

September 2021 – March 2022
Issue 7



O^{the} **DD**fellows SINCE 1810
making friends, helping people

out & *about*

Brighton and Sussex



Games



Music



Day Trip/
Travel



Wellbeing



Friendship
Month



Quizzes



Talks



Coffee
Morning



Dining
Out



Meetings



Sundown Ukulele Band – Thursday 21 October 2021

Welcome to latest edition of your Out and About Magazine for Brighton & Sussex Branch

As a local Branch of a national membership organisation called the Oddfellows, we offer you a great opportunity to make new friends and enjoy a variety of activities.

We also provide our members with a range of advice and support services when you need them. We are basically a group of friends brought together through shared interest in socialising, making friends and helping people.

This issue features details of all our upcoming events from dining out to trips out plus lots of other activities.

Contact Details

Branch Secretary: Michael Porter

Address:

7 Highdown Way, Ferring,
Worthing, West Sussex BN12 6QQ

Telephone: 01903 504492

Email:

michael.porter@oddfellows.co.uk

**Everyone is welcome at
Oddfellows events. Even if you are
not a member, we want to extend
an invitation to you and your
friends to attend any of our events
that take your fancy and we like to
think that we can guarantee you a
good time.**

Front cover: In the 1820's just before Queen Victoria became queen, Thomas Smith of Herstmonceux adapted an Anglo Saxon container and in doing so created a part of the English gardening scene that is now famous the world over. This is the Sussex Trug that is our cover photo.

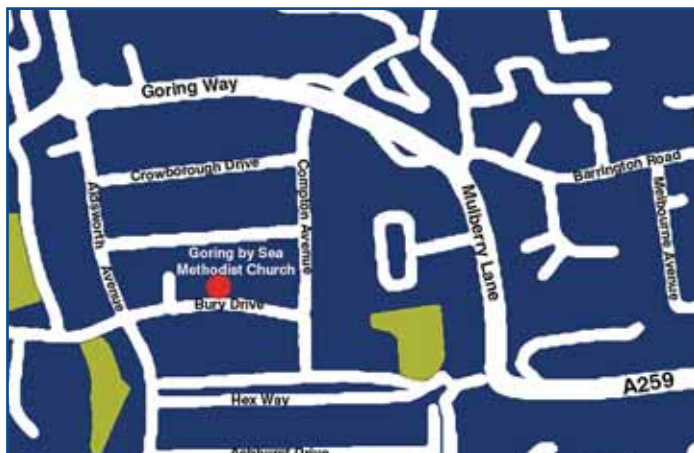
Worthing Social Branch Events

Our Worthing Branch normally meets from 7pm to 9pm every fourth Thursday in the Goring-by-Sea Methodist Church Hall, Bury Drive, Goring-by-Sea BN12 4XB. Worthing events are shown in the green box.

Social Contacts

Joy Warren

Telephone: 01903 248779



Eastbourne Social Branch Events

Our Eastbourne Branch social group usually meets from 7.30pm to 9.30pm every third Tuesday of the month at St Andrews Church Hall (next to Arlington Arms), 360 Seaside, Eastbourne, East Sussex BN22 7RY. Eastbourne events are shown in the orange box.

Social Contacts

George Ellis

Telephone: 01323 486391



Regular Events

Marina Monthly Lunch Club



**Second Thursday
of the month**

Our regular monthly get together for lunch at The West Quay at Brighton Marina. Everyone is welcome to join us. If this is your first lunch with us, get in touch beforehand and we will look out for you! There is free parking at the marina and regular buses from the centre of Brighton. The West Quay, The Boardwalk, Brighton Marina BN2 5WA. Contact Michael on 01903 504492.

September 2021

ODDFELLOWS FRIENDSHIP MONTH 1 - 30 SEPTEMBER



THURS 02 **Friendship Month Afternoon Tea in Arundel**



We shall have afternoon tea at Mill Road Cafe and Putting in Arundel. They always make us welcome and their cakes are delicious! Those who would like to, can enjoy the putting green as well. Do come and join us and bring a friend, everyone is welcome. Mill Road Leisure and Cafe, Mill Road, Arundel, West Sussex BN18 9PA. Contact Michael on 01903 504492.

TUES 07 **Friendship Month Afternoon Tea in Lewes**



We would be very pleased to see members and their friends this afternoon at the Riverside Cafe in Lewes. The cafe is at the Riverside Centre in the heart of Lewes, right by the bridge in historic Cliffe High Street. They cater for all weather visits with indoor seating and an alfresco area to relax in. There is a good selection of cakes and other treats on the menu and we do hope you can join us. The cafe is wheelchair friendly and everyone is welcome. Riverside Cafe, Cliffe High Street, Lewes BN7 2RE. Contact Michael on 01903 504492.



September

WED **15** **Friendship Month** **Lunch in Shoreham**



We have been asked to hold events in Shoreham and we are happy to oblige! Join us for lunch at the Swiss Cottage and feel free to invite your friends along. The venue is wheelchair accessible with disabled facilities. Everyone is welcome. Swiss Cottage, 34 Old Shoreham Road, Shoreham by Sea, West Sussex BN43 5TD. Contact Joy on 01903 248779 or Michael on 01903 504492.

TUES **21** **Beetle Drive**



This has always been a very popular event, all you have to do is throw a dice and draw a beetle! A simple game for all abilities and there will be prizes for the winners. Don't be scared, it's only a game, the beetles don't bite! We will also have our 20p game so please bring along six 20p pieces each, you could be on to a winner! There will be a raffle so your donations would be appreciated. Refreshments will be available so do come along and support us. Bring a friend, we would love to meet them. St Andrews Parish Hall (next to Arlington Arms Public House), 360 Seaside, Eastbourne BN22 7RY. Contact George on 01323 486391 or Michael on 01903 504492.

THURS **23** **Friendship Month** **Lunch in Rustington**



We shall be having lunch at the Establo Lounge in Rustington. All friends are invited, there is plenty of room and a wide choice on the menu. Parking is available nearby and the venue is on the number 700 and 9 bus routes. The Establo Lounge, 1-5 Ash Lane, Rustington, Littlehampton BN16 3BU. Contact Joy on 01903 248779 or Michael on 01903 504492.

TUES **28** **Friendship Month Tea** **in Eastbourne**



We shall be having afternoon tea at the Beach Deck in Royal Parade Eastbourne. There are wonderful cakes and treats on the menu and we do hope that our members and friends can join us. We can sit and chat while overlooking the sea! Everyone is welcome. The Beach Deck, Royal Parade, Eastbourne BN22 7AE. Contact Michael on 01903 504492.



September

THURS
30

The Cinnamon Trust



7pm



Free



We shall have a talk about the Cinnamon Trust. The Trust is the only national charity which seeks to relieve the anxieties, problems and sometimes injustices, faced by elderly and terminally ill people and their pets. It works in partnership with owners to overcome any difficulties that might arise. A network has been established to provide practical help when any aspect of day to day care poses a problem. For example, walking the dog for a housebound owner. Volunteers take pets into their own homes and supply love and care until owner and pet can be reunited. The trust also provides long term care for pets whose owners have died or moved to residential accommodation which will not accept pets. Arrangements are made well in advance, so owners have peace of mind in the knowledge that their beloved companion will have a safe and happy future. Goring-by-Sea Methodist Church Hall, Bury Drive, Goring BN12 4XB. Contact Joy on 01903 248779 or Michael on 01903 504492.



October

TUES
19

Quiz Night with Beryl



7.30pm



Free



Tonight one of our members has offered to prepare and run a quiz for us, so thank you Beryl, we await your questions. There will be prizes for the most correct answers, time to swat up on anything and everything! Another fun evening, nothing too serious. There will be a raffle so your donations would be appreciated. Refreshments will be available so do come along and support us. Bring a friend, we would love to meet them. St Andrews Parish Hall (next to Arlington Arms Public House), 360 Seaside, Eastbourne BN22 7RY. Contact George on 01323 486391 or Michael on 01903 504492.

Join the conversation @ OddfellowsUK

Share your news, start a conversation or simply stay up-to-date! If you're on Facebook or Twitter, make sure you've liked and followed our Oddfellows social media pages. Find us at



OddfellowsBrightonSussex

October

THURS
21

Sundown Ukulele Band



7pm



Free



Tonight we welcome back the Sundown Ukulele Band. They are a group of Uke players who play under the leadership of Peter Clark. We are in for a lively evening as they are a lot of fun. They



will provide song sheets for everyone to join in who would like to. This is a charity event raising money for Chestnut Tree House Children's Hospice, so please feel free to bring some friends along. The raffle will be in aid of Chestnut Tree and all donations are welcome. Goring-by-Sea Methodist Church Hall, Bury Drive, Goring BN12 4XB. Contact Joy on 01903 248779 or Michael on 01903 504492.

November

TUES
16

A Talk by Sue Mattocks



7.30pm



Free

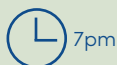


Tonight we have the pleasure of welcoming Sue who is going to give a talk on her time in Yemen which is a country in Western Asia located on the southern end of the Arabian Peninsula. It is bordered on two sides by water – the Red Sea and the Gulf of Aden. It is the poorest country in the Middle East. Yemen was known for Frankincense and Myrrh, nowadays it is crude oil and coffee! Sounds very interesting. There will be a raffle so your donations would be appreciated. Refreshments will be available so do come along and support us. Please bring a friend, we would love to meet them. St Andrews Parish Hall (next to Arlington Arms Public House), 360 Seaside, Eastbourne BN22 7RY. Contact George on 01323 486391 or Michael on 01903 504492.

November

THURS
25

Chocolate Experience



7pm



Free



We hope to have a visit from Dawn who owns a chocolate shop in Chichester. Dawn's visit last year had to be cancelled because of the lockdown. She will be selling handmade chocolates and giving a talk on the making of chocolates. There will be samples to try as well. Refreshments will be provided and we shall have our usual raffle. Please contact Joy to confirm that the event is going ahead and to book your place. Goring-by-Sea Methodist Church Hall, Bury Drive, Goring BN12 4XB. Contact Joy on 01903 248779 or Michael on 01903 504492.



December

TUES
14

Seasonal Buffet and the Pearly Queen of St Pancras



7pm



Free



As you will see from our heading tonight, we are doing something a little different. We invite you all to donate to our Christmas buffet, homemade would be lovely. We will discuss the 'menu' at our November meeting, otherwise, we could end up with 50 mince pies and six dozen sausage rolls! Everyone is welcome to our Christmas get-together. We will have the lovely Diane Gould who is the Pearly Queen of St Pancras to entertain us for the evening. Diane will come in her pearly 'whistle and flute' and give us a lively talk about their history, work and entertain with some songs for us to join in with. Diane was born in London into a family of costermongers (street market traders), her relations had various stalls down Chapel Market and her great grandfather, George Doyle, was the first Pearly King of St Pancras. There is no charge this evening but any donations to the Pearly charities will be welcome. There will be a collection box for Great Ormond Street Children's Hospital, please give generously for the wonderful work they do, specially at this time of year. We have a 7pm start tonight, this will allow for your buffet contributions to be laid out ready for our evening's entertainment. St Andrews Parish Hall (next to Arlington Arms Public House), 360 Seaside, Eastbourne BN22 7RY. Contact George on 01323 486391 or Michael on 01903 504492.

December

THURS
16

Pre Christmas Lunch at Marine Gardens Cafe



12 noon



As per
menu



Christmas is coming soon but we hope you can join us for lunch, we look forward to seeing our members and friends who would like to join us. The venue is just off Worthing seafront and has easy parking. It is accessible to everyone and buses run nearby. Marine Gardens Restaurant, Marine Gardens, West Parade, Worthing BN11 5EF. Contact Joy on 01903 248779 or Michael on 01903 504492.

Our social events meet the current COVID-19 Secure guidelines

We're doing all we can to make our meet-ups as safe and as comfortable as possible, because staying connected matters. If you're in need of company, you're more than welcome to come along and join us in person or online.



www.oddfellows.co.uk/events

Is there someone you know who'd enjoy what we do?

Refer a friend today

To refer a friend, call Membership on **0800 028 1810**, or visit our Members' Area at www.oddfellows.co.uk or fill in the **Refer a Friend form** available from your Branch Secretary

*Terms and conditions apply to the Refer a Friend offer. It cannot be used in conjunction with any other member offer. For full terms and conditions and for details of the rewards visit www.oddfellows.co.uk/offers.

Ref 1644



January 2022

TUES
18

Happy New Year 2022 Fish and Chips Night



7.30pm



TBC



Once again, a year round favourite. No more turkey, tinsel and leftovers but a nice fish and chips supper. We will follow this with Vic's 20p game, maybe a quiz along with a fun dice game. Please bring along six 20p pieces each. Tea and coffee will be provided but of course you can bring your own tipple if you so wish. Cost of fish and chips to be advised nearer the time. Bring along those unwanted Christmas gifts for our raffle, all donations gratefully received. Thank you. St Andrews Parish Hall (next to Arlington Arms Public House), 360 Seaside, Eastbourne BN22 7RY. Contact George on 01323 486391.



THURS
27

Move It or Lose It



7pm



Free



We welcome back Kirsty Davidson, a fully qualified local instructor in seated exercises, who will get us moving while having fun. A good way to help us regain our shape and fitness after Christmas and New Year excesses! Refreshments will be provided and of course we shall have our usual raffle. Booking is essential so contact Joy to confirm that the event can go ahead and book your place by Monday 24 January 2022. Goring-by-Sea Methodist Church Hall, Bury Drive, Goring BN12 4XB. Contact Joy on 01903 248779.

February

TUES
15

A Taste of South America



7.30pm



£1 per person



Tonight, we have the pleasure of welcoming Gillian Wood who is giving a talk on her travels through South America. Having spoken to Gillian, who is very well travelled, she informed us that she only really started to travel further afield once she retired. We believe we are in for a very interesting evening. There will be a small cost of £1 each for this evening. St Andrews Parish Hall (next to Arlington Arms Public House), 360 Seaside, Eastbourne BN22 7RY. Contact George on 01323 486391.

February

THURS 24 Alzheimer's Ambassadors



This evening we hope to have a talk from an Alzheimer's Ambassador. With the support and expertise of its Ambassadors, the Alzheimer's Society encourages more people to stand by their friends and relatives affected by dementia. Contact Joy to confirm that the talk is able to go ahead or to see what she has planned in its place. Goring-by-Sea Methodist Church Hall, Bury Drive, Goring BN12 4XB. Contact Joy on 01903 248779.

March

THURS 24 Horse Racing Night



A roll of the dice sets the horses running. Come and enjoy the fun! Refreshments will be provided and there will be a raffle. Goring-by-Sea Methodist Church Hall, Bury Drive, Goring BN12 4XB. Contact Joy on 01903 248779.



March

TUES 15 Ten Pin Bowling



This month we are trying something a little different. We have met in the evening in the past for a game or two of ten pin bowling, this year we will be starting at 1.45pm to start our games at 2pm. The bowling has been popular in the past not only with those who would like to have a go, but with others who have come to watch.

Cost to be confirmed but at the moment we are quoted two games of bowling for £3.80 to include tea or coffee and a biscuit! Wow! Really good value for our money. Wear your own soft shoes but toes must be covered. The lanes have to be booked well in advance so please let us have your names as soon as possible. The venue is in front of the David Lloyd Centre, near St Wilfrid's Hospice. Tenpin Eastbourne, Broadwater Way, Eastbourne BN22 9PZ. Contact George on 01323 486391.



It has been lovely to meet up again



Job Vacancy

District Secretary (Part Time) 20h per week

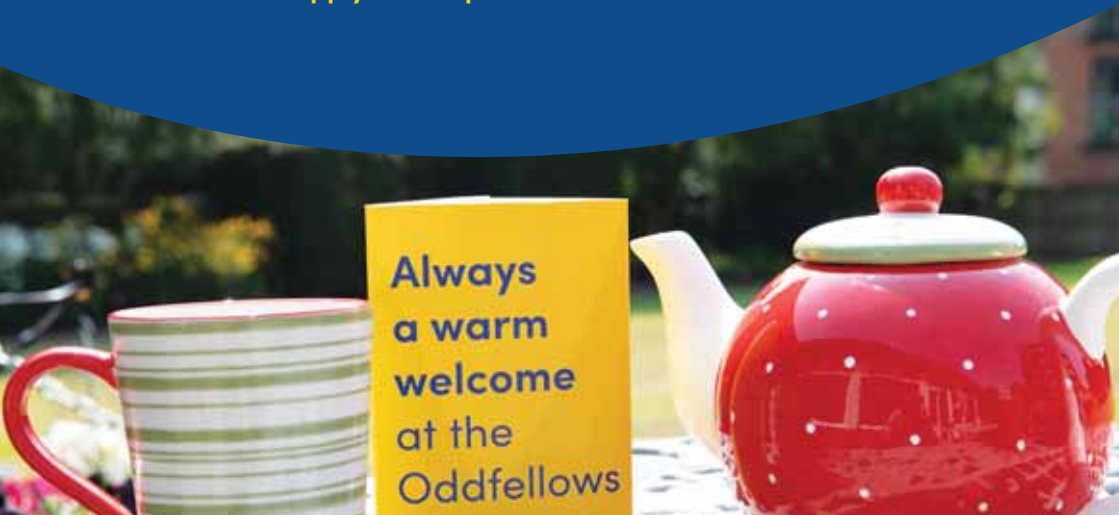
With our District Secretary, Michael retiring at the end of 2021 we are currently recruiting for his replacement.

Our District Secretary is a key post in our organization, with responsibility for the secretarial and financial administration of our Branch, as well as supporting our social side, and looking after the District's members. Computer and financial skills are needed with training and support available.

This is a part-time salaried post (salary TBC), 20 hours per week worked flexibly from home but also requiring travel within the District for which mileage and out of pocket expenses are reimbursed.

Your District Committee will start the formal recruitment process in September but we encourage applications from current Oddfellows members, so if any of you think this job may suit, please contact Michael or Janet Porter on 01903 504492 or email michael.porter@oddfellows.co.uk for an informal chat and more details.

All enquiries will receive a more comprehensive description of the role and details of how to apply for the position when the formal recruitment starts.



Oddfellows Members: Do you need help?



None of us know what is around the corner...

Local Care and Welfare Support

To request contact from a Welfare Visitor and for local help and information about Branch benefits and benevolence contact Michael on **01903 504492** or email **michael.porter@oddfellows.co.uk**

Oddfellows Citizens Advice Line

Call 0800 0149 821*

(free to callers from any landline or mobile number)

Monday - Friday, 9.30am - 4.30pm

Email: oddfellows@manchestercab.org



Run by Citizens Advice for Oddfellows members, you can access free, confidential, independent advice on welfare benefits, money and debt issues, consumer problems, housing, fuel bills, employment issues and many other issues.

*The Oddfellows cannot provide legal advice and accepts no liability whatsoever for advice provided by Citizens Advice, which is an independent advice agency. If you have any queries about the advice you have received or wish to make a complaint then you should contact Citizens Advice directly. Citizens Advice operate a formal complaints process.

Care and Welfare Helpline

Call 0800 0149 822

(free to callers from any landline or mobile number)

Monday to Thursday, 9.30am - 4.30pm, Friday, 9.30am - 4pm

Email: care@oddfellows.co.uk

Run by the Oddfellows Care and Welfare Department, you can access information and guidance on issues such as accessing health and care services, supported housing, support for carers, and planning for later life. The helpline will try and identify any Oddfellows benefits or services in the community which may be of help to you.

Visit our website page at www.oddfellows.co.uk/benefits/care for care and welfare information

The Oddfellows Annual Movable Conference (AMC)

As much as we were all hoping for the opportunity to get together and host our 2021 AMC in person, the global pandemic had other plans and so we saw the conference held virtually over Zoom, and broadcast live via YouTube.

This is only the second time since 1944 that there hasn't been an in-person Annual Movable Conference. The AMC is usually a three-day conference which gives our network of 115 Branches a chance to have their say in the way the Society is run, celebrate its successes and developments over the past 12 months, and enjoy a catch-up with other Branches over dinner.

This year however, the Directors gathered in the Unity Office Boardroom whilst everyone else stayed at home and Deputies logged in via Zoom to listen in and make their contributions to conference.

Despite the distance between us all, the AMC was its usual hive of activity, and thanks go to all the Deputies who attended, debated and voted on the different clauses. We would also like to extend our thanks to the incredible IT team who worked tirelessly to ensure all Deputies were able to log in successfully, the conference was broadcast seamlessly, and everything ran as it should.

Welcoming our newest Grand Master, David Ogden

One of the key elements of AMC is the installation of the new Grand Master, or Chairman of the Society. This is one of the most prestigious and respected roles in the Society, and requires a considerable commitment. As Grand Masters they need to have progressed through the ceremonial side of the Society and usually will have served for at least four years as a Director, before being nominated to be Grand Master.

Our Immediate Past Grand Master, David Randall, spent two years in the role, instead of the usual one, due to the coronavirus

pandemic, and has this year welcomed his successor, David Ogden. Despite there being no live audience, the ceremony featuring his installation as Grand Master was streamed on YouTube.



The Society would like to thank David Randall for his hard work during his time as Grand Master, and wish David Ogden all the best for his term. Keep an eye out for our interview with the new Grand Master in the next edition of Society News!

Congratulations to our Making a Difference Award winners!



Each year, we recognise and celebrate the efforts of members who have gone above and beyond for their local Branch, fellow members, and the Society as a whole. Without these individuals (and there are many!), the Oddfellows wouldn't be the warm and welcoming organisation it is today.

This year, faced with a global pandemic and numerous lockdowns which left many members isolated, the kindness and dedication of our Making a Difference Award nominees truly shone through. Our judges were blown away by the way Oddfellows communities rallied together to help each other through such a difficult year, and so choosing the winners was more difficult than ever. Without further ado, our 2021 Making a Difference Award winners are...

Wendy Atkins, from Ipswich Oddfellows, for Working in the spirit of mutuality

Wendy said: "It was a big surprise and I feel honoured to have won. I've done all sorts for the Ipswich Oddfellows over the years, but I enjoy my role as social organiser most of all. Since we've started running online events, I've had to think outside the box and see how our in-person events can translate onto Zoom, which has been a fun challenge."



Wendy, from Ipswich Oddfellows

I've extended the hand of friendship to other Branches to offer help and support with their online meetings."



Paul, from South London Oddfellows

Paul Fitton, from South London Oddfellows, for Enriching lives socially

Paul said: "It was a lovely surprise when I found out I'd won. Organising social events for my local group is more than just a job for me, it's fun and fulfilling. Helping people meet and make new friends in the area is wonderful."

Janice Tomlin, from Reading Oddfellows, for Giving a helping hand

Janice said: "I had no idea I'd even been nominated, so it was a shock when I was told I'd won the award, but I was incredibly pleased! I know how it feels to be on your own a lot, so being a listening ear for other members during such a difficult year has been a tonic for me as well, in many ways."



Janice, from Reading Oddfellows

Jane Nelson, CEO of the Oddfellows, says: "Our members are at the heart of everything we do as a Society, and it's people like Paul, Wendy and Janice who keep the wheels turning."

"As much-loved members of their local Branches and the Society as a whole, these Awards are truly well-deserved."

Working together to Make a Difference for 2022

We are excited to introduce a new 'Achieving Together' category for our Making a Difference Awards.

Members nominated for the Achieving Together Award should be a team of two, and could be married, partners, family relations, or good friends who collaborate with, and support each other, to achieve more than they could alone.



Have your say!

If you know a Society star who goes above and beyond, or a duo whose combined efforts make your Branch a warm and welcoming place for all, download a Member Nomination form from www.oddfellows.co.uk/makingadifference, or contact your Branch Secretary to have a form sent to you.

Face-to-face get-togethers are back, but online events are here to stay

Many members have been missing that wonderful feeling of seeing and socialising with friends in a group setting, and we're pleased to let you know that our Branches have restarted their face-to-face events, or are getting ready to restart them again very soon.

So whether you're feeling up to a walk in the great outdoors, or you're keen to get back to your local coffee morning, our Branches are beavering away behind the scenes to make sure their events are COVID-secure, and our members are safe.

Not feeling up to getting together yet? That's fine too. Lots of people will still feel anxious about mixing with groups indoors or outdoors, and we know it will take a while for things to feel "normal" again. But we don't want you to miss out, which is why our online events are here to stay.



From local guest talks streamed live from your Branch, to our weekly national coffee mornings, online events will continue for as long as our members would like them to.

Help is available to get you set up to access the online events, should you need it. Call our membership team on **0800 028 1810**, or email **events@oddfellows.co.uk** to receive a how-to guide for using Zoom video conferencing.

If you'd like to join in with one of our events, in-person or online, find out what's coming up by visiting our website: **www.oddfellows.co.uk/events** or speak to your local Branch Secretary to request a local events diary.

At a glance

September 2021 - Friendship Month

Thurs 2	Friendship Month Afternoon Tea in Arundel	2.30pm
Tues 7	Friendship Month Afternoon Tea in Lewes	2.30pm
Thurs 9	Monthly Lunch Club	12 noon
Wed 15	Friendship Month Lunch in Shoreham	12 noon
Tues 21	Beetle Drive	7.30pm
Thurs 23	Friendship Month Lunch in Rustington	12 noon
Tues 28	Friendship Month Tea in Eastbourne	2.30pm
Thurs 30	The Cinnamon Trust	7pm

October

Thurs 14	Marina Monthly Lunch Club	12 noon
Tues 19	Quiz Night with Beryl	7.30pm
Thurs 21	Sundown Ukulele Band	7pm

November

Thurs 11	Marina Monthly Lunch Club	12 noon
Tues 16	A Talk by Sue Mattocks	7.30pm
Thurs 25	Chocolate Experience	7pm

December

Thurs 9	Marina Monthly Lunch Club	12 noon
Tues 14	Seasonal Buffet and the Pearly Queen of St Pancras	7pm
Thurs 16	Pre Christmas Lunch at Marine Gardens Cafe	12 noon

January 2022

Thurs 13	Marina Monthly Lunch Club	12 noon
Tues 18	Happy New Year 2022 Fish and Chips Night	7.30pm
Thurs 27	Move It or Lose It	7pm

At a glance

February

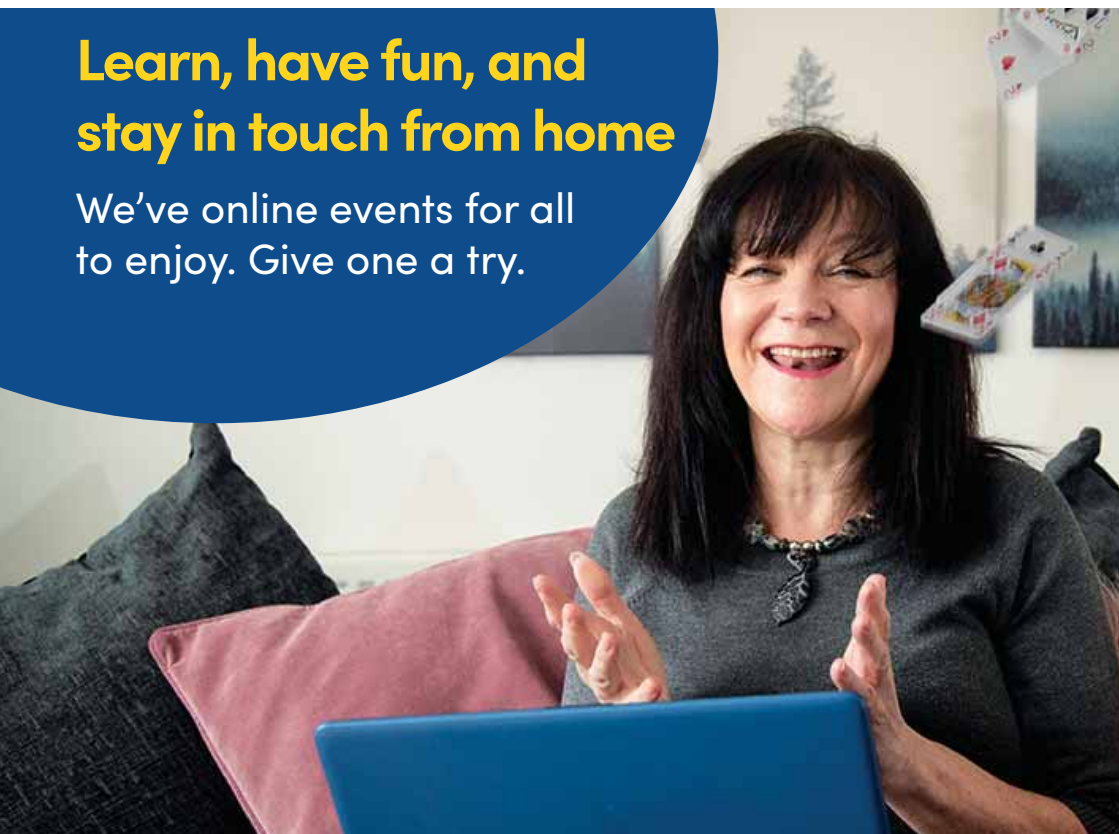
Thurs 10	Marina Monthly Lunch Club	12 noon
Tues 15	A Taste of South America	7.30pm
Thurs 24	Alzheimer's Ambassadors	7pm

March

Thurs 10	Marina Monthly Lunch Club	12 noon
Tues 15	Ten Pin Bowling	2pm
Thurs 24	Horse Racing Night	7pm

**Learn, have fun, and
stay in touch from home**

We've online events for all
to enjoy. Give one a try.



To see what's coming up visit **oddfellows.co.uk/events**
and enter 'online' in the place name search box