**August 2025 - January 2026** Issue 5



**Bury St Edmunds and Colchester District Lodge** 

Covering Colchester, St Edmundsbury, Stowmarket and Sudbury Social Lodges





Wellbeing ? Quiz A Talks Social A Film



























Tennis Golf 5 Sports Friendship

### Welcome to the latest edition of our District Social Lodges, events diary and news review

### Message from the Secretary

As I am writing this, I look out the window and "it is chucking it down!" I hope that as you read this the weather has improved and we are all enjoying the sunshine.

The DSEO's at the four Social Lodges, along with their Social Committees, have been very busy arranging events for the next six months. There is a varied selection to keep you entertained and to get involved in and remember, you can attend an event, at any Social Lodge, although I would advise confirming this with the relevant DSEO, as for some events, booking is essential.

September is Friendship Month and we encourage any prospective new members to come to events, so please, do bring your friends along. There is always a warm welcome for all and we are happy to see new faces - don't forget to tell them that there are many benefits Oddfellow membership can give you.



We had a very successful 2024 on the recruitment front and won the East Anglian Group Conference Pam and David Cox cup for the most members recruited in the year.

Also, at the Annual Movable
Conference (AMC), Jacky and I
collected the Lilian Ogden trophy (see
picture above) for the branch with the
highest net increase in membership
and the Refer a Friend award for
the highest number of member
advocates. Well done to all.

We look forward to welcoming you to our events.

Tony Nunn
District Secretary

#### A bit about us...

The Oddfellows is a friendly society with Branches across the UK. Through friendship and social events, we help our members get more enjoyment out of life, and offer care, advice and support in times of need. Find out more at www.oddfellows.co.uk or call 0800 028 1810.

### **District and Social Lodge Contacts**

For more information on our events, and for encouragement and support if attending an event for the first time, please contact your local Social Lodge contact:

### **Bury St Edmunds and Colchester District Lodge**

**District Secretary:** Tony Nunn

85 Whiting Street, Bury St Edmunds, Suffolk IP33 1NX

Telephone: 01284 754345 Email: tony.nunn@oddfellows.co.uk

**District Assistant Secretary:** Sue Whitehead

Telephone: 01284 754345 Email: sue.whitehead@oddfellows.co.uk

Care, Welfare and Benevolence Administrator: Alice Crane Telephone: 01284 755068 Email: alice.crane@oddfellows.co.uk

#### Colchester Social Lodge (Events listing page 5)

Social Events Organiser and Care and Welfare Coordinator: Diana Randall

Telephone: 07986 355908 Email: diana.randall@oddfellows.co.uk

**f** OddfellowsColchester

### St Edmundsbury Social Lodge (Events listing page 11)

Social Events Organiser and Care and Welfare Coordinator: Jacky Nunn Telephone: 01284 755068 or 07794 065194 Email: jacky.nunn@oddfellows.co.uk

**f** Oddfellows St Edmundsbury

#### Stowmarket Social Lodge (Events listing page 25)

Social Events Organiser and Care and Welfare Coordinator: Laura Wright

Telephone: 07375 024115 Email: laura.wright@oddfellows.co.uk

**f** OddfellowsStowmarket

#### Sudbury Social Lodge (Events listing page 31)

Social Events Organiser and Care and Welfare Coordinator: Helen Patel

Telephone: 07876 710053 Email: helen.patel@oddfellows.co.uk

**f** OddfellowsSudbury

## District Lodge News

I am pleased to advise that the **District Lodge** has a new Care, Welfare and **Benevolence** Administrator.

Alice Crane joined the staff on Monday 2 June and will be covering all four Social lodges, working

closely with the DSEO's and volunteer welfare visitors and telephone befrienders. Your DSEO will still be your first point of call and they will contact Alice to ensure that she is aware and can respond accordingly.



Alice, our Care, Welfare and Benevolence Administrator.

#### **Annual Church Service**

The annual Church Service will take place at All Saints Church, Park Road, Bury St Edmunds on Sunday 16 November 2025 at 2.30pm and it will be good to see as many of you attending as possible. Once again, there will be an afternoon tea, following the service, in the adjoining hall.

#### **Turkey and Tinsel**

A reminder of our 'Turkey and Tinsel' holiday to Eastbourne from 29 November through until 3 December. There are still places available, although all single rooms are taken. Contact Tony for more details.

## Planned District Events

#### **District Coffee Morning**





) 10.30am  $\stackrel{\text{(f)}}{\text{(f)}}$  Donation if able



Saturday

Join us for a warm welcome and a friendly chat over a cuppa and toast and biscuits plus great company are always on offer. Everyone welcome, along with a friendly smile and good conversation. You can pop in for a few minutes or stay the whole morning. This is a free event from 10.30am to 1.30pm. Oddfellows Hall, 85 Whiting Street, Bury St Edmunds, Suffolk IP33 1NX. Contact Jacky on 01284 755068 or 07794 065194.

August and September will be held on the first Saturday of the month. October 2025 to January 2026 will be held on every Saturday during this period.

### Christmas 'Extravaganzas' Show by the Co-Op Juniors

At the Big Top Theatre, Trinity Park, Ipswich.

At the time of going to press the dates and prices for this event had not been confirmed, but we will be running coaches for all Social Lodges to come together to enjoy this event.

Please see your DSEO for more information.

# Colchester Events August 2025



Colchester Wednesday Walkers - Wrabness







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Colchester Wednesday Walkers - Bus route Walk

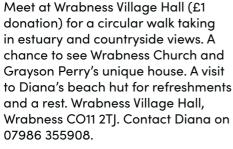






Bus route walk to be arranged by Paul. Confirmation email to be sent nearer the time. Location to be arranged, around Colchester area CO3 0US. Contact Diana on 07986 355908.

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#### Colchester Coffee Morning – Humorous Hassle



10.30am (

 $(\mathfrak{t})$  Donations



Andrew Wiltshire, author and presenter is coming to give us a talk entitled 'Humorous Hassle – To Make You Laugh, Smile and Probably say I don't Believe it!' Donations for refreshments for charity appreciated. Lion Walk Church, Lion Walk Precinct, Colchester CO1 1LX. Contact Diana on 07986 355908.



## Colchester Afternoon Social



1.30pm







Laura from Stowmarket Branch, who is a dance teacher is coming to us to do a gentle exercise class for all abilities, seated and standing movements. Working on co-ordination, strength and having fun. Lion Walk Church, Lion Walk Precinct, Colchester CO1 1LX. Contact Diana on 07986 355908.

### **ODDFELLOWS FRIENDSHIP MONTH**

1-30 SEPTEMBER















#### **Colchester Wednesday** Walkers - Coggeshall







Meet in the car park in Stoneham Street circular walk around Coggeshall with some road walking. Possible lunch at The Chappell Inn. Car Park, Stoneham Street, Coggeshall CO6 1NY. Contact Diana on 07986 355908.



#### Colchester Coffee Morning - Gary is Back



10.30am  $(\mathfrak{L})$  Donations



Say no more, Gary Egerton is back to entertain us. A big man with a big voice and big stories to tell. Donations for refreshments for charity appreciated. Lion Walk Church, Lion Walk Precinct, Colchester CO1 1LX. Contact Diana on 07986 355908.





#### **Colchester Day Out** on the **Norfolk Broads**









mage by Richard Humphrey and licensed for euse under the Creative Commons Licence.

A day out in Norfolk. Destination Wroxham. Firstly spare time in Wroxham to have a wander around, browse the shops and have a coffee. We then board a Broads cruiser for a trip along the Broads to enjoy the waterside views. Book by Sunday 31 August 2025. Marks Tey Hotel, London Road, Copford CO6 1DU. Contact Diana on 07986 355908.



#### **Colchester Wednesday** Walkers - Bus route Walk







Bus route walk to be arranged by Paul, Confirmation email to be sent nearer the time. Location to be arranged, around Colchester area CO3 0US. Contact Diana on 07986 355908.

**Colchester Afternoon** Social - Friendship Month Bingo and **Afternoon Tea** 







September is Friendship Month, so why not bring a friend to our bingo afternoon and introduce them to the Oddfellows social events in Colchester. A few games of bingo with prizes to be won. Tea and home-made cakes will be served in the interval. Join us, it may be your lucky day! Donations for refreshments for charity appreciated. Lion Walk Church, Lion Walk Precinct, Colchester CO1 1LX. Contact Diana on 07986 355908.

## October



#### **Colchester Wednesday** Walkers - West Mersea







Sea wall and countryside walk towards the vineyard. Lunch at the Granary restaurant, Waldegraves Holiday Park.



euse under the Creative Commons Licence mage by Robin Webster and licensed for

Waldegraves Holiday Park Car Park, Mersea CO5 8SE. Contact Diana on 07986 355908.



### **Colchester Coffee** Morning - Talk by **Angie Jones**



10.30am





Angie Jones who has previously given us a talk is back to tell her own story as a freelance writer and many other things throughout her career. Donations for refreshments for charity appreciated. Lion Walk Church, Lion Walk Precinct, Colchester CO1 1LX. Contact Diana on 07986 355908.

### Say $\mathcal{V}\!e\mathcal{S}$ to friendship in September

Make someone's day and invite them along to share the friendship fun.

All welcome

**ODDFFLLOWS** FRIENDSHIP MONTH 1 - 30 SEPTEMBER





To see what's on and find out more about Friendship Month visit www.friendshipmonth.com

### October



Colchester Wednesday Walkers - Bus route Walk







Bus route walk to be arranged by Paul. Confirmation email to be sent nearer the time. Location to be arranged, around Colchester area CO3 0US. Contact Diana on 07986 355908.



#### Colchester Cinema Afternoon









Come along and relax in the cinema room at the church to watch 'The Guernsey Literary and Potato Peel Pie Society'. This is based on the occupation of Guernsey, an irresistible romantic mystery. Cinema snacks and tea or coffee served in the interval. Donations for refreshments for charity appreciated. Lion Walk Church, Lion Walk Precinct, Colchester CO1 1LX. Contact Diana on 07986 355908.

### November



Colchester Wednesday Walkers - Stoke by Nayland







Meet in the car park in School Street and walk towards Polstead, along the River Box, enjoying the countryside in the Stour Valley. School Street, Stoke by Nayland CO6 4QY. Contact Diana on 07986 355908.



#### Colchester Coffee Morning - Yum! Tiptree Jam



) 10.30am (

£ Donations



Nick Wickenden the curator of the famous Tiptree Jam Factory will be giving a talk on the history of the factory



up to present day. Donations for refreshments for charity appreciated. Lion Walk Church, Lion Walk Precinct, Colchester CO1 1LX. Contact Diana on 07986 355908.



## Colchester Wednesday Walkers - Bus route Walk







Bus route walk to be arranged by Paul. Confirmation email to be sent nearer the time. Location to be arranged, around Colchester area CO3 0US. Contact Diana on 07986 355908.



**Colchester Afternoon** Social - Let's get a bit crafty







With the festive season not far away, Dorothy O'Grady is coming along to show us ways of wrapping our Christmas gifts. Come along and have a go or just watch and relax. Donations for refreshments for charity appreciated. Lion Walk Church, Lion Walk Precinct, Colchester CO1 1LX. Contact Diana on 07986 355908.

### December



**Colchester Wednesday** Walkers - Boxted



11am





Walking towards Langham with some road walking in country lanes. Lunch in the café next to the car park. Village Hall Car Park, Cage Lane, Boxted Cross, Colchester CO4 5RE, Contact Diana on 07986 355908.

### December



#### **Colchester Christmas Party and Buffet**









Colchester Christmas party. Entertainment fit for the occasion, which will be lots of fun and a big surprise. A buffet will be served. Jacket potatoes, cold meats and salad followed by dessert and tea or coffee. Come along for an entertaining afternoon and get into the Christmas spirit. A free raffle will be held. Lion Walk Church, Lion Walk Precinct, Colchester CO1 1LX. Contact Diana on 07986 355908.



#### **Colchester Coffee Morning -**Sandra and the Entertainers





) 10.30am  $\left(\begin{array}{c} \mathbf{f} \end{array}\right)$  Donations





Sandra and her ladies are coming along to provide a morning of jolly, lighthearted song and dance. Tea or coffee and mince pies to follow. Donations for refreshments for charity appreciated. Lion Walk Church, Lion Walk Precinct, Colchester CO1 1LX. Contact Diana on 07986 355908.

## December



Colchester Wednesday Walkers - Bus route Walk







Bus route walk to be arranged by Paul. Confirmation email to be sent nearer the time. Location to be arranged, around Colchester area CO3 0US. Contact Diana on 07986 355908.

## January 2026



Colchester Wednesday Walkers - Fordham Estate







Meet in Quilters Green car park for a walk around the Fordham Estate with possible lunch at the Cricketers, Fordham



Heath. Quilters Green Car Park, Fordham CO6 3LX. Contact Diana on 07986 355908.

## **January 2026**



Colchester Wednesday Walkers - Bus route Walk







Bus route walk to be arranged by Paul. Confirmation email to be sent nearer the time. Location to be arranged, around Colchester area CO3 0US. Contact Diana on 07986 355908.



Colchester Afternoon Social - Games







Come along and bring your favourite board game or just a pack of cards. Diana will bring a few of her favourite board games, so that



you can try something new as well as showing others your favourite. Donations for refreshments for charity appreciated. Lion Walk Church, Lion Walk Precinct, Colchester CO1 1LX. Contact Diana on 07986 355908.



#### Colchester Coffee Morning New Year Quiz









A morning of fun and a chance to get the brain cells working. Nigel and Ann will once again be presenting a Powerpoint quiz. Let's see how your table will get on this time! Prizes to be won. Donations for refreshments for charity appreciated. Lion Walk Church, Lion Walk Precinct, Colchester CO1 1LX. Contact Diana on 07986 355908.

# St Edmundsbury Events August 2025



#### Out of the Frying Pan and into the... Talk





Members Free Guests £5









Brandon Walk, Talk and **Cuppa Morning** 







Having survived the rigours of separation from his wife and family during his service in



the Royal Navy, Dave Mallion took his family to live in South Africa with the hope of achieving a 'normal' life. His hope for a 'normal' life didn't always materialise and danger could appear when least expected. Refreshments will be available from 10am and our speaker will take the floor at 10.30am. Oddfellows Hall, 85 Whiting Street, Bury St Edmunds, Suffolk IP33 1NX. Contact Jacky on 01284 755068 or 07794 065194.



#### **Newmarket Coffee Morning**





Cost of



All members and friends are welcome to join us at The Day Centre. We meet on the first Thursday of the month at 11am for a chance to catch up over a cuppa and cake. Some of our members also stay for a home cooked lunch. The Day Centre, Fred Archer Way, Newmarket, Suffolk CB8 8NT. Contact lacky on 01284 755068 or 07794 065194.

We have a change of venue for the summer months. Join us at 10am at the Brandon Country Park visitors centre for a gentle stroll in the park before meeting back at the visitor centre at 11am for refreshments. If the stroll is not for you then join us for a cuppa and chat. Brandon Country Park, Bury Road, Brandon, Suffolk IP27 0SU. Contact lacky on 01284 755068 or 07794 065194.



#### Craft and Games **Afternoon**





Members Free Guests £5



Pop into the hall for a warm welcome. a friendly atmosphere and a nice cuppa. Join in with the latest craft project



or bring your own along with you. If craft is not for you, then enjoy a game of Crib, Chess or Scrabble or just sit and have a chat. Oddfellows Hall, 85 Whiting Street, Bury St Edmunds, Suffolk IP33 1NX. Contact Jacky on 01284 755068 or 07794 065194.

## August 2025



#### Coach Trip to Holt, Steam Train to Sheringham and Return







The coach will take us to Holt in Norfolk to catch the steam train into Sheringham. We will have time to visit the beach, have something to eat or just sit and relax while watching the world go by. We will then take the steam train from Sheringham back to Holt where our coach will be waiting to bring us home. A £10 deposit is needed at the time of booking your place. Time to be advised. Book by Friday 1 August 2025. North Norfolk Railway, Sheringham Station, Station Approach, Sheringham, Norfolk NR26 8RA. Contact lacky on 01284 755068 or 07794 065194.



#### Film Club Afternoon



Members Free Guests £5



On the third Thursday of every month we hold our film club at the Oddfellows Hall. Doors open at 1pm for a chat, cuppa and collection of popcorn. The film will start at 1.30pm. This month's film – Knives Out. Oddfellows Hall, 85 Whiting Street, Bury St Edmunds, Suffolk IP33 1NX. Contact Jacky on 01284 755068 or 07794 065194.

# 27

## New Age Kurling Afternoon







Reds versus Blues – both teams take it in turns to score as many points as possible, whilst the opposition tries to knock them off the scoring mat. Competitive? No never! Jill and Gail will be your hosts with refreshments served during the game. Oddfellows Hall, 85 Whiting Street, Bury St Edmunds, Suffolk IP33 1NX. Contact Jacky on 01284 755068 or 07794 065194.

# 30

#### Paint and Cuppa Morning







Sarah from Sunflower Artistry will be joining us again for a morning of 'Me Time'. She will take



us step by step through the process of painting with acrylics. All materials are provided and included in the price. We have limited spaces, so we will need a £5 deposit at the time of booking. Book by Wednesday 30 July 2025. Oddfellows Hall, 85 Whiting Street, Bury St Edmunds, Suffolk IP33 1NX. Contact Jacky on 01284 755068 or 07794 065194.



Forensic Science and Firearms with Brian | Heard







Brian is an expert and author on this fascinating subject. His book covers the realities of case work providing evidence on how forensic science is analysed, how aunshot residue is processed, all leading to how it is presented in a court of law. Join us for refreshment before Brian takes the floor at 10.30am. Oddfellows Hall. 85 Whiting Street, Bury St Edmunds, Suffolk IP33 1NX. Contact Jacky on 01284 755068 or 07794 065194.



#### Friendship Month Coffee Morning at **Newmarket**





refreshments



All members and friends are welcome to join us at The Day Centre. We meet the first



Thursday of the month at 11am for a chance to catch up over a cuppa and cake. Some of our members also stay for a home cooked lunch. The Day Centre, Fred Archer Way, Newmarket, Suffolk CB8 8NT. Contact Jacky on 01284 755068 or 07794 065194

### ODDFFI LOWS 1 - 30 SEPTEMBER













#### Friendship Month Coffee Morning with a Bring and Buy Fundraiser







September is Friendship Month for us in the Oddfellows and what better way to spread the joy



than over a cuppa with friends, together with a bring and buy fundraiser. A great way to showcase our wonderful aroup to all our neighbours and friends. Join us from 10.30am to 1.30pm. Oddfellows Hall, 85 Whiting Street, Bury St Edmunds, Suffolk IP33 1NX. Contact lacky on 01284 755068 or 07794 065194.



#### **Craft and Games Afternoon**



1.30pm



Members Free



Pop into the hall for a warm welcome, a friendly atmosphere and a nice cuppa. Join in with the latest craft project or bring your own along with you. If craft is not for you, then enjoy a game of Crib, Chess or Scrabble or just sit and have a chat. Oddfellows Hall, 85 Whiting Street, Bury St Edmunds, Suffolk IP33 1NX. Contact Jacky on 01284 755068 or 07794 065194.



#### Brandon Walk, Talk and **Cuppa Morning**







We have a change of venue for the summer months. Join us at 10am at the Brandon Country Park visitors centre for a gentle stroll in the park before meeting back at the visitor centre at 11am for refreshments. If the stroll is not for you then join us for a cuppa and chat. Oddfellows Hall, 85 Whiting Street, Bury St Edmunds, Suffolk IP33 1NX. Contact Jacky on 01284 755068 or 07794 065194.



#### Film Club Afternoon



Members Free



On the third Thursday of every month we hold our film club at the Oddfellows Hall. Doors open at 1pm for a chat, cuppa and collection of popcorn. The film will start at 1.30pm. This month's film - Roman Holiday. Oddfellows Hall, 85 Whiting Street, Bury St Edmunds, Suffolk IP33 1NX. Contact lacky on 01284 755068 or 07794 065194.

### ODDFFI LOWS 1 - 30 SEPTEMBER











#### **New Age Kurling Afternoon**



Members Free Guests £5



Reds versus Blues - both teams take it in turns to score as many points as possible, whilst the opposition tries to knock them off the scoring mat. Competitive? No never! Jill and Gail will be your hosts with refreshments served during the game. Oddfellows Hall, 85 Whiting Street, Bury St Edmunds, Suffolk IP33 1NX. Contact Jacky on 01284 755068 or 07794 065194.

#### We Drum with Joe





Members £3



loin loe as he takes us on a musical journey with the help of drums. Music is good for the soul and the



'Happy Endorphins'. Everyone will have the chance to join in the group session, no experience necessary. Refreshments will be served afterwards. It's 'Friendship Month', so remember to bring a friend and let them join in the fun. Oddfellows Hall, 85 Whiting Street, Bury St Edmunds, Suffolk IP33 1NX. Contact lacky on 01284 755068 or 07794 065194.

ODDFFI LOWS 1 - 30 SEPTEMBER











#### **Walking Photo Shoot**







Join Julian and Alison as they take us on a walking tour of the Abbey Gardens while viewing the landscape through the lens of a camera. We will have a chance to learn how just setting the angle of the camera



slightly differently can make or break a beautiful photo. Join them in the Rose Garden and afterwards we will stop at the Pilgrims Kitchen Café for refreshments. Abbey Gardens, 22 Mustow Street, Bury St Edmunds, Suffolk IP33 1XL. Contact Jacky on 01284 755068 or 07794 065194.

### October



#### **Newmarket Coffee Morning**









#### Afternoon of Music with **Barrie** and Pete







All members and friends are welcome to join us at The Day Centre. We meet on the first Thursday of the month at 11am for a chance to catch up over a cuppa and cake. Some of our members also stay for a home cooked lunch. The Day Centre, Fred Archer Way, Newmarket, Suffolk CB8 8NT. Contact lacky on 01284 755068 or 07794 065194.



Barrie and Pete will take us on a musical journey through the 60s. We can sing along, take to the dance floor or just sit back and listen. Refreshments will be served afterwards. Oddfellows Hall. 85 Whiting Street, Bury St Edmunds, Suffolk IP33 1NX. Contact Jacky on 01284 755068 or 07794 065194.



### October



# Lill Taught Me NOT to Yodel! by lestyn Edwards





Members Free Guests £5



lestyn will be joining us again with tales and songs of growing up on the variety circuit. With his father, a country

and western



singer, a psychic medium mother, a singing emu and a burlesque giraffe. He was taken under soprano Lillian Bryn–Custons wing and with her guidance turned pro. It's guaranteed to be an interesting morning. Doors open at 10am, speaker from 10.30am. Oddfellows Hall, 85 Whiting Street, Bury St Edmunds, Suffolk IP33 1NX. Contact Jacky on 01284 755068 or 07794 065194.



## Craft and Games Afternoon



£

Members Free Guests £5



Pop into the hall for a warm welcome, a friendly atmosphere and a nice cuppa. Join in with the latest craft project or bring your own along with you. If craft is not for you, then enjoy a game of Crib, Chess or Scrabble or just sit and have a chat. Oddfellows Hall, 85 Whiting Street, Bury St Edmunds, Suffolk IP33 1NX. Contact Jacky on 01284 755068 or 07794 065194.



#### Brandon Coffee Morning







On the second Friday of the month, we meet at Tillys Tea Room, Brandon for a cuppa and catch-up with friends. A few of us arrive early for a breakfast and some of us stay for lunch, but everyone is always welcome to join us. Tillys Tea Room, Old Five Bells, Market Hill, Brandon IP27 0AA. Contact Jacky on 01284 755068 or 07794 065194.



#### Film Club Afternoon



1.30pm



Members Free Guests £5



On the third Thursday of every month we hold our film club at the Oddfellows Hall. Doors open at 1pm for a chat, cuppa and collection of popcorn. The film will start at 1.30pm. This month's film - The Best Exotic Marigold Hotel. Oddfellows Hall, 85 Whiting Street, Bury St Edmunds, Suffolk IP33 1NX. Contact Jacky on 01284 755068 or 07794 065194.



### October



#### **Ten Pin Bowling Morning**



Join us for

a morning of friendly

price includes

two games of ten

Members £8 Guests £10



competition as we take to the lanes at Bury Bowl. The



pin bowling and refreshments. We will meet inside the bowling alley. A £5 deposit will be needed at the time of booking. Book by Tuesday 7 October 2025. Bury Bowl, Eastgate Street, Bury St Edmunds, Suffolk IP33 1YQ. Contact lacky on 01284 755068 or 07794 065194.

#### **New Age Kurling Afternoon**



Members Free Guests £5



Reds versus Blues - both teams take it in turns to score as many points as possible, whilst the opposition tries to knock them off the



scoring mat. Competitive? No never! Jill and Gail will be your hosts with refreshments served during the game. Oddfellows Hall, 85 Whiting Street, Bury St Edmunds, Suffolk IP33 1NX. Contact Jacky on 01284 755068 or 07794 065194.

## November



### Winston's Wheels with Rachel





Winston lost the use of his hind legs. With the help of a kind stranger, Winston was given a

Members Free, Guests £5



Winston's Wheels &

wheelchair and he continued to flourish for another three years. This charity was set up in his memory and their aims are to raise more money to provide more wheels for other dogs in need. She will bring along a couple of her latest recipients for you all to enjoy. Doors open at 10am for refreshments, Rachel will take the floor from 10.30am. Oddfellows Hall, 85 Whiting Street, Bury St Edmunds, Suffolk IP33 1NX. Contact Jacky on 01284 755068 or 07794 065194.



## Newmarket Coffee Morning



07794 065194.





All members and friends are welcome to join us at The Day Centre. We meet on the first Thursday of the month at 11am for a chance to catch up over a cuppa and cake. Some of our members also stay for a home cooked lunch. The Day Centre, Fred Archer Way, Newmarket, Suffolk CB8 8NT. Contact lacky on 01284 755068 or





## Craft and Games Afternoon







Pop into the hall for a warm welcome, a friendly atmosphere and a nice cuppa. Join in with the latest craft project or bring your own along with you. If craft is not for you, then enjoy a game of Crib, Chess or Scrabble or just sit and have a chat. Oddfellows Hall, 85 Whiting Street, Bury St Edmunds, Suffolk IP33 1NX. Contact Jacky on 01284 755068 or 07794 065194.





### **Wine Tasting Afternoon**





Members £10, Guests £15



Come join in the fun as Kevin and Teresa, both sommeliers from our Ipswich Branch, take us on a journey of Winter/Christmas themed wines to please everyone's palette. This will be followed by cheese and biscuits and a chance to ask them both



any questions you may have. We have limited spaces for this event, so a £5 deposit will be needed to book your place. Book by Wednesday 29 October 2025. Oddfellows Hall, 85 Whiting Street, Bury St Edmunds, Suffolk IP33 1NX. Contact Jacky on 01284 755068 or 07794 065194.

#### The Big Annual Quiz with Averil and Barrie





Members Free



The big quiz is back with Averil and Barrie at the helm. You know the routine, it's teams of up to four persons, one joker and a broad mix of subjects to hopefully cover everyone tastes. Contact Jacky to put your names down and may the best team win. Oddfellows Hall, 85 Whiting Street, Bury St Edmunds, Suffolk IP33 1NX. Contact lacky on 01284 755068 or 07794 065194.



### **Brandon Coffee Morning**









On the second Friday of the month, we meet at Tillys Tea Room, Brandon for a cuppa and catch-up with friends. A



few of us arrive early for a breakfast and some of us stay for lunch, but everyone is always welcome to join us. Tillys Tea Room, Old Five Bells, Market Hill, Brandon IP27 0AA. Contact Jacky on 01284 755068 or 07794 065194.

### St Edmunds Day Lunch with an **Oddfellows Bargain Hunt Auction**





 $(\mathbf{f})$  Members £8, Guests £12



We welcome our Provincial Grand Master (Chairman) Louise Smith and other members of our Committee of Management for our St Edmunds Day (the true patron saint of England) Fish and Chips Lunch. This will be followed by our own take on the 'Bargain Hunt' challenge and auction. All monies raised will go to Suffolk Sight, our charity for the year. A £5 deposit at



the time of booking will be needed. Book by Tuesday 4 November 2025. Oddfellows Hall, 85 Whiting Street, Bury St Edmunds, Suffolk IP33 1NX. Contact lacky on 01284 755068 or 07794 065194.



## New Age Kurling Afternoon



1.30pm



Members Free Guests £5



Reds versus Blues – both teams take it in turns to score as many points as possible, whilst the opposition tries to knock them off the scoring mat. Competitive? No never! Jill and Gail will be your hosts with refreshments served during the game. Oddfellows Hall, 85 Whiting Street, Bury St Edmunds, Suffolk IP33 1NX. Contact Jacky on 01284 755068 or 07794 065194.





#### Film Club Afternoon



1.30pm

Members Free



Please note this is a change of date for this month only. Our doors open at 1pm for a cuppa, catch up with friends and to collect your popcorn. Our film starts at 1.30pm and this month it is – The Second Best Exotic Marigold Hotel. Oddfellows Hall, 85 Whiting Street, Bury St Edmunds, Suffolk IP33 1NX. Contact Jacky on 01284 755068 or 07794 065194.

### December



#### **A Christmas Carol**





Members Free Guests £5



Mike Wabe will bring to life the story of 'A Christmas Carol' in his own unique style as he performs a shortened version of this tale for us to enjoy. Doors open 10am for a cuppa and catch up with friends. The performance will start at 10.30am. Oddfellows Hall, 85 Whiting Street, Bury St Edmunds, Suffolk IP33 1NX. Contact Jacky on 01284 755068 or 07794 065194.



#### Christmas Lunch at Edmunds



12 noon



£

Members £30, Guests £35

Edmunds restaurant at West Suffolk College will be our venue again this year. I think you will agree they provide a great all round dining experience, with fabulous food and service. We will also hold our Christmas raffle at this event. A £10 deposit will be need at the time of booking. Full payment will be needed by Wednesday 26 November 2025. Edmunds Restaurant, West Suffolk College, Out Risbygate, Bury St Edmunds IP33 3TT. Contact Jacky on 01284 755068 or 07794 065194.

### December



#### **Craft and Games Afternoon**



1.30pm



Members Free



**THURS** 

#### Film Club Afternoon



1.30pm

Members Free Guests £5



Pop into the hall for a warm welcome, a friendly atmosphere and a nice cuppa. Join in with the latest craft project or bring your own along with you. If craft is not for you, then enjoy a game of Crib, Chess or Scrabble or just sit and have a chat. Oddfellows Hall, 85 Whiting Street, Bury St Edmunds, Suffolk IP33 1NX. Contact Jacky on



On the third Thursday of every month we hold our film club at the Oddfellows Hall. Doors open at 1pm for a chat, cuppa and



collection of popcorn. The film will start at 1.30pm. We will be showing two short Christmas films - Father Christmas and The Snowman by Raymond Briggs. Oddfellows Hall, 85 Whiting Street, Bury St Edmunds, Suffolk IP33 1NX. Contact Jacky on 01284 755068 or 07794 065194.

### An Afternoon of Carols and **Christmas Music**



**-)** 1.30pm





Doors open from 1.30pm for mulled wine and a chance to catch up with friends. Jane and Julie will lead us with the first session of the afternoon as we sing carols and have festive readings to celebrate this special time of year. We will then



change tempo as Tyler-Kemp perform Christmas tunes for you all to enjoy, by singing along or getting up to dance. This will be followed by a cuppa and festive refreshments. We hope to be finished by 4.30pm. Book by Tuesday 2 December 2025. Oddfellows Hall, 85 Whiting Street, Bury St Edmunds, Suffolk IP33 1NX. Contact Jacky on 01284 755068 or 07794 065194.

### December



#### **Christmas Bingo**



1.30pm





Join us for a fun filled afternoon playing Christmas bingo. All games will have a Christmas theme or prize. All monies taken in will be paid out. So grab those lucky dabbers, Christmas jumpers or jewellery and join us for 'Eyes Down' from 1.30pm. We hope the festive drinks will get you all into the spirit. Oddfellows Hall, 85 Whiting Street, Bury St Edmunds, Suffolk IP33 1NX. Contact Jacky on 01284 755068 or 07794 065194.





#### The 12 days of Christmas Quiz with Tone





Members Free Guests £5





The 12 days of Christmas quiz is a bit of fun for all. Join Tone as he reactivate our brains after the festive break. A hot cuppa and refreshments will be served during the afternoon. Oddfellows Hall, 85 Whiting Street, Bury St Edmunds, Suffolk IP33 1NX. Contact Jacky on 01284 755068 or 07794 065194.

## **January 2026**



#### Bury in Stitches by Lynn Whitehead



10.30am



Members Free Guests £5





We all think we know the town of Bury St Edmunds, but Lynn Whitehead will be bringing it to life through a visual display and stitch work she has come across over time. We open the doors from 10am for a cuppa and catch up and our speaker takes the floor from 10.30am. Oddfellows Hall, 85 Whiting Street, Bury St Edmunds, Suffolk IP33 1NX. Contact Jacky on 01284 755068 or 07794 065194.

## **January 2026**



## Newmarket Coffee Morning







All members and friends are welcome to join us at The Day Centre. Please note that we are meeting on the second Thursday of the month, as The Day Centre will be closed on New Years Day. We meet at 11am for a chance to catch up over a cuppa and cake. Some of our members also stay for a home cooked lunch. The Day Centre, Fred Archer Way, Newmarket, Suffolk CB8 8NT. Contact Jacky on 01284 755068 or 07794 065194.



#### Brandon Coffee Morning



£ Cost of refreshments



On the second Friday of the month, we meet at Tillys Tea Room, Brandon for a cuppa and catch-up with friends. A few of us arrive early for a breakfast and some of us stay for lunch, but everyone is always welcome to join us. Tillys Tea Room, Old Five Bells, Market Hill, Brandon IP27 0AA. Contact Jacky on 01284 755068 or 07794 065194.





## Craft and Games Afternoon



Opm

£ Members Free Guests £5



Pop into the hall for a warm welcome, a friendly atmosphere and a nice cuppa. Join in with the latest craft project or bring your own along with you. If craft is not for you, then enjoy a game of Crib, Chess or Scrabble or just sit and have a chat. Oddfellows Hall, 85 Whiting Street, Bury St Edmunds, Suffolk IP33 1NX. Contact Jacky on 01284 755068 or 07794 065194.





#### Film Club Afternoon



) 1.30pm



Members Free Guests £5



On the third Thursday of every month we hold our film club at the Oddfellows Hall. Doors open at 1pm for a chat, cuppa and collection of popcorn. The film will start at 1.30pm. This month's film - The Guernsey Literary and Potato Peel Pie Society. Oddfellows Hall, 85 Whiting Street, Bury St Edmunds, Suffolk IP33 1NX. Contact Jacky on 01284 755068 or 07794 065194.

## **January 2026**



#### Eyes Down, Look In! Bingo Afternoon







#### New Age Kurling Afternoon







Tone, the bingo caller invites you to join him for an afternoon of 'Bingo Lingo'. We will play the normal games along with Irish bingo, Oddfellows bingo and playing card bingo. Refreshments will be served during the afternoon. Oddfellows Hall, 85 Whiting Street, Bury St Edmunds, Suffolk IP33 1NX. Contact Jacky on 01284 755068 or 07794 065194.



Reds versus Blues – both teams take it in turns to score as many points as possible, whilst the opposition tries to knock them off the scoring mat.

Competitive? No never! Jill and Gail will be your hosts with refreshments served during the game. Oddfellows Hall, 85 Whiting Street, Bury St Edmunds, Suffolk IP33 1NX. Contact Jacky on 01284 755068 or 07794 065194.



# THURS 29

### **National Puzzle and Games Day**



**-)** 1.30pm



f ) Members Free, Guests £5



Today is 'National Puzzle/Games Day', so why not join us at the hall for an afternoon of fun as the board games are dusted down from the back of the cupboard and we relive the fun we had as children. Take a trip down memory lane. We will be open 1.30pm to 3.30pm. Refreshments will be served during the afternoon. Oddfellows Hall, 85 Whiting Street, Bury St Edmunds,



Suffolk IP33 1NX. Contact Jacky on 01284 755068 or 07794 065194.

### Stowmarket Events

#### **Lunch Club in Stowmarket**



) 11am





**Every Monday** 

The lunch club is run by Red Gables every Monday, the door opens at 11am where members are welcome to attend. You will be served tea or coffee or squash on arriving. There will generally be bingo, a short talk or a quiz before lunch which is cooked on the premises. There are two groups attending on alternative weeks. When you register to attend you will be allocated either group A or B. Cost is being held at £6.50 each per meal. Redwood Community Centre, Ipswich Road, Stowmarket, Suffolk IP14 1BE. To make a booking please call Red Gables on 01449 673947 or speak to the Social Organiser, Laura on 07375 024115. Bookings will need to be made seven days in advance of when you first wish to attend.

## August 2025



#### **Darts Night in Stowmarket**



7.30pm







#### **Karaoke Night in Stowmarket**







Come along and have an informal game of darts, learn how to play, improve technique and a have giggle with friends along the way. Stuart from Stowmarket youth darts will



be leading the session. Doors open 7.15pm. Refreshments served. The Red Gables, Ipswich Road, Stowmarket, Suffolk IP14 1BE. Contact Laura on 07375 024115.

Members will have the chance to sing their favourite songs, loud and proud! Soft drinks, tea or coffee will also be available. Raffle will be held, any donations welcome. Doors open at 7.15pm. Book by Thursday 31 July 2025. The Red Gables, Ipswich Road, Stowmarket, Suffolk IP14 1BE. Contact Laura on 07375 024115.



## August 2025



## Lazy Sunday Morning in Stowmarket







Bring your papers, your crosswords, or just bring yourself. Cuppas, coffee, fresh orange juice and toast will be served. £1 per person. Book by Saturday 9 August 2025. The Red Gables, Ipswich Road, Stowmarket, Suffolk IP14 1BE. Contact Laura on 07375 024115.



#### Clacton Air Show with Stowmarket and Ipswich Oddfellows



9.30am



Members £26 Guests £30



After a brilliant trip last year, we thought why not do it again. Feedback from last year, was to have our very own coach, so we



have teamed up with the wonderful Ipswich Oddfellows for a mighty day out. The coach will be starting in Stowmarket with a pick-up time of 9.30am at the Regal Cinema. Arriving at 10.50am, return time 6.23pm back at the Regal Cinema. Please do not park in the Red Gables car park. Find available parking around the town. We have 13 spaces to fill at £26 for members and £30 for guests. Book by Thursday 14 August 2025. Clacton Sea Front, Clacton CO15 1FS. Contact Laura on 07375 024115.

## September



## Friendship Lunch Out with Stowmarket









We shall be heading out to the 'Crown' at Claydon. The menu wasn't available at the time of going to print. Please speak to Laura for more information. Cost as per menu item. This is a bookable event and you will need to book before Thursday 28 August. The Crown, 9 Ipswich Road, Claydon, Ipswich IP6 0AA. Contact Laura on 07375 024115.



## Higher or Lower in Stowmarket







Come on down for a great night of laughter, team playing of 'Higher or Lower'. Bring a friend as it's Friendship Month, so they can discover all about the Oddfellows. Refreshments served. Book by Sunday 31 August 2025. The Red Gables, Ipswich Road, Stowmarket, Suffolk IP14 1BE. Contact Laura on 07375 024115.



**Dance Your Blues** Away on Zoom with **Stowmarket** 



10.30am





A fantastic way to start your day, seated or standing, it's really important to keep our bodies moving and what better



way than dancing? A 30 minute class for all abilities, we will start seated and make our way to standing, seated options available throughout. Log in details below for Zoom. Join Zoom Meeting ID: 202 863 1816. Passcode: ODDSTOW. Contact Laura on 07375 024115

## October



**Beetle Drive in Stowmarket** 



12.30pm (





Good old fashioned beetle drive. Refreshments will be served. The Red Gables, Ipswich Road, Stowmarket, Suffolk IP14 1BE, Contact Laura on 07375 024115.



### Picnic at Needham Lake with Stowmarket







Come along with picnic bag in tow, blankets, chairs and throws and let's have a good old fashioned picnic and end our wonderful Friendship Month on a high. If members are able to manage lifts to help others attend, please do offer. Laura will also have space in her car to collect. Please bring your own picnic food and we will bring



a sweet treat. We shall meet on the side of the café. Parking and toilets available. Needham Lake, Coddenham Road, Needham Market, Suffolk IP6 8NU. Contact Laura on 07375 024115.

### October



#### **Live Cooking Master Class in Stowmarket**









Doors open 10.15am. Join us as chef Josh takes us through a culinary dish of his choosing. Josh has worked for some of the top chefs in London, Marcus Warina, Chantelle Nicholson and Mason Blanc. He now runs his own food truck in Suffolk, Refreshments served. Book by Wednesday 1 October 2025. The Red Gables, Ipswich Road, Stowmarket, Suffolk IP14 1BE. Contact Laura on 07375 024115.

#### Coffee and Catch Up at Cabbages & Kings at the Mix





) 12.30pm  $\left(\begin{array}{c} \mathbf{f} \end{array}\right)$  As per menu



A chance to meet up with friends, grab lunch, a snack or just a warm drink. Items are purchased at your own cost. Cabbages & Kings, The Mix, 127 Ipswich Street, Stowmarket IP14 1BB. Contact Laura on 07375 024115.

### November



#### Lunch Out with **Stowmarket**



12.30pm



We are heading to 'The Willow Tree - JD Wetherspoons' in Stowmarket. Please book on with Laura. Book by Friday 31 October 2025. The Willow Tree JD Wetherspoons, 101 Ipswich Street, Stowmarket IP14 1BB. Contact Laura on 07375 024115.



Lee Miller '20th Century Woman' - A Talk by Derek **Adams in Stowmarket** 



12.30pm



Members Free



Come along for a talk about Lee Miller '20th Century Woman'. Refreshments and a light buffet will be served. Doors open 12.15pm. Book by Monday 3 November 2025. The Red Gables, Ipswich Road, Stowmarket, Suffolk IP14 1BE, Contact Laura on 07375 024115.



Coffee and Catch up at 'The Angel' Needham **Market Community** Café with Stowmarket







A chance to meet up with friends, grab lunch, a snack or just a warm drink. Items are purchased at your own cost. Free parking available on site. The community café is situated inside Needham Market Community Centre. If walking - there is a public footpath down the side of the 'Swan' pub to the left. This will bring you out across the road from the community centre if entering from the high street. Needham Community Centre, School Street, Needham Market IP6 8BB. Contact Laura on 07375 024115.

## December



#### Cinema Club with **Stowmarket**







Sit back, relax and get cosy with a festive film. Popcorn, tea, coffee and juice will be available. Doors open 12.30pm. The Red Gables, Ipswich Road, Stowmarket, Suffolk IP14 1BE. Contact Laura on 07375 024115.



### December



### Christmas Lunch Out to 'The Swan' in Needham Market with Stowmarket





-) 12.30pm  $\left( \begin{array}{c} \mathbf{f} \end{array} \right)$  As per menu



Please speak with Laura to book your Christmas meal out with Stowmarket Oddfellows. We require a £10 nonrefundable deposit, which will be taken at the time of booking. Menu choice not available at time of going to print. Book by Thursday 6 November 2025. The Swan Pub Needham Market, 9 High Street, Needham Market IP6 8AL, Contact Laura on 07375 024115.



## December

#### Mince Pies and Carols with **Stowmarket**



6.30pm





Our final meeting before Christmas, come along as we enjoy mince pies and sing some Christmas carols together. Our final raffle of the year will be held. Doors open 6.30pm. The Red Gables, Ipswich Road, Stowmarket, Suffolk IP14 1BE. Contact Laura on 07375 024115.

#### **New Years Eve Coffee Morning with Stowmarket**







Have a hot drink and a catch up with friends before the new year begins. The Red Gables, Ipswich



Road, Stowmarket, Suffolk IP14 1BE. Contact Laura on 07375 024115.

## January 2026



#### Stowmarket Indoor **Boules**



) 10.30am (





Our first event of the year, as we try something different with indoor boules. Come along for some fun and refreshments. The Red Gables, Ipswich Road, Stowmarket, Suffolk IP14 1BE. Contact Laura on 07375 024115.



#### Wildlife Talk with Stowmarket







Come along and join us for a wonderful talk from wildlife expert Ant Owers as we discover British wildlife, what to look out for in our gardens overnight and the impact insects have on society. Refreshments served. Raffle drawn. The Red Gables, Ipswich Road, Stowmarket, Suffolk IP14 1BE. Contact Laura on 07375 024115.



# Sudbury Events August 2025



#### **Afternoon Tea at Cornard Lock**





£ ) Members £5, Guests £6



We will meet at River Stour Trust Visitor Education Centre for afternoon tea with friends. Please join us for what will be a fantastic afternoon in a beautiful setting by the river. Booking for this event is essential and must be done by Wednesday 23 July 2025. Please advise of any dietary requirements at the time



of booking. River Stour Trust Visitor Education Centre, Dove House Meadow, Great Cornard CO10 0GF. Contact Helen on 07876 710053.



## From Vicars Son to BBC Producer



L) 7.30pm





Charles Garland, our speaker this evening will deliver his personal story about his eclectic life across the country. It is delivered with a light



touch and will be full of humour. From life in the vicarage to producer at the BBC, Charles had many fascinating jobs and we will hear about some of them in his talk. The Masonic Hall, North Street, Sudbury, Suffolk CO10 1NA. Contact Helen on 07876 710053.



# Coffee Morning in Sudbury





Members Free Guests £3



Why not join us for coffee and a chat at the Masonic Hall. We will be there from 10am until 11.45am, so please do come



along. You could always bring along your latest craft project or a game to play with friends. A great way to get to know other members. The Masonic Hall, North Street, Sudbury, Suffolk CO10 1NA. Contact Helen on 07876 710053.

## August 2025



#### Tales from the Bench



10.30am





Graham Higgins has been a magistrate since 1988 initially in Cheshire, but in Suffolk since 1992 and will join us this morning to give an amusing and informative talk. Starting with our legal heritage, particularly the part Suffolk and Bury St Edmunds have played in the town motto of Bury St Edmunds cradle of the law. Graham will relate local events particularly the role magistrates have played in this history and will also include some of his more unusual experiences on the

bench. The Masonic Hall, North Street,

Sudbury, Suffolk CO10 1NA. Contact

## September

Helen on 07876 710053.

# September



### The Cobbold Family



7.30pm





An introduction to the Cobbold Family Trust from its Keeper, Katherine Dunstan, featuring a whistle-stop tour through 300 years of Cobbold family history. As well as an introduction to the work of the trust, the talk will feature members of the family tree who were involved in brewing, banking, football and the first British woman to make the Hajj pilgrimage. It will also include the famous story of Margaret Catchpole, who was sent to Australia for the crime of stealing from her employers, the Cobbold Family. It is Friendship Month, so why not bring along a friend to enjoy the evening with you. The Masonic Hall, North Street, Sudbury, Suffolk CO10 1NA. Contact Helen on 07876 710053.



### Friendship Walk











Join us for a leisurely stroll around the Suffolk countryside, taking in the beautiful sights that the county has to offer. We will meet at The White Horse at Edwardstone and then Mark will lead us on this four mile walk. We will use footpaths, quiet country lanes and some woodland, but no stiles. We will stop at the St Bartholomew's Church in Groton, where seven famous people are buried and will then return to the White Horse for refreshments. Please wear appropriate footwear. Why not bring a friend along to enjoy the walk with us. Food and drinks at your own cost. Booking is essential for this event by Wednesday 20 August 2025. The White Horse, Mill Green, Edwardstone CO10 5PX. Contact Helen on 07876 710053.

ODDFFI LOWS 1 - 30 SEPTEMBER















### Friendship Bingo with Fish and Chips







It is Friendship Month and what better way to meet new friends than with our popular bingo with fish and chips event. Come along for a morning of fun and laughter. We will be joined by members



of the District Committee of Management. Bingo will start at 10.30am followed by fish and chips at 12 noon. Booking for this event is essential and must be made by Wednesday 3 September 2025. The Masonic Hall, North Street, Sudbury, Suffolk CO10 1NA. Contact Helen on 07876 710053.



#### The A-Z of **Curious Suffolk**



) 10.30am (£) Free



This morning we will be joined by Sarah Doig, a historical researcher and author for a journey around the rolling countryside and shingles beaches of Suffolk, unearthing a curious, alphabetical cornucopia of strange and mysterious facts about this county. What did Pepys and Defoe say about Suffolk cheese and which tower was probably built just to curry favour with the monarch? These stories and more will be told in this fascinating talk. The Masonic Hall, North Street, Sudbury, Suffolk CO10 1NA. Contact Helen on 07876 710053.

### October



How do we feed and look after the animals at Colchester Zoo



2.30pm





How do we give a giraffe medicine? How can we listen to a leopard's heartbeat? How do you move a chimp to Belfast? We'll



be looking at these and lots of other auestions on how we care for animals at Colchester Zoo when Andy Moore returns with another fascinating talk. Why not bring a friend along, for this not to be missed afternoon! The Masonic Hall, North Street, Sudbury, Suffolk CO10 1NA. Contact Helen on 07876 710053.

## October



## Coffee Afternoon at Sudbury





Members Free Guests £3



All members and guests are welcome to come along for a chance to catch up over a coffee. Why not bring along your latest craft project or game to play. We will be at the Masonic Hall from 2pm until 3.45pm and look forward to seeing you all The Masonic Hall, North Street, Sudbury, Suffolk CO10 1NA. Contact Helen on 07876 710053.





#### **New Age Kurling**



10.30am





Back by popular demand, a morning of new age kurling. Lots of fun and laughter as we split into two teams for a bit of light hearted competition. Refreshments will be served. Book by Wednesday 8 October 2025. Acton Village Hall, The Green, Acton, Sudbury CO10 0AL. Contact Helen on 07876 710053.

# 29 WED

#### The Journal of a Poor Suffolk Woodman



10.30am





Pip Wright is back to give his talk, which will be a unique opportunity to enter the world of a poor Suffolk Woodman. In 1827, the Rector of Thorpe Morieux gave one of his parishioners a prayer book where he wrote a diary, in dialect, in the margins, covering the next 15 years. The Masonic Hall, North Street, Sudbury, Suffolk CO10 1NA. Contact Helen on 07876 710053.

### November



# Romford Greyhound Racing with Sudbury





£) Members £35 Guests £40



It is back again by popular demand, our annual trip to the greyhound racing in Romford. The price includes return coach travel. entrance and a three course meal. We will again be able to sit and watch the action from the Paddock Restaurant which overlooks the whole track. Will you be a winner? Early booking for this event is recommended as it is always a sell out. Book by Wednesday 22 October 2025. Romford Greyhound Stadium, London Road, Romford RM7 9DU. Contact Helen on 07876 710053.



### **General Knowledge Quiz**





Our lovely member Beverley will be our quiz master for this light hearted general knowledge quiz. Join us for fun and laughter as we discover who are our secret guizzers! Why not invite a friend to join in the fun. Prizes for the winning team. The Masonic Hall, North Street, Sudbury, Suffolk CO10 1NA. Contact Helen on 07876 710053.





#### Coffee Morning in **Sudbury**



Members Free



Why not join us for coffee and a chat at the Masonic Hall. We will be there from 10am until 11.45am, so please do come along. You could always bring along your latest craft project or a game to play with friends. A great way to get to know other members. The Masonic Hall, North Street, Sudbury, Suffolk CO10 1NA. Contact Helen on 07876 710053.



### My Tutu went AWOL







Drawing on material from his best-selling memoir - 'My Tutu Went AWOL' and making full use of his background in vaudeville, lestyn Edwards will speak about being the Combined Services Entertainment 'experiment' sent out to entertain British troops in Iraq and Afghanistan during the conflicts, wearing what 42 Commando Royal Marines nicknamed a 'frock of many doilies'. Make sure you don't miss this hilarious and tear-jerking talk. The Masonic Hall, North Street, Sudbury, Suffolk CO10 1NA. Contact Helen on 07876 710053.

### December



#### Christmas Lunch at The **Brewers Arms**



12.30pm









#### Coffee Afternoon at Sudbury







We are going back to the Brewers Arms again this year for Christmas lunch as we all had a fantastic time last year. The menu and cost was not



available at the time of going to print so more details will follow. We will be holding a raffle with all money raised going to our chosen charity, so please bring along a prize if you can. Please advise of any dietary requirements at the time of booking. Book by Wednesday 12 November 2025. The Brewers Arms, Bower House Tye CO6 5BZ. Contact Helen on 07876 710053.

All members and guests are welcome to come along for a chance to catch up over a coffee. Why not bring along your latest craft project or game to play. We will be at the Masonic Hall from 2pm until 3.45pm and look forward to seeing you all The Masonic Hall, North Street, Sudbury, Suffolk CO10 1NA. Contact Helen on 07876 710053.





### The Christopher Singers



)10.30am (£





The Christopher Singers are based at The Christopher Centre in the heart of Sudbury and have been running for a little over 10 years. They started as a group of five, raising money for the running of the centre and have



now reached at least 30 members. We are delighted that they can join us for a morning of Christmas music. We will be serving mince pies before the performance so booking is essential. The Masonic Hall, North Street, Sudbury, Suffolk CO10 1NA. Contact Helen on 07876 710053.

# January 2026



#### Coffee Afternoon at Sudbury



Members Free Guests £3



All members and guests are welcome to come along for a chance to catch up over a coffee. Why not bring along your latest craft project or game to play. We will be at the Masonic Hall from 2pm until 3.45pm and look forward to seeing you all The Masonic Hall, North Street, Sudbury, Suffolk CO10 1NA. Contact Helen on 07876 710053.



#### **Travelling Asia**



2.30pm





Diane Buck, our speaker this afternoon, recently decided that you are 'Never too old to Back Pack' and along with her partner, took a sabbatical and travelled Asia for 81 Days. Starting in Vietnam, then to Cambodia and finally Thailand, the couple visited some amazina places and Diane cannot wait to share her experiences with you. The Masonic Hall, North Street, Sudbury, Suffolk CO10 1NA. Contact Helen on 07876 710053.



#### Coffee. Cake and **Chatter at Painters**



10.30am





We are meeting at Painters for coffee, cake and a chat. An ideal opportunity to meet up and get to know other Oddfellows. Everyone is welcome, so why not bring along a friend. Refreshments will be at your own cost. Please do let us know if you are coming along so that we can make sure we reserve enough tables. Book by Wednesday 7 January 2026. Painters, Gainsborough Street, Sudbury, Suffolk CO10 2EU. Contact Helen on 07876 710053.



#### Hedgehog Haven, Essex



10.30am





Stephanie Callister-Jarrold returns as our speaker this morning. She will be presenting some invaluable



information on 'Hedgehogs' plus the do's and don'ts in your garden for keeping them safe, along with ideas on how to attract them in the first place. Short video clips and photographs will enhance the talk, which will include information on feeding tips and creating Hedgehog Highways. The Masonic Hall, North Street, Sudbury, Suffolk CO10 1NA. Contact Helen on 07876 710053.

# Colchester Social Lodge Bressingham Day Out

Fifty members recently enjoyed a day out at Bressingham gardens in Norfolk. Members enjoyed the beautiful gardens and had great fun looking round the Dad's Army museum.

Pictured below Ann in hysterics dressing up for the occasion. There was a chance to go on the steam train rides and the beautiful Victorian carousel. There were two restaurants where lunch or coffee and cake could be enjoyed. It was certainly a day packed full of fun.







## Raising Money for Blood Cancer UK

In memory of Diana and David's son-in law Chris, who passed away from a rare blood cancer one year ago family, friends and Oddfellows together raised £2,165 for the blood cancer charity.

Pictured below are friends and family taking part in The Walk of Light from Frinton to Walton and back, shining a light on blood cancer.



Chris's daughter Isabelle aged two managed to walk the four miles showing great determination and having fun on the beach at the same time. Thanks to all who took part and to those who donated.



## These Boots are Made for Walking

Come rain or shine the Colchester Wednesday walkers keep on walking. For several years now Paul Sharp has led the merry group, enjoying our beautiful countryside, getting fresh



air and exercise which is so good for general wellbeing and for the soul. A drink and lunch in the local pub and a good laugh is what it's all about. Let's keep on walking!



## St Edmundsbury Social Lodge



Easter decorations made at our monthly Craft and Games Afternoon.

#### Dear Friends,

At the time of writing this, it's an unseasonably warm sunny day for the end of April 2025. The weather has indeed been a total surprise for us all. But here I am going over the arrangements for our events from 25 August to 26 January.

August and we are off to Sheringham, Norfolk for a day by the sea with a steam train ride into town.

September is 'Friendship Month' and we will be holding our first Bring 'n' Buy Sale and coffee morning on Saturday 6 September to showcase our wonderful society. Any donations for the sale will be greatly appreciated, so please spread the



Members enjoying the cream tea event to celebrate Easter.

word to family and friends and help make the event a great success.

December and it's full swing with the festive entertainment. We try to put on something for everyone with many events filling up fast.

We ask all members to pay their deposits at the time of booking, as many of the events have limited spaces therefore a deposit is needed to secure your place. I wanted to take this opportunity to thank your volunteer social committee for all their time and help putting these events on for your pleasure.

#### Yours in Friendship Jacky



All dressed up for 'Ladies Day' at ten races.

# **Stowmarket Social Lodge**

Hello and a big warm welcome from everyone here at the Stowmarket Oddfellows. We have had a lovely start to the year trying out new experiences and making lots of new friends. It has been a delight to welcome new faces to the Oddfellows and see so many members enjoying themselves.

Over the next six months we have a jam packed calendar from the Clacton air show, a live food masterclass, beetle drive, lazy mornings, a karaoke session and much more. If you are interested in helping run our sessions, host an event or become a volunteer, please get in contact with Laura.









## **Sudbury Social Lodge**

Another six months has passed and what a fantastic time we have had in Sudbury. We have had many interesting speakers, played boules and kurling some of us visited the Suffolk Regiment Museum.

As we look forward to the rest of the year, you will be pleased to know that we have some exciting events ahead. Kurling is back as it was such great success and we are off again to Romford Greyhound Races for our annual visit. We make a return visit to The Brewers Arms for Christmas Lunch and our Bingo with Fish and Chips event is back in Friendship Month, which will be a great opportunity to bring along someone who does not know about Oddfellows and introduce them to what we do. All of that plus a Friendship Walk with Mark, Afternoon Tea at Cornard Lock, a morning of ten pin bowling and a great selection of speakers. How will we fit it all in?

Please make sure you book early as places are limited on some events. We do ask



that chargeable events are paid at the time of booking as your place will not be confirmed until payment is received.

I would like to take this opportunity to thank our social committee for all of their help and support, all of the volunteers for helping out at meetings with refreshments and to our members for supporting us at each event. We would not be the warm friendly branch we are without you all.

I look forward to seeing you all at an event very soon.

#### Best wishes Helen



Kurling.

# **Suffolk Regiment Museum**







## **Boules at Acton**









None of us know what is around the corner...

## Bury St Edmunds and Colchester District Lodge Local Care and Welfare Support

To request contact from a Welfare Visitor and local help and information about lodge benefits and benevolence contact your Social Lodge Welfare Coordinator.

### Oddfellows Citizens Advice Line Call 0800 0149 821\*

(free to callers from any landline or mobile number) Monday - Friday, 9.30am - 4.30pm

Email: odd fellows@citizensadvicemanchester.org.uk



Run by Citizens Advice for Oddfellows members, you can access free, confidential, independent advice on welfare benefits, money and debt issues, consumer problems, housing, fuel bills, employment issues and many other issues.

\*The Oddfellows cannot provide legal advice and accepts no liability whatsoever for advice provided by Citizens Advice, which is an independent advice agency. If you have any queries about the advice you have received or wish to make a complaint then you should contact Citizens Advice directly. Citizens Advice operate a formal complaints process.

# Care and Welfare Helpline Call 0800 0149 822

(free to callers from any landline or mobile number) Monday to Thursday, 9.30am - 4.30pm, Friday, 9.30am - 4pm

Email: care@oddfellows.co.uk

Run by the Oddfellows Care and Welfare Department, you can access information and guidance on issues such as accessing health and care services, supported housing, support for carers, and planning for later life. The helpline will try and identify any Oddfellows benefits or services in the community which may be of help to you.

Visit our website page at www.oddfellows.co.uk/benefits/care for care and welfare information EDCWA50223

# **Society News**



www.oddfellows.co.uk

## Scarborough hosts the nation's Oddies



For the 20th time in more than 200 years the Society's Annual Movable Conference (AMC) was held in beautiful Scarborough, hosted by Vale of York Oddfellows.

Members representing their Branches converged on the seaside town from

all corners of the country to assess the previous 12 months and to decide on the direction of the next.

There was change at the top, as South London Oddfellows' John Mann replaced Vale of York Oddfellows' Barbara Needham as Grand Master.

As well as business, attendees enjoyed a range of social activities, including indulging in the delights of an Oddfellows Brass performance, the annual Roy Hamer Memorial Bowls Tournament, and a day trip to Whitby and Scarborough Fair.

## Final update from HA Andrews Memorial Fund recipients

Nur Zainal, who's PhD at the University of Southampton has been supported by the HA Andrews Memorial Fund, and Professor of Cancer Biology Tim Fenton (pictured), addressed the Society's annual conference as three years of funding comes to an end.

"My PhD – made possible by the generous support of the Oddfellows – has made some significant contributions to cancer research," said Nur. "My ultimate goal is to find ways to prevent or overcome drug resistance, and my model will let us run

the pre-clinical studies needed to move promising strategies toward the clinic."

Tim added: "Until recently, we did not understand enough about how our immune system recognises and responds to tumours, or about how tumours learn to switch off our immune responses



to deploy cancer vaccines effectively. This is changing rapidly, and cancer vaccines hold great promise for kinder, more effective therapy, though significant challenges remain."

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## Making a Difference Awards 2025

The Oddfellows is full of remarkable people, none more so that the six winners of this year's Making a Difference Awards. They have been nationally recognised for their selflessness and dedication to making their Branch and wider Society as good as they can be.

For more information about the Awards, including how to nominate someone for 2026, visit www.oddfellows.co.uk/makingadifference.

## Jean Logan, **Nene and Welland Oddfellows**

**Enriching Lives Socially** 

This award celebrates Jean's contributions to the running of the Branch's social events. She's key to coming up with new ideas, organising and hosting events, and making sure everyone has a good time.

"Socialising keeps your brain busy and keeps you active and keeps you younger.



You can sit on the sofa and watch telly all day long but I'm a doer. I'm always up and about."

On winning the award, Jean, from Bourne, Linconlshire, says she had to read the letter twice, adding: "You've got so many branches all over the country and I end up as the overall winner. It was a nice surprise."

## **Gordon and Kath Hinett, North** Wales and Chester **Oddfellows**

**Achieving Together** 

The married couple from Conwy, North Wales, have been recognised for their teamwork and commitment to improving the lives of members.



As a Welfare visitor, Gordon regularly assists members however they might need, be that giving lifts to appointments or events, or going to the shops for them. Kath takes the lead on organising social events such as trips to the cinema, the theatre or a day out somewhere.

Kath says they could've been knocked down with a feather when they learnt they'd won. Gordon added: "We don't do it to get rewarded. We do it because we love doing it."

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# Chris Sargeant, Nene and Welland Oddfellows

Working in the Spirit of Mutuality

Chris, from Pinchbeck in Lincolnshire, has been highlighted for her passion and dedication for



her Branch and the Society as a whole.

Having held almost every role possible locally and represented Nene and Welland Oddfellows on regional and national committees, Chris said: "Oddfellows gives to me as much as I give to it. You get to know people. I've friends all over the country through Oddfellowship. I love it, absolutely love it."

She added: "How proud was I that someone had thought I was worthy of this Award?

# Ann Kight, Nottingham Trent Oddfellows

Giving Something Back

Nottingham-based Ann's selfless commitment to raising money for worthy causes, both in connection with her Branch and of her own accord, is why she has been singled out for praise.

"I've been doing it about 10 years, if not more," she said. "I reckon I've raised around £10,000."

"I've always had the motto of, 'if you go through life and behave and you help somebody on



your way you've done your job'."

She added: "You do things because you do them, not for awards. To get an award is a bonus."

## Barry Bedford, Nene and Welland Oddfellows

Giving a Helping Hand

Barry, from Peterborough, has been recognised for his dedication to looking after his fellow members and being counted on when it matters, or in times of need. He's been known to give members lifts to and from events and the shops, and has assisted in all manner of DIY projects, including clearing driveways, repairing doors, decorating and gardening.



He said: "I am very proud of what they think I've achieved. It's the way I live my life and always have done and if that transforms into helping other people then I'm thankful."

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## Incredible total raised for good causes



Giving back to our communities has always mattered to us.
Last year, our branches and members donated over £163,000 to good causes.

Somerset Air Ambulance.

Jane Nelson, CEO of the Oddfellows, said: "Every year, when we work out the collaborative total, I'm astounded by the generosity of our Branches and their members. We know that money is tight for many people, but they still dig deep and have compassion for those in need.

"It's what binds us as Oddfellows – caring for people's welfare and looking out for the needs of others. This humanitarian spirit makes me feel incredibly proud to be part of the Society. Where we can help, we must."

Find out more about how
the Society gives back to
its communities, including
information about our support for
the RNLI, Oddfellows Brass, our
Orphan Gift Fund and
HA Andrews Memorial Fund,
at www.oddfellows.co.uk
/about/giving-back

## **Welcoming Tees Mutual to the Oddfellows**







In February, we announced the completion, by transfer of engagements, of Tees Mutual.

The acquisition was approved and agreed on by Tees Mutual's members and their Board. Both the Oddfellows and Tees Mutual share a similar ethos and complementary values. This is the Society's sixth acquisition since

2007 and follows the last transfer of engagements in 2021.

Jane Nelson, CEO of the Oddfellows, said: "Tees Mutual has been providing life and savings products to the people of Teesside and South Durham for well over a century.

"We are both passionate about mutuality and are pleased to be able to provide Tees Mutual members with a secure future."

# Colchester At a glance

	granico de la granico	
<b>August</b>	2025	
Wed 6	Colchester Wednesday Walkers - Wrabness	10am
Mon 11	Colchester Coffee Morning - Humorous Hassle	10.30am
Wed 20	Colchester Wednesday Walkers - Bus route Walk	11am
Tues 26	Colchester Afternoon Social	1.30pm
Conton	hor Friendship Month	
Wed 3	nber – Friendship Month Colchester Wednesday Walkers – Coggeshall	11am
Mon 8	Colchester Coffee Morning – Gary is Back	10.30am
Thurs 11	Colchester Day Out on the Norfolk Broads	9am
Wed 17	Colchester Wednesday Walkers - Bus route Walk	11am
Tues 23	Colchester Afternoon Social - Friendship Month	1.30pm
1 4 6 0 2 0	Bingo and Afternoon Tea	оорт
0-1-1		
Octobe Wed 1		11 01 100
Mon 13	Colchester Wednesday Walkers - West Mersea	11am
Wed 15	Colchester Coffee Morning - Talk by Angie Jones Colchester Wednesday Walkers - Bus route Walk	10.30am 11am
Tues 28	Colchester Cinema Afternoon	
rues zo	Colchester Cinema Atternoon	1.30pm
Novem	ber	
Wed 5	Colchester Wednesday Walkers - Stoke by Nayland	11am
Mon 10	Colchester Coffee Morning - Yum! Tiptree Jam	10.30am
Wed 19	Colchester Wednesday Walkers – Bus route Walk	11am
Tues 25	Colchester Afternoon Social - Let's get a bit crafty	1.30pm
Decem	how.	
Wed 3	Colchester Wednesday Walkers – Boxted	11am
Mon 8	Colchester Coffee Morning - Sandra and the Entertainers	10.30am
Tues 16	Colchester Christmas Party and Buffet	12.30pm
Wed 17	Colchester Wednesday Walkers - Bus route Walk	11am
Wed 17	Colchester Wednesday Walkers - Das route Walk	Halli
January	y <b>2026</b>	
Wed 7	Colchester Wednesday Walkers – Fordham Estate	11am
Mon 12	Colchester Coffee Morning - New Year Quiz	10.30am
Wed 21	Colchester Wednesday Walkers – Bus route Walk	11am
Tues 27	Colchester Afternoon Social - Games	1.30pm

# St Edmundsbury At a glance

Every Saturday, October 2025 – March 2026

District Coffee Morning

10.30am

August 202
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Tues 5	Out of the Frying Pan and 10am into the Talk	
Thurs 7	Newmarket Coffee Morning	11am
Fri 8	Brandon Walk, Talk and Cuppa Morning	10am
Wed 13	Craft and Games Afternoon	1.30pm
Fri 15	Coach Trip to Holt, Steam Train to Sheringham	TBC
Thurs 21	Film Club Afternoon	1.30pm
Wed 27	New Age Kurling Afternoon	1.30pm
Sat 30	Paint and Cuppa Morning	10am

#### September - Friendship Month

Tues 2	Forensic Science and 10am Firearms with Brian J Heard	
Thurs 4	Friendship Month Coffee Morning at Newmarket	11am
Sat 6	Friendship Month Coffee Morning with a Bring and Buy Fundraiser	10.30am
Wed 10	Craft and Games Afternoon	1.30pm
Fri 12	Brandon Walk, Talk and Cuppa Morning	10am
Thurs 18	Film Club Afternoon	1.30pm
Wed 24	New Age Kurling Afternoon	1.30pm

We Drum with Joe

Walking Photo Shoot

### **October**

Fri 26

Mon 29

Thurs 2	Newmarket Coffee Morning	11am
Fri 3	Afternoon of Music with Barrie and Pete	1.30pm
Tues 7	Lill Taught Me NOT to Yodel! by lestyn Edwards	10am
Wed 8	Craft and Games Afternoon	1.30pm
Fri 10	Brandon Coffee Morning	11am
Thurs 16	Film Club Afternoon	1.30pm
Wed 22	Ten Pin Bowling Morning	10.30am
Wed 29	New Age Kurling Afternoon	1.30pm

#### **November**

Tues 4	Winston's Wheels with Rachel	10am
Thurs 6	Newmarket Coffee Morning	11am
Fri 7	Wine Tasting Afternoon	2pm
Wed 12	Craft and Games Afternoon	1.30pm
Thurs 13	The Big Annual Quiz with Averil and Barrie	1.30pm
Fri 14	Brandon Coffee Morning	11am
	Brandon Coffee Morning St Edmunds Day Lunch with an Oddfellows Bargain Hunt Auction	11am 12 noon
	St Edmunds Day Lunch with an Oddfellows	12 noon

#### **December**

Tues 2	A Christmas Carol	10am
Tues 9 Christmas Lunch at Edmunds		12 noon
Wed 10	Craft and Games Afternoon	1.30pm
Fri 12	Fri 12 An Afternoon of Carols and Christmas Music	
Thurs 18	Film Club Afternoon	1.30pm
Mon 22	Christmas Bingo	1.30pm
Tues 30	The 12 days of Christmas Quiz with Tone	1.30pm

## **January 2026**

2pm

2pm

Tues 6	Bury in Stitches by Lynn Whitehead	10.30am	
Thurs 8	Newmarket Coffee Morning	11am	
Fri 9	Brandon Coffee Morning	11am	
Wed 14	Craft and Games Afternoon	1.30pm	
Thurs 15	Film Club Afternoon	1.30pm	
Mon 19	Eyes Down, Look In! Bingo Afternoon	2pm	
Wed 28	New Age Kurling Afternoon	1.30pm	
Thurs 29	National Puzzle and Games Day	1.30pm	

# Stowmarket At a glance

Every Mo	<b>onday</b> Lur	nch Club in	Stowmarke	et	11am
Augus	t 2025		Noven	nber	
Tues 5	Darts Night in Stowmarket	7.30pm	Thurs 6	Lunch Out with Stowmarket	12.30pm
Mon 11	Karaoke Night in Stowmarket	7.30pm	Thurs 13	Lee Miller '20th Century Woman'	12.30pm
Sun 17	Lazy Sunday Morning in Stowmarket	10am		- A Talk by Derek Adams in Stowmarket	
Fri 22	Clacton Air Show with Stowmarket and Ipswich Oddfellows	9.30am	Thurs 27	Coffee and Catch up at 'The Angel' Needham Market Community Café with Stowmarket	12.30pm
Septe	<b>mber –</b> Friendshi <sub>l</sub>	o Month	Decen	her	
Thurs 4	Friendship Lunch Out with Stowmarket	12.30pm	Thurs 4	Christmas Lunch Out to 'The Swan'	12.30pm
Mon 8	Higher or Lower in Stowmarket	7.30pm		in Needham Market with Stowmarket	
Mon 15	Dance Your Blues Away on Zoom with Stowmarket	10.30am	Tues 9	Cinema Club with Stowmarket	12.45pm
Thurs 25	Picnic at Needham Lake with Stowmarket	12 noon	Tues 23	Mince Pies and Carols with Stowmarket	6.30pm
Octob			Wed 31	New Years Eve Coffee Morning with Stowmarket	10am
Thurs 9	Beetle Drive in Stowmarket	12.30pm	lanuai	ry 2026	
Thurs 16	Live Cooking Master Class in Stowmarket	10.30am	Thurs 8	Stowmarket Indoor Boules	10.30am
Thurs 23	Coffee and Catch Up at Cabbages & Kings at the Mix	12.30pm	Mon 19	Wildlife Talk with Stowmarket	7pm

# Sudbury At a glance

	ibai y Ai a giance	
August		
Wed 6	Afternoon Tea at Cornard Lock	2pm
Wed 13	From Vicars Son to BBC Producer	7.30pm
Wed 20	Coffee Morning in Sudbury	10am
Wed 27	Tales from the Bench	10.30am
Senter	nber - Friendship Month	
Wed 3	Friendship Walk	10.30am
Wed 10	The Cobbold Family	7.30pm
Wed 17	Friendship Bingo with Fish and Chips	10.30am
Wed 24	The A-Z of Curious Suffolk	10.30am
Octobe	er	
Wed 8	How do we feed and look after the animals at Colchester Zoo	2.30pm
Wed 15	Coffee Afternoon at Sudbury	2pm
Thurs 16	New Age Kurling	10.30am
Wed 29	The Journal of a Poor Suffolk Woodman	10.30am
Novem		
Tues 4	Romford Greyhound Racing with Sudbury	11am
Wed 12	General Knowledge Quiz	2.30pm
Wed 19	Coffee Morning in Sudbury	10am
Wed 26	My Tutu went AWOL	10.30am
Decem	her	
Wed 3	Christmas Lunch at The Brewers Arms	12.30pm
Wed 10	The Christopher Singers	10.30am
Wed 17	Coffee Afternoon at Sudbury	2pm
Januar	y 2026	
Wed 7	Coffee Afternoon at Sudbury	2pm
Wed 14	Travelling Asia	2.30pm
Wed 21	Coffee, Cake and Chatter at Painters	10.30am
Wed 28	Hedgehog Haven, Essex	10.30am