

March - August 2025
Issue 14



O^{the} **DD**fellows SINCE 1810
making friends, helping people

out & *about*

Brighton and Sussex



Games



Music



Day Trip/
Travel



Wellbeing



Quizzes



Talks



Coffee
Morning



Dining
Out



Walks



Sports



Films



Meetings



The Sundown Ukulele Band - Tuesday 25 March

Welcome to the latest edition of your Out and About Magazine for Brighton & Sussex Branch

As a local Branch of a national membership organisation called the Oddfellows, we offer you a great opportunity to make new friends and enjoy a variety of activities.

We also provide our members with a range of advice and support services when you need them. We are basically a group of friends brought together through shared interest in socialising, making friends and helping people.

This issue features details of all our upcoming events from dining out to trips out plus lots of other activities.

Contact Details

Temporary Secretary:

Janet Porter

Address: 7 Highdown Way, Ferring
Worthing, West Sussex BN12 6QQ

Telephone: 01903 504492

Email:

janet.porter@oddfellows.co.uk

Everyone is welcome at Oddfellows events. Even if you are not a member, we want to extend an invitation to you and your friends to attend any of our events that take your fancy and we like to think that we can guarantee you a good time.

Join the conversation @OddfellowsUK

Share your news, start a conversation or simply stay up-to-date! If you're on Facebook or Twitter, make sure you've liked and followed our Oddfellows social media pages. Find us at

f OddfellowsBrightonSussex

Message from our Secretary

Hello Members!

This will be my last message to you all as District Secretary for the Brighton and Sussex Branch of Oddfellows as I feel it's now time for me to step down and pursue other activities and challenges. I have thoroughly enjoyed my time and one of the best events was in my first year when I discovered that the branch would be 200 years old in October 2022. Time to celebrate I thought so we held a lunch at The Amsterdam in Shoreham and over 60 members came along.

I hope you enjoy reading this edition which is packed full of fun and various things to do between now and August. I'm sure you've noticed the photo on the front cover - we're having a Michelangelo afternoon organised by Helen in May – see full details in this magazine.

At the time of writing Janet Porter will be standing in as Secretary until a new 'Me' has been found so please note the new contact details on page 2. This is also where you'll be sending your benefit claims

for dental and optical treatment etc. If any of you are interested in finding out about my job and think you have what it takes then please contact Michael Porter on 01903 504492.



As I said in my last message in Issue 13 of the Out & About I'm going to enjoy my retirement! I will still be a member of The Oddfellows so will now have time to attend some of the social events and might even arrange a few over in the West of our area. I also intend to take part in some of the amazing Online Events that are arranged by Unity, our Head Office which I've rarely had time to do.

Thank you to all of you – currently numbering a terrific 440 at the end of December – it's been a blast!!

Best wishes,

Lynne

REFER A FRIEND

Share the love and make someone smile

To refer someone you know and make their day, either fill in the Refer a Friend form available from your Branch Secretary, or call Membership on 0800 028 1810, or visit our Members' Area at www.oddfellows.co.uk



*Terms and conditions apply to the Refer a Friend offer. It cannot be used in conjunction with any other member offer. For full terms and conditions and for details of the rewards visit www.oddfellows.co.uk/offers.

Ref 1644

Worthing Social Branch Events

Our Worthing Branch meets from 7pm to 9pm every fourth Tuesday of the month at The Quaker Meeting House, Rear of 34 Mill Road, Worthing, West Sussex BN11 5DR. Worthing events are shown in the green box.

Social Contact

Janet Porter

Telephone: 01903 504492



Eastbourne Social Branch Events

Our Eastbourne Branch social group usually meets from 7pm to 9pm every third Tuesday of the month at St Andrews Church Hall (next to Arlington Arms), 360 Seaside, Eastbourne, East Sussex BN22 7RY. Eastbourne events are shown in the orange box.

Social Contact

Janet Porter

Telephone: 01903 504492



March 2025

WED
12

Afternoon Tea in Littlehampton



2pm



As per menu



We have a lovely venue for our Littlehampton afternoon tea get-togethers. There is a car park adjacent to The Wave swimming pool and off-street parking nearby. The café was refurbished last year and is warm and comfortable. They have a large menu of snacks, cakes and drinks. Mewsbrook Park Café, Hendon Avenue, Rustington BN16 2LX. Contact Janet on 01903 504492 if you have any questions.

THURS
13

Regular Monthly Lunch Brighton Marina



12 noon



As per menu



The West Quay is where you'll find our regular monthly lunch! The food is good and won't break the bank and there is always lively conversation with friends. We meet upstairs where it is quieter and there is a warm welcome for all. The West Quay, The Boardwalk, Brighton Marina, Brighton BN2 5WA. If this is your first visit and you would like us to look out for you, please contact Janet on 01903 504492.



TUES
18

Worthing Walkers



10.30am



Free



Our Worthing Walkers group led by Denise meets at 10.30am on the third Tuesday of each month for varied strolls somewhere within easy reach of Worthing. We meet whatever the weather and always end with refreshments. Everyone is welcome including well-behaved dogs. Various venues, to be confirmed. For more information please contact Janet on 01903 504492.



Booking and Cancellations

Please remember the importance of early booking for all events to avoid disappointment or cancellation due to lack of support. Please note that a place is not guaranteed at any event until full payment has been received.

March 2025

TUES 18 Allchorn Maritime Ltd - A Talk by Lloyd Stebbings

 7pm

 £1



Lloyd Stebbings, Historian/Technical and GRP specialist 40+ years in the maritime industry. He will be talking tonight on the restoration of the last two remaining pleasure boats, 'The Southern Queen' and 'William Allchorn', which were built between 1947 and 1950. These two remaining boats can be seen on the Eastbourne Beach between near Fisherman's Green. Lloyd will be talking about the restoration and preservation through education. There will be a charge of £1 per person this evening. There will be our usual raffle and your donations would be appreciated. Refreshments will be available. St Andrews Parish Hall (next to Arlington Arms Public House), 360 Seaside, Eastbourne BN22 7RY. Contact Janet on 01903 504492.

SAT 22 Annual General Meeting

 2pm

 Free



The Calling Notice for our Annual General Meeting (AGM) including the accounts



are normally sent to you all with this edition of the Out and About. Due to unforeseen circumstances at Unity this may not be possible this year but will be mailed to you in time for the AGM. The Baker Room, Southwick Community Centre, 24 Southwick Street, Southwick, West Sussex BN42 4TE. Contact Janet on 01903 504492.

TUES 25 The Sundown Ukulele Band

 7pm

 Free



Tonight we welcome back The Sundown Ukulele Band. They are a group of Uke players who play under the leadership of Peter Clark. We are in for a lively evening as they are a lot of fun. They will provide song sheets for everyone to join in who would like to. The band have kindly donated their fee to Alzheimer's Research, so please come along and support them. We shall have our usual refreshments and a raffle and donations are welcome. Quaker Meeting House, rear of 34 Mill Road, Worthing, West Sussex BN11 5DR. Contact Janet on 01903 504492.

April

MON
07

Royal Ballet and Opera



11.30am



See below



Come and join Helen for an RBO (Royal Ballet and Opera) Encore performance of Puccini's Turandot at the Duke of York's Cinema at 11.30am in Al Campo Lounge, London Road BN1 4JF for coffee or an early lunch and then we walk to the cinema (two minutes) for 12.50pm to buy tickets.

This is a Screen Arts performance so tickets are £17.50 or £15 if over 60 (if you are a Picture House member, then tickets are £2-£3 cheaper). It's three hours and 15 minutes long with an interval (it's very unlikely that tickets will need to be booked for this event, but it will be useful to know if any members are interested). Duke of York's Cinema, Preston Road, Brighton, East Sussex BN1 4JF. Contact Janet on 01903 504492 for more information.



WED
09

Afternoon Tea in Littlehampton



2pm



As per menu



Come and join us at Mewsbrook Park Café for an afternoon tea. For more information see page 5.



THURS
10

Regular Monthly Lunch Brighton Marina



12 noon



As per menu



Come and join us at The West Quay for our usual lunch. For more information see page 5.

TUES
15

Worthing Walkers



10.30am



Free



Our Worthing Walkers group led by Denise for varied strolls in and around Worthing. For more information see page 5.

April

TUES 15 London and County Wetherspoons, Terminus Road, Eastbourne



12 noon



As per
menu



Today we will meet at Wetherspoons in Terminus Road at 12 noon. It is a very popular place to 'wine and dine'. The cost is as per the menu which has a good choice of food. Something to suit everyone! Please bring a friend, we would love to meet them. Wetherspoons, 46 Terminus Road, Eastbourne BN21 3LX. Contact Janet on 01903 504492.

May

THURS 08 Regular Monthly Lunch Brighton Marina



12 noon



As per
menu



Come and join us at The West Quay for our usual lunch. For more information see page 5.



TUES 22 Folk Songs of the South Downs and Weald with Chris Hare



7pm



Members £1, Guests £3



There was a time when everyone would have been singing - at work, at home, and in the pub. There were songs for harvest, sheep-shearing and the holy days of the year. Singing brought people together and cemented their collective identity. These songs - some of them very ancient - began to decline as England became more industrial and more urban. The process of decline was massively accelerated by the First World War, so that by the 1920s and 30s only the old people were still singing these folk songs of their ancestors. In this talk, Chris will talk about some of these songs of the South

Downs and Weald and even sing some of them! We shall have our usual refreshments and a raffle. For this evening only there will be a charge. Quaker Meeting House, rear of 34 Mill Road, Worthing, West Sussex BN11 5DR. Contact Janet on 01903 504492.



FRI
09

Croquet Afternoon

2pm

£ £2 per person



Come along to our first croquet afternoon organised by member Wendy. We will meet at 2pm at The Littlehampton Croquet Club (LCQC), who have offered us the use of their facilities. Please ensure you wear flat shoes so the lawns are not damaged!

Most people wear trousers/jeans, but loose skirts are okay so long as a mallet can be swung back between the legs. The game is equal for men and women with no advantage to either. Refreshments after the games and there is plenty of parking on the grass by the side of Lawn 1 (there are five lawns). £2 per person for the croquet club. Book by Friday 2 May. Littlehampton Croquet Club, The Littlehampton Sports Field, St Floras Road, Littlehampton BN17 6BF. Contact Janet on 01903 504492.



MON
12

Hummingbird Restaurant, Shoreham Airport

10am

£ As per menu



We shall be having brunch at Shoreham Airport's Hummingbird Restaurant. They have reserved tables together for 15 people, so please book up before Thursday 1 May. First come, first served! We can watch the planes fly in and enjoy the views across the airport as we enjoy our brunch. Prices as per the menu. Hummingbird Restaurant, Brighton City Airport, Main terminal Building, Cecil Pashley Way, Shoreham-by-Sea BN43 5FF. Contact Janet on 01903 504492.

WED
14

Afternoon Tea in Littlehampton

2pm

£ As per menu



Come and join us at Mewsbrook Park Café for an afternoon tea. For more information see page 5.

TUES
20

Worthing Walkers

10.30am

£ Free



Our Worthing Walkers group led by Denise for varied strolls in and around Worthing. For more information see page 5.

May

TUES
20

Show and Tell Evening plus a Quiz



7pm



Free



Everyone to bring along an item or two or an interesting fact to share with everyone. If there is time we will include a short quiz. There will be our usual raffle and your donations would be appreciated. Refreshments will be available. St Andrews Parish Hall (next to Arlington Arms Public House), 360 Seaside, Eastbourne BN22 7RY. Contact Janet on 01903 504492.



TUES
27

Reflexology



7pm



Free



Reflexology is a technique that applies gentle pressure to your feet or hands. It aims to bring about a state of relaxation, to help relieve stress and anxiety, to improve sleep and help the body's own healing process. We are very pleased to welcome along Mia Gordon of Carnelian Heart and Soul, who will tell us more about it with an interactive session to illustrate the process. We shall have our usual refreshments and a raffle. Quaker Meeting House, rear of 34 Mill Road, Worthing, West Sussex BN11 5DR. Contact Janet on 01903 504492.

TUES
27

Michelangelo - Love and Death



11.45am



Check 7 April for cost



Come and join Helen for a exhibition on Screen showing of Michelangelo: Love and Death. 'Spanning his 89 years, Michelangelo - Love and Death, takes a cinematic journey from the print and drawing rooms of Europe, through the great chapels and museums of Florence, Rome and the Vatican to explore the tempestuous life of Michelangelo'. It's at Duke's at Komedia at midday and lasts 90 minutes. Meet outside the cinema at 11.15am. Tickets might need to be booked depending on numbers, so please contact if interested. Prices are the same as for Turandot on 7 April. Duke's at Komedia, Gardner Street, Brighton, East Sussex BN1 1UN. Contact Janet on 01903 504492.



June

WED
11

Afternoon Tea in Littlehampton

🕒 2pm

£ As per menu



Come and join us at Mewsbrook Park Café for an afternoon tea. For more information see page 5.

THURS
12

Regular Monthly Lunch Brighton Marina

🕒 12 noon

£ As per menu



Come and join us at The West Quay for our usual lunch. For more information see page 5.

TUES
17

Worthing Walkers

🕒 10.30am

£ Free



Our Worthing Walkers group led by Denise for varied strolls in and around Worthing. For more information see page 5.

TUES
24

Getting To Know You

🕒 7pm

£ Free



We shall have a bring and share evening. All members are invited to bring along a snack to share and to speak for five minutes about their lives before we knew them or on a subject that is important to them. As it is almost mid-summer and our hall has a wonderful garden, we may be able to be outside if the weather is good and to enjoy a warm summer's evening. We shall have our usual refreshments and a raffle. Quaker Meeting House, rear of 34 Mill Road, Worthing, West Sussex BN11 5DR. Contact Janet on 01903 504492.

TUES
17

Afternoon Tea - Victoria Tea Rooms, Eastbourne Pier

🕒 2pm

£ As per menu



This event was so popular in 2024 that we have been requested to book it again. Afternoon tea at Eastbourne Pier Tea Rooms! If



you prefer, just come along for a 'cuppa' and a cake or scone with clotted cream and jam. The choice is yours. Do come along and join us. Bring a friend, we would love to meet them. We will meet at 2pm. Early booking is essential. Please let us know well in advance if you will be joining us. Book by Tuesday 3 June. Eastbourne Pier Tea Rooms, Grand Parade, Eastbourne BN21 3EL. Contact Janet on 01903 504492.



June

MON
30

Salvington Mill



2pm



£3



We had a very interesting talk about the restoration of Salvington Mill a while ago. Now we can have a guided tour and see for ourselves what has been done. After the tour we shall have refreshments provided by the Mill. Please let us know if you will be coming by Monday 23 June so that the people at the mill know how many to cater for. There is a charge of £3 per person for refreshments. Salvington Mill, Furze Road, High Salvington, Worthing BN13 3BP. Contact Janet on 01903 504492.



July

WED
09

Afternoon Tea in Littlehampton



2pm



As per menu



Come and join us at Mewsbrook Park Café for an afternoon tea. For more information see page 5.

July

THURS
10

Regular Monthly Lunch Brighton Marina



12 noon



As per menu



Come and join us at The West Quay for our usual lunch. For more information see page 5.

TUES
15

Worthing Walkers



10.30am



Free



Our Worthing Walkers group led by Denise for varied strolls in and around Worthing. For more information see page 5.

TUES
15

Fish and Chips Supper



7pm



TBC



Everyone's favourite night, a fish 'n' chips evening and a game



or two. Come along and join us for an evening of fish and chips plus some fun table top games. There will be our usual raffle and your donations would be appreciated. Refreshments will be available. St Andrews Parish Hall (next to Arlington Arms Public House), 360 Seaside, Eastbourne BN22 7RY. Contact Janet on 01903 504492.

July

TUES
22

Worthing Twinning Association



7pm



Free



We will have a speaker from Worthing Twinning Association. It is an association for anyone who lives in Worthing and surrounding areas who would enjoy sharing culture, language, cuisine and local scenery with our twinned French and German towns, in the Vendee and Black Forest. Would you like to get to know our European neighbours, learn more about them and practice your French or German? This could be your opportunity! We will have our usual refreshments and a raffle. Quaker Meeting House, rear of 34 Mill Road, Worthing, West Sussex BN11 5DR. Contact Janet on 01903 504492.



August

WED
13

Afternoon Tea in Littlehampton



2pm



As per menu



Come and join us at Mewsbrook Park Café for an afternoon tea. For more information see page 5.

THURS
14

Regular Monthly Lunch Brighton Marina



12 noon



As per menu



Come and join us at The West Quay for our usual lunch. For more information see page 5.

TUES
19

Worthing Walkers



10.30am



Free



Our Worthing Walkers group led by Denise for varied strolls in and around Worthing. For more information see page 5.



August

TUES
19

Afternoon Tea and Mini Golf



2pm



£7.80 (over 60's concession)



We will meet at The Princes Park golf course café (opposite Fort Fun and car park) at 2pm. For those who wish to have a round of golf, just for fun, the cost would be approximately £7.80 (over 60's concession). If you would like to just sit and watch/chat, the café is highly recommended for tea, coffee, cakes and snacks. There are indoor and outdoor seating areas with good views over the course. The bus stop is on Royal Parade very close to the golf coffee shop and opposite car park. Just turn up, there is no need to book. We would love to see you all. Please bring a friend. It would be great to meet them. Princes Park, Royal Parade, Eastbourne BN22 7LQ. Contact Janet on 01903 504492.



TUES
26

Games Evening



7pm



Free



We have a lot of table games and members can choose what they would like to play, be it Jenga, one of our many games, or perhaps even table skittles! No rivalry, no prizes, just fun! We will have our usual refreshments and a raffle. Quaker Meeting House, rear of 34 Mill Road, Worthing, West Sussex BN11 5DR. Contact Janet on 01903 504492.

Data Protection

Please note that we can only contact members by the methods they have agreed – eg email, letter, phone etc. It has come to our notice that several members are not receiving our regular emails but would like to. If this applies to you, please contact Janet Porter – contact details on page 2 and advise her so she can update your records.

Make the most of your membership



Your membership provides you with a great range of benefits...

Standard £25 a year membership* gives you access to...

- Local social events
- Care & Welfare Helpline
- Oddfellows Travel
- Oddfellows news by email
- Branch Care & Welfare Support
- Oddfellows Citizens Advice Line
- Money saving partner offers
- Benevolence Grants
- Emergency Financial Aid (Household)
- Convalescence & Carer Support (after 2 years' membership)
- Accidental Death Benefit
- Legal Aid Scheme
- Educational & Apprenticeship Awards
- 24/7 access to our historical online archive

£35 a year membership* provides you with additional benefits of...

- Optical benefit of up to £30 every second year of membership (after 1 year's membership)
- Dental benefit of up to £30 every membership year (after 1 year's membership)

For more information visit: www.oddfellows.co.uk/benefits.

*Terms and conditions apply to all member benefits and services.

For full details, visit www.oddfellows.co.uk/terms-conditions, or call us on 0800 028 1810.

Photos of Events



Bognor Prom walk.



Our 200th anniversary cake.



Meal at the Marina.



Christmas meeting at Worthing.



Members at the Brighton Palace Pier.



Some of our members having a go at mini golf.



Members enjoying the Christmas lunch.

Oddfellows Members: Do you need help?



None of us know what is around the corner...

Local Care and Welfare Support

To request contact from a Welfare Visitor and for local help and information about Branch benefits and benevolence contact Michael on **01903 504492** or email **michael.porter@oddfellows.co.uk**

Oddfellows Citizens Advice Line

Call 0800 0149 821*

(free to callers from any landline or mobile number)

Monday - Friday, 9.30am - 4.30pm

Email: oddfellows@citizensadvicemanchester.org.uk



Run by Citizens Advice for Oddfellows members, you can access free, confidential, independent advice on welfare benefits, money and debt issues, consumer problems, housing, fuel bills, employment issues and many other issues.

*The Oddfellows cannot provide legal advice and accepts no liability whatsoever for advice provided by Citizens Advice, which is an independent advice agency. If you have any queries about the advice you have received or wish to make a complaint then you should contact Citizens Advice directly. Citizens Advice operate a formal complaints process.

Care and Welfare Helpline

Call 0800 0149 822

(free to callers from any landline or mobile number)

Monday to Thursday, 9.30am - 4.30pm, Friday, 9.30am - 4pm

Email: care@oddfellows.co.uk

Run by the Oddfellows Care and Welfare Department, you can access information and guidance on issues such as accessing health and care services, supported housing, support for carers, and planning for later life. The helpline will try and identify any Oddfellows benefits or services in the community which may be of help to you.

**Visit our website page at www.oddfellows.co.uk/benefits/care
for care and welfare information**

Harnessing the warmth of friendship

I hope this message finds you well. Where has 2024 gone?

As we move into a new year, it's a perfect time to reflect on 2024 and prepare ourselves for fresh opportunities and challenges.

The best changes bring happiness to our lives, and better still, the lives of those around us.

Last September, during Friendship Month, we introduced the nation to 'frenergy' – the positive energy exchanged between friends. True friendships are more than just companionship, they thrive on mutual support and uplifting one another – something that, I'm proud to say, is evident throughout our Society. We all have those special people who are there for us in the good times but are equally importantly when life throws us challenges.

Spreading friendship

Let's continue to create that warm, positive feeling everywhere we go this year. Offer encouragement, make a new face at an Oddfellows event feel welcome, or simply make sure to really listen to each other.

A kind word or a helping hand can be transformative for ourselves and those around us, and create ripples of positivity that extend beyond our personal circles.



Frenergy can even be transferred through an unexpected smile or a nod at a stranger in the street. I know it makes my day when it happens and you'd be surprised how often they smile back – confirmation that it has lifted their spirits too.

2025's positive foundations

We welcomed more new members to the Society in 2024 than we have for many years, which is a credit to the atmosphere created within our Branches.

This is a positive foundation to build on, but more can always be done. There will always be people who could benefit from our friendship and support, so let's keep spreading the word.

In this season of reflection and renewal, I hope we all have the drive to pursue our goals while providing and receiving friendship's invigorating energy. One thing is for sure – whether tackling adversity or celebrating success, we are stronger together.

Wishing you and all those close to you a very happy and healthy 2025.

Yours always in friendship,

Jane Nelson, CEO, the Oddfellows

Oddfellows Travel 2025

With Oddfellows Travel, not only will you have a wealth of unforgettable experiences, but you'll holiday with confidence and in good company.

All our group holidays are hosted by an Oddfellows member, and we only work with experienced travel partners that we trust.

Whether you want to break up your diary with a short UK getaway, or you have your sights on a once-in-a-lifetime cruise, take a look at our upcoming holidays. We'd love to have you along.

Our holidays are exclusively for our members and accompanying family and friends.

South Devon Delights 31 March to 4 April (4 nights)



Enjoy the resort of Torquay, affectionately known as the 'English Riviera', with its sandy beaches, public gardens, promenades and hustle and bustle of evening entertainment.

Staying at the Metropole Hotel, Torquay. From £295 per person. Half board. Includes coach pick up and drop off from certain locations, or a self-arrival option.

Join us as we head to the south Devon coast on this Oddfellows-hosted group holiday with Alfa Travel.

Oddfellows Summer Holiday in Somerset 7 to 11 July (4 nights)



Our annual Oddfellows Summer Holiday, hosted by the incoming Grand Master (Chairman), is open to all members and their guests. It's a chance to enjoy some quality time out in wonderful and welcoming company.

We'll be staying at Warner Hotels' Cricket St. Thomas Hotel, Somerset. Half board from £350 per person, based on two people sharing a double or twin room. A limited number of solo occupancy rooms are available at a reduced rate of £450. Come and holiday among friends in this charming retreat.

Whales, Waterfalls and Geysers of Iceland

17 to 29 July (12 nights)



Witness the incredible energy of Iceland's geysers, thundering waterfalls and fascinating wildlife with us, as we set sail on this Oddfellows-escorted group cruise.

From £1,799 per person. Full board.
Departing from Dover on
Fred. Olsen's Borealis.

Take in Iceland's spectacular natural wonders on this thrilling Oddfellows group cruise.

Scarborough

1 to 5 October (4 nights)



You'll be staying in the Cumberland Hotel in the charming seaside town of Scarborough. With its castle, beaches, theatres, parks and cafés, you'll be spoilt for things to do.

From £325 per person. Half board.
Includes coach pick up and drop off from certain locations, or a self-arrival option.

Join us as we head to North Yorkshire on this Oddfellows-hosted group holiday with Alfa Travel.



A recent Oddfellows Travel 'Mystery Cruise' trip

For Oddfellows Travel questions and bookings, please contact
Emma Gorst **0161 214 4634** or email **travel@oddfellows.co.uk**
More information can be found at **www.oddfellows.co.uk/travel**

Measuring and offsetting our carbon footprint

We're a Carbon Neutral Plus Organisation and have been calculating and offsetting our annual carbon footprint since 1 April 2020.

Such measurements have resulted in a number of changes to how we operate, with the focus being on the reduction of greenhouse gas emissions.



Our carbon footprint

Our carbon footprint is the total amount of greenhouse gases generated by our actions and measured in units of carbon dioxide equivalents (CO₂e).

Between 1 April 2023 and 31 March 2024, 77.78 tonnes of CO₂e was identified as being produced through the operations of the Oddfellows' Manchester and former Liverpool offices, and its associated transport activities, which includes our financial services brand, Unity Mutual.

The amounts include fuel consumption, company-owned vehicles, staff business travel and homeworking. And, for the first time, emissions as a result of employee commuting have been included in the 2023/2024 assessment.

Reducing and offsetting

The Oddfellows' CEO, Jane Nelson, said: "Our focus is to keep learning through our assessments and to make incremental changes to the way we operate so we can bring our greenhouse gas emissions down and play our part in tackling climate change."

To offset our market-based carbon footprint for 2023-24, the Society has funded a range of carbon dioxide-saving initiatives around the world, including in Ghana, Zambia, Thailand, Turkey and India.

Jane added: "We aim to become Net Zero as a Society. This is where we reduce our carbon emissions to the lowest amount possible and offset as a last resort.

"While we are on that journey, our promise is to always offset our carbon footprint."

Find out more at
www.oddfellows.co.uk/climate-change

At a glance

March 2025

Wed 12	Afternoon Tea in Littlehampton	2pm
Thurs 13	Regular Monthly Lunch - Brighton Marina	12 noon
Tues 18	Worthing Walkers	10.30am
Tues 18	Allchorn Maritime Ltd - A Talk by Lloyd Stebbings	7pm
Sat 22	Annual General Meeting	2pm
Tues 25	The Sundown Ukulele Band	7pm

April

Mon 7	Royal Ballet and Opera	11.30am
Wed 9	Afternoon Tea in Littlehampton	2pm
Thurs 10	Regular Monthly Lunch - Brighton Marina	12 noon
Tues 15	Worthing Walkers	10.30am
Tues 15	London and County Wetherspoons, Terminus Road, Eastbourne	12 noon
Tues 22	Folk Songs of the South Downs and Weald with Chris Hare	7pm

May

Thurs 8	Regular Monthly Lunch - Brighton Marina	12 noon
Fri 9	Croquet Afternoon	2pm
Mon 12	Hummingbird Restaurant, Shoreham Airport	10am
Wed 14	Afternoon Tea in Littlehampton	2pm
Tues 20	Worthing Walkers	10.30am
Tues 20	Show and Tell Evening plus a Quiz	7pm
Tues 27	Michelangelo - Love and Death	11.45am
Tues 27	Reflexology	7pm

June

Wed 11	Afternoon Tea in Littlehampton	2pm
Thurs 12	Regular Monthly Lunch - Brighton Marina	12 noon
Tues 17	Worthing Walkers	10.30am
Tues 17	Afternoon Tea - Victoria Tea Rooms, Eastbourne Pier	2pm

The Oddfellows is the trading name of The Independent Order of Odd Fellows Manchester Unity Friendly Society Limited, incorporated and registered in England and Wales No. 223F.
Registered Office: Oddfellows House, 184-186 Deansgate, Manchester M3 3WB

At a glance

June

Tues 24	Getting To Know You	7pm
Mon 30	Salvington Mill	2pm

July

Wed 9	Afternoon Tea in Littlehampton	2pm
Thurs 10	Regular Monthly Lunch - Brighton Marina	12 noon
Tues 15	Worthing Walkers	10.30am
Tues 15	Fish and Chips Supper	7pm
Tues 22	Worthing Twinning Association	7pm

August

Wed 13	Afternoon Tea in Littlehampton	2pm
Thurs 14	Regular Monthly Lunch - Brighton Marina	12 noon
Tues 19	Worthing Walkers	10.30am
Tues 19	Afternoon Tea and Mini Golf	2pm
Tues 26	Games Evening	7pm

Interested in volunteering?

Helping others is at the heart of being an Oddfellow and that's exactly what our wonderful volunteers do. There are lots of ways you can get involved as a volunteer, from one-off help to regular support.

You can help us by:

- Welcoming members
- Guests and speakers at events
- Helping prepare refreshments
- Being the volunteer host at external events
- Organising events as part of a social committee
- Joining the Committee of Management
- Becoming a Volunteer Welfare Visitor or befriender.



To find out more, contact Janet on 01903 504492 or email janet.porter@oddfellows.co.uk

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The Oddfellows
SINCE 1810
MAKING FRIENDS, HELPING PEOPLE

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