

September 2025 – February 2026
Issue 15



O^{the}*DD**fellows* SINCE 1810
making friends, helping people

out & about

Brighton and Sussex



Games



Music



Day Trip/
Travel



Wellbeing



Quizzes



Talks



Coffee
Morning



Dining
Out



Walks



Sports



Films



Meetings



Friendship Afternoon Tea - Wednesday 17 September 2025

Welcome to the latest edition of your Out and About Magazine for Brighton & Sussex Branch

As a local Branch of a national membership organisation called the Oddfellows, we offer you a great opportunity to make new friends and enjoy a variety of activities.

We also provide our members with a range of advice and support services when you need them. We are basically a group of friends brought together through shared interest in socialising, making friends and helping people.

This issue features details of all our upcoming events from dining out to trips out plus lots of other activities.

Everyone is welcome at Oddfellows events. Even if you are not a member, we want to extend an invitation to you and your

Contact Details

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f OddfellowsBrightonSussex

friends to attend any of our events that take your fancy and we like to think that we can guarantee you a good time.

Message from your Secretary

Hello Members,

I have been in post of district secretary since the middle of April and I'm really enjoying the role. Both Lynne and subsequently Michael have been a hard act to follow.

I spent a week in Manchester being trained on the complex finance system where I very quickly realised that I am no accountant. Shortly after that I enjoyed a great holiday in Sliema in Malta.

The District are planning to set up online banking, meaning benefit payments can be paid direct to your bank account. This should speed up the payment process, save the costs associated with cheque payments and save you searching for an open bank to pay in. Of course, those who prefer cheque payment can retain this option.

The lovely Jodie has been employed as a social organiser to the East of our area, so more events are being planned by her.



We have the Oddfellows Friendship Month in September and we have booked lots of extra events, so I really hope there is something for each of you.

I met a few of you at the Marina lunch which was lovely and hope to meet more of you soon.

We do hope that you enjoy the magazine.

Best wishes,
Trudy

Our new Eastbourne Social Organiser

Hello and welcome to the autumn/winter edition of Out and About.

Just a quick introduction for those that I haven't met yet. I started the role of social organiser in May and am currently responsible for areas to the East of our region. So far I have added Kurling and a games night to Eastbourne and am hoping to build up activities for other areas. We have had our first Seaford lunch, with more events on the



horizon. Our District covers a large area so over the coming months we hope to be able to bridge some gaps. Do come along to any of the wonderful events in this book, I look forward to meeting you if I haven't already done so and hope that friendship month is a big success.

Please look on Brighton and Sussex Oddfellows facebook page where all our events are listed along with up to date details. Alternatively please join the events mailing list, you can do this by emailing me on jodie.gregson@oddfellows.co.uk

Jodie

Worthing Social Branch Events

Our Worthing Branch meets from 7pm to 9pm every fourth Tuesday of the month at The Quaker Meeting House, Rear of 34 Mill Road, Worthing, West Sussex BN11 5DR. Worthing events are shown in an green box throughout this diary.

Social Contact

Janet Porter

Telephone: 07753 677274



Eastbourne Social Branch Events

Our Eastbourne Branch social group usually meets from 7pm to 9pm every third Tuesday of the month at St Andrews Church Hall (next to Arlington Arms), 360 Seaside, Eastbourne, East Sussex BN22 7RY. Eastbourne events are shown in an orange box throughout this diary.

Social Contact

Jodie Gregson

Telephone: 07365 929623



September 2025

ODDFELLOWS FRIENDSHIP MONTH 1 - 30 SEPTEMBER



MON
01

Crazy Golf in Littlehampton



£ £5.75 or £5.25
for over 60s



Time for exercise, well sort of!
We shall have a Friendship
Month crazy golf competition at
Buccaneer Bay course in Norfolk
Gardens, Littlehampton. There will
be a prize for the winner and time
for refreshments at the nearby
café afterwards. No need to book,
just come along with your friends
and we shall be pleased to see
you. Buccaneer Bay Golf Course,
Norfolk Gardens, Sea Road,
Littlehampton BN17 5TJ. Contact
Janet on 07753 677274.

THURS
04

Coffee Morning at Al Campo Lounge



10.30am



As per menu



Meet up for a coffee and catch up.
Feel free to bring a friend along. On
the main bus route or pay parking
nearby. Al Campo Lounge, 84-86
London Road, Brighton BN1 6JF.
Contact Trudy on 07479 738970.

FRI
05

JJ Waller and Martin Parr Photography Exhibition



11am



As per menu



Free exhibition at Hove Museum
of Creativity. Option to join with
us for coffee or lunch at the
Rust Café, if it's not too busy, or
another venue close by. Hove
Museum of Creativity, 19, New
Church Road, Hove BN3 4AB.
Contact Trudy on 07479 738970.

September 2025

ODDFELLOWS
FRIENDSHIP MONTH
1 - 30 SEPTEMBER



MON
08

Friendship Stroll in Worthing



We shall meet at the entrance to Worthing Pier and stroll along to see the activities and look at Worthing from the sea! Afterwards, we'll have refreshments on the pier or along the prom at the Lido Café. Everyone is welcome, as it's Friendship Month, bring a friend along, we'd be very pleased to meet them. Worthing Pier Entrance, Marine Parade, Worthing BN11 3PX. Contact Janet on 07753 677274.



THURS
11

Marina Monthly Lunch Club



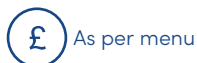
Come and join us at The West Quay for our regular monthly lunch. We meet upstairs where it is



quieter and easier to talk. The food is good and there is lively conversation with Oddfellow friends. Parking is free at the marina and buses run frequently from the centre of town. The West Quay, The Boardwalk, Brighton Marina BN2 5WA. Contact Judith on 07840 287733 or Janet on 07753 677274.

WED
10

Littlehampton Afternoon Tea



Come and join us for our Littlehampton afternoon tea at Mewsbrook Park Café. They have a large range of cakes, snacks and drinks and everyone, including well behaved dogs are welcome. Parking is available at the adjacent Wave Swimming Pool or on streets nearby. Mewsbrook Park Café, Mewsbrook Park, Hendon Avenue, Rustington BN16 2LX. Contact Janet on 07753 677274.

TUES
16

Worthing Walkers



Our Worthing Walkers Group led by Denise meets on the third Tuesday of each month for a stroll somewhere within easy reach of Worthing. Nothing too strenuous. We meet in all winds and weathers and always end with refreshments. Everyone is welcome and all our walks are dog friendly. The venues will be notified to members earlier in the month and will also be advertised on Facebook. Contact Janet on 07753 677274.



September 2025

TUES
16

Strum4Fun Ukulele Band, Eastbourne



7pm



Members £2
Guests £2.50



The amazing Strum4Fun Ukulele band will entertain us this evening with some lively songs and music.

Refreshments will be available along with our usual raffle. St Andrews Parish Hall (next to the Arlington Arms Public House), 360 Seaside, Eastbourne BN22 7RY. Contact Jodie on 07365 929623.



THURS
18

Exercise for All



2pm



£4



Join our new fortnightly exercise classes. Movement made fun with a variety of chair based exercises taught by a qualified instructor, a great chance to meet new people and have fun. These sessions are held on Thursdays and will run on 18 September, 16, 23, and 30 October and then fortnightly thereafter. Sovereign Court, 21 Wannock Road BN22 7JQ. Contact Jodie on 07365 929623.

WED
17

Friendship Afternoon Tea at Brick Kiln Garden Centre



2pm



As per menu



We have a Friendship Month afternoon tea at Brick Kiln Garden Centre near Chichester this afternoon. A well-stocked family owned nursery with a wonderful café and special offers for us to browse.

Come and join us and bring a friend to see what a friendly bunch we Oddfellows are! Dogs on leads are welcome in the plant areas and in the restaurant.



FRIENDSHIP
MONTH
EVENT

Join the fun

Tables will be reserved for us, please call Charmaine on 07954 161057 to let her know you will be coming. Book by Wednesday 10 September 2025. Brick Kiln Garden Centre, Bognor Road, Merston, Chichester PO20 1EJ.

September

MON
22

Coffee Morning at The Perch



10am



Free



Come along for a coffee and a chat in this relaxed café with views of the lake in Princes Park. It's family and dog friendly so everyone is welcome, a great location to join in for Friendship Month, so bring along a friend! The Perch Princes Park, Royal parade, East Sussex BN22 7LU. Contact Jodie on 07365 929623.

TUES
23

Fun Facts and Figures



7pm



Free



We shall have an illustrated talk and quiz from Stewart, one of our members. It will be played in teams and is



a cross between 'Whicker's World' and 'Ask The Family'. There will be prizes for the winners. We shall have our usual refreshments and a raffle. Quaker Meeting House, Rear of 34 Mill Road, Worthing, West Sussex BN11 5DR. Contact Janet on 07753 677274.

October

THURS
02

Exercise for All



2pm



£4



Join our new fortnightly exercise classes at Sovereign Court. Movement made fun with a variety of chair based exercises. Contact Jodie, see page 7 for more information.

WED
08

Littlehampton Afternoon Tea



2pm



As per menu



Come and join us for our Littlehampton afternoon tea at Mewsbrook Park Café. Contact Janet, see page 6 for more information.



THURS
09

Marina Monthly Lunch Club



12 noon



As per menu



Come and join us at The West Quay for our regular monthly lunch. Contact Judith or Janet, see page 6 for more information.

October

THURS
09

Strum4Fun Ukulele Band come to Seaford!



6.30pm



Members £3.50
Guests £4.50



The amazing Strum4Fun are back with their lively ukulele band to entertain us, always an evening not to be missed. Refreshments available. Great venue with parking available and on a bus route. Book by Wednesday 1 October 2025. Sutton Barn Community Club, Sutton Corner, Seaford BN25 4QW. Contact Jodie on 07365 929623.



THURS
16

Exercise for All



2pm



£4



Join our new fortnightly exercise classes at Sovereign Court. Movement made fun with a variety of chair based exercises. Contact Jodie, see page 7 for more information.

TUES
21

Worthing Walkers



10.30am



Cost of refreshments



Our Worthing Walkers Group, led by Denise, meets on the third Tuesday of each month for a stroll. Contact Janet, see page 6 for more information.



TUES
14

Petanque at Helen Garden



10am



£2.50



Come and join us for a game on the petanque court at this easily accessible location. Enjoying views of the coastal scenery and maybe stay for a coffee afterwards. Family and friends welcome to join in the fun. Book by Thursday 9 October 2025. Helen Garden, King Edwards Parade, Eastbourne, East Sussex BN20 7XL. Contact Jodie on 07365 929623.



October

TUES
28

The Last 4 in a Bar Barbershop Singers



The Last 4 in a Bar barbershop quartet are going to entertain us this evening. They are based in Worthing and are great fun! We shall have refreshments and our usual raffle, so donations are very welcome. Cost: £1 per person to be donated to Friends of Sussex Hospices. Quaker Meeting House, Rear of 34 Mill Road, Worthing, West Sussex BN11 5DR. Contact Janet on 07753 677274.

THURS
30

Exercise for All



Join our new fortnightly exercise classes at Sovereign Court. Movement made fun with a variety of chair based exercises. Contact Jodie, see page 7 for more information.

November

MON
03

Lunch at The Rodmill



Always a popular one, come and join us for lunch with good company and good food in this pub at the heart of Eastbourne. This venue is on a bus route and has parking. The Rodmill, Rangemore Drive, Eastbourne, East Sussex BN21 2QP. Contact Jodie on 07365 929623.



WED
12

Littlehampton Afternoon Tea



Come and join us for our Littlehampton afternoon tea at Mewsbrook Park Café. Contact Janet, see page 6 for more information.

THURS
13

Marina Monthly Lunch Club



Come and join us at The West Quay for our regular monthly lunch. Contact Judith or Janet, see page 6 for more information.

November

THURS
13

Exercise for All



Join our new fortnightly exercise classes at Sovereign Court. Movement made fun with a variety of chair based exercises. Contact Jodie, see page 7 for more information.

TUES
18

Worthing Walkers



Our Worthing Walkers Group, led by Denise, meets on the third Tuesday of each month for a stroll. Contact Janet, see page 6 for more information.

TUES
18

An Evening of Fun!



Entertainment to be confirmed. We may have a speaker or arrange some games, either way you are guaranteed some good company and lovely evening out. We will also have our usual raffle and refreshments. St Andrews Parish Hall (next to the Arlington Arms Public House), 360 Seaside, Eastbourne BN22 7RY. Contact Jodie on 07365 929623.

TUES
25

Light and Dark: A Life in Crime



Tonight we welcome Colin Turner. He is a solicitor specialising in Crime and Road Traffic Law. He has been Clerk of the Court, Prosecutor for CPS and Defence Advocate as well as Examiner to the Law Society and BBC Adviser on criminal law series. This talk is both light and slightly dark! There will be refreshments as well as our usual raffle. Quaker Meeting House, Rear of 34 Mill Road, Worthing, West Sussex BN11 5DR. Contact Janet on 07753 677274.



THURS
27

Exercise for All



Join our new fortnightly exercise classes at Sovereign Court. Movement made fun with a variety of chair based exercises. Contact Jodie, see page 7 for more information.

December

TUES
02

The Dice Box



2pm



£2.50 per hour



This wonderful café in the centre of Eastbourne has delicious food and drinks as well as a huge selection of games. The staff are on hand to show us how to play and its a great atmosphere. Book by Friday 28 November 2025. The Dice Box Café, 39 Grove Road, Eastbourne BN21 4TX. Contact Jodie on 07365 929623.

MON
08

Lunch in Seaford



12 noon



As per menu



Join us for a festive feast in Seaford at this traditional country pub that serves home-made food in a cosy setting. On a bus route with parking nearby. Book by Monday 1 December 2025. The Old Boot, 16 South Street, Seaford BN25 1PE. Contact Jodie on 07365 929623.

WED
10

Littlehampton Afternoon Tea



2pm



As per menu



Come and join us for our Littlehampton afternoon tea at Mewsbrook Park Café. Contact Janet, see page 6 for more information.



THURS
11

Marina Monthly Lunch Club



12 noon



As per menu



Come and join us at The West Quay for our regular monthly lunch. Contact Judith or Janet, see page 6 for more information.

THURS
11

Exercise for All



2pm



£4



Join our new fortnightly exercise classes at Sovereign Court. Movement made fun with a variety of chair based exercises. Contact Jodie, see page 7 for more information.

December



TUES
16

Christmas Social



7pm



Free



Join us for some festive treats, we will have mince pies and a warm drinks (more details to follow). St Andrews Parish Hall (next to the Arlington Arms Public House), 360 Seaside, Eastbourne BN22 7RY. Contact Jodie on 07365 929623.



THURS
25

Exercise for All



2pm



£4



Join our new fortnightly exercise classes at Sovereign Court. Movement made fun with a variety of chair based exercises. Contact Jodie, see page 7 for more information.

January 2026

TUES
16

Worthing Walkers



10.30am



Cost of refreshments



Our Worthing Walkers Group, led by Denise, meets on the third Tuesday of each month for a stroll. Contact Janet, see page 6 for more information.

WED
17

Social Afternoon in Worthing



2pm



Free



We have a change to our usual social programme this month. We shall meet for hot drinks and mince pies and perhaps a few little games. This afternoon is a chance to enjoy the company of friends and to wish each other a 'Happy Christmas'. Quaker Meeting House, Rear of 34 Mill Road, Worthing, West Sussex BN11 5DR. Contact Janet on 07753 677274.

THURS
08

Marina Monthly Lunch Club



12 noon



As per menu



Come and join us at The West Quay for our regular monthly lunch. Contact Judith or Janet, see page 6 for more information.



THURS
08

Exercise for All



2pm



£4



Join our new fortnightly exercise classes at Sovereign Court. Movement made fun with a variety of chair based exercises. Contact Jodie, see page 7 for more information.

January 2026

MON
12

Kurling



10am



Members £4.50, Guests £5.50



Come along for few games of kurling. No ice needed in this adapted version suitable for indoors, its great fun for everyone and refreshments will be available. Book by Friday 8 January 2026. Alice Croft House, Cornfield Lane, Eastbourne BN21 4NE. Contact Jodie on 07365 929623.



WED
14

Littlehampton Afternoon Tea



2pm



As per menu



Come and join us for our Littlehampton afternoon tea at Mewsbrook Park Café. Contact Janet, see page 6 for more information.

TUES
20

Worthing Walkers



10.30am



Cost of refreshments



Our Worthing Walkers Group, led by Denise, meets on the third Tuesday of each month for a stroll. Contact Janet, see page 6 for more information.



TUES
20

An Evening of Fun!



7pm



TBC



Entertainment to be confirmed. We may have a speaker or arrange some games, either way you are guaranteed some good company and lovely evening out. We will also have our usual raffle and refreshments. St Andrews Parish Hall (next to the Arlington Arms Public House), 360 Seaside, Eastbourne BN22 7RY. Contact Jodie on 07365 929623.

THURS
22

Exercise for All



2pm



£4



Join our new fortnightly exercise classes at Sovereign Court. Movement made fun with a variety of chair based exercises. Contact Jodie, see page 7 for more information.

January 2026

February

TUES
27

New Year Meal



6.30pm



As per
menu



We shall have a New Year meal at The Bull Inn in Goring-by-Sea. More details including the menu and prices will be available nearer the time. There is onsite parking and the premises are fully accessible. We will meet at 6.30pm for a 7pm meal. Cost: £5 deposit on booking. Cost as per menu. Book by Friday 16 January 2026. The Bull Inn, Goring Street, Goring-by-Sea BN12 5AR. Contact Janet on 07753 677274.

TUES
10

The Dice Box



2pm



£2.50 per hour



This wonderful café in the centre of Eastbourne has delicious food and drinks as well as a huge selection of games. The staff are on hand to show us how to play and it's a great atmosphere. Book by Friday 6 February 2026. The Dice Box Café, 39 Grove Road, Eastbourne BN21 4TX. Contact Jodie on 07365 929623.



WED
11

Littlehampton Afternoon Tea



2pm



As per menu



Come and join us for our Littlehampton afternoon tea at Mewsbrook Park Café. Contact Janet, see page 6 for more information.

February

THURS
05

Exercise for All



2pm



£4



Join our new fortnightly exercise classes at Sovereign Court. Movement made fun with a variety of chair based exercises. Contact Jodie, see page 7 for more information.

THURS
12

Marina Monthly Lunch Club



12 noon



As per
menu



Come and join us at The West Quay for our regular monthly lunch. Contact Judith or Janet, see page 6 for more information.

February

TUES
17

Worthing Walkers



10.30am



Cost of refreshments



Our Worthing Walkers Group, led by Denise, meets on the third Tuesday of each month for a stroll. Contact Janet, see page 6 for more information.

THURS
19

Exercise for All



2pm



£4



Join our new fortnightly exercise classes at Sovereign Court. Movement made fun with a variety of chair based exercises. Contact Jodie, see page 7 for more information.

Booking and Cancellations

Please remember the importance of early booking for all events to avoid disappointment or cancellation due to lack of support. Please note that a place is not guaranteed at any event until full payment has been received.

TUES
24

'Follow me, I think I know where I'm going'



7pm



Members £1
Guests £2



Tonight we welcome Frances Farrer-Brown, a registered Blue Badge Guide since 1999. She has expert knowledge of South East England and will tell us about her role and experiences. We shall of course have refreshments and our usual raffle. Quaker Meeting House, Rear of 34 Mill Road, Worthing, West Sussex BN11 5DR. Contact Janet on 07753 677274.



Data Protection

Please note that we can only contact members by the methods they have agreed – eg email, letter, phone etc. It has come to our notice that several members are not receiving our regular emails but would like to. If this applies to you, please contact Janet Porter – contact details on page 2 and advise her so she can update your records.

Bring friendship to your front room



There are many reasons that might prevent you from being able to attend some of our events in person. A clash in the diary might mean something else takes priority, you might not be able to spare the cost this time, or perhaps you just want to stay close to home that day.

We want people to enjoy the benefits of friendship no matter what. That's why Branches all over the country host around 50 free online events each month, ranging from talks, arts and crafts and games, to exercise and meditation sessions. These online events are a great opportunity to catch up with familiar faces and meet new and interesting people from all corners of the country from the comfort of home. You might even discover a new favourite hobby.

What's coming up online

We have lots of national online events that all our members can enjoy, the events below are just a flavour.

Tuesday 16 September, 7pm Alzheimer's and Brain Health

Register in advance for this meeting at www.oddfellows.co.uk/online-events/
Or use this link to register directly:

<https://tinyurl.com/OddfellowsBrainHealth>

Tuesday 28 October, 7pm 'Ghostly Tales to be Told' with Dr. Ann Featherstone

Register in advance for this meeting at www.oddfellows.co.uk/online-events/
Or use this link to register directly:

<https://tinyurl.com/OddfellowsGhostlyTales>

Anyone is able to attend an Oddfellows online event, no matter where they live so spread the word.

All our online events are hosted on Zoom. If you haven't tried Zoom video-conferencing before and would like help on how to use it, let us know. You can come to me, or email the Events team on events@oddfellows.co.uk, with any questions and we'll help you get logged on and ready to join in.

To find out about all upcoming in-person and online events, including online events hosted by other branches, go to www.oddfellows.co.uk/events or ask me to send you a list by email.

Trudy Weller

Some of our recent events...



We take photos at our events, if you don't wish to be in it please let us know.









Oddfellows Members: Do you need help?



None of us know what is around the corner...

Local Care and Welfare Support

To request contact from a Welfare Visitor and for local help and information about Branch benefits and benevolence contact Trudy on **07479 738970** or email **trudy.weller@oddfellows.co.uk**

Oddfellows Citizens Advice Line

Call 0800 0149 821*

(free to callers from any landline or mobile number)

Monday - Friday, 9.30am - 4.30pm

Email: oddfellows@citizensadvicemanchester.org.uk



Run by Citizens Advice for Oddfellows members, you can access free, confidential, independent advice on welfare benefits, money and debt issues, consumer problems, housing, fuel bills, employment issues and many other issues.

*The Oddfellows cannot provide legal advice and accepts no liability whatsoever for advice provided by Citizens Advice, which is an independent advice agency. If you have any queries about the advice you have received or wish to make a complaint then you should contact Citizens Advice directly. Citizens Advice operate a formal complaints process.

Care and Welfare Helpline

Call 0800 0149 822

(free to callers from any landline or mobile number)

Monday to Thursday, 9.30am - 4.30pm, Friday, 9.30am - 4pm

Email: care@oddfellows.co.uk

Run by the Oddfellows Care and Welfare Department, you can access information and guidance on issues such as accessing health and care services, supported housing, support for carers, and planning for later life. The helpline will try and identify any Oddfellows benefits or services in the community which may be of help to you.

**Visit our website page at www.oddfellows.co.uk/benefits/care
for care and welfare information**

Scarborough hosts the nation's Oddies



For the 20th time in more than 200 years the Society's Annual Movable Conference (AMC) was held in beautiful Scarborough, hosted by Vale of York Oddfellows.

Members representing their Branches converged on the seaside town from

all corners of the country to assess the previous 12 months and to decide on the direction of the next.

There was change at the top, as South London Oddfellows' John Mann replaced Vale of York Oddfellows' Barbara Needham as Grand Master.

As well as business, attendees enjoyed a range of social activities, including indulging in the delights of an Oddfellows Brass performance, the annual Roy Harmer Memorial Bowls Tournament, and a day trip to Whitby and Scarborough Fair.

Final update from HA Andrews Memorial Fund recipients

Nur Zainal, who's PhD at the University of Southampton has been supported by the HA Andrews Memorial Fund, and Professor of Cancer Biology Tim Fenton (pictured), addressed the Society's annual conference as three years of funding comes to an end.

"My PhD – made possible by the generous support of the Oddfellows – has made some significant contributions to cancer research," said Nur. "My ultimate goal is to find ways to prevent or overcome drug resistance, and my model will let us run

the pre-clinical studies needed to move promising strategies toward the clinic."

Tim added: "Until recently, we did not understand enough about how our immune system recognises and responds to tumours, or about how tumours learn to switch off our immune responses to deploy cancer vaccines effectively. This is changing rapidly, and cancer vaccines hold great promise for kinder, more effective therapy, though significant challenges remain."



Making a Difference Awards 2025

The Oddfellows is full of remarkable people, none more so than the six winners of this year's Making a Difference Awards. They have been nationally recognised for their selflessness and dedication to making their Branch and wider Society as good as they can be.

For more information about the Awards, including how to nominate someone for 2026, visit www.oddfellows.co.uk/makingadifference.

Jean Logan, Nene and Welland Oddfellows

Enriching Lives Socially

This award celebrates Jean's contributions to the running of the Branch's social events. She's key to coming up with new ideas, organising and hosting events, and making sure everyone has a good time.

"Socialising keeps your brain busy and keeps you active and keeps you younger.

You can sit on the sofa and watch telly all day long but I'm a doer. I'm always up and about."



On winning the award, Jean, from Bourne, Lincolnshire, says she had to read the letter twice, adding: "You've got so many branches all over the country and I end up as the overall winner. It was a nice surprise."

Gordon and Kath Hinett, North Wales and Chester Oddfellows

Achieving Together

The married couple from Conwy, North Wales, have been recognised for their teamwork and commitment to improving the lives of members.



As a Welfare visitor, Gordon regularly assists members however they might need, be that giving lifts to appointments or events, or going to the shops for them. Kath takes the lead on organising social events such as trips to the cinema, the theatre or a day out somewhere.

Kath says they could've been knocked down with a feather when they learnt they'd won. Gordon added: "We don't do it to get rewarded. We do it because we love doing it."

Chris Sargeant, Nene and Welland Oddfellows

Working in the Spirit of Mutuality

Chris, from Pinchbeck in Lincolnshire, has been highlighted for her passion and dedication for her Branch and the Society as a whole.



Having held almost every role possible locally and represented Nene and Welland Oddfellows on regional and national committees, Chris said: "Oddfellows gives to me as much as I give to it. You get to know people. I've friends all over the country through Oddfellowship. I love it, absolutely love it."

She added: "How proud was I that someone had thought I was worthy of this Award?"

Ann Kight, Nottingham Trent Oddfellows

Giving Something Back

Nottingham-based Ann's selfless commitment to raising money for worthy causes, both in connection with her Branch and of her own accord, is why she has been singled out for praise.

"I've been doing it about 10 years, if not more," she said. "I reckon I've raised around £10,000."

"I've always had the motto of, 'if you go through life and behave and you help somebody on your way you've done your job'."



She added: "You do things because you do them, not for awards. To get an award is a bonus."

Barry Bedford, Nene and Welland Oddfellows

Giving a Helping Hand

Barry, from Peterborough, has been recognised for his dedication to looking after his fellow members and being counted on when it matters, or in times of need. He's been known to give members lifts to and from events and the shops, and has assisted in all manner of DIY projects, including clearing driveways, repairing doors, decorating and gardening.



He said: "I am very proud of what they think I've achieved. It's the way I live my life and always have done and if that transforms into helping other people then I'm thankful."

Incredible total raised for good causes



Brownsea Oddfellows raised £1,608.50 for the Dorset and Somerset Air Ambulance.

members. We know that money is tight for many people, but they still dig deep and have compassion for those in need.

“It’s what binds us as Oddfellows – caring for people’s welfare and looking out for the needs of others. This humanitarian spirit makes me feel incredibly proud to be part of the Society. Where we can help, we must.”

Giving back to our communities has always mattered to us. Last year, our branches and members donated over £163,000 to good causes.

Jane Nelson, CEO of the Oddfellows, said: “Every year, when we work out the collaborative total, I’m astounded by the generosity of our Branches and their

Find out more about how the Society gives back to its communities, including information about our support for the RNLI, Oddfellows Brass, our Orphan Gift Fund and HA Andrews Memorial Fund, at www.oddfellows.co.uk/about/giving-back

Welcoming Tees Mutual to the Oddfellows



In February, we announced the completion, by transfer of engagements, of Tees Mutual.

The acquisition was approved and agreed on by Tees Mutual's members and their Board. Both the Oddfellows and Tees Mutual share a similar ethos and complementary values. This is the Society's sixth acquisition since

2007 and follows the last transfer of engagements in 2021.

Jane Nelson, CEO of the Oddfellows, said: “Tees Mutual has been providing life and savings products to the people of Teesside and South Durham for well over a century.

“We are both passionate about mutuality and are pleased to be able to provide Tees Mutual members with a secure future.”

At a glance

September 2025 - Friendship Month

Mon 1	Crazy Golf in Littlehampton	2pm
Thurs 4	Coffee Morning at Al Campo Lounge	10.30am
Fri 5	JJ Waller and Martin Parr Photography Exhibition	11am
Mon 8	Friendship Stroll in Worthing	2pm
Wed 10	Littlehampton Afternoon Tea	2pm
Thurs 11	Marina Monthly Lunch Club	12 noon
Tues 16	Worthing Walkers	10.30am
Tues 16	Strum4Fun Ukulele Band, Eastbourne	7pm
Wed 17	Friendship Afternoon Tea at Brick Kiln Garden Centre	2pm
Thurs 18	Exercise for All	2pm
Mon 22	Coffee Morning at The Perch	10am
Tues 23	Fun Facts and Figures	7pm

October

Thurs 2	Exercise for All	2pm
Wed 8	Littlehampton Afternoon Tea	2pm
Thurs 9	Marina Monthly Lunch Club	12 noon
Thurs 9	Strum4Fun Ukulele Band come to Seaford!	6.30pm
Tues 14	Petanque at Helen Garden	10am
Thurs 16	Exercise for All	2pm
Tues 21	Worthing Walkers	10.30am
Tues 28	The Last 4 in a Bar Barbershop Singers	7pm
Thurs 30	Exercise for All	2pm

November

Mon 3	Lunch at The Rodmill	12 noon
Wed 12	Littlehampton Afternoon Tea	2pm
Thurs 13	Marina Monthly Lunch Club	12 noon
Thurs 13	Exercise for All	2pm
Tues 18	Worthing Walkers	10.30am
Tues 18	An Evening of Fun!	7pm

At a glance

November

Tues 25	Light and Dark: A Life in Crime	7pm
Thurs 27	Exercise for All	2pm

December

Tues 2	The Dice Box	2pm
Mon 8	Lunch in Seaford	12 noon
Wed 10	Littlehampton Afternoon Tea	2pm
Thurs 11	Marina Monthly Lunch Club	12 noon
Thurs 11	Exercise for All	2pm
Tues 16	Christmas Social	7pm
Tues 16	Worthing Walkers	10.30am
Wed 17	Social Afternoon in Worthing	2pm
Thurs 25	Exercise for All	2pm

January 2026

Thurs 8	Marina Monthly Lunch Club	12 noon
Thurs 8	Exercise for All	2pm
Mon 12	Kurling	10am
Wed 14	Littlehampton Afternoon Tea	2pm
Tues 20	Worthing Walkers	10.30am
Tues 20	An Evening of Fun!	7pm
Thurs 22	Exercise for All	2pm
Tues 27	New Year Meal	6.30pm

February

Thurs 5	Exercise for All	2pm
Tues 10	The Dice Box	2pm
Wed 11	Littlehampton Afternoon Tea	2pm
Thurs 12	Marina Monthly Lunch Club	12 noon
Tues 17	Worthing Walkers	10.30am
Thurs 19	Exercise for All	2pm
Tues 24	'Follow me, I think I know where I'm going'	7pm