

March - August 2022  
Issue 8



*O*<sup>the</sup>DDfellows SINCE 1810  
*making friends, helping people*

# *out & about*

**Brighton and Sussex**



The Royal Pavilion in Brighton



Games



Music



Day Trip/  
Travel



Wellbeing



Friendship  
Month



Quizzes



Talks



Coffee  
Morning



Dining  
Out



Meetings



*Sundown Ukulele Band – Thursday 26 May*

## Welcome to the latest edition of your Out and About Magazine for Brighton & Sussex Branch

As a local Branch of a national membership organisation called the Oddfellows, we offer you a great opportunity to make new friends and enjoy a variety of activities.

We also provide our members with a range of advice and support services when you need them. We are basically a group of friends brought together through shared interest in socialising, making friends and helping people.

This issue features details of all our upcoming events from dining out to trips out plus lots of other activities.

## Contact Details

**Branch Secretary:** Lynne Allard

**Address:**

7 Inglewood Drive, Aldwick,  
Bognor Regis PO21 4JX

**Telephone:** 01243 265360

**Email:**

[lynne.allard@oddfellows.co.uk](mailto:lynne.allard@oddfellows.co.uk)

**Everyone is welcome at Oddfellows events. Even if you are not a member, we want to extend an invitation to you and your friends to attend any of our events that take your fancy and we like to think that we can guarantee you a good time.**

## Join the conversation @OddfellowsUK

Share your news, start a conversation or simply stay up-to-date! If you're on Facebook or Twitter, make sure you've liked and followed our Oddfellows social media pages. Find us at

**f** OddfellowsBrightonSussex

# Message from our new Secretary

**My name is Lynne Allard and I'm very pleased to be your new Branch Secretary. My full title is Provincial Corresponding Secretary and there have been 12 before me so I am the 13th! Fortunately, I'm not superstitious and have always found that the number 13 is lucky (as did my Grandfather) and apparently, I'm the first female ever to have this role in the Branch, which started in 1825. I've taken over from Michael and Janet Porter who are being extremely helpful in guiding me through all the various tasks that have to be done to keep the branch running efficiently. Michael and Janet will now be your Social Organisers so please let them know any ideas you have for fun Oddfellow events.**



My working life has been quite varied! I started in an Aluminium sales office in Kent and then when I moved to Sussex I

worked for various directors at a vehicle rustproofing head office in Worthing for many years. I have worked on a voluntary basis for the Parkinson's Disease Society for about 34 years in many roles and whilst Chairman of the branch organised day trips and holidays which ended up with me moving to Portugal for four years to set up a branch for English speaking people with Parkinson's. My new job with Oddfellows is very similar!

I look forward to meeting you all in due course and would very much like as many members as possible to attend our AGM which will be held on Saturday 26 March from 2.30pm at The Harriet Johnson Centre in Sompting. See further details in this magazine. Remember, we're here to help you get more out of life, so if we don't know what you need...! On that note, it's much easier for us to contact you between magazines by e-mail so please let me know your up-to-date email address and we'll add you to our list.

**Best wishes, Lynne Allard**

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## Message from our new District Chairman

Having been an Oddfellow since 1984 and a member of the Committee for the past seven years. I feel honoured to be chosen as the new Chairman. In view of the cancelled meetings last year I have decided that the Branch will keep the Cystic Fibrosis Trust as it's charity for a second year. We are looking for members to join

our Committee of Management and I'd like to take this opportunity to encourage those of you who would like to be involved in decision making and planning to come forward. Please contact our Branch Secretary, Lynne Allard, if you think this is for you.

**Janet Porter**

# Worthing Social Branch Events

Our Worthing Branch normally meets from 7pm to 9pm every fourth Thursday in the Goring-by-Sea Methodist Church Hall, Bury Drive, Goring-by-Sea BN12 4XB. Worthing events are shown in the green box.

## Social Contacts

Janet Porter

Telephone: 01903 504492



# Eastbourne Social Branch Events

Our Eastbourne Branch social group usually meets from 7pm to 9pm every third Tuesday of the month at St Andrews Church Hall (next to Arlington Arms), 360 Seaside, Eastbourne, East Sussex BN22 7RY. Eastbourne events are shown in the orange box.

## Social Contacts

Stephen Mackenzie

Telephone: 07932 308815

George Ellis

Telephone: 01323 486391



# Regular Events

## Marina Monthly Lunch Club



**Second Thursday  
of the month**

Our regular monthly get together for lunch at The West Quay at Brighton Marina. Everyone is welcome to join us. If this is your first lunch with us, get in touch beforehand and we will look out for you! There is free parking at the marina and regular buses from the centre of Brighton. The West Quay, The Boardwalk, Brighton Marina BN2 5WA. Contact Michael on 01903 504492.

**10 March  
14 April**

**12 May  
9 June**

**14 July  
11 August**

**8 September**

## Roving Lunch Club



**First Tuesday  
of the month**

We have set up a Roving Lunch Club so that we can meet our members who live away from our usual venues and share some time with them. A new place every month! Please see each month's entry to see where we shall be.

## March 2022

**TUES  
15** **Ten Pin Bowling at  
Tenpin Eastbourne**



This month we are trying something a little different. We have met in the evening in the past for a game or two of ten pin bowling, this year we will be meeting at 1.45pm to start our games at 2pm. The bowling has been popular in the past not only with those who would like to have a go, but with others who have come to watch. Cost to be confirmed but at the moment we are quoted two games of bowling for £3.80 to include tea or coffee and a biscuit! Wow! Really good value for money. Wear your own soft shoes but toes must be covered. The lanes have to be booked well in advance, so please let us have your names as soon as possible. The venue is in front of the David Lloyd Centre, near St Wilfrid's Hospice. Tenpin Eastbourne, Broadwater Way, Eastbourne BN22 9PZ. Contact George on 01323 486391.

# March 2022

THURS  
24

## Horse Racing Night



7pm



Free



A roll of the dice sets the horses running. Come and enjoy the fun! Refreshments will be provided and there will be a raffle. Goring-by-Sea Methodist Church Hall, Bury Drive, Goring-by-Sea BN12 4XB. Contact Janet on 01903 504492.



# April

SAT  
26

## Annual General Meeting



2.30pm



Free



All members are welcome to attend our Annual Summoned Meeting. The hall will be open from 2pm and the meeting will start at 2.30pm. Tea and cakes will be provided for attendees after the meeting.

For catering purposes please let your Social Organiser know if you are planning to attend or contact the District Office.

Book by Tuesday 22 March.

The Harriet Johnson Centre, Loose Lane, Sompting BN15 0BG. Contact George on 01323 486391 or Michael on 01903 504492.

TUES  
05

## Roving Lunch Club in Shoreham



12 noon



As per menu



We have set up a Roving Lunch Club so that members who are unable to get to our two social groups can come along for lunch to meet other members and enjoy lunch and good conversation. Today we shall lunch at Swiss Cottage in Shoreham. No need to book, just come along and join us. If you would like to bring a friend that's fine, everyone is welcome! Swiss Cottage, 34 Old Shoreham Road, Shoreham-by-Sea, West Sussex BN43 5TD. Contact Michael on 01903 504492.

# April

TUES  
19

## Buffet Time



12.45pm



As per  
menu



Today we are having lunch at Buffet Time, a casual buffet restaurant for Asian dishes, pizzas and salads plus a dessert corner. We have spent evenings at this venue before, but thought we would give lunch a try as a few people requested lunch rather than dinner. We will meet in the restaurant and hope to see as many of you as possible. We believe they do a lunch time special price too! Please let us know at the March meeting if you would like to join us as the table has to be booked. Book by Tuesday 15 March. Buffet Time, 60-62 Terminus Road, Eastbourne BN21 3LX. Contact Steve on 07932 308815.

TUES  
26

## Dinner at the Arundel Restaurant



6.30pm



£15



The Arundel Restaurant provides a venue for students following courses in hospitality and catering and our meals will be prepared and served by second and third year students. The menu combines modern European cuisine with a relaxed and informal atmosphere, serving fine food at a fraction of the usual price. Drinks will be available before the meal at the licensed bar. The three course dinner is £15 per person, including tea and coffee. A non-refundable deposit of £5 per person is payable at the time of booking. Book by Thursday 24 March. The Arundel Restaurant, Northbrook Metropolitan College, Littlehampton Road, Worthing BN12 6NU. Contact Michael on 01903 504492.

## Is there someone you know who'd enjoy what we do?

### Refer a friend today

To refer a friend, call Membership on **0800 028 1810**, or visit our Members' Area at **[www.oddfellows.co.uk](http://www.oddfellows.co.uk)** or fill in the **Refer a Friend form** available from your Branch Secretary

\*Terms and conditions apply to the Refer a Friend offer. It cannot be used in conjunction with any other member offer. For full terms and conditions and for details of the rewards visit [www.oddfellows.co.uk/offers](http://www.oddfellows.co.uk/offers).

Ref 1644



# April

THURS  
28

## Commonwealth War Graves Commission



7pm



Free



Jon Pope of the Commonwealth War Graves Commission will give us a talk on the work of the Commission and how we can access their archives. If you have a relative who served and fell in a foreign country, this is a chance to find out more about their last resting place. Refreshments will be provided and we shall have our usual raffle. Goring-by-Sea Methodist Church Hall, Bury Drive, Goring-by-Sea BN12 4XB. Contact Janet on 01903 504492.



COMMONWEALTH  
WAR GRAVES



# May

TUES  
03

## Roving Lunch Club in Bognor Regis



12 noon



As per  
menu



Today we shall lunch at The Hatters in Bognor Regis. We would love to meet our members who live locally that we haven't met before. No need to book, just come along and you'll have a warm welcome. The Hatters Inn, 2-10 Queensway, Bognor Regis PO21 1QT. Contact Michael on 01903 504492.

# May

TUES  
17

## Summer Music Quiz and Entertainment



7pm



Free



Come along and join us for a Summer quiz. Nothing too difficult, just another fun evening where you can also win a prize. We also hope to have a surprise singer or two!

If there is time, we will roll the dice again for our 20p game, so please bring along six 20p pieces. You could win a fortune! There will be our usual raffle, so your donations would be appreciated. Refreshments will be available, so do come along and support us.

Please bring a friend we would love to meet them. St Andrews Parish Hall (next to Arlington Arms Public House), 360 Seaside, Eastbourne BN22 7RY. Contact Steve on 07932 308815.

# May

THURS  
26

## Sundown Ukulele Band



7pm



Free



Their last visit had to be cancelled due to Covid, but we are very pleased to welcome back the Sundown Ukulele Band, who play under the leadership of Peter Clarke. We are in for a lively evening as they are a lot of fun and they will provide song sheets for everyone to join in who would like to. There will be a raffle and free refreshments, so bring a friend along, the more the merrier! Goring-by-Sea Methodist Church Hall, Bury Drive, Goring-by-Sea BN12 4XB. Contact Janet on 01903 504492.

# June

TUES  
21

## Petanque, otherwise known as Boule



6.30pm



£4 per person



At long last our favourite summer event. Come along and join us for a friendly game. All equipment is supplied and the rules are easy. Cuckmere Valley members are there to help anyone who has not played before. If the weather is bad, we will adjourn to the Red Lion at Stone Cross, where we usually go after the game to mull over the results! There are no refreshments, so you may like to bring your own drinks along. The venue is signposted on the right hand side of the nursery entrance. Cuckmere Valley Petanque, Saxon Nurseries, Hankham Road, Hankham, East Sussex BN24 5AP. Contact Steve on 07932 308815.

# June

TUES  
07

## Roving Lunch Club in Eastbourne



12 noon



As per menu



Today we shall have lunch at Wetherspoons Cornfield Garage in Eastbourne. All Eastbourne members are welcome to join us and to bring a friend. The food is good and the welcome will be warm! Wetherspoons Cornfield Garage, 21-23 Cornfield Road, Eastbourne BN21 4QD. Contact Michael on 01903 504492.



# June

THURS  
23

## Games Night



We have all sorts of games including Ludo, Jenga, Cards, Pick up Sticks, Table Skittles and more. Have a game of those you like and see who you can beat! No prizes this time, it's just for fun! We shall break for refreshments and a raffle. If you have any unwanted gifts you would like to donate we would be very grateful. Goring-by-Sea Methodist Church Hall, Bury Drive, Goring-by-Sea BN12 4XB. Contact Janet on 01903 504492.



# July

TUES  
05

## Roving Lunch Club in Lewes



Our Roving Lunch Club will meet in Lewes today at the Fuego Lounge. Do come and join us for good food and conversation. There is a wide choice on the menu and if you would like to bring a friend, we would be very pleased to meet them. Everyone is welcome! The Fuego Lounge, Unit 1, The Old Courthouse, Friars Walk, Lewes BN7 2PG. Contact Michael on 01903 504492.



SAT  
25

## Inter District Skittles Challenge



We are very pleased to challenge our neighbouring Districts to a skittles competition and we hope to win back our challenge cup! Local members are needed to make up our team so please get in touch. Basket meals are available with several choices. Book by Saturday 18 June. The Black Horse, High Street, Findon, West Sussex BN14 0SX. Please contact Michael or Janet to find out more and to book your place and meal on 01903 504492, email [michael.porter@oddfellows.co.uk](mailto:michael.porter@oddfellows.co.uk).



MON  
18

## Chichester Canal Trip



1.30pm



£15



Glide along the Chichester Canal with us on their Kingfisher boat, followed by a cream tea. Numbers are limited, so please book early if you would like to join us. Kingfisher sails at 1.45pm, so please make sure you arrive in time.

Cost: £15 per person including the cream tea. Book by Saturday 18 June. Chichester Canal Wharf, Canal Basin, Chichester PO19 8DT. Contact Michael on 01903 504492.



TUES  
19

## Every Building Tells a Story



7pm



£1 per person



Once again we welcome back Alan Wenham, who will give an illustrated talk taking a close look at five Eastbourne buildings - The Redoubt, The Grand Hotel, Leo Bingo Hall, Debenhams and The Citadel - the scene of the Eastbourne riots! There will be our usual raffle, so your donations would be greatly appreciated. Refreshments will be available and everyone is welcome, so bring a friend. St Andrews Parish Hall (next to Arlington Arms Public House), 360 Seaside, Eastbourne BN22 7RY. Contact Steve on 07932 308815.

THURS  
28

## Fish and Chip Night



7pm



As per menu



Tonight we shall have fish and chips from our local shop. Soft drinks will be provided with the meal or you can bring your own if you wish. A dessert will also be served. We will end the evening with a game! Book by Monday 25 July. Goring-by-Sea Methodist Church Hall, Bury Drive, Goring-by-Sea BN12 4XB. Contact Janet on 01903 504492.



# August

## TUES 02 Roving Lunch Club in Chichester



12 noon



As per menu



Today's Roving Lunch Club venue will be the Dolphin & Anchor, a historic pub in the heart of Chichester. We look forward to meeting you and sharing good food and conversation. No need to book, just come along and friends are welcome to join us as well. This is a chance to meet members who live some distance from our social groups, we would love to put a face to the names we know! The Dolphin & Anchor, East Street, Chichester PO19 1QD. Contact Michael on 01903 504492.

## TUES 16 Dining Out



7pm



As per menu



It's been a very long time since we've been able to dine out as a group. Tonight we are going to change all that and enjoy an evening meal at either the Toby or Holly Blue. We will decide the venue at our July meeting. Venue to be decided to be decided by members. Local venue, Eastbourne, East Sussex BN22 7RY. Contact Steve on 07932 308815.



## SAT 20 Walk Along The Prom



2.30pm



As per menu



If weather permits we shall have a walk along Worthing promenade. We shall meet at the entrance to Marine Gardens at 2.30pm and stroll along to the pier and back for tea and cakes at Marine Gardens Restaurant. If the weather is bad we shall still meet up for a chat and treats at the restaurant! Marine Gardens Restaurant, Marine Gardens, West Parade, Worthing BN11 5EF. Contact Michael on 01903 504492.

## THURS 25 Sussex by the Sea



7pm



Free



How much do you know about our county, both East and West Sussex? We shall have a quiz to see what we remember and we can chat about the places and memories we have as well. Did you swim in the sea and play on the beach when you were young, where was your favourite place? Come along and let us know. We shall have our usual refreshments and a raffle. Goring-by-Sea Methodist Church Hall, Bury Drive, Goring-by-Sea BN12 4XB. Contact Janet on 01903 504492.



# Future dates for your diary - September

ODDFELLOWS  
FRIENDSHIP MONTH

1 - 30 SEPTEMBER



## TUES 06 Roving Lunch Club in Burgess Hill



12 noon



As per menu



Our Roving Lunch Club moves on to Burgess Hill today. We shall meet in the Six Gold Martlets, a Wetherspoons pub with a range of food choices at good prices. Do come and join us, members and friends are welcome. No need to book, just come along! The Six Gold Martlets, 49-51 Church Walk, Burgess Hill RH15 9BQ. Contact Michael on 01903 504492.



## Learn, have fun, and stay in touch from home

We've online events for all to enjoy.  
Give one a try.

To see what's coming up visit [oddfellows.co.uk/events](http://oddfellows.co.uk/events) and enter 'Kelso' in the place name search box

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## TUES 20 Holidays and Hobbies



7pm



Free



Tonight we are going to talk about holidays and hobbies. We would like you to share your memories and holiday experiences, places you've visited or even where you might like to visit. We are sure there is a tale or two to share. If you have any hobbies, we would like to hear about them and if you have anything you can share, please bring it along. We would love to see what talented folk you are! We may also have time for Vic's card game. Donations would be appreciated for our raffle. Everyone is welcome, so please come along and join us and bring a friend. Refreshments will be available. St Andrews Parish Hall (next to Arlington Arms Public House), 360 Seaside, Eastbourne BN22 7RY. Contact Steve on 07932 308815.

## THURS 22 Musical Memories



7pm



Free



Tonight we welcome husband and wife Lesley and Derek, who will entertain us with music, songs and monologues. They are great fun and we are sure you will enjoy their friendly entertainment. Refreshments will be available and we shall have our usual raffle. Goring-by-Sea Methodist Church Hall, Bury Drive, Goring-by-Sea BN12 4XB. Contact Janet on 01903 504492.



## Thoughts from Wendy, a member from Worthing

**I had been excited to be back on the bus going out to the Marina when our Oddfellows lunch club re-convened after 18 months of lockdown. The group was not our usual full house of a dozen or more but over the meal re-establishing familiarity we managed to sort out, as we chatted, what do second clarinetists do, why snails climb up plastic doors, face masks for singers, the rights and wrongs of grouse-shooting and the ID and vaccine passes required for football fans. How have I managed without such problem-solving discussions these last 18 months?**

Having forgotten my phone with the app I had to queue, but it was a small definite queue, not a bar scrum. But table service was no more. The return of table service as Covid eased and indoor hospitality reopened made the occasion seem so much more gracious if the waiter took the order rather than battling at the bar, queueing at the counter, or tapping the app. Yet it seemed unbalanced - maybe I was out of practice - having a waiter to stand by my side masked, while I sat freely. And although I was doing the talking and he/she the listening, it seemed advisable to use sign language and point to the item wanted on the menu, rather than rely on speech alone. And, as I read all the superlatives in the hyped-up description of what wondrous feast was offered, I wondered or hoped, have they paid the chef as much as they paid the copywriter?

With everyone in the group speaking to the waiter you heard other's choices, which

might bring about a change of plan as they mentioned something you had not spotted. Or, when the dishes appeared it was interesting to see what other people have chosen, and you can think, 'glad I didn't choose that', or something you had dismissed appears, looking delicious and enticing. It's all part of being a group, being the same but doing different.

And what we are glad to hear again is the sound of people laughing and talking cheerfully. We did not have that for months. The world was full of music and talk right enough, but canned. We spoke to friends, but on the phone. What we have been deprived of is live sound. We may also have seen friends on Zoom, but you don't get from a screen that third dimension, the space and depth that physical presence gives. It is not just seeing and hearing and talking but actual being with is the delight

That is the level of sociability which we missed during Lockdown, but which has now returned and we can enjoy once again. It is the level at which local societies and operate but work is involved and in the Oddfellows case is carried out by our Social Organisers. They have to find their way between getting functions for us the members up and running on the one hand and, on the other, and considering the arrangements which government 'expects and recommends' venues to provide or require as covid lingers on.

For some the physical contact and warmth of meeting was missed, but I am not a great

one for hugging. It was not part of my family's way of doing things. I am happy just to sit indoors in a café around a table and talk to people for real and feel the

warm vitality. The establishment can do its best to give us a good setting and a good start but it's us being sociable that brings it to life, so thank you dear Social Organiser.

## Give someone a great start in life for only £10!



### It's never too early to start making friends for life.

We laugh as we learn together and give each other a helping hand through the ups and downs of growing up. That's what being a Young Oddfellow is all about.

If you have a family member aged 17 or under, and would like them to experience the friendship and support of the Oddfellows, we'd love to welcome them.

There are lots of great reasons\* to join Young Oddfellows – to find out more, visit [www.oddfellows.co.uk/young-oddfellows](http://www.oddfellows.co.uk/young-oddfellows)

As a parent, grandparent or guardian, you can join them online or ask your Branch Secretary for an application form.



**Young  
Oddfellows** SINCE 1810  
*making friends, helping people*

**\*Terms and conditions apply to membership and financial benefits.**

**Call 0800 028 1810 for details or visit [www.oddfellows.co.uk/terms-conditions](http://www.oddfellows.co.uk/terms-conditions)**

**YOA5AD/0122**

# Oddfellows Members: Do you need help?



**None of us know what is around the corner...**

## Local Care and Welfare Support

To request contact from a Welfare Visitor and for local help and information about Branch benefits and benevolence contact Michael on **01903 504492** or email **michael.porter@oddfellows.co.uk**

## Oddfellows Citizens Advice Line

**Call 0800 0149 821\***

(free to callers from any landline or mobile number)

Monday - Friday, 9.30am - 4.30pm

**Email:** [oddfellows@manchestercab.org](mailto:oddfellows@manchestercab.org)



Run by Citizens Advice for Oddfellows members, you can access free, confidential, independent advice on welfare benefits, money and debt issues, consumer problems, housing, fuel bills, employment issues and many other issues.

\*The Oddfellows cannot provide legal advice and accepts no liability whatsoever for advice provided by Citizens Advice, which is an independent advice agency. If you have any queries about the advice you have received or wish to make a complaint then you should contact Citizens Advice directly. Citizens Advice operate a formal complaints process.

## Care and Welfare Helpline

**Call 0800 0149 822**

(free to callers from any landline or mobile number)

Monday to Thursday, 9.30am - 4.30pm, Friday, 9.30am - 4pm

**Email:** [care@oddfellows.co.uk](mailto:care@oddfellows.co.uk)

Run by the Oddfellows Care and Welfare Department, you can access information and guidance on issues such as accessing health and care services, supported housing, support for carers, and planning for later life. The helpline will try and identify any Oddfellows benefits or services in the community which may be of help to you.

**Visit our website page at [www.oddfellows.co.uk/benefits/care](http://www.oddfellows.co.uk/benefits/care)  
for care and welfare information**

## A message from Jane Nelson, the Oddfellows CEO

### Dear friends

**For me, two things really stood out in 2021 – how resilient everyone has been, and how well we've adapted to so much change.**

It's been a tough 12 months on top of a previous tough nine months, and who knows how many more? However, as Oddfellows, you've looked out for one another, stayed open to doing things differently, and it's getting us through. Your actions have made an amazing difference to so many of our members' lives.

### Gratitude

I want to thank you all for everything you have done. When speaking with our members and volunteers, and working alongside our Branches and staff in Manchester and Liverpool, I have felt immense pride – about our Society, everyone involved, and in Oddfellowship. By working together, we've shown that Oddfellows do what we say we do, no matter what challenges are thrown at us.

**“Being there for our members continues to be our priority.”**



At the start of 2021, we had hoped that by the end of the year things would feel a little brighter. We've made huge strides in our understanding of Covid, but the landscape is still very unpredictable. And when faced with uncertainty over a sustained period, it can make us feel overwhelmed and anxious.

One thing I've been doing to try and manage these feelings is to focus on what I can control, and acknowledging what I cannot. It's not always easy, but it really has helped. Sitting with your thoughts or worries and working out what you can influence is time well spent. You can then identify the bits you can take action to change, which puts you in a more positive frame of mind. Covid is here to stay and the challenge for us all now is learning to live alongside it.

If you've needed support from us, I hope we've been able to help you where we can. Being there for our members continues to be our priority.

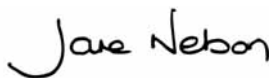
Online events are here to stay for as long as there is a need to keep people in touch with others from the comfort of their home. And our local and national care and welfare teams, and advice lines, will always be there for anyone who needs help to work through a problem or worry.

We sadly lost many people we cared about in 2021. To those that passed, we will always remember you. Our condolences go out to family and friends, and rest assured they'll always be in our thoughts and forever in our hearts.

We are having to cope with higher levels of uncertainty and worry at the moment, so we must make sure we rest well, smile as often as we can and be kind to ourselves and others. These are all totally within our control.

On behalf of the Society and my family, I would like to wish you and your loved ones a happy and healthy 2022.

Stay safe and well. Yours always in friendship



**Jane Nelson**  
CEO, the Oddfellows

## Lupus research team skills up for the future

**In November we visited Guy's Hospital to see members of the Lupus Trust research team who have been the recipients of the Society's HA Andrews Memorial Fund since 2019. Lockdown had the unintended consequence of sending the research in a new direction.**

The restrictions meant they had to abandon the laboratory to work from home but this gave them time to focus on learning how to analyse big data, a skill that will benefit the research well into the future.

Pictured is the Oddfellows' CEO Jane Nelson and Grand Master David Ogden handing over a cheque of £29,000



to Professor Jo Spencer and PHD student Bekki Velounias.

The donation marks the final instalment of a major three-year funding partnership, which totalled £85,000.

# Oddfellows Travel – travel with confidence and in great company in 2022

We can't wait to get members and guests together for an exciting range of holidays in 2022. There's such a selection, something is sure to float your boat. Here's what's on offer...

## London Theatre Weekend

17–19 June 2022

(2 nights. Bed and breakfast)

£245 per person



*For further information and to book contact Oddfellows Travel's Mike Hall on 0161 832 9361 or email [mike.hall@oddfellows.co.uk](mailto:mike.hall@oddfellows.co.uk)*

We kick off the season with a trip to London to enjoy restaurants, shopping and musical theatre. We couldn't get closer to the buzzing West End than the 3\* St Giles Hotel, located just yards from Oxford Street and Leicester Square. Join us for welcome drinks on Friday with our host, member Debra Haley. On Saturday, we head to the Victoria Apollo Theatre to see highly acclaimed musical, **Wicked**. On Sunday, we will make the most of the location with a shopping trip, ending our weekend with lunch before the journey home.

## An unforgettable cruise exploring Norway and the Arctic Circle

22 June–7 July 2022

(15 nights. Full board)

From £2,899 per person

All aboard the Fred. Olsen cruise ship Balmoral on this exploration of Norway's northernmost reaches – an unforgettable journey of a lifetime. Setting off from Newcastle, join Oddfellows host Wendy Atkins as we journey to the Arctic Circle to the famous island of Spitsbergen, just 700 nautical miles from the North Pole. We will experience the remote beauty and eerie silence of distant towns situated in the stunning Arctic landscape. Our magical journey continues to the Norwegian mainland, to the 'top of Europe', the North Cape plateau and Tromsø, taking in stunning sights of lakes, mountains and glaciers on a journey that's unforgettable.



*For more information, contact host Wendy Atkins at [wendy.atkins@oddfellows.co.uk](mailto:wendy.atkins@oddfellows.co.uk) or call 01437 251 867*

## Oddfellows Summer Holiday 4–8 July 2022

(4 nights. Half board)

Warner Leisure Hotel's Nidd Hall, Harrogate. From £351 per person for a Standard room or £381 per person for a Signature room

**Treat yourself to a break in a Grade II listed Georgian mansion in the Yorkshire countryside on our annual hosted summer getaway. Oddfellows Travel summer holidays are legendary and this year promises to be no exception. Set in 45 acres of award-winning gardens in the North Yorkshire countryside, we will be staying at Nidd Hall Hotel – where rumour has it Edward VIII met Wallis Simpson at a party.**

*For further information and to book contact Oddfellows Travel's Mike Hall on 0161 832 9361 or email [mike.hall@oddfellows.co.uk](mailto:mike.hall@oddfellows.co.uk)*

## Unwind with friends

The group holiday, which will be hosted by David Ogden, our Grand Master, is open to any members and their guests from across the UK. Together we'll be enjoying drinks, mouth-watering meals and superb live evening entertainment. You'll be free to choose how to spend your day – exploring the stunning location, sharing a game of bowls in the glorious gardens or relaxing in the swimming pool and spa. There's a host of activities to entertain you. Join us – bring a friend – and enjoy this beautiful 18th century mansion near Harrogate.



*The spectacular grounds at Nidd Hall, Harrogate*

# At a glance

## March 2022

<b>Thurs 10</b>	Marina Monthly Lunch Club	12 noon
<b>Tues 15</b>	Ten Pin Bowling	2pm
<b>Thurs 24</b>	Horse Racing Night	7pm
<b>Sat 26</b>	Annual General Meeting	2.30pm

## April

<b>Tues 5</b>	Roving Lunch Club in Shoreham	12 noon
<b>Thurs 14</b>	Marina Monthly Lunch Club	12 noon
<b>Tues 19</b>	Buffet Time	12.45pm
<b>Tues 26</b>	Dinner at the Arundel Restaurant	6.30pm
<b>Thurs 28</b>	Commonwealth War Graves Commission	7pm

## May

<b>Tues 3</b>	Roving Lunch Club in Bognor Regis	12 noon
<b>Thurs 12</b>	Marina Monthly Lunch Club	12 noon
<b>Tues 17</b>	Summer Music Quiz and Entertainment	7pm
<b>Thurs 26</b>	Sundown Ukulele Band	7pm

## June

<b>Tues 7</b>	Roving Lunch Club in Eastbourne	12 noon
<b>Thurs 9</b>	Marina Monthly Lunch Club	12 noon
<b>Tues 21</b>	Petanque, otherwise known as Boule	6.30pm
<b>Thurs 23</b>	Games Night	7pm
<b>Sat 25</b>	Inter District Skittles Challenge	2pm

## July

<b>Tues 5</b>	Roving Lunch Club in Lewes	12 noon
<b>Thurs 14</b>	Marina Monthly Lunch Club	12 noon
<b>Mon 18</b>	Chichester Canal Trip	1.30pm
<b>Tues 19</b>	Every Building Tells a Story	7pm
<b>Thurs 28</b>	Fish and Chips Night	7pm

# At a glance

## August

<b>Tues 2</b>	Roving Lunch Club in Chichester	12 noon
<b>Thurs 11</b>	Marina Monthly Lunch Club	12 noon
<b>Tues 16</b>	Dining Out	7pm
<b>Sat 20</b>	Walk Along The Prom	2.30pm
<b>Thurs 25</b>	Sussex by the Sea	7pm

## Future Events for your diary - September (Friendship Month)

<b>Tues 6</b>	Roving Lunch Club in Burgess Hill	12 noon
<b>Thurs 8</b>	Marina Monthly Lunch Club	12 noon
<b>Tues 20</b>	Holidays and Hobbies	7pm
<b>Thurs 22</b>	Musical Memories	7pm

# New to the Oddfellows?

## Join us at one of our new member welcome events

Weds 16 March, 7pm	Thurs 17 March, 1.30pm
Tues 12 July, 7pm	Weds 13 July, 1.30pm
Tues 18 October, 7pm	Weds 19 October, 1.30pm

For further information visit: [www.oddfellows.co.uk/welcome](http://www.oddfellows.co.uk/welcome)

The Oddfellows is the trading name of The Independent Order of Odd Fellows Manchester Unity Friendly Society Limited, incorporated and registered in England and Wales No. 223F.  
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