

# OUL Cabout

**Making Friends in Salisbury** 







Crafts



Social







History





Games



Coffee Morning/Afternoon Tea



Music Boat - Saturday 20 September, we hope you can join us!

### Welcome to the latest edition of your Salisbury Out and About

We are a network of friends who enjoy life and help others.

We organise a wide range of social events and meals out, open to both members and nonmembers, to enable you to meet new people.

Membership is open to all. This events diary is a handy guide for you to keep so that you know what is happening in the area.

### **Contact Details**

For more information or to book any events contact:

**Events and Development Officer:** 

Angela Hamilton

**Telephone:** 07999 836038

**Email:** 

angela.hamilton@oddfellows.co.uk

Dates are sometimes subject to change. Please call to confirm your attendance.

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# **Notice**

We are always looking for people to attend our monthly business meetings. We meet on the second Tuesday of each month at Salisbury Methodist Church, St. Edmund's Church Street, Salisbury SP1 1EF. If you would like to come along and learn more about us (on a non-obligation basis) please email Angela on angela.hamilton@oddfellows.co.uk or Maria on maria.pickering@oddfellows.co.uk

# Regular Events **Coffee Morning**









### Held fortnightly on Thursday, 10.30am

3 July 17 July 31 July 14 August 28 August 11 September 25 September 9 October

23 October 6 November 20 November 4 December

18 December

Come along and join us for a coffee (or whatever takes your fancy!) and a chat. Meet new friends in a lovely surrounding, very close to the gargeous Cathedral Close. All welcome. Don't worry if you are coming alone, there will always be a friendly face to welcome you and you will soon be part of the group. Call or text to say you are coming and we will look out for you. Or just turn up on the day, that will be fine too. We meet every other Thursday, so there is always a regular get together. Just pay for what you order. The White Hart, 1 St Johns Road, Salisbury SP1 2SD. Contact Angela on 07999 836038.



# **Evening Social**





(L)7pm (£)Pay for what you order





## Held fortnightly on Thursday, 7pm

10 July 24 July 7 August 21 August 4 September 18 September

16 October 30 October

2 October

13 November 27 November 11 December Christmas Evening Meal

Come and meet new friends at our relaxed social gatherings. We generally change the venue to keep it fresh, so it is best to contact Angela on 07999 836038 beforehand to check where we are going to be, then we can look out for you.



# **July 2025**



**Trip to Langford Lakes** followed by Sunday Lunch at the Rainbow on the Lake







Located between Salisbury and Warminster, Langford Lakes is a flagship Wiltshire Wildlife Trust nature reserve with the River Wylye as part of its border. Then we will have a bite to eat. Just pay for what you order! Meet at 11am at the lake. Langford Lakes, Duck Street, Salisbury SP3 4NH. Contact Angela on 07999 836038.



# **August**



#### **Yoga and Meditation Afternoon**









Come and have a chilled yoga and meditation session at Ange's Pad. Small refreshments will be made available, 2pm to 4pm. Ange's



Pad, 8 Esmonde Place, Longhedge, Salisbury SP4 6RW. Contact Angela on 07999 836038.

# September













#### **Music Boat**







A fab trip on a riverboat in Devizes with music! The cost is £26 per

# October



#### **Cheese and Wine Afternoon**













#### **Christmas Evening** Meal





December



Join us for a cheeky afternoon of cheese and wine and a quiz thrown in for good



measure! Sarum College, 19 The Close, Salisbury SP1 2EE, Contact

Angela on 07999 836038.

Our annual Christmas meal. Just pay for what you order! Venue to be confirmed. Contact Angela on 07999 836038.



# November



### Games Afternoon with a Magician













# **Booking and Cancellations**

Please remember the importance of early booking for all events to avoid disappointment or cancellation due to lack of support. Please note that a place is not guaranteed at any event until full payment has been received.

# Say yes to friendship in **September**

Make someone's day and invite them along to share the friendship fun.

All welcome



To see what's on and find out more about Friendship Month visit www.friendshipmonth.com

DDFFI I OWS 1 - 30 SEPTEMBER











Interested in volunteering?

Helping others is at the heart of being an Oddfellow and that's exactly what our wonderful volunteers do. There are lots of ways you can get involved as a volunteer, from one-off help to regular support.

#### You can help us by:

- · Welcoming members, guests and speakers at events
- Helping prepare refreshments
- Being the volunteer host at external events
- Organising events as part of a social committee
- Joining the Committee of Management
- Becoming a Volunteer Welfare Visitor or befriender.

To find out more, contact Angela Hamilton on 07999 836038

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# **Society News**



www.oddfellows.co.uk

# Scarborough hosts the nation's Oddies



For the 20th time in more than 200 years the Society's Annual Movable Conference (AMC) was held in beautiful Scarborough, hosted by Vale of York Oddfellows.

Members representing their Branches converged on the seaside town from

all corners of the country to assess the previous 12 months and to decide on the direction of the next.

There was change at the top, as South London Oddfellows' John Mann replaced Vale of York Oddfellows' Barbara Needham as Grand Master.

As well as business, attendees enjoyed a range of social activities, including indulging in the delights of an Oddfellows Brass performance, the annual Roy Hamer Memorial Bowls Tournament, and a day trip to Whitby and Scarborough Fair.

# Final update from HA Andrews Memorial Fund recipients

Nur Zainal, who's PhD at the University of Southampton has been supported by the HA Andrews Memorial Fund, and Professor of Cancer Biology Tim Fenton (pictured), addressed the Society's annual conference as three years of funding comes to an end.

"My PhD – made possible by the generous support of the Oddfellows – has made some significant contributions to cancer research," said Nur. "My ultimate goal is to find ways to prevent or overcome drug resistance, and my model will let us run

the pre-clinical studies needed to move promising strategies toward the clinic."

Tim added: "Until recently, we did not understand enough about how our immune system recognises and responds to tumours, or about how tumours learn to switch off our immune responses



to deploy cancer vaccines effectively. This is changing rapidly, and cancer vaccines hold great promise for kinder, more effective therapy, though significant challenges remain."

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### Making a Difference Awards 2025

The Oddfellows is full of remarkable people, none more so that the six winners of this year's Making a Difference Awards. They have been nationally recognised for their selflessness and dedication to making their Branch and wider Society as good as they can be.

For more information about the Awards, including how to nominate someone for 2026, visit www.oddfellows.co.uk/makingadifference.

### Jean Logan, **Nene and Welland Oddfellows**

**Enriching Lives Socially** 

This award celebrates Jean's contributions to the running of the Branch's social events. She's key to coming up with new ideas, organising and hosting events, and making sure everyone has a good time.

"Socialising keeps your brain busy and keeps you active and keeps you younger.



You can sit on the sofa and watch telly all day long but I'm a doer. I'm always up and about."

On winning the award, Jean, from Bourne, Linconlshire, says she had to read the letter twice, adding: "You've got so many branches all over the country and I end up as the overall winner. It was a nice surprise."

### **Gordon and Kath Hinett, North** Wales and Chester **Oddfellows**

**Achieving Together** 

The married couple from Conwy, North Wales, have been recognised for their teamwork and commitment to improving the lives of members.



As a Welfare visitor, Gordon regularly assists members however they might need, be that giving lifts to appointments or events, or going to the shops for them. Kath takes the lead on organising social events such as trips to the cinema, the theatre or a day out somewhere.

Kath says they could've been knocked down with a feather when they learnt they'd won. Gordon added: "We don't do it to get rewarded. We do it because we love doing it."

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# Chris Sargeant, Nene and Welland Oddfellows

Working in the Spirit of Mutuality

Chris, from Pinchbeck in Lincolnshire, has been highlighted for her passion and dedication for



her Branch and the Society as a whole.

Having held almost every role possible locally and represented Nene and Welland Oddfellows on regional and national committees, Chris said: "Oddfellows gives to me as much as I give to it. You get to know people. I've friends all over the country through Oddfellowship. I love it, absolutely love it."

She added: "How proud was I that someone had thought I was worthy of this Award?

# Ann Kight, Nottingham Trent Oddfellows

Giving Something Back

Nottingham-based Ann's selfless commitment to raising money for worthy causes, both in connection with her Branch and of her own accord, is why she has been singled out for praise.

"I've been doing it about 10 years, if not more," she said. "I reckon I've raised around £10,000."

"I've always had the motto of, 'if you go through life and behave and you help somebody on



your way you've done your job'."

She added: "You do things because you do them, not for awards. To get an award is a bonus."

### Barry Bedford, Nene and Welland Oddfellows

Giving a Helping Hand

Barry, from Peterborough, has been recognised for his dedication to looking after his fellow members and being counted on when it matters, or in times of need. He's been known to give members lifts to and from events and the shops, and has assisted in all manner of DIY projects, including clearing driveways, repairing doors, decorating and gardening.



He said: "I am very proud of what they think I've achieved. It's the way I live my life and always have done and if that transforms into helping other people then I'm thankful."

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# Incredible total raised for good causes



Brownsea Oddfellows raised £1,608.50 for the Dorset and Somerset Air Ambulance.

Giving back to our communities has always mattered to us.
Last year, our branches and members donated over £163,000 to good causes.

Jane Nelson, CEO of the Oddfellows, said: "Every year, when we work out the collaborative total, I'm astounded by the generosity of our Branches and their

members. We know that money is tight for many people, but they still dig deep and have compassion for those in need.

"It's what binds us as Oddfellows – caring for people's welfare and looking out for the needs of others. This humanitarian spirit makes me feel incredibly proud to be part of the Society. Where we can help, we must."

Find out more about how
the Society gives back to
its communities, including
information about our support for
the RNLI, Oddfellows Brass, our
Orphan Gift Fund and
HA Andrews Memorial Fund,
at www.oddfellows.co.uk
/about/giving-back

# **Welcoming Tees Mutual to the Oddfellows**







In February, we announced the completion, by transfer of engagements, of Tees Mutual.

The acquisition was approved and agreed on by Tees Mutual's members and their Board. Both the Oddfellows and Tees Mutual share a similar ethos and complementary values. This is the Society's sixth acquisition since

2007 and follows the last transfer of engagements in 2021.

Jane Nelson, CEO of the Oddfellows, said: "Tees Mutual has been providing life and savings products to the people of Teesside and South Durham for well over a century.

"We are both passionate about mutuality and are pleased to be able to provide Tees Mutual members with a secure future."



None of us know what is around the corner...

#### **Local Care and Welfare Support**

To request contact from a Welfare Visitor and for local help and information about Branch benefits and benevolence contact Angela on **07999 836038** or email angela.hamilton@oddfellows.co.uk

# Oddfellows Advice Line Call 0800 0149 821\*

(free to callers from any landline or mobile number) Monday - Friday, 9.30am - 4.30pm **Email:** oddfellows@citizensadvicemanchester.org.uk



Run by Citizens Advice for Oddfellows members, you can access free, confidential, independent advice on welfare benefits, money and debt issues, consumer problems, housing, fuel bills, employment issues and many other issues.

\*The Oddfellows cannot provide legal advice and accepts no liability whatsoever for advice provided by Citizens Advice, which is an independent advice agency. If you have any queries about the advice you have received or wish to make a complaint then you should contact Citizens Advice directly. Citizens Advice operate a formal complaints process.

# Care and Welfare Helpline Call 0800 0149 822

(free to callers from any landline or mobile number) Monday to Thursday, 9.30am - 4.30pm, Friday, 9.30am - 4pm

Email: care@oddfellows.co.uk

Run by the Oddfellows Care and Welfare Department, you can access information and guidance on issues such as accessing health and care services, supported housing, support for carers, and planning for later life. The helpline will try and identify any Oddfellows benefits or services in the community which may be of help to you.

Visit our website page at www.oddfellows.co.uk/benefits/care for care and welfare information

# At a glance

#### **July 2025**

Thurs 3	Coffee Morning	10.30am
Thurs 10	<b>Evening Social</b>	7pm
Thurs 17	Coffee Morning	10.30am
Thurs 24	<b>Evening Social</b>	7pm
Sun 27	Trip to Langford Lakes and Lunch	11am
Thurs 31	Coffee Morning	10.30am

#### **August**

Thurs 7	<b>Evening Social</b>	7pm
Thurs 14	Coffee Morning	10.30am
Sat 16	Yoga and Meditation Afternoon	2pm
Thurs 21	<b>Evening Social</b>	7pm
Thurs 28	Coffee Morning	10 30am

#### September - Friendship Month

Thurs 4	<b>Evening Social</b>	7pm
Thurs 11	Coffee Morning	10.30am
Thurs 18	<b>Evening Social</b>	7pm
Sat 20	Music Boat	7pm
Thurs 25	Coffee Morning	10.30am

#### **October**

Thurs 2	Evening Social	7pm
Thurs 9	Coffee Morning	10.30am
Thurs 16	<b>Evening Social</b>	7pm
Sat 18	Cheese and Wine Afternoon	2pm
Thurs 23	Coffee Morning	10.30am
Thurs 30	<b>Evening Social</b>	7pm

#### **November**

Thurs 6	Coffee Morning	10.30am
Thurs 13	<b>Evening Social</b>	7pm
Sat 15	Games Afternoon with a Magician	2pm
Thurs 20	Coffee Morning	10.30am
Thurs 27	Evening Social	7pm

#### **December**

Thurs 4	Coffee Morning	10.30am
Thurs 11	Christmas Evening Meal	7pm
Thurs 18	Coffee Morning	10.30am

# **Branch Business Meeting**

#### Various Tuesdays 7.30pm, free

All members are welcome to attend just to see what we are all about. No obligation to become more involved than you wish to, but we would like to see you there. Salisbury Methodist Church, St Edmund's Church Street, Salisbury SP1 1EF. Contact Angela Hamilton on 07999 836038 for more informations.

The Oddfellows is the trading name of The Independent Order of Odd Fellows Manchester Unity Friendly Society Limited, Incorporated and registered in England and Wales No. 223F. Registered Office Oddfellows House, 184–186 Deansgate, Manchester M3 3WB.