

January - June 2020



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ODDfellows
making friends, helping people

out & about

Making Friends in Salisbury



Theatre



Crafts



Travel



Dining Out



Quizzes



History



Social



Talks



Games



Coffee Morning/Afternoon Tea



Garden Party at The Parish Church of Saint Peters - Saturday 20 June

Welcome to the latest edition of your Salisbury Out and About

We are a network of friends who enjoy life and help others. We organise a wide range of social events and meals out, open to both members and non-members, to enable you to meet new people. Membership is open to all. This Events Diary is a handy guide for you to keep so that you know what is happening in the area.

Have you seen our Facebook page?

Find us at Salisbury Wessex Oddfellows. Please feel free to share with all your friends



[OddfellowsSalisburyWessex](#)

A bit about us...

The Oddfellows is a not-for-profit friendly society that's been around for over 200 years. Our aim is to bring people together through our social events, as well as support our members with a range of benefits and services. For more information visit www.oddfellows.co.uk or call 0800 028 1810 to speak to one of our team.

Contact Details

For more information or to book any events contact:

Secretary: Angela Harmsworth

Telephone: 01747 833776

Email:

angela.harmsworth@oddfellows.co.uk

Events and Development Officer:

Angela Hamilton

Telephone: 07999 836038

Email:

angela.hamilton@oddfellows.co.uk

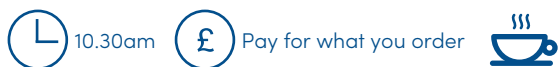
Dates are sometimes subject to change. Please call to confirm your attendance.

Notice

We are always looking for people to attend our monthly business meetings. We meet on the third Monday of every month, 7.30pm at Hale Hall, School Lane, Salisbury (opposite the arts centre). If you would like to come along and learn more about us (on a non-obligation basis) please email Angela Harmsworth on angela.harmsworth@oddfellows.co.uk.

Regular Events

Coffee Morning



Everyone welcome

Meet new friends in Salisbury

Held fortnightly on Thursday

2 January, 16 January, 30 January, 13 February, 27 February, 12 March, 26 March, 9 April, 23 April, 7 May, 21 May, 4 June, 18 June

Come along and join us for a coffee (or tea) and a chat. Meet new friends in a lovely surrounding. All welcome. Don't worry if you are coming alone, there will be a friendly face waiting to welcome you and you will soon feel part of the group. Call to say you are coming and we will look out for you, or just turn up and that will be fine too. The Red Lion, 1 Milford Street, Salisbury SP1 2AN. Contact Angela on 07999 836038.



Photo by Emma Smith on Unsplash

Evening Social



Everyone welcome

Held fortnightly on Thursday

The Market Inn, 16 Butcher Row, Salisbury SP1 1EP on 9 and 23 January, 6 and 20 February, 5 and 19 March

Please contact Angela on 07999 836038 to confirm venue on the following dates:

2, 16 and 30 April, 14 and 28 May, 11 and 25 June

A social gathering in the evening, with drinks and a meal, or whatever you prefer. Just come along and meet new friends, chat, eat, enjoy a glass of wine and new company. Everyone welcome. If you let us know you are coming we will look out for you, but if you just turn up that will be fine too. Don't worry if you are coming alone, you will find a friendly face ready to welcome you to our group. Contact Angela on 07999 836038.

January 2020

MON
06

Monthly Quiz



Get your brain juices flowing and come and join the Oddities for our monthly pub quiz. We always reserve a table from 7pm if you would like to have a bite to eat, the quiz starts at 8pm. Quiz costs £1 and just pay for what you order. The Ox Row Inn, 10 – 11 Ox Row, Salisbury SP1 1EU. Contact Angela Hamilton on 07999 836038.



WED
08

Lymington/Lion and Oak Gathering



Usual meeting of the Lymington Branch and friends for an informal meeting followed by lunch for those who wish to stay. The White Hart Hotel, Newbury Street, Whitchurch RG28 7DN. Contact Angela Harmsworth on 01747 833776.



February

MON
03

Monthly Quiz



Get your brain juices flowing and come and join the Oddities for our monthly pub quiz. We always reserve a table from 7pm if you would like to have a bite to eat, the quiz starts at 8pm. Quiz costs £1 and just pay for what you order. The Ox Row Inn, 10 – 11 Ox Row, Salisbury SP1 1EU. Contact Angela Hamilton on 07999 836038.

WED
05

Lion and Oak/Lymington Branch Lunch



This is the alternative to the meeting in Whitchurch and will usually be held at Wetherspoons (John Russell Fox) in Andover. If you are planning to attend, please confirm with Angela Harmsworth beforehand – even just the day before is fine. The John Russell Fox (Wetherspoons), 10 High Street, Andover SP10 1NY. Contact Angela Harmsworth on 01747 833776.



February

SAT
15

Trip to Salisbury Playhouse Lorca's Blood Wedding



2.15pm



See below



Theatre trip to Salisbury Playhouse. Lorca's Blood Wedding (Retold by Barney Norris).



Barney Norris's explosive retelling of Lorca's classic tragedy sets the action firmly in a modern day village community that rocked by revelations and gossip.

Tickets range from £14 - £25. Book by Thursday 23 January. Salisbury Playhouse, Malthouse Lane, Salisbury SP2 7RA. Contact Angela Hamilton on 07999 836038.

March

MON
02

Monthly Quiz



8pm



£1



Get your brain juices flowing and come and join the Oddities for our monthly pub quiz. We always reserve a table from 7pm if you would like to have a bite to eat, the quiz starts at 8pm. Quiz costs £1 and just pay for what you order. The Ox Row Inn, 10 - 11 Ox Row, Salisbury SP1 1EU. Contact Angela Hamilton on 07999 836038.

WED
04

Lymington/Lion and Oak Gathering



11am



As per menu



Usual meeting of the Lymington Branch and friends for an informal meeting followed by lunch for those who wish to stay. The White Hart Hotel, Newbury Street, Whitchurch RG28 7DN. Contact Angela Harmsworth on 01747 833776.

March

SAT
14

Barn Dance



7pm



Members £10
Guests £12



Come and join us for a night of fun and frolics (and lots of do-si-doing)



at our Barn Dance. Food and tea/coffee included in the ticket price. Bring your own if you require other drinks. As always there will be a raffle and prizes are always welcome. Wilton Community Centre, West Street, Wilton, Salisbury SP2 0DG. Contact Angela Hamilton on 07999 836038.

April

WED
01

Lion and Oak/Lymington Branch Lunch



12 noon



As per menu



This is the alternative to the meeting in Whitchurch and will usually be held at Wetherspoons (John Russell Fox) in Andover. If you are planning to attend, please confirm with Angela Harmsworth beforehand - even just the day before is fine. The John Russell Fox (Wetherspoons), 10 High Street, Andover SP10 1NY. Contact Angela Harmsworth on 01747 833776.

April

MON
06

Monthly Quiz



8pm



£1



Get your brain juices flowing and come and join the Oddities for our monthly pub quiz. We always reserve a table from 7pm if you would like to have a bite to eat, the quiz starts at 8pm. Quiz costs £1 and just pay for what you order. The Ox Row Inn, 10 - 11 Ox Row, Salisbury SP1 1EU. Contact Angela Hamilton on 07999 836038.

May

MON
04

Monthly Quiz



8pm



£1



Get your brain juices flowing and come and join the Oddities for our monthly pub quiz. We always reserve a table from 7pm if you would like to have a bite to eat, the quiz starts at 8pm. Quiz costs £1 and just pay for what you order. The Ox Row Inn, 10 - 11 Ox Row, Salisbury SP1 1EU. Contact Angela Hamilton on 07999 836038.



May

WED 06 Lymington/Lion and Oak Gathering



Usual meeting of the Lymington Branch and friends for an informal meeting followed by lunch for those who wish to stay. The White Hart Hotel, Newbury Street, Whitchurch RG28 7DN. Contact Angela Harmsworth on 01747 833776.

June

MON 01 Monthly Quiz



Get your brain juices flowing and come and join the Oddities for our monthly pub quiz. We always reserve a table from 7pm if you would like to have a bite to eat, the quiz starts at 8pm. Quiz costs £1 and just pay for what you order. The Ox Row Inn, 10 - 11 Ox Row, Salisbury SP1 1EU. Contact Angela Hamilton on 07999 836038.

SAT 16 Skittles Evening



Join us for an evening of skittles, fun and frolicks. There will be a prize raffle during the evening. Food will need to be pre-ordered in advance (just pay for what you order). White Horse, Lower Road, Quidhampton, Salisbury SP2 9AS. Contact Angela Hamilton on 07999 836038.

WED 03 Lion and Oak/Lymington Branch Lunch



This is the alternative to the meeting in Whitchurch and will usually be held at Wetherspoons (John Russell Fox) in Andover. If you are planning to attend, please confirm with Angela Harmsworth beforehand - even just the day before is fine. The John Russell Fox (Wetherspoons), 10 High Street, Andover SP10 1NY. Contact Angela Harmsworth on 01747 833776.



June

SAT
20

Garden Party



2pm



Members £5, Guests £7



Join us for a garden party and afternoon tea (fingers crossed for the sun to have his hat on). There will be a few gentle games and the usual raffle so prizes always welcome.

The Parish Church of Saint Peters, Over Wallop, Stockbridge SO20 8HT. Contact Angela Hamilton on 07999 836038.



Is there someone you know who'd enjoy what we do?

Refer a friend today

To refer a friend, call Membership on **0800 028 1810**, or visit our Members' Area at **www.oddfellows.co.uk** or fill in the **Refer a Friend form** available from your Branch Secretary

*Terms and conditions apply to the Refer a Friend offer. It cannot be used in conjunction with any other member offer. For full terms and conditions and for details of the rewards visit www.oddfellows.co.uk/offers.

Ref 1644



Oddfellows Summer Holiday

Join with other Oddfellows and enjoy a wonderful break at this classic country house, set in splendid parkland.

6 – 10 July 2020:
4 nights (half-board)

Standard room from £321 per person
Signature room from £361 per person

Warner Cricket St Thomas Hotel,
Chard, Somerset TA20 4DD



To book call Warner on **0330 1009 772**
(Booking reference 4373341) and quote **ODDFELLOWS**

All holidays are booked through third party travel companies and terms and conditions apply. Holidays are open to Oddfellows members and their guests only. For more information ask the reservations team when booking.

Quick Guide to Bereavement Support

Our members often tell us they have joined the Society to make new friends after losing a partner. It is natural for the impact of a bereavement to cause feelings of loss and grief. However, similar feelings can also arise if a loved one develops dementia, or moves into care.

Bereavement and loss are complex experiences and it's different for everyone. At first, thoughts and feelings can be chaotic and overwhelming, and common feelings include shock, disconnect, anxiety, anger, irritation, guilt and intense sadness.

Knowing how to respond when a friend or family member is grieving is difficult. We may feel the need to 'make things better' or fear saying the 'wrong thing'. We've shared some of the ways to support someone experiencing a loss.

Listening - By telling their story, the weight of their loss can slowly become easier to bear.

It's not about you - Some people may not want to talk right now.

Acknowledgement - Take the initiative and make contact, be kind and acknowledge the situation.

Practical help - Think about how you can help once the initial crisis is over.

Honesty - It's best to be honest about what support you can realistically offer such as visiting or calling.

Be sensitive - Always balance honesty with sensitivity, so bear in mind the bereaved person feels.

Be in for the long haul - Try to stay in contact when other people have drawn back.

Practical steps

There are things that a bereaved person can do to help them through the grieving process. These include:

- Getting plenty of sleep
- Eating healthily
- Being kind to themselves
- Avoiding alcohol or other substances
- Keeping an active routine
- Finding small things to feel better, like flowers or short walks

Useful links:

Cruse Bereavement Care - call 0808 808 1677 or visit www.cruse.org.uk

Samaritans - 116 123, or visit www.samaritans.org

The Silver Line - 0800 470 80 90 or visit www.thesilverline.org.uk

The Compassionate Friends - 0345 123 2304 or visit www.tcf.org.uk

Child Bereavement UK - 0800 02 888 40 or visit www.childbereavementuk.org



Oddfellows Members: Do you need help?

None of us know what is around the corner...

Local Care and Welfare Support

To request contact from a Welfare Visitor and for local help and information about Branch benefits and benevolence contact Angela on **01747 833776** or email **angela.harmsworth@oddfellows.co.uk**.

Oddfellows Advice Line

Call 0800 0149 821*

(free to callers from any landline or mobile number)

Monday - Friday, 9.30am - 4.30pm

Email: oddfellows@manchestercab.org



Run by Citizens Advice for Oddfellows members, you can access free, confidential, independent advice on welfare benefits, money and debt issues, consumer problems, housing, fuel bills, employment issues and many other issues.

*The Oddfellows cannot provide legal advice and accepts no liability whatsoever for advice provided by Citizens Advice, which is an independent advice agency. If you have any queries about the advice you have received or wish to make a complaint then you should contact Citizens Advice directly. Citizens Advice operate a formal complaints process.

Care and Welfare Helpline

Call 0800 0149 822

(free to callers from any landline or mobile number)

Monday to Thursday, 9.30am - 4.30pm, Friday, 9.30am - 4pm

Email: care@oddfellows.co.uk

Run by the Oddfellows Care and Welfare Department, you can access information and guidance on issues such as accessing health and care services, supported housing, support for carers, and planning for later life. The helpline will try and identify any Oddfellows benefits or services in the community which may be of help to you.

**Visit our website page at www.oddfellows.co.uk/benefits/care
for care and welfare information**

Oddfellows memorial unveiled at the National Memorial Arboretum

Sixty-two Branches donated funds to establish a stunning new memorial to honour Oddfellows war heroes who died in battle. It stands in Staffordshire's National Arboretum, Britain's largest site of remembrance containing over 300 war memorials.

The inscription on the 6ft, blue granite memorial reads: *"In memory of the many members of the Oddfellows who gave their lives in defence of their country. We will always remember them."*

Founded in 1810, the Oddfellows has a long history of caring for its members, their families and supporting worthy causes. During the First and Second World Wars, the Society's lodges paid the contributions of the members who were fighting, so their families would continue to be looked after. The Oddfellows established the Orphan Gift Fund after the First World War to care for the children of members orphaned as a result of the conflict.

The Fund still exists today and is part of the Society's mission to improve lives by making friends and helping people".

Jane Nelson, CEO said: "This memorial stands as testament to how our Society



Reverend Bruce Nicole delivering the service to members from across the UK

still feels incredibly indebted to those members who serve our country. Thank you to all the Branches who made this memorial a reality. Its setting at the National Arboretum makes this tribute feel even more significant, being part of a community of others who we will never forget".

If you would like to visit our memorial, it can be found near the wild meadow and Millennium shelter. There are also a number of volunteers at the Arboretum who are more than happy to help you find your way around.

To find out more, visit: www.thenma.org.uk/

100 years of the Orphan Gift Fund



After WW1, members wanted to do something to help the children of those lost to the war.

The fund was proposed at the 1918 AMC in Cheltenham, after the Grand Master William Henry Hayes wrote to Branches saying: *“The whole nation rejoices at the victorious end of a war which has entailed heavy sacrifices on the part of the whole people, and the most heroic effort by the best and bravest of our manhood, and in what worthier manner can we build a memorial as a thank-offering for victory than by undertaking responsibility for*

the care and up-bringing of the orphans of our members?”

Overwhelming support meant the fund received the equivalent of £232,000 in today's money, in just one year.

The Orphan Gift Fund continues to help children thrive, and is available as a benefit of membership from day one, open to any child who loses one or both parents through death or desertion, if either the child or one of the parents are members at the time of the loss or desertion. Currently, there are over 50 recipients, and in 2018, the Fund made grants totalling £36,604.

Would you like to donate to the Orphan Gift Fund?

Contributions can be made by cheque or electronic bank transfer. To make a donation, please contact the Finance team on 0161 832 9361.

Can you spot a Society Star?

Nominations are open for our annual Making a Difference Awards. These awards have been designed to recognise members who go above and beyond for individual members, their Branch, or the Society as a whole, and truly embody the spirit of the Oddfellows. If you know a member worthy of nomination, ask for a form from your Branch Secretary. Make sure you have a read of the categories first though! And if you need another form, to nominate someone for a different category, simply download from www.oddfellows.com/makingadifference or ask your Branch Secretary.





Make more mates and meet more often

We recently discovered that almost half of adults with significant friends (48%) only get together with them less than once a month.

Our research also shows that a fifth (20%) of GB adults, aged 55 and over, go for at least six months without being socially active. That includes attending things like social events, going to church, or simply grabbing a coffee with a friend.

But by contrast, 83% of the Oddfellows' own members say they spend time with a significant friend once a month or more, with 50% saying they see their good mates at least once a week.

We know how much regular company is essential to living a happier life. In fact, some would say that spending time with friends is as important as eating healthily or exercising. Friends aren't just there to socialise with, they provide support and comfort in times of need.

Most of us make our friends through work, family or education. As we age and our life changes, we have less access to these everyday social opportunities, which can contribute towards social isolation in a huge way.

The YouGov study found that 21% of adults haven't met anyone who became a significant friend in over 10 years. 43% of adults cited work as a place they've met significant friends, followed by during their school and university years (37%), through mutual friends (26%) and through family or children (15%).

If you know somebody who might be in need of a friend, or would benefit from coming along to your next local Oddfellows event, why not bring them along? You can be sure of a warm welcome at your local Branch, and you could really make a difference to somebody's life.

Another BRR-illiant Cruise with the Oddfellows' Active Travel Club



Our members weren't afraid to get up close and personal with some massive icebergs!

With our Active Travel Club, you can explore a variety of different places with friendly faces. Here, Wendy Atkins from the Ipswich Branch of the Oddfellows shares her account of their most recent trip to Iceland and Greenland.

Greenland has a land mass of around one-third the size of Australia, and a total population of just 56,000, which is about the size of Kettering or Macclesfield, and has an average August temperature of 11 degrees Celsius. However, the 16-night Fred. Olsen cruise more than made up for the lack of sunshine. The diary was to be jam-packed with Ukelele lessons, singing in the choir, drawing, dancing and crafting, to name a few! And if that wasn't enough, three quizzes every day would certainly keep us on our toes.

As we left Dover on 7 August, the Captain changed course, due to a large storm about to hit the South-West of England.

So instead of a bumpy start across the Atlantic, we enjoyed calm waters and sunny days as we journeyed up the North Sea, making the most of the ship's activities. We then spent two days in Reykjavik, wandering at leisure, visiting museums and checking out some of the incredible 'moonscape' scenery.

We travelled onto Greenland and the spectacular scenery of Prins Christian Sund, with its craggy peaks, imposing glaciers, waterfalls and icebergs.

Whilst in Greenland, we visited three communities; Qaqortoq (a small village nestled on the edge of the Qoorow Ice Fjord), Narsarsuaq (the site of a WWII USAF air base), and Nanotalik, where the local choir entertained us, and the open air museum gave us an insight into life throughout the seasons. We were extremely fortunate to visit in beautiful weather. It's hard to imagine what life is like there during the harsh winters.

The trip was an amazing experience, and the pictures don't do the sights justice. You'll have to come along with us next time to see for yourself! Thank you to Fred. Olsen Cruise Lines for making such a memorable trip possible.

Where is the Oddfellows Active Travel Club off to next? You can see all of our upcoming holidays at www.oddfellows.co.uk/travel, alternatively call Wendy on 01473 251 867, or email wendy.atkins@oddfellows.co.uk

At a glance

January 2020

Thurs 2	Coffee Morning	10.30am
Mon 6	Monthly Quiz	8pm
Wed 8	Lymington/Lion and Oak Gathering	11am
Thurs 9	Evening Social	7pm
Thurs 16	Coffee Morning	10.30am
Thurs 23	Evening Social	7pm
Thurs 30	Coffee Morning	10.30am

February

Mon 3	Monthly Quiz	8pm
Wed 5	Lion and Oak/Lymington Branch Lunch	12 noon
Thurs 6	Evening Social	7pm
Thurs 13	Coffee Morning	10.30am
Sat 15	Trip to Salisbury Playhouse - Lorca's Blood Wedding	2.15pm
Thurs 20	Evening Social	7pm
Thurs 27	Coffee Morning	10.30am

March

Mon 2	Monthly Quiz	8pm
Wed 4	Lymington/Lion and Oak Gathering	11am
Thurs 5	Evening Social	7pm
Thurs 12	Coffee Morning	10.30am
Sat 14	Barn Dance	7pm
Thurs 19	Evening Social	7pm
Thurs 26	Coffee Morning	10.30am

April

Wed 1	Lion and Oak/Lymington Branch Lunch	12 noon
Thurs 2	Evening Social	7pm
Mon 6	Monthly Quiz	8pm
Thurs 9	Coffee Morning	10.30am
Thurs 16	Evening Social	7pm
Thurs 23	Coffee Morning	10.30am
Thurs 30	Evening Social	7pm

May

Mon 4	Monthly Quiz	8pm
Wed 6	Lymington/Lion and Oak Gathering	11am
Thurs 7	Coffee Morning	10.30am
Thurs 14	Evening Social	7pm
Sat 16	Skittles Evening	7pm
Thurs 21	Coffee Morning	10.30am
Thurs 28	Evening Social	7pm

June

Mon 1	Monthly Quiz	8pm
Wed 3	Lion and Oak/Lymington Branch Lunch	12 noon
Thurs 4	Coffee Morning	10.30am
Thurs 11	Evening Social	7pm
Thurs 18	Coffee Morning	10.30am
Sat 20	Garden Party	2pm
Thurs 25	Evening Social	7pm