteering their time and ideas, we would not be able to offer such a wide range of events. If you would like to join the team, then please get in touch.

Yours in Friendship

**Jacky**



*Can't see the sea for chips!*



*Laughter is the best medicine.*



*Friendship Month Bring and Buy Sale.*



*The Stars of the Show, our Volunteers.*

# Stowmarket Social Lodge

**The second half of 2025 has sped by – what a busy six months it has been! We bid farewell to Laura and wish her all the best in her exciting new role as a casting assistant. As we look forward to 2026, there are many exciting events in store for us.**

We will be joined by several interesting speakers, musical acts and creative minds. We'll be venturing up to the North Norfolk Railway and getting the steam train from Sheringham to Holt to enjoy a lovely day at the seaside. For the competitive among us, there will be plenty of opportunity for some friendly rivalry with New Age Kurling, a big quiz, Pig Racing and back by popular demand the classic Beetle Drive and 'Play Your Cards Right' events.

One event which we are delighted will be on our doorstep is the East Anglian Group Conference BBQ. Jacky Nunn, the DSEO

for Bury St Edmunds will be President of the East Anglian Group Conference from May 2026 to April 2027. This event at Red Gables will celebrate her year in office and will raise money for her chosen charity, 'The Bury Deaf Association'. It is also a chance for us to thank her for all she does for the Oddfellows, not only within her own Branch, but throughout the District Lodge and Group.

Many of our events in the upcoming events calendar are bookable, and some require a deposit at time of booking, to secure your place. Please do remember to book onto the events you would like to attend, to avoid disappointment!

Thank you to all Stowmarket Oddfellows for your warm welcome and support as I have settled into the role of DSEO, especially our wonderful volunteers and Social Committee, whose help is invaluable when organising and running events.



*Cooking Masterclass with Chef Bob.*



*Friendly Competition at Higher or Lower.*



*Friendship Lunch Out at the Claydon Crown.*



*Beautiful Weather for a Picnic at Needham Lake.*



*Beetle Drive Fun!*

# Sudbury Social Lodge

## Dear Friends,

I cannot believe that another six months have passed and I am again writing my review for our events diary. We have such a fantastic time at Sudbury that time just flies!

This edition of Out and About contains lots of new events for you all to come along and enjoy. Croquet, accessible fitness and ten pin bowling make an appearance and should be lots of fun.

We are also sticking with some old favourites, including kurling, boules, bingo with fish and chips and a walk with Mark, along with our speaker events and coffee get togethers.

Please can I ask you all to book early as some of these events get booked up very quickly. Payments should also be made at the time of booking to guarantee your

place. You may have noticed that I have a new WORK phone number, which is shown below, on page 3 of this diary and then with every Sudbury event. I would be grateful if you could use this, rather than my personal number.

I am delighted to say that we have welcomed lots of new members during the last six months. It has been great to meet you all and welcome you into our friendship group.

Thank you once again to our wonderful social committee and volunteers. I really do appreciate all the time you give to helping the Branch.

And finally, my thanks to you all for coming along to all our events. Our success is because of your ongoing support.

Best wishes

**Helen**



*A blustery Friendship Walk with Mark.*



Afternoon Tea at Cornard Lock.



Afternoon Tea at Cornard Lock.



Friendship Month.



Kurling at Acton.



Lunch at Romford Greyhound Racing.



Coffee morning.



Coach to Romford Greyhound Racing.



Romford Greyhound Racing.



# Oddfellows Members: Do you need help?

**None of us know what is around the corner...**

## **Bury St Edmunds and Colchester District Lodge Local Care and Welfare Support**

To request contact from a Welfare Visitor and local help and information about lodge benefits and benevolence contact your Social Lodge Welfare Coordinator.

### **Oddfellows Citizens Advice Line**

**Call 0800 0149 821\***

(free to callers from any landline or mobile number)

Monday - Friday, 9.30am - 4.30pm

**Email:** oddfellows@citizensadvicemanchester.org.uk



Run by Citizens Advice for Oddfellows members, you can access free, confidential, independent advice on welfare benefits, money and debt issues, consumer problems, housing, fuel bills, employment issues and many other issues.

\*The Oddfellows cannot provide legal advice and accepts no liability whatsoever for advice provided by Citizens Advice, which is an independent advice agency. If you have any queries about the advice you have received or wish to make a complaint then you should contact Citizens Advice directly. Citizens Advice operate a formal complaints process.

### **Care and Welfare Helpline**

**Call 0800 0149 822**

(free to callers from any landline or mobile number)

Monday to Thursday, 9.30am - 4.30pm, Friday, 9.30am - 4pm

**Email:** care@oddfellows.co.uk

Run by the Oddfellows Care and Welfare Department, you can access information and guidance on issues such as accessing health and care services, supported housing, support for carers, and planning for later life. The helpline will try and identify any Oddfellows benefits or services in the community which may be of help to you.

**Visit our website page at [www.oddfellows.co.uk/benefits/care](http://www.oddfellows.co.uk/benefits/care)  
for care and welfare information**

EDCWA50223

## Unity Mutual: A brand-new website and exciting Oddies member benefits

**Unity Mutual, the financial arm of the Oddfellows, is delighted to have launched a brand-new website.**

The fresh design reflects its updated brand identity, but more importantly, it has been built with accessibility and inclusion at its heart – a continuation of the Oddfellows' ethos.



Whether looking for information on savings, investments or life insurance, the new site is easier to use, clearer to navigate and designed so that everyone can get the most from it.

Unity Mutual has partnered with Recite Me to introduce a full suite of accessibility tools, allowing visitors to customise their browsing experience. These include a text-to-speech function, styling features and translation options, which ensure their online services are available to all –

including those who may face barriers due to disability, neurodivergence or limited English language ability.

James Gilliver, Chief of Operations at Unity Mutual, explained: "Accessibility is extremely important to us at Unity Mutual. Our new website reflects our promise to inclusivity, ensuring all customers can access information in the way that best meets their needs."

"But it's not just about accessibility. We've also worked hard to make our content clearer and more engaging, so you can feel confident in understanding your financial choices. Our aim is to empower you and your family to make informed decisions about saving for the future."

An extra reason to take a look is that Oddfellows members can currently benefit from special Guaranteed Investment Bond rates, available exclusively through Unity Mutual.

**To see the new website, its new accessibility features and for more information about its products and rates, go to [www.unitymutual.co.uk/oddfellows](http://www.unitymutual.co.uk/oddfellows), and discover how Unity Mutual can help build a brighter financial future.**

# Thank you for saying 'yes' to friendship

**This Friendship Month, we've been encouraging people to say 'yes' to trying new things, making new friends, and discovering all the brilliant things happening at our Branches throughout the nation.**

It's safe to say, September 2025 has been another fabulous celebration of friendship. The Oddfellows' CEO, Jane Nelson, said: "Friendship Month 2025 has once again demonstrated what the Oddfellows is all about, and I'm thankful of every single

person up and down the country who had been a part of it."

"Saying 'yes' to trying new things can be daunting, but you've all done an excellent job of showing how positive it is to be a part of friendship groups like ours. So, thank you for saying 'yes' to helping make your Friendship Month events a success, whether that's organising events, serving cups of tea, or simply making people feel welcome and comfortable. It all adds up to another wonderful Friendship Month."



Birmingham Oddfellows



Bradford Oddfellows



Brighouse and Huddersfield Oddfellows



Albert Oddfellows



*Derbyshire Peak Oddfellows*



*Cambridge Oddfellows*



*Heart of the West Oddfellows*



*Concord Oddfellows*



*Halifax Oddfellows*



*Sudbury Oddfellows*

# Application deadlines approach!

**Whether it's enhancing careers or highlighting fantastic people, the Oddfellows has a number of ways we can give our members a boost – but we can only do so if we hear about them.**

Deadlines for applications to be submitted for two of our wonderful schemes are fast approaching – the Apprenticeship Educational Award and the Making a Difference Awards.

## Apprenticeship Educational Awards



Each year, the Oddfellows grants up to three Apprenticeship Educational Awards, which consist of £250 per year for the duration of the apprenticeship.\*

Eligible members must apply via their Branch. If you, or someone you know, has been an Oddfellows member for five or more years, which includes Young Oddfellows membership, and started or plan to start an apprenticeship in 2025, get in touch with your Branch Secretary.

The Branch's deadline for submitting applications for consideration is  
**Wednesday 31 December 2025.**

\*Each case is reviewed on personal merit. For previous recipients' stories, details on eligibility and how to apply, visit [www.oddfellows.co.uk/educational-awards](http://www.oddfellows.co.uk/educational-awards)

## Making a Difference Awards



Want to shine a light on those special people at your Branch who go above and beyond? Every Branch has them, so make sure we hear about their brilliance.

Any member can nominate a fellow member, so if there are people at your Branch who make a difference, speak to your Branch Secretary to find out how you can nominate them.

The deadline for Branches to submit their shortlist is **Saturday 31 January 2026**, so get your nominations in as soon as possible so they can be considered.

To find out more about our Making a Difference Awards, the categories, nomination process and the prior winners, go to [www.oddfellows.co.uk/makingadifference](http://www.oddfellows.co.uk/makingadifference)

**If you've missed these deadlines this time don't worry, just make a note for next year!**

# Colchester At a glance

## February 2026

Wed 4	Colchester - Wednesday Walkers	11am
Mon 9	Colchester Coffee Morning - Canine Partners	10.30am
Tues 24	Colchester Oddies Cinema Afternoon	1.30pm

## March

Wed 4	Colchester - Wednesday Walkers	11am
Mon 9	Colchester Coffee Morning - Singo Bingo	10.30am
Tues 24	Colchester Afternoon - Craft Session	1.30pm

## April

Wed 1	Colchester - Wednesday Walkers	11am
Mon 13	Colchester Coffee Morning - My Tutu went AWOL Talk	10.30am
Wed 15	Colchester - Catch a Bus for a Walk	11am
Tues 28	Colchester - Day Trip to Woodbridge	10am
Wed 29	Colchester - Wednesday Walkers	11am

## May

Mon 11	Colchester Coffee Morning - Gardens and Photography	10.30am
Wed 20	Colchester - Catch a Bus for a Walk	11am
Tues 26	Colchester Afternoon Social - We Drum	1.30pm

## June

Wed 3	Colchester - Wednesday Walkers	11am
Mon 8	Colchester Coffee Morning - History of the Oddfellows	10.30am
Sun 14	Annual District Lunch in Bury St Edmunds	TBC
Wed 17	Colchester - Catch a Bus for a Walk	11am
Tues 23	Colchester Social Afternoon.	1.30pm

## July

Wed 1	Colchester - Wednesday Walkers	10am
Mon 13	Colchester Coffee Morning - SAS in Colchester Talk	10.30am
Wed 15	Colchester - Catch a Bus for a Walk	11am
Sat 18	Colchester - Annual Summer BBQ	12.30pm
Sun 26	East Anglian Group Conference BBQ	1pm

# St Edmundsbury At a glance

Every Saturday, February - March

First Saturday of the month April - July 2026

## February 2026

Tues 3	Suffolk Sight Talk	10am
Thurs 5	Newmarket Coffee Morning	11am
Wed 11	Craft and Games Afternoon	1.30pm
Fri 13	Brandon Coffee Morning	11am
Thurs 19	Film Club Afternoon	1.30pm
Wed 25	New Age Kurling Afternoon	1.30pm
Fri 27	Chinese New Year Afternoon	2pm

## March

Tues 3	The Borley Rectory with Bryan Thurlow	10am
Thurs 5	Newmarket Coffee Morning	11am
Wed 11	Craft and Games Afternoon	1.30pm
Fri 13	Brandon Coffee Morning	11am
Mon 16	Singo Bingo Afternoon	1.30pm
Thurs 19	Film Club Afternoon	1.30pm
Wed 25	New Age Kurling Afternoon	1.30pm

## April

Wed 1	Easter Cuppa and Cake Afternoon	2pm
Thurs 2	Newmarket Coffee Morning	11am
Tues 7	Bees and Nature	10am
Wed 8	Craft and Games Afternoon	1.30pm
Fri 10	Brandon Coffee Morning	11am
Thurs 16	Film Club Afternoon	1.30pm
Tues 21	Sightseeing in Cambridge	9am
Thurs 23	St Georges Day Lunch with Oddfellows Bingo	12 noon
Wed 29	New Age Kurling Afternoon	1.30pm

## May

Tues 5	A Town within a Town with Stephen Moody	10am
Thurs 7	Newmarket Coffee Morning	11am

District Coffee Morning 10.30am

## May

Fri 8	Brandon Coffee Morning	11am
Mon 11	Spring Photo Shoot	2pm
Wed 13	Craft and Games Afternoon	1.30pm
Thurs 21	Film Club Afternoon	1.30pm
Wed 27	New Age Kurling Afternoon	1.30pm
Fri 29	60s Music Afternoon with Barrie and Pete	1.30pm

## June

Tues 2	Bury Water Meadows - Julian Case	10am
Thurs 4	Newmarket Coffee Morning	11am
Wed 10	Craft and Games Afternoon	1.30pm
Fri 12	Brandon Coffee Morning	11am
Sun 14	Annual District Lunch in Bury St Edmunds	TBC
Mon 15	Walk Along the Water Meadows	2pm
Thurs 18	Film Club Afternoon	1.30pm
Wed 24	New Age Kurling Afternoon	1.30pm
Fri 26	Summer Time Wine Tasting	2pm

## July

Thurs 2	Newmarket Coffee Morning	11am
Tues 7	In Search of Lost Glitter with Sarah	10am
Wed 8	Craft and Games Afternoon	1.30pm
Fri 10	Brandon Coffee Morning	11am
Mon 13	Play Your Cards Right	1.30pm
Thurs 16	Film Club Afternoon	1.30pm
Wed 22	An Afternoon of Fun with 'Stuff and Folly'	2pm
Sun 26	East Anglian Group Conference BBQ	1pm
Wed 29	New Age Kurling Afternoon	1.30pm

# Stowmarket At a glance

Every Monday

Lunch Club in Stowmarket

11am

## February 2026

Wed 4	Stowmarket Coffee and Catch Up at Cabbages and Kings	10.30am
Mon 9	An Evening of Music with Nik Lowe in Stowmarket	7.30pm
Tues 17	The Siege of Haughley Castle with Dr Mike in Stowmarket	2pm
Wed 25	Craft and Games Afternoon in Stowmarket	2pm

## March

Wed 4	Stowmarket Coffee and Catch Up at Cabbages and Kings	10.30am
Mon 9	Brian Heard on Forensic Science in Stowmarket	7.30pm
Tues 17	Artistic Afternoon Workshop in Stowmarket	2pm
Thurs 19	Piano Legends: Forever Elton and Joel in Stowmarket	7pm
Wed 25	Cupcake Decorating Masterclass in Stowmarket	2pm

## April

Wed 1	Stowmarket Coffee and Catch Up at Cabbages and Kings	10.30am
Wed 8	Ten Pin Bowling at Bury Bowl with Stowmarket	10.30am
Mon 13	Sea Shanty Songs with Stuart Green in Stowmarket	7.30pm
Tues 21	Play Your Cards Right with Stowmarket	2pm
Wed 29	Stuff and Folly in Stowmarket	2pm

## May

Wed 6	Stowmarket Coffee and Catch Up at Cabbages and Kings	10.30am
Mon 11	We Drum in Stowmarket	7.30pm
Tues 19	Beetle Drive in Stowmarket	2pm
Wed 27	Wine Tasting Afternoon in Stowmarket	2pm

## June

Wed 3	Stowmarket Coffee and Catch Up at Cabbages and Kings	10.30am
Fri 5	Walking Tennis in Stowmarket	1pm
Mon 8	Suffolk RSPCA Talk in Stowmarket	7.30pm
Sun 14	Annual District Lunch in Bury St Edmunds	TBC
Tues 16	The Big Quiz in Stowmarket	2pm
Wed 24	The War Years in Stowmarket	2pm

## July

Wed 1	Stowmarket Coffee and Catch Up at Cabbages and Kings	10.30am
Fri 10	Stowmarket Coach Trip to Holt, Steam Train to Sheringham and Return	9.30am
Mon 13	Singo Bingo in Stowmarket	7.30pm
Tues 21	New Age Kurling in Stowmarket	2pm
Sun 26	East Anglian Group Conference BBQ	1pm
Wed 29	An Afternoon of Racing with Honest Tone in Stowmarket	2pm

# Sudbury At a glance

## February 2026

Wed 4	Ten Pin Bowling with Sudbury	10.30am
Wed 11	A French Love Affair of over 40 Years	2.30pm
Thurs 19	Coffee Morning at Acton Village Hall	10am
Wed 25	Bingo with Fish and Chips	10.30am

## March

Thurs 5	Accessible Fitness with Amanda	10.30am
Wed 11	Borley Rectory - The Most Haunted House in England	2.30pm
Wed 18	Coffee Morning at The Masonic Hall	10am
Wed 25	Game, Set and Match	10.30am

## April

Thurs 2	New Age Kurling	10.30am
Wed 8	My Journey with Stained Glass	2.30pm
Wed 15	Coffee and a Chat	2pm
Tues 21	Croquet	10am
Wed 29	Secrets and Spies	10.30am

## May

Thurs 7	Coffee Morning at Acton Village Hall	10am
Wed 13	The Tommy on the hill: two brothers in the Suffolk Regiment during World War One	2.30pm

## May

Wed 20	Suffolk Adventure Golf with Sudbury	10.30am
Wed 27	The World of VIP Protection: Bodyguard	10.30am

## June

Wed 3	Coffee and a Chat	2pm
Wed 10	A Suffolk Market Town	2.30pm
Sun 14	Annual District Lunch in Bury St Edmunds	TBC
Tues 16	Boules at Acton	10am

## July

Wed 1	A Walk around Gestingthorpe with Mark	10.30am
Thurs 2	Coffee Morning at Acton Village Hall	10am
Wed 8	A Few More Suffolk Villages	2.30pm
Wed 15	Walking Tour of Sudbury	10am
Sun 26	East Anglian Group Conference BBQ	1pm
Wed 29	Voices from the Workhouse	10.30am