

OUL Cabout

Mid-Surrey District





Music



Art/Crafts Theatre





₩ Dining Out







Day Trip



Meetings



Social





Coffee Morning/ Afternoon Tea



Quiz



Welcome to the latest edition of the news and events diary for Mid-Surrey Branch

As a local Branch of a national organisation called Oddfellows, we offer you a great opportunity to make new friends and to enjoy a variety of activities. We also provide our members with a range of advice and support services when they need them.

We are basically a group of friends brought together through a shared interest in socialising, making new friends and helping people. This events diary and newsletter is a handy guide for you to keep so that you know what is happening in the area. Please call or email the office for more information on any of these events.

Everyone is welcome at Oddfellows events. Even if you are not a member, you and your friends are welcome

Contact Details

Secretary: Maeve Stott maeve.stott@oddfellows.co.uk

Address: Oddfellows Hall, 270 High Street, Dorking Surrey RH4 1QT

Telephone: 01306 877792

Email:

mid-surrey@oddfellows.co.uk

Social Organiser: Roxane Butterworth roxane.butterworth@oddfellows.co.uk

Membership: Jenny Vincent jenny.vincent@oddfellows.co.uk

Dates are subject to change. Please call to confirm your attendance.

to attend any one of our events, to have a good time and find out more about Oddfellows.

A bit about us...

The Oddfellows is a not-for-profit friendly society that's been around for over 200 years. Our aim is to bring people together through our social events, as well as support our members with a range of benefits and services. The Society is run by our members for the members. For more information visit www.oddfellows.co.uk or call 0800 028 1810 to speak to one of our team.

If you have any ideas for events, talks or articles please contact Cynthia, Brenda or Roxane via the office 01306 877792 or mid-surrey@oddfellows.co.uk.

Talks at Oddfellows this spring and summer

Mid-Surrey District now have regular daytime Tea and Talks in the Lounge, Oddfellows Hall, 270 High Street Dorking and Oddfellows Hall 45-47 Bridge Street, Leatherhead. This spring we welcome you to talks on Mole Valley Life, Warner's Travel, Allotment gardening and Oddfellows Benefits.

You are welcome to pop in to enjoy tea, coffee, biscuits (and often cakes!) either regularly or as one off. We invite you to relax and enjoy the talks and also take the opportunity to chat with others. There are also many great speakers in the evening

meetings on the second Monday of the month at Dorking including in May we welcome Mark Davison from The Surrey Mirror who will be speaking on Metal Detector Treasures of Surrey and in July,

Bob Sinfield, comedy script writer to the stars will be sharing his story in the 'gag trade' and a master chocolatier from Cocoa Island will talk of the sustainability and creation of Coco Island chocolate-finishing with a tasting! Please see the events calendar for exact dates and details or call the office to book and for more information.



Zumba Gold - Fit for the young at heart





-) 10.30am (\mathfrak{L}) Members £3 Guests £6



Come and join us for low impact exercise Zumba Gold lessons with Jo, followed by a chance for tea and a chat, every Friday school term times only, suitable for 55+.

Please call office for specific dates and more information. Fridays, 10.30am

Oddfellows Hall 270 High Street, Dorking RH4 1QT.

6 March, 13 March, 20 March, 27 March, 3 April, 24 April, 1 May, 15 May, 22 May, 5 June, 12 June, 19 June, 26 June, 3 July, 10 July

March 2020



Tea and Travel Talk - Warners and Active Travel Club







Join us for tea and this great opportunity to hear about all the Warners Travel offers and options from Warners' Sarah Goldsbrough as well as Mike Hall from Oddfellows Active Travel Club, giving information and advice on the great holiday and short break discounts and exclusive holidays available to all Oddfellows members and their family and guests. Do join us to find out more. Oddfellows Lounge (Oddfellows Hall), 270 High Street, Dorking RH4 1QT. Contact the office on 01306 877792.



Fish and Chip Supper







Members all welcome to enjoy a fish and chip supper and catch up with other members. You're welcome to bring a bottle. Tea, coffee and soft drinks will be available. Orders taken and paid for on the night. Members only. Oddfellows Lounge (Oddfellows Hall), 270 High Street, Dorking RH4 1QT. Contact the office on 01306 877792.



Annual General Meeting









All members are welcome to come and take part in the Mid-Surrey Annual General Meeting to help or just see what's involved in the running of the Mid-Surrey Branch. This covers social planning, finance, care, development, property, publicity and promotion. Tea, coffee and refreshments will be served. We encourage any members to join us as a one off or regularly and get involved.

Book by Friday 13 March. Oddfellows Lounge (Oddfellows Hall), 270 High Street, Dorking RH4 1QT. Please contact the office on 01306 877792 if you would like to attend or other business meetings which alternate between Dorking and Leatherhead.

For details on all events unless alternative contact given please contact the office on 01306 877792 or via email mid-surrey@oddfellows.co.uk

March 2020



Tea and Talk from Mole Valley Life









We welcome back Mole Valley Life who will

introduce to you their wide range of services and facilities. Mole Valley Life is Mole Valley District Council's services promoting independence. It offers a wide range of services including transport to residents in the Mole Valley area and other solutions often using the latest technology to help people remain independent and in their own home as long as possible. There will be the chance to chat over a cup of tea to the team and try out the products.

Do join us for this great opportunity and let anyone you know who might be interested, or their family or friends, from all the areat advice and services available. Tea, coffee and biscuits also available. Oddfellows Hall Leatherhead, 45-47 Bridge Street, Leatherhead KT22 8BN. Contact the office on 01306 877792.

April



Lunch Out at The Beefeater Tattenham, Epsom







Our lunches out are a chance to get together with friends over a good meal with good conversation. If you haven't joined us before don't worry, it's not an exclusive club, all Oddfellows and their friends and visitors welcome. This month we are returning to the Beefeater at Tattenham Corner, Book



by Friday 27 March. The Beefeater Tattenham Corner, Epsom Downs, Epsom, Surrey KT18 5NY. Please book via the office on 01306 877792 and pay for your own meal and drinks on the day.

April



Chocolate Talk and Tasting



7.30pm







As an Easter treat we welcome local Surrey based firm Cocoa Island to give us a talk on chocolate, including chocolate tasting of some of Cocoa Islands delicious chocolate. A master chocolatier from Cocoa Island will talk through the sustainability and creation of Coco Island chocolate finishing with a tasting! Please note this months meeting is earlier in the month than usual due to bank holidays. Book by Friday 3 April. Oddfellows Lounge (Oddfellows Hall), 270 High Street, Dorking RH4 1QT. All welcome but please book early ahead via the office on 01306 877792.

May



Tea and Talk on Oddfellows Membership



£ Free



A warm welcome to everyone to join this talk and tea, a particular welcome to any friends and visitors that are interested to know more about what Oddfellows membership offers. Maeve will give a short presentation and have information on all the membership benefits particularly Care and Welfare, Oddfellows Extras offers and Active Travel Club. There will be a laptop available for those not online to view the latest offers. All welcome to come and find out more with no pressure to join, just enjoy a cup of tea and chat. Oddfellows Lounge (Oddfellows Hall), 270 High Street, Dorking RH4 1QT. Contact the office on 01306 877792.



Mark Davison Talk on Metal Detecting Treasures of Dorking







Oddfellows are delighted to host a talk from Mark Davison, this well-known columnist and community news editor of the



Surrey Mirror. Mark will be giving a presentation on the treasures he has unearthed from the fields of Dorking, while metal detecting. This fascinating talk will be illustrated with more than 50 pictures of the finds, which date back to the Iron Age and Roman Era. Book by Friday 8 May. Oddfellows Lounge (Oddfellows Hall), 270 High Street, Dorking RH4 1QT. Contact the office on 01306 877792.

May



Bluebell Railway Trip Inter-District Event









Members and their guests are welcome to join us on this trip back in time on the Bluebell Railway. Relax with a Ploughman's on board the lunchtime train from Sheffield Park. The Bluebell Railway is a heritage railway, running steam-hauled trains from Sheffield Park in Sussex. Early booking essential to secure your space on this memorable outing. Cost: £23.50 per adult, £11.75 per child and £21 for members. Book by Monday 13 April. Sheffield Park, Sheffield Park, Sussex TN22 3QL. Coach travel from Leatherhead/Dorking via Holmwood will be available at £16 per person return. Please call the office to book on 01306 877792.



The Glenn Miller Orchestra







The Glenn Miller Orchestra Directed by Ray McVay on the 75th Anniversary of VE Day, join us as The Glenn Miller Orchestra present the 'World's Greatest Big Band' with the fabulous harmonies of the Moonlight Serenaders and the



sublime vocals of Catherine Sykes and Mark Porter. Featuring the jazz sounds of The Uptown Hall Gang, an outstanding Dixieland group drawn from members of the orchestra.

Performing In the Mood, Moonlight Serenade, American Patrol, Little Brown Jug, Tuxedo Junction and the song that became pop history's first gold disc, Chattanooga Choo Choo! Audiences of all ages will be thrilled by the sound of this amazing Band. Book via the office by Thursday 30 April. Dorking Halls, Reigate Road, Dorking RH4 1SG. Please call via the office on 01306 877792 to book tickets.

June



Tea and Talk on Gardening









Join us for a gardening talk, tea, cakes and conversation. We welcome Marina Roberts, a member of the Dorking Allotments to speak on Growing in 120 Days' this fascinating talk shares Marina's experience of growing your own in St Petersburg, Russia where Marina grew up.

Marina will compare growing conditions between the two locations of the UK and how Russian people must pack the whole growing season into just four months. Do come along and enjoy this unique talk and stay for a cup of tea share your gardening stories and tips.

Book by Friday 29 May. Oddfellows Lounge (Oddfellows Hall), 270 High Street, Dorking RH4 1QT. Contact the office on 01306 877792.



Lunch Out at The White Horse, Shere



12.15pm





Our lunches out are a chance to get together with friends over a good meal with good conversation. If you haven't joined us before don't worry, it's not an exclusive club, all Oddfellows and their friends and visitors are welcome. This month we are returning to the popular White Horse in Shere. Book by Tuesday 2 June. The White Horse, Shere Lane, Shere, Guildford GU5 9HS. Please book via office on 01306 877792 and pay for your own meal and drinks on the day.

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Members Evening - Dessert Tasting



–) 7.30pm





All members welcome to bring along a dessert or pudding to



share. If you are feeling creative to share your home created dessert or bring your favourite shop bought dessert to share. Microwave available if reheating required. Enjoy with a tea or coffee and conversation. Book by Friday 5 June. Oddfellows Lounge (Oddfellows Hall), 270 High Street, Dorking RH4 1QT. Contact Cynthia to let her know what you are bringing. on 01306 877792.



Tea and Talk on **Oddfellows Extra**







A warm welcome to everyone to join this talk and tea. A particular welcome to any friends and visitors that are interested to know more about the Oddfellows. Maeve will give a short presentation and have information on all the membership benefits particularly Care and Welfare. Oddfellows Extras offers and Active Travel Club. There will be a laptop available for those members not online to view the latest offers. All welcome to come and find out more with no pressure to join, just enjoy a cup of tea and chat. Book by Tuesday 16 June. Oddfellows Hall Leatherhead, 45-47 Bridge Street, Leatherhead KT22 8BN. Contact the office on 01306 877792.



Tea Trail Out



As per menu



Join us as we take our regular tea out and about. During the summer months we will be enjoying tea out at a local tea shop or garden centre. Book by Friday 3 July. Venue to be confirmed. Please contact the office on 01306 877792 for this month's venue.



Bob Sinfield Talk The Gag Trade





Members Free





All members and visitors welcome to this entertaining talk from Bob as he speaks on 'The Gag Trade'.

Bob Sinfield spent 25 years scripting every star on the box, from Lenny Henry and Jasper Carrott to Tracey Ullman and Rory Bremner. Now he tells all about the life of a jobbing jokesmith and the celebs he tried to 'gag'. Stay on after the talk and have a chat over tea and coffee.

Book by Friday 10 July. Oddfellows Lounge (Oddfellows Hall), 270 High Street, Dorking RH4 1QT. Contact the office on 01306 877792.



July



Afternoon Tea with Dancing Inter-District Event







Mid-Surrey Oddfellows are delighted to be welcoming back John and Linda Foskett from Surrey Hills Dance Centre to host this afternoon of dancing. There will be full afternoon tea with Ballroom and Latin American dancing in the Oddfellows Main Hall, which has beautiful views across to Box Hill.



Surrey Hills Dance Centre are regular hirers of the Oddfellows Hall, where they offer a range of popular Ballroom and Latin American dance classes and training sessions. We welcome members from all Districts, visitors and their friends, either to come dance or just enjoy the full afternoon tea and music. All are welcome. Book early with the office to this popular event. Book by Tuesday 7 July. Oddfellows Lounge (Oddfellows Hall), 270 High Street, Dorking RH4 1QT. Contact the office on 01306 877792.

August



Tea Trail Out







Join us as we take our regular tea out and about. During the summer months we will be enjoying tea out at a local tea shop or garden centre. Book by Friday 31 July. Venue to be confirmed. Please contact the office on 01306 877792 for this months venue.



Lunch Out in Brighton



12 noon

As per menu



Come along to this day out to Brighton and join the Brighton and



Sussex Oddfellows for their regular lunch out at Brighton Marina. Book by Friday 7 August. The West Quay, The Boardwalk, Brighton Marina, Brighton BN2 5WA. Please contact the Mid-Surrey office on 01306 877792. Mini-bus transport available from Leatherhead and Dorking at extra cost please call the office to book.



Mid Surrey Oddfellows and friends still regularly meet up for lunch in local pubs in the area. Our lunches out are a chance to get together with friends over a good meal with good conversation.

If you haven't joined us before don't worry, it's not an exclusive club, all Oddfellows and their friends and visitors welcome.

Just book at the office and just pay for your own food and drink on the day.

We are back to favourite venues this spring and summer enjoying pub lunches at The Beefeater, Tattenham Corner on Friday 3 April, and The White Horse in Shere on Friday 5 June and The West Quay, Brighton, Monday 13 August.

Lunch Out in Brighton

As it's holiday time in August we thought we would make a trip to the seaside. We are a meeting up with the Brighton District at their regular lunch on Thursday 13 August at 12 noon at The West Quay, The Boardwalk, Brighton Marina, Brighton BN2 5WA.

Car parking available at the Marina. Mini-bus transport available



from Leatherhead and Dorking via Holmwood at an extra cost please call the office to book and for more details.

Image by Jim Linwood and is licensed under the Creative Commons Attribution 2.0 Generic license.

Tea Trail Out

Tea and Tunes is changing to Tea Trail Out—please call the office for or check the website for specific dates. We are always looking for volunteers to help support this so please call the office if you can help host one week.



With group holidays, short breaks, exclusive discounts, travel offers and the opportunity to get to know other Oddfellows travellers, the Active Travel Club has something for everyone to enjoy.



Fred. Olsen Cruise Lines

5% off your first booking over and above offers currently in the market.



Haven Holidays

Save up to 10% on top of Haven's best prices through exclusive member benefits.



Warner Leisure Holidays

Receive up to £350 off selected rooms and an extra £10 off per person.



Travel Insurance*

11% discount on JustTravelcover.com insurance policies.

Check out the latest holidays at www.oddfellows.co.uk/travel Contact 0161 832 9361 or email active@oddfellows.co.uk

All holidays are booked through third party travel companies and terms and conditions apply.

Please ask for further details before booking.

Holidays are open to Oddfellows members and their guests.

*Oddfellows Support Services Limited will introduce members to the above organisation. Oddfellows Support Services Limited receives a commission payment for any introduction. Oddfellows Support Services Limited is registered in England and Wales, Company No. 8309175. Registered Office: Oddfellows House, 184-186 Deansgate, Manchester M3 3WB and is a non-regulated wholly owned subsidiary of The Independent Order of Oddfellows Manchester Unity Friendly Society Limited.

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Oddfellows Summer Holiday 2019 Sinah Warren, Hayling Island

Monday 8 - Friday 12 July, 2019

Jack and I were fortunate to join the Oddfellows' summer holiday this year, where we enjoyed good accommodation, food, entertainment and weather. The members were very friendly, and it was good to be part of a group.

On the first evening we were invited to a welcome reception at 6pm, with wine, hosted by Grand Master David Randall. There were 70 Oddfellows on this holiday, 28 travelled by coach, and we were all given a new badge.

As members who have been to a Warner's holiday will know, there are numerous activities available throughout the day, and this break was no exception. Some of these were: Gym, sauna, spa, indoor swimming pool, heated outdoor swimming pool, bowls, archery, pistol shooting, rifle shooting, crossbow, darts, garden quoits, Tai Chi, water Tai Chi, water aerobics, Fitsteps (exercise by dancing), pétanque, bingo, zumba, hole in one, tour of the site, quizzes, beginners tap class, beginners Nordic walking, social dancing, line dancing, team skittles, pop choir, fashion show, films, walk a mile, afternoon garden tea party.

As Jack and I travelled by car, we did not take part in many activities but went out each day. On the first day we went to Emsworth where there is a harbour and pretty small town. On Tuesday we went to nearby Bosham, part of which is owned by the National Trust, and on the last day we went to Chichester. The members who travelled by coach went on a trip to Portsmouth, which was organised by Warners. They visited the Spinnaker Tower and went to see the Mary Rose. David Randall organised bowls and archery for members who wanted to take part.

This break featured songs from the shows. On Tuesday evening we were entertained by Victor Michael, a singer who has performed in the London Theatres. He had travelled from Manchester to give us a fantastic 45 minute show. He sang songs from Phantom of the Opera, Les Misérables, Joseph etc.

On Wednesday Philippa Healey came for the evening to sing for us. She is also a well known singer on the London stage, and we enjoyed her wonderful singing.

There was a very good resident band -The Sailaways - who played for us every evening, and also lively and talented inhouse entertainers.

We enjoyed this holiday, particularly the great entertainment, and the wonderful weather.

by Yvonne Squires Mid-Surrey member

Photos from recent events

Mid-Surrey have enjoyed lots of events in 2019 the highlight being the Mid-Surrey District Dinner Dance in April, then we enjoyed talks from great speakers such as Elizabeth from Merlin Solutions on her fascinating talk on Family History to Mike Forbes talks on Jazz and Brooklands and Pete Allen's entertaining theatre talks.

We had informative welfare and wellbeing talks from Dorking Travel, Paracise, Mole Valley Life, Dementia friends and The Brigitte Trusts. Enjoyed all the delicious teas created by Brenda, listened to tunes hosted by Pat and Raymond; enjoyed the quiz fish and chips suppers, lunches out and about and trip to the Ballet. Looking forward to seeing you, your guests again and new faces at the events in 2020.





Want to get involved?

Looking for something to do? And meet new friends?

If so, there is plenty for you to get involved in with at the Oddfellows. Mid-Surrey are always looking for volunteers to help with social events and care support. This can just be as a one off or regular help such as friendly face to welcome at the evening or afternoon events, help preparing teas/coffees, welcoming speakers, deciding events and suggesting ideas for events.

Are there activities you want to do with friends we are not currently running?

We encourage all members to put on events for other members and friends to join them on. Would you like to help run a new event like a book club, singing group, dancing or cinema group or a one off walk in the country or coffee morning?

After all Oddfellows is run by members for members, so you can help decide what events you would like to be running in Mid-Surrey. Of course you will get the support and encouragement of the other members and office staff for any of these events.

Did you also know that all members are welcome to attend business meetings and become more involved with the running of the Branch? You could also become a volunteer welfare visitor keeping in touch with members with health and welfare concerns.

If you are interested in any of the above or just would like more information on getting more involved please call Maeve or Roxane in the office on 01306 877792, mid-surrey@oddfellows.co.uk, or pop in to the office on a Friday morning.

Lounge Area **Available to Hire**

Oddfellows Hall, 270 High Street, Dorking, Surrey RH4 1QT. Ideal for small regular groups comfortably seating 30 people. Contact Maeve Stott on 01306 877792 or email: maeve.stott@oddfellows.co.uk.

- Kitchen Facilities
- Available for hire during the day and evening
- Carpeted throughout
- Use of digital projector and screen

Did you know the Oddfellows Hall in Bridge Street, Leatherhead is also available for hire? Please contact Roxane or the office on 01306 877792.

You may have seen these posters at our events, we just want people to know photos are being taken

Photography at this event O'



Photography will be taking place throughout this event to be used across Oddfellows' website, social media platforms, adverts and promotional materials.

If you would not like to be in any of these images, please let a member of staff or the photographer know.



Mid-Surrey Oddfellows are delighted to be welcoming back John and Linda Foskett from Surrey Hills Dance Centre to host this afternoon of dancing on Wednesday 15 July. There will be afternoon tea and a range of ballroom and line dancing in the Oddfellows main hall, which has beautiful views across to Box Hill.

Surrey Hills Dance Centre regularly hire the Oddfellows Hall for a range of popular Ballroom and Latin dance classes. Together they have won a significant number of Latin American and Ballroom events.





They were Ballroom and Latin American British Team members. We welcome members from all Districts, visitors and their friends, either come to dance or just enjoy the afternoon tea and music.

All are welcome. Book early with the office to this popular event.



Blue Bell Railway Trip - Wednesday 13 May, 12.45pm

Enjoy traveling back in time and through the glorious blue bell woods of Sussex on this unique heritage line. Step aboard the vintage carriages and enjoy a ploughman's lunch as you steam through the Sussex countryside, starting at Sheffield Park. Please book your tickets early via the office for this popular trip.

Inter District Skittles Saturday 18 July, 2.30pm – 5pm

Brighton District are once again coordinating this popular pub skittles afternoon in the Black Horse, Findon, with buffet. Please call the office for more details and to book.



Is there someone you know who'd enjoy what we do?

Refer a friend today

To refer a friend, call Membership on **0800 028 1810**, or visit our Members' Area at **www.oddfellows.co.uk** or fill in the **Refer a Friend form** available from your Branch Secretary

*Terms and conditions apply to the Refer a Friend offer. It cannot be used in conjunction with any other member offer. For full terms and conditions and for details of the rewards visit www.oddfellows.co.uk/offers.

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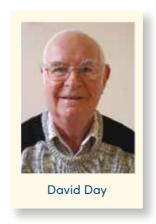
Meet your Mid Surrey Care and Welfare Team

The Oddfellows looking after you Care, Advice and Support



We would like to introduce you to our friendly Welfare Visitor team who are here to help you.





Have you been unwell or in hospital, or find it difficult to get out to Oddfellows meetings and would like a visit for a cup of tea and a chat?

Are you living on your own and would like someone to keep in touch through a chat on the phone?

Or do you just need a friendly 'listening ear' to offer a bit of support in a difficult situation?

You may just want to ask a simple question about any help available to you through the Oddfellows. Whatever your situation, our care and welfare team are here to do what they can to help – or to point you in the right direction – so do get in touch!

All our Welfare Visitors receive induction training and ongoing support, as well as regular care and welfare information updates. They undergo screening appropriate to their role and carry a photo ID badge, so you can be reassured about who they are when they visit.

To arrange for a Welfare Visitor to contact you, or for local help and information about Branch benefits or benevolence support, please ring Jenny Vincent on 01306 877792 or email jenny.vincent@oddfellows.co.uk

National Oddfellows Helplines

As well as the help available at your local Branch, you can also contact our free, confidential national helplines.



Oddfellows Citizens Advice Line* Call 0800 0149 821



(free to callers from any landline or mobile number)

Monday - Friday, 9.30am - 4.30pm

 ${\bf Email: odd fellows@manchester cab.org}$

Run by Citizens Advice for Oddfellows members, you can access free, confidential, independent advice on areas such as welfare benefits, money and debt, consumer problems, housing, and employment issues.

Citizens Advice is an independent advice agency and is solely responsible for all advice provided.



Care and Welfare Helpline* Call 0800 0149 822



(free to callers from any landline or mobile number)

Monday to Thursday, 9.30am - 4.30pm, Friday, 9.30am - 4pm Email: care@oddfellows.co.uk

Run by the Oddfellows Care and Welfare Department, members can access information and guidance on issues such as accessing health and care services, supported housing, support for carers, and planning for later life. The helpline will try and identify any Oddfellows benefits or services in the community which may be of help.

Our Oddfellows care, advice, support services and benefits* are available to all members from day one, except the convalescence and carer benefits which are available after two years of membership. If you would like more information ask your Branch Secretary for a copy of our 'Looking After You' Care, Advice and Support booklet or visit our website page at www.oddfellows.co.uk/benefits/care/

Supporting Charities

Did you know that the Mid-Surrey District donates to these charities annually?

Air Ambulance The Aplastic Anaemia Trust

Combat Stress Friends of Dorking

Orphan Gift Fund Community Hospital

HA Andrews Fund Age Concern

Princess Alice Hospice Leatherhead Swans

The Brigitte Trust Dorking Talking Newspaper

And thanks to the talks given by their volunteers or links to events this year, Mid-Surrey also gave donations to Patchworking Garden Project, Dementia Friends (Alzheimer's Society), Brigitte Trust, Cinnamon Trust, Macmillan Cancer Support.

If there is a talk you would be interested in hearing or event you would like help organising for Mid-Surrey District please let the office know.

Ceramic Workshops with Mole Valley District Council

Mole Valley District Council have kindly offered a grant to run some beginners ceramic workshops with local ceramic artist Jo Hannah as part of their commitment for art for wellbeing.



This will be a 3 month course once a month starting in September on a Friday morning in the Leatherhead Oddfellows Hall, followed with cuppa. If you or you know of someone who would benefit from this please let the office know as limited numbers.

Hall Hire Information

Both Leatherhead and Dorking Oddfellows' Halls are also hired out for a wide range of classes from Tai Chi, Yoga, Pilates, Senior Ballet, Ballroom to Belly dancing and Fitness circuits. These are not hosted by Oddfellows but please call the office or check the notice boards for details.



Society News



www.oddfellows.co.uk

Lifting neighbourly spirit

How well do you know your neighbours?

Many of us are guilty of being caught up in our busy lives, forgetting to stop and say hello. We share so much with the people who live on our street, but often we barely know their names.

A strong community spirit is something we actively encourage. Our ethos of making friends and helping people means that our members enjoy a strong support network to get them through the good, and the bad.

So why not spread that net of kindness a little wider, by extending your hand of friendship to those who live around you? If you notice that your neighbour lives alone, has a lot on their plate, or doesn't often get many visitors, then why not stop by to see if you can help? Colder seasons provide a great opportunity to drop a card through their door with your contact details for them to give you a call if they're ever in need of



A little neighbourly spirit goes a long way



a helping hand. Or, better still, extend the gesture with a knock on their door and a friendly hello.

You don't have to become their best friend, but being a friendly face and an ambassador for community spirit could be the lift your neighbourhood needs. I'm of the firm belief that you can never have too many social plans. Sometimes people just need someone to talk to, or someone to suggest getting out, so why not let them know about your Branch's local coffee mornings, the trips out and the wonderful benefits of membership? You can be sure they'll receive a warm welcome whenever they choose to come to an event.

Wishing you, your families and your neighbours a very happy and healthy 2020.

Jane Nebon

CEO, the Oddfellows



For the next three years, the Oddfellows' HA Andrews Memorial Fund is supporting the Lupus Trust with its research into how Lupus develops, in order to find ways to prevent or cure this lifelong condition.

So what is Lupus?

Lupus is an autoimmune disease in which antibodies, which usually work with the immune system to protect us from infection, instead attack the body and cause disease. It is not known why these antibodies are made in Lupus patients, or even how the system in healthy people stops this from happening.

The Lupus Research Team at Guy's Hospital recently identified an immune response pathway that is defective in patients with the most severe forms of Lupus. The HA Andrews Memorial Fund will support the team's research into understanding B-cell defects in Lupus patients, and what causes them.

Why did we choose the Lupus Trust?

The Lupus Trust was suggested as a beneficiary of the HA Andrews Memorial Fund by members of Ware Lodge, Brian and Pamela Weavers. Their son, Paul, was diagnosed with the condition at just 17, and as there's no cure, he has lived with the effects ever since.



Society News Issue 8



The Oddfellows' team is shown around the lab

Paul now 53, says: "Lupus leaves me feeling constantly exhausted and the skin rashes which flare up occasionally have caused permanent scarring. Holidays are difficult, as I have to avoid the sunshine, and sand can irritate my skin. As a college lecturer, I try not to let it get in the way of anything I do. When I found out the Oddfellows was supporting the Lupus Trust, I was genuinely over the moon."



The fund will support the addition of Bekki Velounias (pictured) to the research team

When we visited the Lupus Trust, to present the first of three annual donations which will total £85,000, we spoke to Professor D'Cruz, Professor and Consultant Rheumatologist at Guy's Hospital, London. He's working closely with the research team and says: "This is a vital and very exciting piece of research into Lupus, so we are extremely grateful for the kind grant the Lupus Trust has received from the Oddfellows to fund the project for 3 years."



CEO Jane Nelson and Grand Master David Randall at the lab

Lupus is often called "the great mimic", as it can affect different parts of the body and is often misdiagnosed. It is currently unknown what causes Lupus, although studies have identified a definite genetic tendency, which may be triggered and become active. It isn't a contagious disease, but there isn't yet a cure, only treatments which help to control symptoms.

To learn more about Lupus, the Lupus Trust and the work they do, please visit www.lupus.org.uk Society News Issue 8

Sharing is caring – thank you Pat!

We love to recognise those who go above and beyond when recommending the Society to their friends. So we're pleased to share that Patricia Sexton, member of the King's Lynn Oddfellows, has achieved the Gold Refer a Friend Award.



Congratulations, Pat!

Thank you. I'm very grateful and proud to have reached this level. I really enjoy being a member of the Oddfellows, and I often volunteer for a lot of the social activities, to help them run as smoothly as possible.

When did you join the Oddfellows, and why?

It was a friend who referred me, actually! Back in late 2016, I attended a few events with my friend Violet, and I decided to join in January 2017. I love the Oddfellows ethos of 'making friends, helping people', as it truly sums up what we do.

How many members have you referred?

I've referred 23 new members so far, and I'm very blessed to have a wonderful and rather large circle of friends who have seen how happy Oddfellows makes me, before joining on my recommendation.

What's your favourite thing about the Oddfellows?

My favourite thing about being a member is having the opportunity to meet so many lovely people, and with new members joining all the time, it's a lovely way to make some new friends. My husband, Richard, is also a member, so it's lovely to go to events as a couple as well.

What's the general response when you first tell people about the Oddfellows?

Lots of people have heard of us, but they don't know what we do. I'll often show them a copy of our events diary and invite them along to the next coffee morning or talk. Usually, at the end of the event, they're keen to come to the next one!

Did you know we have a monthly e-newsletter?

Featuring exclusive member offers, real life stories, advice and news, it's delivered direct to your email inbox once a month. If you don't receive this already, speak to your Branch Secretary, or call Membership on 0800 028 1810, so we can get you added to the mailing list.



Tea and Travel Talk



There's one thing our members love, and that's to enjoy short breaks and longer holidays.

Oddfellows members enjoy exclusive travel offers and discounts. Come along and find out more about Warner Leisure Hotels and our other holiday partners.

Free event Refreshments served Monday 2 March 2pm

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Oddfellows Lounge (Oddfellows Hall), 270 High Street, Dorking RH4 1QT.

Please email mid-surrey@oddfellows.co.uk or call the office on a weekday morning 01306 877792 for more information.







District Business Meeting

All members are welcome to come and take part in the business meeting to help with or just see what is involved in the running of the Mid-Surrey branch. This covers social planning, finance, care, development, property, publicity and promotion. Tea, coffee and refreshments are served and often members meet locally for lunch after the meeting.

We encourage any members to join us as a one off or regularly. Please contact the office in advance if you would like to attend.

The meetings are every month at 10.30am alternately between Leatherhead Oddfellows Hall and Dorking Oddfellows Hall. For further information please contact Maeve Stott or Jenny Vincent on 01306 877792, some meetings are for the Committee of Management only so please call the office before attending. Please call Maeve to find out more or if interested in joining the Committee of Management.

2020

Monday 16 March	Annual General Meeting	Dorking
Monday 20 April	Business Meeting	Leatherhead
Monday 18 May	Committee of Management only	Dorking
Monday 15 June	Business Meeting	Leatherhead
Monday 20 July	Business Meeting	Dorking
Monday 17 August	Committee of Management only	Leatherhead

At a glance

March 2020

Mon 2	Tea and Travel Talk - Warners and Active Travel Club	2pm
Fri 6	Zumba Gold	10.30am
Mon 9	Fish and Chip Supper	7.30pm
Fri 13	Zumba Gold	10.30am
Mon 16	Annual General Meeting	10.30am
Fri 20	Zumba Gold	10.30am
Tues 24	Tea and Talk from Mole Valley Life	2pm
Fri 27	Zumba Gold	10.30am

April

Fri 3	Zumba Gold	10.30am
Fri 3	Lunch Out at The Beefeater Tattenham, Epsom	12.15pm
Mon 6	Chocolate Talk and Tasting	7.30pm
Mon 20	Business Meeting	10.30am
Fri 24	Zumba Gold	10.30am

May

Fri 1	Zumba Gold	10.30am
Mon 4	Tea and Talk on Oddfellows Extra	2pm
Mon 11	Mark Davison Talk on Metal Detecting Treasures of Dorking	7.30pm
Wed 13	Bluebell Railway Trip	12.45pm
Fri 15	Zumba Gold	10.30am
Mon 18	Committee of Management Meeting	10.30am
Fri 22	Zumba Gold	10.30am
Sun 31	The Glenn Miller Orchestra	3pm

The Oddfellows is the trading name of The Independent Order of Odd Fellows Manchester Unity Friendly Society Limited, incorporated and registered in England and Wales No. 223F. Registered Office: Oddfellows House, 184-186 Deansgate, Manchester M3 3WB

At a glance

June

Mon 1	Tea and Talk on Gardening	10.30am
Fri 5	Zumba Gold	10.30am
Fri 5	Lunch Out at The White Horse, Shere	12.15pm
Mon 8	Members Evening - Dessert Tasting	7.30pm
Fri 12	Zumba Gold	10.30am
Mon 15	Business Meeting	10.30am
Wed 17	Tea and Talk on Oddfellows Extra	10.30am
Fri 19	Zumba Gold	10.30am
Fri 26	Zumba Gold	10.30am

July

Fri 3	Zumba Gold	10.30am
Mon 6	Tea Trail Out	2pm
Fri 10	Zumba Gold	10.30am
Mon 13	Bob Sinfield Talk - The Gag Trade	7.30pm
Wed 15	Afternoon Tea with Dancing	2pm
Mon 20	Business Meeting	10.30am

August

Mon 3	Tea Trail Out	2pm
Thurs 13	Lunch Out in Brighton	12 noon
Mon 17	Committee of Management - Business Meeting	10.30am

Join the conversation @OddfellowsUK

Share your news, start a conversation or simply stay up-to-date! If you're on Facebook or Twitter, make sure you've liked and followed our Oddfellows social media pages.



